

OCTOBER 2026

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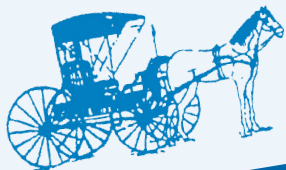
# CARRIAGE TOWNE



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MONTHLY

The votes  
are in  
**BEST OF  
CARRIAGE  
TOWNE**



MONTHLY

**2026**

**S**URVEY SAYS:

There's a lot to love in the Carriage Towne communities.

These are your favorites — the top picks of places that make a big impression on your lives, be it the best place to eat, drink, shop, play, stroll, pamper yourself, care for your car, learn a bit about history, and more.

Whether it's a quick haircut, a steak for dinner, a beer with friends, a fun activity, or a scenic site to visit, this year's Best of Carriage Towne Monthly contest has it all.

What's the top spot for pizza? Favorite farm stand? Eye doctor? Where is the favorite place for an ice cream or a massage?

Carriage Towne Monthly readers spoke loudly and clearly about their favorites. We thank all who submitted votes.

Congratulations to the winners for jobs well done, continued efforts in challenging times, and for what you do to make our communities special.



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# Fall Into Fun at Sandown Public Library

**Brittney Bergholm,**  
**director**

SANDOWN — The Sandown Public Library has a full lineup of programs and activities planned from Sept. 24 through Oct. 28 for children, teens and adults.

## Weekly Programs

- **Story Time:** Tuesdays, 10-11 a.m., for ages 3 and older.
- **Cribbage:** Wednesdays,

10-11 a.m.

- **Mahjong:** Thursdays, 10 a.m.-noon.
- **Toddler Tales:** Thursdays, 10-10:45 a.m., when there is no music program.

## Monthly and Regular Programs

- **Graphic Novel Book Club:** Monday, Sept. 28, and Monday, Oct. 26, from 1-1:45 p.m. and 4:30-5:15 p.m.

- **Where Dragons Dream Book Club:** Monday, Sept. 28, and Monday, Oct. 26, from 6-7 p.m.
- **Cookie Bites & Canvas:** Saturday, Oct. 3, from 11 a.m.-2 p.m.
- **Monday Morning Mystery Book Club:** Monday, Oct. 5, from 10:30-11:30 a.m.
- **Fiber Fest:** Monday, Oct. 5, and Monday, Oct. 19, from 2:30-3:30 p.m.
- **Lego League:** Monday, Oct.

5, from 4:30-5:30 p.m.

- **Monday Movies:** Monday, Oct. 5, from 5:30-7:30 p.m.
- **Tunes for Tots:** Thursday, Oct. 15, from 10-10:45 a.m.
- **Kidz Rock:** Thursday, Oct. 15, from 11-11:45 a.m., for ages 3-5.
- **Ready 2 Rock:** Thursday, Oct. 15, from noon-12:45 p.m., for ages 6 and older.
- **Book-2-Movie:** Monday, Oct. 19, from 5:30-8 p.m.

- **Books & Bites Book Discussion:** Wednesday, Oct. 21, from 4:30-6 p.m.
- **STEAM Explorers:** Wednesday, Oct. 28, from 1-2 p.m. and 4:30-5:30 p.m.

## Special Programs

- **Story Time at the Apple Orchard:** Thursday, Sept. 24, from 10:30-11:30 a.m. for all ages.
- **Visit to the Fire Station:** Tuesday, Oct. 6, from

10-11 a.m. for all ages.

- **Friends of the Sandown Public Library Meeting:** Wednesday, Oct. 7, from 6:30-7:30 p.m.

Residents are encouraged to visit the library calendar at [www.sandownlibrary.us](http://www.sandownlibrary.us) to confirm program locations and times and to register for programs when required.

## Kingston Library Announces Fall Events and Programs

**Melissa Mannon,**  
**director**

KINGSTON — The Kingston Community Library, 2 Library Lane, has announced a lineup of fall events and programs for all ages.

The library's quarterly music series continues Saturday, Sept. 26, with a performance by **Captain Fiddle**. The series is sponsored by the Friends of the Kingston Community Library.

On Oct. 5, the library will host **"Sip and Sound"** at Rick's Food and Spirits. The fundraiser for the library's outdoor space includes a flight of four wines, guided tasting and light bites. Tickets are \$80.

The third monthly **Harvest Market**, in collaboration with Partner's Bank, will take place Oct. 20 from 2 to 6 p.m. at Carriage Towne Plaza, featuring more than 20 vendors.

The Friends of the Kingston Community Library will hold their sixth annual **Jack O'Lantern Jaunt** from 5:30 to 7:30 p.m. Oct. 27, with a rain date of Oct. 28.

Residents may drop off carved jack-o'-lanterns at the library Oct. 26. A limited number of free pumpkins are available by reservation through Oct. 23 for pickup Oct. 24. Volunteers are also needed to help decorate the spooky trail.

Fall children's programming includes **Mother Goose on the Loose** for infants through age 2 at 9:45 a.m. Wednesdays, beginning Sept. 23. **Story and craft time** moves to Tuesdays at 10 a.m. Bus 30 drops children ages 8 and older at the library for after-school crafting and other activities.

New teen programming includes **Writing for Teens**, featuring support from a writing coach, and the return of the **Teen Advisory Board**. **Teen Book Talk** continues on the third Thursday of each month, and **Chess Club**, open to all ages, meets Tuesdays at 3 p.m.

For schedules and additional information, visit [www.kingston-library.org](http://www.kingston-library.org) and check the "Special Events" section and online calendar.

## Kimball Library Plans Creative, Educational Fall Lineup

**Kathleen J. Watson,**  
**interim director/youth services director**

ATKINSON — Kimball Library has announced a lineup of fall programs and activities for all ages.

Weekly programs include: **Mother Goose:** Mondays at 10:15 a.m. for infants through age 3 and their caregivers, featuring stories, rhymes, finger plays and songs, followed by optional playtime and socializing.

**Craft, Paint and Color:** Mondays at 12:30 p.m. Participants work on individual creative projects using a variety of media. Bring your own supplies. Space is limited.

**Film Enthusiasts Club:**

Tuesdays at 1 p.m. The group watches award-winning films, documentaries, foreign films and modern classics, followed by discussion. Upcoming films include "Pressure" on Oct. 13 and "Project Hail Mary" on Oct. 27.

**Sew It Up!** Wednesdays at noon. This informal group welcomes sewing enthusiasts working on crafts, garments and home décor. Bring a sewing machine and project. This is not a beginner sewing class.

Upcoming special programs include:

**Rethinking the U.S. National Parks:** Thursday, Oct. 1, at 6 p.m. This NH Humanities program explores the history and changing role of national

parks, including social media and the phenomenon of "selfie deaths."

**Focus and Snap Photography Group:** Thursday, Oct. 8, at 12:30 p.m. Photography enthusiasts can share techniques and develop their skills. Bring a camera.

**Whimsical Pen Art:** Thursday, Oct. 8, at 6 p.m. Deb Hewey leads a beginner-friendly class creating a Halloween-themed 5-by-7-inch pen drawing. No experience is required.

**Little Groove:** Friday, Oct. 9, at 10:15 a.m. The interactive music program for young children and babies features songs, puppets, balls, stacking cups and a parachute. The

program is sponsored by the Friends of the Library.

**Redcoats & Rebels:** New Hampshire and the American Revolution: Thursday, Oct. 15, at 6 p.m. Mary Adams of the New Hampshire Historical Society discusses New Hampshire's role in the American Revolution, including the state's early constitution.

**American Bald Eagle:** Thursday, Oct. 22, at 6 p.m. Photographer Ron Watson discusses the national symbol and shares observations from monitoring an individual eagle nest over nine years.

Registration is required for many programs. Visit [www.kimballlibrary.com](http://www.kimballlibrary.com).

## Something for Everyone at East Kingston Library

**By Sherry Castle,**  
**assistant director**

EAST KINGSTON — The East Kingston Public Library has a full lineup of programs planned for October. Library programs are free and open to the public, with no registration required unless otherwise noted.

