

October is Breast Cancer Awareness Month, and there's no better time to schedule your mammogram. One in eight women will someday experience breast cancer. That's why preventive screening is a vital part of a healthy life. If you are 40 or older, a 3D mammogram can detect breast cancer early, when treatment is most effective.

 $Ask\ your\ provider\ if\ it's\ time\ for\ your\ mammogram-so\ you\ can\ live\ your\ healthiest\ life,\ this\ October\ and\ all\ year\ round.$

Take our Breast Health Risk Assessment at NNRHospital.com/mammo **To schedule your mammogram, call 775.748.2243**