**Estate Planning:** Learn about estate planning with guest

speaker Gerry Shyavitz, Esq., at 11 a.m. Saturday, Oct. 3. Topics will include living trusts, avoiding probate court and protecting assets from the state.

**Medicare Seminar:** Have questions about Medicare basics or choosing the right plan? Attend a Medicare seminar at 6 p.m. Wednesday, Oct. 7. The annual enrollment period opens Oct. 15.

**WindowDressers:** Worried about home heating costs or drafty windows? Learn how WindowDressers inserts can help keep homes warmer at 6 p.m. Thursday, Oct. 15. A member of the Exeter Energy Commission will answer questions about the non-profit program. Registration is required at [ekpublib@comcast.net](mailto:ekpublib@comcast.net).

**Protecting Land:** The East Kingston Conservation Commission will host a "Protecting Land: Easement Panel & Q&A" at 5 p.m. Wednesday, Oct. 21. Bring your questions and learn more about land conservation and easements.

For more information about these programs and other library events, visit [www.eastkingstonlibrary.org](http://www.eastkingstonlibrary.org).



## Plaistow Library Packs October with Programs for All Ages

**Jen O'Connor, adult programming and publicity librarian**

PLAISTOW — Plaistow Library is offering engaging programs and activities in October for patrons of all ages from our tiniest visitors to adults. Some of our wonderful programs include:

### Children/Youth Events

**Knitting and Crocheting Club** Wednesdays at 2:30 p.m. for ages 5 to adult; **Friday Flicks Jr.** Friday, Oct. 2 at 3:30 p.m. for ages 6+; **Science Club** Tuesday, Oct. 13 at 3:30 p.m. for ages 9-14; **Little Groove** Monday, Oct. 19 at 10 a.m. for ages 0-6; **Sewing for Kids:** Draw String Bag Friday, Oct. 23 at 3:30 p.m. for ages 10+; **Ready Set Calm!** — The Power of Thoughts and Feelings Monday, Oct. 26 at 3:30 p.m. for ages 6+; **Let's Draw** Tuesday, Oct. 27 at 3:30 p.m. for ages 6+; **Tween Fused Glass Necklace** Thursday, Oct. 29 at 3:30 p.m. for Teens/Tweens.

### Adult Events

**Friday Flicks** Fridays at 1 p.m.;



Plaistow Public Library will host "The History of the Kancamagus Highway" presented by Glenn Knoblock at 6 p.m. Oct. 27.

**Navigating Tax Changes** with AARP Tax Aide, Peter Bealo Oct. 7 at 6 p.m.; **Discovering New England Stone Walls** Oct. 10 at 10 a.m.; **League of Women Voters — Candidates' Night** Oct. 22 at 7 p.m.; **The History of the Kancamagus Highway** Oct. 27 at 6 p.m.; **Adult Fused Glass Necklace Workshop** Oct. 29 at 6 p.m.

Most events have limited space and require registration. For more information about our awesome events or to reserve your spot in one of them, visit [plaistowlibrary.com](http://plaistowlibrary.com) or call 603-382-6011.

## Spooky Fun at the Gale Library

**Michelle Baker, director**

NEWTON — Come celebrate autumn and October with us!

On Thursday, Oct. 15, at 6 p.m., true crime author and genealogist Milli Knudson will share some true and harrowing tales from New England's history between 1883 and 1915, a time when the ways to commit and investigate crimes changed drastically. This multigenerational event is designed for adults and is suitable for ages 10 and older. "Spooky But True NE Tales" will be held at Newton Town Hall. Registration is recommended but not required.

Our annual **Youth Pumpkin Carving** event will be held Thursday, Oct. 22, at 6 p.m. at Newton Town Hall. Bring your own pumpkin, already cleaned out and ready to carve. We will provide a variety of carving tools and patterns.

**Yarn Club** meets every Friday at 1 p.m. Bring your latest knitting, crochet or other handicraft project and work on it in the company of other crafters. Don't know how to knit or crochet?

We have members who are happy to teach you, as well as some yarn and tools to get you started. Come every Friday or just occasionally!

### New Library Cards

Do you have a new 14-digit library card? For better security and privacy, we are transitioning all library accounts to new 14-digit card numbers. We know many of you may miss our short card numbers — we will miss them, too!

The new library card numbers will improve security for your library accounts and for your Libby and Kanopy accounts. Plus, no more wondering what extra numbers you need to log in to your digital accounts!

If you haven't visited in the last year and need to renew your card, please check our website at [www.galelibrary.org](http://www.galelibrary.org) or call us for details about what to bring to renew your account.

### We're Hiring!

The library is seeking a

substitute library assistant to join our small team. As a substitute position, hours are offered on an as-needed basis and may include days, evenings and weekends.

Basic duties include providing friendly customer service to patrons of all ages, assisting patrons with basic computer skills and copier use, and performing circulation services such as checking in and out materials, answering the telephone and registering new borrowers.

Learn more at [www.galelibrary.org](http://www.galelibrary.org).

### Library Hours

Come visit the library on Monday from noon to 6 p.m., Tuesday from 9 a.m. to 1 p.m., Wednesday from noon to 8 p.m., Friday from 9 a.m. to 3 p.m., or Saturday from 9 a.m. to 1 p.m.

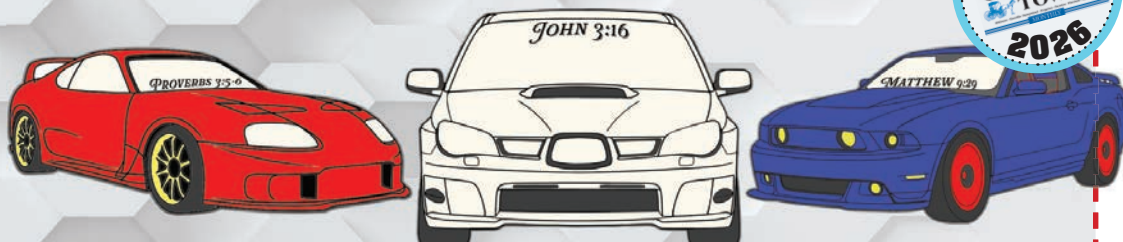
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## Ghosts Return to Kingston Library Trail

KINGSTON — The Friends of the Kingston Community Library will host the sixth annual Jack O'Lantern Jaunt from 5:30 to 7:30 p.m.

Tuesday, Oct. 27, on the Kingston Community Library's nature trail. The rain date is Wednesday, Oct. 28. Community-carved

jack-o'-lanterns will light the trail, where visitors will encounter ghouls, ghosts, witches and other surprises. Treats will be distributed to children while supplies last. Costumes are encouraged.

Community members are invited to carve a jack-o'-lantern for the display. Carved pumpkins may be dropped off at the library from 4 to 6 p.m. Monday, Oct. 26. Please label each pumpkin with your name.

A limited number of pumpkins are available free for community members to carve. Registration is required by Friday, Oct. 23, and pumpkins are available on a first-come, first-served basis. Reserved pumpkins may be picked up from 10 a.m. to 2 p.m. Saturday, Oct. 24.

Volunteers are also needed to help decorate and set up the trail. The Friends will provide the materials. Those interested in volunteering can leave their name and phone number at the library for the Jack O'Lantern Jaunt Set-Up Committee.



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# Beer & Chili Festival Returns to Exeter

EXETER — Beer, chili and fall fun are on tap Saturday, Oct. 3, at the annual Powder Keg Beer & Chili Festival along Swasey Parkway in Exeter.

Presented by the Exeter Area Chamber of Commerce and Exeter Parks and Recreation and underwritten by M&T Bank, the festival runs from noon to 4 p.m. and offers a chance to sample more than 200 beers, ciders and hard seltzers from breweries throughout the region.

Participating breweries include Exeter Beer Company, Fat Hen Brewery, WHYM Craft Pub & Brewery, Baxter Brewing, North Country Hard Cider and Boston Beer Company,

among others. Local restaurants and breweries also will serve chili samples, with attendees voting for the People's Choice awards for best beverage and best chili.

The family-friendly event will feature unlimited beer and chili samples while supplies last, live entertainment by Matty & The Penders, artisan vendors, local food vendors and more.

"The Powder Keg Beer & Chili Festival is always a fun event and brings people in the community together," said Greg Bisson, director of Exeter Parks & Recreation. "The event has sold out in the past, so buy your tickets now and don't miss out."

Proceeds support youth

activities, community events, local business programs and other services benefiting the Exeter area.

"All funds raised through the festival stay local and help strengthen the community throughout the year," said Jennifer Wheeler, president of the Exeter Area Chamber of Commerce. "It's a fun day for the community, but its impact extends well beyond the festival itself."

VIP admission begins at noon and costs \$75. General admission begins at 1 p.m. and costs \$55. Designated driver and youth tickets are \$15.

Tickets are available at [www.powderkegbeerfest.com](http://www.powderkegbeerfest.com).



STAFF FILE PHOTO

## Atkinson Recreation Offers Fall Programs, Events and Trips

ATKINSON — Atkinson Recreation has a full schedule of programs and activities planned for October, including fitness classes, social events, workshops and a fall foliage trip.

Weekly programs include **Whist** on Mondays, **Gentle Chair Yoga**, **Fitness Fusion**, **Jacki's Fitness** and **Tai Chi for Beginners**. Pre-registration is required for some programs.

Special events include a **Halloween craft** from 10 a.m. to noon Friday, Oct. 2, at the Community Center. A free **Senior Halloween Luncheon** will be held from noon to 2 p.m. Friday, Oct. 30, for Atkinson residents age 65 and older. Registration is required by Oct. 22. Costumes are encouraged, with prizes for the best and most creative.

A free three-week

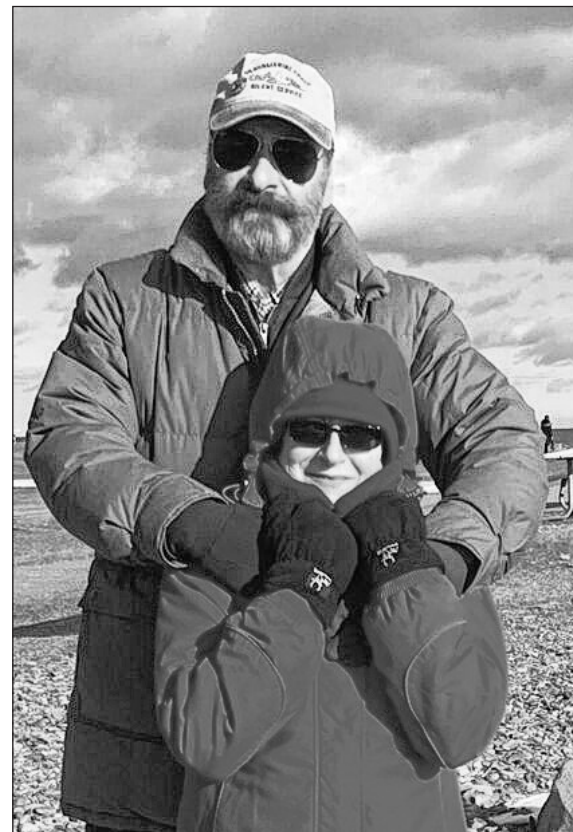
**Healthy Nutrition and Diet Choices for Seniors** workshop begins Oct. 26 at 1 p.m. Sessions continue Nov. 2 and 9.

The annual **Turkey Dinner Train** foliage trip is scheduled for Thursday, Oct. 15. The trip includes a two-hour train ride along Lake Winnepesaukee, turkey dinner and a stop at Moulton Farm. Cost is \$105 for residents and \$115 for nonresidents.

Atkinson Recreation thanks residents who contributed to the Recreation Donation Drive, which helped make the 2026 Atkinson Day a success. Atkinson Elder Services is also seeking donations for its Elder Service Transportation Fund.

For registration and information, contact Atkinson Recreation at 603-362-1098 or [com-mrec@atkinson-nh.gov](mailto:com-mrec@atkinson-nh.gov).

## Protecting Land for the Future: Learn How Conservation Easements Work



Horsepilot Farm and conservation easement owners Chris and Jill Rider.

EAST KINGSTON — Chris and Jill Rider permanently protected 156 acres of Horsepilot Farm in East Kingston, Exeter and Kensington in 2025. Now, they're sharing why they chose to protect the land and how the conservation process works.

Join the Riders for "Protecting Land: A Conservation Easement Panel & Q&A" on Wednesday, Oct. 21, from 5 to 6:30 p.m. at the East Kingston Public Library, 47 Maplevale Road.

Kaitlin Deyo, conservation

project manager at Southeast Land Trust (SELT), will join the Riders for the panel discussion. Participants are encouraged to bring their questions and learn more about conservation easements directly from those who have gone through the process.

The panel and Q&A are free, and registration is not required.

The program is organized by the East Kingston Conservation Commission, which has hosted conservation easement programs since 2022.





# Upcoming Events

Oct  
15



## Breakfast Networking

Open to the public, a light breakfast will be served at the Greater Hampstead Civic Club at 17 Main Street, Hampstead, NH from 8:30am - 10am.

Nov  
19



## After-Hours Networking

Open to the public, we'll meet for appetizers and great conversation at Partner's Bank at 53 Church St, Kingston, NH from 5:30pm - 7:30pm.

Dec  
3



## Holiday Party

We will be celebrating the season with a festive holiday get-together with fellow professionals at All American Assisted Living at Kingston at 193 Main Street, Kingston, NH from 5:30pm - 7:30pm.

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## PACE on the Move: New Members, Member Appreciation and Upcoming Business Events

Plaistow, NH - The Plaistow Area Commerce Exchange (PACE) is pleased to announce that it's growing! We've recently welcomed new members: Skip's Garage, JP Karos Plumbing and Heating, and Reliable Basement Waterproofing, all in Plaistow, as well as Noah Tillinghast of Callidus Capital in Atkinson. We're so glad to have them as part of our network and are looking forward to getting to know them and working together to continue our great work for our community.

Last month PACE hosted a Member Appreciation Luncheon at the Plaistow Community YMCA as a special way to thank our members for their continued support and involvement. It was a wonderful opportunity to gather together, enjoy a delicious meal, connect with fellow members, and celebrate the relationships that make PACE such a great community. We truly appreciate every one of our members. Looking to connect, learn, and grow your professional network? PACE has several exciting upcoming events open to business professionals. Join us for opportunities to meet fellow professionals, build valuable connections, share ideas, and become more involved in our local business community.

Join us for one or all events:

- October 15 breakfast at Hampstead Civic Club, Hampstead, NH
- November 19 after-hours at Partners Bank, Kingston, NH
- December 3 after-hours holiday party at All American Assisted Living, Kingston, NH

To become a member, register for an event, or for more information, visit PACENH.com or email PACENH@yahoo.com. We hope to see you at an upcoming PACE event!

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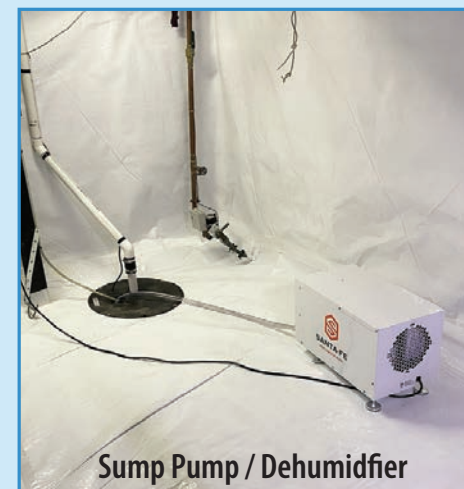
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## » Community Calendar: Events and Announcements

### Clean Out Your Medicine Cabinet: Drug Take Back Day Returns Oct. 24

The next National Prescription Drug Take Back Day will be held Saturday, Oct. 24, from 10 a.m. to 2 p.m., giving residents an opportunity to safely dispose of unwanted, unused or expired medications. The nationwide initiative helps keep potentially dangerous medications out of the wrong hands and away from accidental misuse.

Items accepted include:

- Tablets, capsules, patches and other solid prescription medications
- Vaping devices and e-cigarettes, with batteries removed

Items not accepted include:

- Needles, syringes or sharps
- Illegal drugs

For additional information and to find a collection site, visit [www.dea.gov/takebackday](http://www.dea.gov/takebackday).

### Atkinson Recreation Offers Fall Programs, Events and Trips

ATKINSON — Atkinson Recreation has a full schedule of programs and activities planned for October, including fitness classes, social events, workshops and a fall foliage trip.

Weekly programs include Whist on Mondays, Gentle Chair Yoga, Fitness Fusion, Jacki's Fitness and Tai Chi for Beginners. Preregistration is required for some programs.

Special events include a Halloween craft from 10 a.m. to noon Friday, Oct. 2, at the Community Center. A free Senior Halloween Luncheon will be held from noon to 2 p.m. Friday, Oct. 30, for Atkinson residents age 65 and older. Registration is required by Oct. 22. Costumes are encouraged, with prizes for the best and most creative.

A free three-week Healthy Nutrition and Diet Choices for Seniors workshop begins Oct. 26 at 1 p.m. Sessions continue Nov. 2 and 9.

The annual Turkey Dinner Train foliage trip is scheduled for Thursday, Oct. 15. The trip includes a two-hour train ride along Lake Winnepesaukee, turkey dinner and a stop at Moulton Farm. Cost is \$105 for residents and \$115 for nonresidents.

Looking ahead, a travel presentation for Spotlight on Tuscany will be held Sept. 29 at 4 p.m. at the

Community Center. The Collette trip is planned for May 15-23, 2027.

Atkinson Recreation thanks residents who contributed to the Recreation Donation Drive, which helped make the 2026 Atkinson Day a success. Atkinson Elder Services is also seeking donations for its Elder Service Transportation Fund.

For registration and information, contact Atkinson Recreation at 603-362-1098 or [commrec@atkinson-nh.gov](mailto:commrec@atkinson-nh.gov).

### Harvest Days in Kingston

KINGSTON — Kingston Community Library, with support from Partners Bank, invites the community to Harvest Days, a celebration of local food, farmers, makers, and small businesses.

The farmers market series continues on Tuesday, October 20, from 2-6 p.m. at Carriage Towne Plaza.

Shop fresh, discover local vendors, enjoy handmade goods and delicious treats, and support the people who make Kingston's community strong.

Come shop local, eat fresh, and celebrate community!

For more information and a list of vendors, visit [kingston-library.org/farmers-market](http://kingston-library.org/farmers-market).

### Jack O'Lantern Jaunt Returns to Kingston Library

KINGSTON — The Friends of the Kingston Community Library will host the sixth annual Jack O'Lantern Jaunt from 5:30 to 7:30 p.m. Tuesday, Oct. 27, on the Kingston Community Library's nature trail. The rain date is Wednesday, Oct. 28.

Community-carved jack-o'-lanterns will light the trail, where visitors will encounter ghouls, ghosts, witches and other surprises. Treats will be distributed to children while supplies last. Costumes are encouraged.

Community members are invited to carve a jack-o'-lantern for the display. Carved pumpkins may be dropped off at the library from 4 to 6 p.m. Monday, Oct. 26. Please label each pumpkin with your name.

A limited number of pumpkins are available free for community members to carve. Registration is required by Friday, Oct. 23, and pumpkins are available on a first-come, first-served basis. Reserved pumpkins may be picked up from

10 a.m. to 2 p.m. Saturday, Oct. 24.

Volunteers are also needed to help decorate and set up the trail. The Friends will provide the materials. Those interested in volunteering can leave their name and phone number at the library for the Jack O'Lantern Jaunt Set-Up Committee.

### Newton Yard Sale Returns Oct. 3 Help Set a Record

NEWTON — Newton's Town-wide Yard Sale returns Saturday, Oct. 3, from 8 a.m. to 2 p.m. Residents throughout town are invited to participate and turn their unwanted items into someone else's treasures.

To participate, send your name and address to [recdirector@newtonnh.net](mailto:recdirector@newtonnh.net).

The Recreation Commission will provide signs for participants to display at their sales. Signs can be picked up from the porch of the Gale Library or the front porch of Town Hall on Thursday, Oct. 1 or Friday, Oct. 2, during the day.

A list of participating yard sales and a map will be posted on the Recreation Commission website and Facebook page. The list and map will be finalized at the end of the day Friday, Oct. 2.

Residents can still participate in the yard sale Saturday and pick up a sign during the week, but only those who register by Oct. 2 will be included on the official list and map.

About 35 yard sales were held last spring. Organizers hope to break that record this fall.

### Hampstead Civic Club to Host Fall Cornhole Tournament

EAST HAMPSTEAD — The Hampstead Civic Club will host its Fall 2026 Cornhole Tournament Oct. 3 at the Pasta Loft on Route 121A in East Hampstead. The rain date is Oct. 4.

Registration begins at 10:30 a.m., with the first bags thrown at 11 a.m. Registration closes Sept. 26, and the tournament is limited to 32 players.

The tournament will feature group play followed by a round-robin format to establish seeding for the knockout round. All players are guaranteed a minimum of four games.

The cost is \$50 per person. The tournament is expected to sell out,

so participants are encouraged to register early to secure a spot.

Players may use their own cornhole bags as long as they adhere to American Cornhole Organization specifications.

Prizes include \$400 for first place and \$200 for second place.

Even those who don't play are encouraged to attend and enjoy the food, friends and tournament atmosphere.

Registration is available online at [www.hampsteadcivicclub.org](http://www.hampsteadcivicclub.org). For more information, contact Ken Fure at [kgfure38@gmail.com](mailto:kgfure38@gmail.com).

### Midweek Healing Service

KINGSTON — Trinity Church, 80 Route 125, Kingston, holds a half hour worship service every Wednesday from 12:15 to 12:45 p.m.

There's a brief Bible teaching, Holy Communion and an opportunity for people to be prayed for to be healed or for whatever concern they might have.

The service is open to the public and is free of charge.

### Pollinator Pathways NH to Host Native Garden Design Workshop

EXETER — Pollinator Pathways NH will host its "Design Your Native Garden Workshop" from 10 a.m. to 2 p.m. Oct. 3 at Exeter Town Hall.

The event will combine a keynote presentation with a hands-on workshop focused on designing native plant gardens.

The keynote speaker will be a representative of the new eco-type seed program at Van Berkum Nurseries in Deerfield.

Following the presentation, attendees will have the opportunity to talk with native plant landscaping experts at individual workstations. Participants can discuss their garden plans, ask questions and get advice tailored to their own landscapes.

Although there will be a presentation, the event is primarily designed as a workshop, giving participants an opportunity to engage directly with experts and develop ideas for their own native gardens.

Pollinator Pathways NH will also have a variety of information on display. Attendees can browse a book table and other informational tables throughout the event.

Registration is required. To sign up, visit [www.naturegroupie.org](http://www.naturegroupie.org).

### Trunk-or-Treat on The Plains

KINGSTON — Kingston Recreation's annual Trunk-or-Treat event is moving to The Plains this year to accommodate its growing attendance and provide a safer, more manageable space for the community.

The event will take place Monday, Oct. 19 from 5-8 p.m., an hour later than in previous years, giving families more time to participate before dark. The new location will offer one-way traffic, additional space for trunks and activities, portable restrooms and a large tent with tables for attendees.

The family-friendly event remains free. Trunk registration is \$5, with registered trunks entered into a raffle for a local business gift card. Hosts are encouraged to bring plenty of treats and can also offer stickers, pencils, small toys, coupons and promotional materials.

Kingston Recreation is also seeking volunteers to help with event planning and logistics.

For more information or to get involved, contact Kingston Recreation at 603-418-5306 or [recreation@kingstonnh.org](mailto:recreation@kingstonnh.org).

### Find Your Calm With Forest Bathing at Burley Farms

EPPING — Step into the woods and slow down during a guided Forest Therapy session with Southeast Land Trust of New Hampshire volunteer Dennis Garnham on Oct. 4 at Burley Farms.

Forest Therapy, sometimes called forest bathing, is more than a walk in the woods. The practice encourages participants to slow down, engage their senses and reconnect with the natural world. While many of its physical benefits come from simply spending time in nature, guided Forest Therapy also offers an opportunity to nurture connections with oneself, others, the community and the more-than-human world.

The session will be held from 1 to 4 p.m. at Burley Farms, 247 N. River Road. The event is open to participants ages 12 and older.

See **CALENDAR**, Page 12



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## » Calendar

Continued from Page 9

Space is limited. To register, visit

### Multi-town Household Hazardous Waste Collection Oct. 17

KINGSTON— Residents of Chester and five neighboring communities will have an opportunity to safely dispose of household hazardous waste during a collection event on Saturday, Oct. 17.

The 2026 Chester Municipal Household Hazardous Waste Collection will be held from 9 a.m. to noon at the Chester Transfer Station, 50 Dump Road.

The event is open to residents of Atkinson, Chester, Danville, Hampstead, Kingston and Plaistow. Participants must provide proof of residency.

Households may dispose of up to 10 gallons, or the equivalent, of accepted hazardous waste.

Accepted items include:

- Household cleaners, disinfectants and aerosol cans.
- Batteries.
- Oil-based paints, paint thinner, paint stripper and varnish.
- Gasoline, antifreeze, brake fluid and other automotive fluids.
- Herbicides, fungicides, chemical fertilizers and rat poison.
- Pool chemicals, photographic chemicals and fluorescent bulbs.
- Fiberglass epoxy and artist's paints.

The collection is intended to provide residents with a safe and environmentally responsible way to dispose of hazardous household materials that should not be placed in regular trash.

For more information, residents should contact their local town hall.

### Wreath Drive for Veterans

ATKINSON — The

Atkinson Veterans Club is launching its annual Wreaths Across America campaign to ensure every veteran's grave in town is honored during the holiday season while helping fund the care and beautification of the cemetery.

Now in its eighth year, the local effort aims to place wreaths on nearly 400 veterans' graves in Atkinson. Wreaths purchased through the club's Wreaths Across America group account also generate rebate funds that are reinvested in maintaining veterans' gravesites.

Flyers with ordering information will be available at locations throughout Atkinson beginning in September. Wreaths cost \$17 each, and purchases made through the Atkinson Veterans Club's group account, NH0022P, earn the club a \$5 rebate for every wreath sold.

The rebate funds are used to enhance veterans' graves throughout the year. This spring, the club purchased and planted 400 geraniums before Memorial Day at veterans' gravesites and throughout the cemetery. In recent years, the organization has invested more than \$2,600 annually in cemetery beautification through the rebate program, without using municipal tax dollars.

The 2026 Wreaths Across America ceremony will be held Saturday, Dec. 19, at noon at Atkinson Cemetery. Community members are encouraged to attend the ceremony and support the effort by sponsoring a wreath.

Wreaths may be purchased through the Atkinson Veterans Club's Wreaths Across America group account, [www.wreathsaacrossamerica.org/NH0022P](http://www.wreathsaacrossamerica.org/NH0022P).

### Sandown Oktoberfest Vendor Application Now Open

SANDOWN — Sandown Oktoberfest is now taking applications from vendors for this year's Oktoberfest, held from 12 p.m. to 10 p.m. Oct. 17 at the Sandlot.

Organizers are looking for food and baked goods, soaps, pottery, jewelry, home-made crafts and anything in between.

There is limited space for vendors so early sign-ups are encouraged. To apply, visit <https://shorturl.at/RLUVC>.

### Philharmonic Opens Season

SALEM — The New Hampshire Philharmonic will open its 2026-27 season with a Halloween-themed concert featuring Beethoven's Symphony No. 7 and a program of dark and dramatic favorites on Oct. 31 and Nov. 1 at the Seifert Performing Arts Center in Salem.

The concert will open with Beethoven's Symphony No. 7, launching the orchestra's multi-season journey through all nine of the composer's symphonies. Known for its rhythmic energy and driving momentum, the Seventh Symphony is among Beethoven's most celebrated works.

Following intermission, the orchestra will return in costume for a Halloween spectacular featuring Bach's Toccata in D Minor, Saint-Saëns' Danse Macabre, Mussorgsky's Night on Bald Mountain and Berlioz's March to the Scaffold.

The program will conclude with Hans Zimmer's Pirates of the Caribbean.

Audience members are encouraged to attend in costume and experience a full symphony orchestra celebrating Halloween.

The concert begins at 7:30 p.m. Saturday, Oct. 31, and at 2 p.m. Sunday, Nov. 1, at the Seifert Performing Arts Center, Salem.

### Civic Club Seeks Vendors

ATKINSON — The Atkinson Women's Civic Club is accepting applications from vendors for its annual Fall Market, scheduled for Saturday, Oct. 17, from 10 a.m. to 3 p.m. at the Atkinson Community Center, 4 Main St.

The indoor and outdoor event, held rain or shine, will feature handmade arts, crafts and specialty food items. Organizers are seeking vendors who create homemade products and encourage interested participants to apply early, as space is limited.

The Fall Market has become a popular community event, attracting shoppers from throughout the region in search of unique, locally made items.

Vendor applications and additional information are available at [awcc-nh.org](http://awcc-nh.org). Questions may be directed to Rose at [rcavalear@awcc-nh.org](mailto:rcavalear@awcc-nh.org) or Noriko at [nytravers@awcc-nh.org](mailto:nytravers@awcc-nh.org).

### Passes on Sale for Fall Film Fest

PORTSMOUTH — Passes are now on sale for the 24th annual New Hampshire Film Festival, scheduled for Oct. 15-18 in downtown Portsmouth.

Passes may be purchased online or at The Music Hall's McKeon Ticketing Hub. The festival was recently named one of MovieMaker Magazine's "50 Film Festivals Worth the Entry Fee in 2026" for the second consecutive year and the 11th time overall.

The festival brings together filmmakers, screenwriters, industry professionals and movie enthusiasts for four days of screenings, panel discussions, networking events and special programs. The New Hampshire Film Festival is also an Academy Award-qualifying festival for short films.

This year's Van McLeod Award will be presented to longtime New Hampshire resident Amy Greene, a stunt coordinator, stunt performer and film producer. Greene's credits include "The Holdovers," "Sound of Metal," "Knives Out," and upcoming A24 productions "The Drama" and "Tony." The award honors Granite Staters who have made significant contributions to the film and television industry. "Each year, the New

Hampshire Film Festival brings together an incredible community of filmmakers, artists and audiences who share a passion for storytelling and independent film," said Dan Hannon, festival co-founder and industry curator.

Festival highlights include independent feature films, documentaries and short films, appearances by industry professionals, educational panels and workshops, and special events throughout Portsmouth.

Founded in 2001, the New Hampshire Film Festival supports independent filmmaking while providing opportunities for emerging artists to connect with audiences and industry leaders.

For more information or to purchase passes, visit [nhfilmfestival.com](http://nhfilmfestival.com).

### Rescue League Howl'ween 5K

SALEM — Get ready for a spooktacular morning for a great cause. The Salem Animal Rescue League will host its first annual Howl'ween 5K Run/Walk on Saturday, Oct. 31, at the Field of Dreams in Salem.

Runners, walkers, families and four-legged friends are invited to participate. Whether participants are racing for their best time or enjoying a fun morning with their dogs, every step will help support the animals cared for by the Salem Animal Rescue League.

Registration is at 7:30 a.m. and the race starts at 9 a.m. Participants are encouraged to bring friends, family members, co-workers or their dogs and join the community for a morning of running, walking and howling in support of animal rescue.

Registration costs are: Adult 5K, ages 13 and older: \$35; Kids 5K, ages 12 and younger: \$20; 5K four-legged friend six-leg team: \$45. Participants can register for the Howl'ween 5K through the Salem Animal Rescue League.

For sponsorship information, contact Samantha Smith, director of development and communications, at [Ssmith@sarlnh.org](mailto:Ssmith@sarlnh.org) or 603-893-3210, ext. 212.

### Cue Zero Theatre Company to Present Cult Hit Musical 'Ride the Cyclone'

SALEM — Cue Zero Theatre Company will present "Ride the Cyclone," a cult-hit musical by Jacob Richmond and Brooke Maxwell, Oct. 2-4 at the Arts Academy of New Hampshire.

The musical opens Oct. 2 and will be performed at 7:30 p.m. Friday and Saturday and 2 p.m. Sunday at 19 Keewaydin Drive, Suite 4, in Salem.

"Ride the Cyclone" follows the Saint Cassian Chamber Choir after its members perish in a freak roller coaster accident. A mysterious fortune-telling machine offers one of them a second chance at life, but the group must unanimously decide who deserves to return.

Darkly funny and heartfelt, the musical explores adolescence, mortality, identity and the value of embracing who you are. The production features a mix of musical styles, including French noir, rap, folk, pop and more.

Tickets are \$20 per person, plus fees, and are available online or at the door. For more information and tickets, visit [www.CZTheatre.com](http://www.CZTheatre.com).

The production is directed by Darren Bernard, with music direction by Nate Faro and choreography and intimacy coordination by Crystal Welch.

"What would you do if you had only 90 minutes to sing a song, listen to others sing theirs and decide based on who deserves to come back to life?" Bernard said in describing the production. "Welcome to 'Ride the Cyclone.'"

The musical is presented by special arrangement with Broadway Licensing Global.



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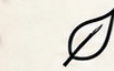
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## Newton's Trunk or Treat Returns Oct. 24

NEWTON — Get ready for an evening of spooky fun, creative cars and plenty of candy! The Newton Recreation Commission will hold its annual Trunk or Treat on Saturday, Oct. 24, with an even bigger celebration planned for all ages.

In past years, the event has attracted about 300 children and adults. Participants can stroll from trunk to trunk, where creative and entertaining displays provide plenty of Halloween fun.

Trunks will compete in several categories: Interactive, Pop Culture, Funniest, Scariest, Overall Best and Most Original. Costumes also will be judged in the same categories, so come dressed to impress — or at least to scare!

There will be music, contests and, of course, lots of candy throughout the evening.

The event will take place from 4:30 to 6:30 p.m. at the Newton Fire Station, 8 Merrimac Road. Participating trunks may arrive as early as 3 p.m. and should be ready for trick-or-treaters by 4 p.m.

To register your trunk, email [vaness-aburrill23@gmail.com](mailto:vaness-aburrill23@gmail.com) or [recreation@newtonnh.net](mailto:recreation@newtonnh.net).

Bring your best costume, your most creative trunk and your sweet tooth — Newton's Halloween fun is ready to roll!

## Turn Containers Into Garden Art with Atkinson Garden Club

Linda Zukas has over 36 years of garden center experience and leads the Retail Sales Team at Nunan's.



ATKINSON — Love container gardens? Looking for fresh ideas? Join the Atkinson Garden Club for its open meeting Wednesday, Oct. 7, at the Atkinson Community Center, 4 Main St.

Linda Zukas of Nunan's Garden Center will present "Artful Arranging," demonstrating how to create eye-catching and unique container gardens. She will showcase several of her own stunning, original designs and raffle off one of her container arrangements.

Container gardens are one of the most versatile ways to bring plants into our lives. They can adapt to small or large spaces, thrive indoors or outdoors, and give gardeners the opportunity to experiment with creative combinations of plants and containers. Whether you're designing for a sunny porch, shady garden corner, formal entryway or bright kitchen windowsill, container gardens offer endless possibilities for color, texture and seasonal interest.

Light refreshments will be served at 1 p.m., followed by the program at 1:30 p.m.

Admission is \$10, and everyone is welcome. Whether you're a seasoned gardener, a curious beginner or simply someone who enjoys learning something new, join us for an inspiring afternoon filled with creativity, practical tips and garden-fresh ideas.

## Music, Mystery and Halloween Merriment at Vic Geary Center

PLAISTOW — The Vic Geary Senior Drop-In Center, 18 Greenough Road, Plaistow, offers programs, activities and resources for senior adults in Atkinson, Danville, Hampstead, East Kingston, Kingston, Newton, Sandown and Plaistow.

The center has added a new exercise program, **Music & Movement**, held Wednesdays from noon to 1 p.m.

The gentle, full-body workout incorporates a variety of music rhythms. No registration is required. The cost is \$5 per class.

Upcoming programs and events include:

- Tuesday, Oct. 13, 10-11 a.m.: **The Milkmen, an improv group** from Timberlane Regional High School, will present a murder mystery program. The group is

a favorite among the center's seniors and is returning for another year.

- Thursday, Oct. 15, 10-11 a.m.: Courtney from Community Action will discuss **energy assistance programs** available in Rockingham County. Seniors can learn more about the programs and find out whether they may qualify for assistance that could help reduce household

expenses.

- Thursday, Oct. 22, 9-11 a.m.: The center will host its annual **Halloween Party**, featuring sweet treats, music performed by James Gulla, also known as Roosta, a costume contest and door prizes. The event is free for seniors residing in any of the eight communities served by the center. Registration is required by

calling 603-382-9276.

In addition to special events, **Bingo** is held every Tuesday and Thursday from 1-3 p.m., with small cash prizes.

The center's **Food Pantry** is open Monday through Friday during regular business hours and provides shelf-stable foods. Seniors residing in any of the eight supporting communities are encouraged to visit. The pantry is funded

through donations and is intended to help seniors stretch their grocery dollars.

The center's hall also is available for rent for special occasions. For rates and availability, call the office at 603-382-9276.

For more information about programs, activities and services at the Vic Geary Senior Drop-In Center, call 603-382-9276.



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# Kingston Police Arrests and Incidents for August

KINGSTON — Kingston police reported the following arrests and incidents during August. Charges listed are allegations, and all defendants are presumed innocent unless proven guilty.

**Aug. 2:** A 28-year-old Amesbury, Massachusetts, man was arrested on a charge of driving after suspension or revocation.

**Aug. 3:** A 39-year-old Arundel, Maine, man was arrested on bench warrants.

**Aug. 5:** A 47-year-old Epping man was arrested on charges including driving under the influence, conduct after an accident, resisting arrest or detention and criminal mischief.

**Aug. 6:** A 45-year-old Portsmouth man was arrested on a warrant.

**Aug. 7:** A 62-year-old Manchester man was arrested on a DUI charge. A 28-year-old Derry man was also arrested for driving after suspension or revocation.

**Aug. 8:** A 34-year-old Revere, Massachusetts, man was arrested on charges of driving after suspension or revocation.



**Aug. 12:** A 54-year-old Danville man was arrested on charges of driving after suspension or revocation and DUI. A 31-year-old Fremont woman was arrested for driving after suspension or

revocation. A 44-year-old Kingston man was arrested on charges of resisting arrest or detention and criminal trespass. A 32-year-old Sandown man was arrested for driving after suspension

or revocation.

**Aug. 13:** A 69-year-old Kingston man was taken into protective custody for alcohol.

**Aug. 14:** A 27-year-old Wilmington, Massachusetts,

man was arrested on charges related to operating without a valid license.

**Aug. 17:** A 65-year-old Danville woman was arrested on a DUI charge.

**Aug. 19:** A 33-year-old

Milton man was arrested on charges including DUI, second offense, and impairment. A 48-year-old George Mills, New Hampshire, woman was arrested on charges including operating after being certified as a habitual offender, driving after suspension or revocation, disobeying an officer and breach of bail.

**Aug. 22:** A 63-year-old Kingston man was arrested on a DUI charge.

**Aug. 23:** A 66-year-old Dracut, Massachusetts, woman was arrested on a DUI charge.

**Aug. 26:** A 38-year-old Lowell, Massachusetts, man was arrested on a warrant.

**Aug. 27:** A 24-year-old Atkinson man and a 51-year-old Brentwood man were each arrested for driving after suspension or revocation.

**Aug. 29:** A 39-year-old Haverhill, Massachusetts, man was taken into protective custody for alcohol.

**Aug. 30:** A 56-year-old Corpus Christi, Texas, man was arrested for driving after suspension or revocation.

## Behind the Badge: See Something, Say Something

**Joel Johnson, Kingston police chief**

KINGSTON — Keeping Kingston safe is a community effort, and our residents play an important role in helping the Kingston Police Department protect our town.

If you see something that seems unusual, out of place, or suspicious, don't ignore it. You don't need to investigate or confront anyone. Simply report what you observed and let our officers determine whether further action is needed.

When reporting suspicious activity, details such as what you saw, where and when it happened, descriptions of vehicles license

plates or people, and the direction of travel can be extremely helpful.

Remember, focus on behavior—not appearance. Something may have an innocent explanation, but reporting a concern allows law enforcement to make that determination.

If you see a crime in progress or someone is in immediate danger, call 911. For non-emergency concerns, contact the Kingston Police Department at 603-642-5742.

Your awareness and willingness to speak up can make a difference.

See something? Say something. Together, we can help keep Kingston safe!

## Sandown Recreation Announces October Lineup of Fall and Halloween Events

SANDOWN — Sandown Recreation is offering a full slate of events and programs in October, including family activities, Halloween celebrations, a community Oktoberfest and two evenings exploring the paranormal.

**Beyond the Veil: An Evening of Mediumship**

Oct. 2, 6 p.m. | Ed Garvey Recreation Center, 25 Pheasant Run Drive | \$45

The North Shore Medium will lead an evening of mediumship and connection. The event offers an opportunity to experience

mediumship in a welcoming setting.

**Chasing Shadows: A Paranormal Presentation**

Oct. 14, 6-7 p.m. | Ed Garvey Recreation Center | Free

The Paranormal Investigators of New England will discuss the world of ghost hunting and paranormal investigation. Attendees will learn about the tools, techniques and experiences investigators encounter while searching for evidence of the unexplained.

**Sandown Oktoberfest**

Oct. 17 | Sandlot, 33

Sandlot Way | Free

Celebrate fall with neighbors and friends at Sandown Oktoberfest. Additional details will be announced.

**Halloween Slime**

Oct. 21, 1-3 p.m. | Free  
Kids can get creative and a little messy while making their own Halloween-themed slime during this hands-on afternoon of experimenting and fun.

**Sandown Monster Mash**

Oct. 23, 3:30-6 p.m. | Free  
Families are invited to an afternoon of carnival-style

games, activities and Halloween fun. Costumes are encouraged.

**Trunk-or-Treat Festival**

Oct. 31, 4-5 p.m. | Free  
Families can kick off Halloween with a community Trunk-or-Treat. Kids are encouraged to wear their favorite costumes and enjoy an afternoon of treats and Halloween activities.

For more information or to register for events, call 603-887-1872 or visit <https://sandown.recdesk.com>.





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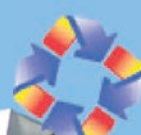
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# Keep the Heat In: WindowDressers Program Returns for Third Year

EAST KINGSTON — The Exeter Energy Committee is offering the WindowDressers program for the third year to residents of SAU16 communities: Exeter, Stratham, Newfields, Brentwood, Kensington and East Kingston.

Residents are invited to learn more at a question-and-answer session at 6 p.m. Thursday, Oct. 15, at the East Kingston Public Library. Those planning to attend are asked to contact

the library at [ekpublib@comcast.net](mailto:ekpublib@comcast.net).

Drafty windows can be a major source of heat loss and can be expensive to repair or replace. WindowDressers provides materials for insulating window inserts that fit inside existing windows, helping keep heat inside while allowing natural light and views.

The low-cost inserts are built by volunteers, including customers, during barn-raising-style Community

Builds. Each insert features a pine frame wrapped with two layers of durable plastic film. The layers create an insulating air space, while foam weather stripping around the edges helps stop drafts and provides a snug fit.

Depending on the efficiency of a home and its existing windows, the inserts can provide expected fuel savings of up to 20% of a heating bill.

The inserts are

custom-built to fit individual windows and can be used in mobile homes if the windows have frames. After signing up, residents will have their windows measured by a trained volunteer, who will determine the cost based on the exact size of each insert.

A medium-sized 30-by-52-inch pine insert costs \$53.02. WindowDressers also offers up to 10 inserts per customer each year at a reduced or no

cost for those experiencing financial hardship.

Orders are being accepted for this year's Community Build season and must be placed by Nov. 23. The Community Build will take place Jan. 15-21, 2027, at Exeter Town Hall.

Residents can visit their local public library to see an example of the inserts before ordering.

Residents of Exeter, Brentwood, Stratham, Kensington, East Kingston,

and Newfields can sign up at [www.WindowDressers.org](http://www.WindowDressers.org) or call 207-596-3073. Questions may be directed to Kristen Murphy, Exeter Conservation and Sustainability Planner, 603-418-6452 or email: [windowdressers@exeternh.gov](mailto:windowdressers@exeternh.gov).

Questions can be directed to Kristen Murphy, Exeter conservation and sustainability planner, at 603-418-6452 or [windowdressers@exeternh.gov](mailto:windowdressers@exeternh.gov).

# TrailFest Returns to Burley Farms in Epping

EPPING — Families, friends and neighbors from throughout the Seacoast are invited to celebrate the outdoors at Trailfest, a free community event presented by the Southeast Land Trust of New Hampshire from 10 a.m. to 3 p.m. Saturday, Oct. 17, at Burley Farms, 247 North River Road.

Now a favorite fall tradition for outdoor enthusiasts and families alike, Trailfest offers something for everyone — from exploring local trails and learning about nature to enjoying live music, food and activities with community organizations.

Throughout the day, visitors can explore the trails, meet local organizations and participate in a wide variety of activities, including:

- Fun runs and walks on the trails at Burley Farms, offering visitors a chance to enjoy the property at their own pace.
- Guided nature walks led by knowledgeable guides.
- Permaculture presentations from event partner



Seacoast Permaculture.

- Burley's Backyard, a children's play space centered on child-led exploration and natural elements.
- Wildlife demonstrations offering an engaging look at the animals and natural world around us.
- Live entertainment and music throughout the event.
- Food to enjoy while taking a break from the activities.

• Community booths and hands-on activities hosted by local organizations and partners.

• And much more for families and visitors of all ages.

TrailFest is designed to be a welcoming, accessible celebration of the outdoors and the community. Whether visitors come for a morning walk, bring the kids to explore Burley's Backyard, learn something new, listen to music

or simply spend a fall day outside with friends and neighbors, there will be plenty to see and do.

The Southeast Land Trust of New Hampshire conserves and stewards land throughout the Seacoast, protecting natural areas, farms, forests and other special places for people and wildlife.

For more information about Trailfest and upcoming events, visit [www.seltnh.org](http://www.seltnh.org).



Shoppers browse the booths of more than 70 craft and food vendors at the Atkinson Women's Civic Club's Artisan Market at the Atkinson Community Center. The annual event features handmade crafts, food, raffles and live music.

## Atkinson Artisan Market is Oct. 17

ATKINSON — The Atkinson Women's Civic Club Artisan Market will be held Saturday, Oct. 17, from 10 a.m. to 3 p.m. at the Atkinson Community Center, 4 Main St. The event will be held rain or shine.

The annual market will feature handmade crafts and unique creations from 70 talented artisans, along with popular local food vendors. Shoppers will find a wide variety of items, making the market a great opportunity to get an early start on Christmas and Hanukkah shopping.

The Atkinson Women's Civic Club will host raffle baskets

and 50/50 raffles, while live music will provide entertainment throughout the day. Vendors will be located both inside and outside the Community Center.

The market offers an opportunity to enjoy a fall afternoon with family and friends while shopping local, sampling delicious food and listening to live music.

Organizers encourage residents and visitors to save the date and join them for a day of shopping, food, music and community.

For more information, visit [www.awcc-nh.org](http://www.awcc-nh.org).



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Best Non-Profit Organization

**Atkinson Women's Civic Club**

Best Teacher

**Colleen Ferrante**

(Pollard School)

Most Unique

**Hampstead Jewelers**

Best Event of the Year

**LaBelle Lights Derry**

Favorite Local Personality / Artist

**Lisa Stith**

aka Trash Lady Lisa

Best Community Worker or Volunteer

**Miss Jenn**

(Plaistow Library)

Most Scenic Place

**North Hampton State Beach**

Best in Pest Control

**Pest End**

Best After-School Program

**Plaistow YMCA**

Favorite Hometown Hero

**Tim Kelley**

(ATK Veterans)





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# Free Embroidery Workshop: Learn to Stitch

EAST KINGSTON — Learn how to stitch by embroidering a personalized floral dog in a two-part beginner workshop hosted by the Southern Maine Chapter of the Embroiderers' Guild of America (SOME EGA).

The workshops are scheduled for Saturday, Oct. 10 and Saturday, Oct. 17, from 10 a.m. to noon at the East Kingston Public

Library, 47 Maplevale Road.

Participants will learn five basic embroidery stitches and create a floral dog personalized with their dog's name and color. They will receive step-by-step, hands-on instruction, as well as all materials.

"Embroidery can be a relaxing and therapeutic activity, promoting well-being, resilience and

connection," said Vicki J. Brown, one of the instructors and a SOME EGA member.

Space is limited, and registration is required. To register, contact the East Kingston Public Library at [ekpublib@comcast.net](mailto:ekpublib@comcast.net) or 603-642-8333. Participants should provide their dog's name and preferred color when registering.



## Meditation Gains Momentum as More Americans Seek Calm and Wellness

KINGSTON — Meditation is increasingly in the news as millions of people discover the potential physical and emotional benefits of a regular practice. More than 60 million Americans and an estimated 200 million to 500 million people worldwide practice meditation.

Studies suggest that regular

meditation may help lower heart rate and blood pressure, reduce stress, and ease symptoms of anxiety, depression and irritability. A consistent practice also can benefit relationships and the people who share our lives.

The Kingston Community Library will host a Meditation

Workshop from 6 to 7:30 p.m. Wednesday, Oct. 14, designed to help participants establish a meaningful daily meditation practice. Priority will be given to adults and older teens who have tried to learn meditation on their own but have struggled to maintain a practice.

The free, in-person workshop

will explore mindfulness, body scans, focused awareness and techniques for letting go of negativity and everyday distractions. Participants also will have the opportunity to join a regular meditation support group following the workshop.

Space is very limited. Those

interested should complete an application by Oct. 7, available at the library or by emailing [kiranada03848@gmail.com](mailto:kiranada03848@gmail.com). Applicants will be contacted that week if space is available.

The workshop is free to the community through the generous support of the library and instructor.

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Leave the ladders and cleaning to us. Our professional team has the tools and expertise to safely and efficiently clean your windows, gutters and your roof, saving you time and potential headaches.

Our **Residential Services** gives you back your weekends. Imagine spending free time relaxing not scrubbing. We leave your windows sparkling inside and out, your gutters clear and free-flowing (preventing costly water damage!), and your home looking its absolute best. One homeowner was amazed at how much brighter their living room felt after we cleaned their skylights "it was like adding an extra lamp!"

Revitalize your walkways, patios, and decks with our powerful pressure washing services.

## Technology in Equipment

Fish invests in the best tools to provide the best service. Our technicians use high-tech carbon fiber extension poles to safely reach windows up to 70 feet, and our Reverse Osmosis Deionized (RODI) water system ensures a spot-free shine.

## Other Services Provided:

### Gutter Cleaning

Did you know that clogged gutters can lead to property



damage or even plant growth inside your gutters? Repair costs can get out of control fast. Let our trained technicians clear your gutters and downspouts and save yourself a headache.

## Pressure cleaning

Pressure cleaning is just one of the services we have available. Pair it with sparkling clean windows and your home or business will shine.

We pressure clean: walkways, driveways, swimming pool surrounds, patios, decks & railings.

With our **Smart Wash/Soft Wash** system, we clean roofs and siding: Our low-pressure "Smart Wash" system gently and effectively removes mold, mildew, and algae from your siding and roof, extending the life of your roof and siding, and boosting curb appeal.

## Roof Cleaning

We also clean house roofs using our "Smart Wash" delivery system to effectively and safely reach every corner of your roof cleaning and removing all the organics that build up thus extending the life of your roof.

**What should you use to clean your windows?**  
Your phone! 📞

## Contact Info:

Ready to see the difference clean can make?

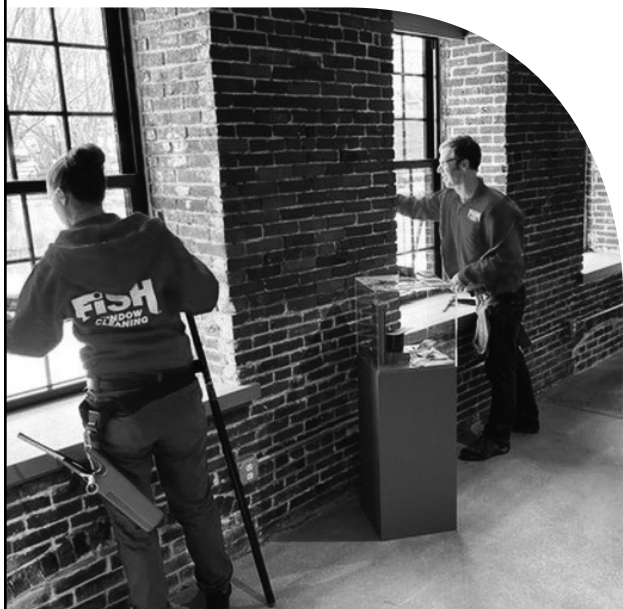
Contact us today for your **free, no-obligation estimate and discover how easy it is to reclaim your view!**

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Or **Go to our website** and fill out an estimate request form and you will be contacted by our office to arrange for an estimator to come out to your home or business.

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**Fishwindowcleaning.com/3050**







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# Fantastic Fall at Hampstead Public Library

## Janet Arden, head of circulation

HAMPSTEAD — The Hampstead Public Library has a full schedule of programs and activities for all ages throughout October, including family events, teen programs, educational workshops, crafts and outdoor activities.

The month begins with **Cards for Troops**, available starting Saturday, Oct. 3, and continuing throughout the month. Community members are invited to fill out cards that the Pease Greeters will send to troops in time for the winter holidays.

On Thursday, Oct. 1, teens and young adults in grades 6-12 can participate in **Teen Improv Night** featuring the Stranger Than Fiction Improv & Comedy

group at 5:30 p.m. Registration is required. The interactive, judgment-free program requires no prior experience.

Other youth and family programs include:

• **New Movie Matinee:** Friday, Oct. 2, at 1 p.m., featuring a film starring Hugh Jackman.

• **Brick Buddies LEGO Club:** Wednesday, Oct. 7, at 5:30 p.m. Registration is required.

• **Pumpkin Painting:** Wednesday, Oct. 14, from 5:30 to 6:30 p.m. Families and caregivers with children up to age 18 are welcome. Registration is required.

• **Lollipop Spider Craft:** Friday, Oct. 16, with materials available at the second-floor Craft Bar.

• **Gamers Sanctuary:** Wednesday, Oct. 21, from 3



**Alton Blaisdell browses the selection at last year's Indoor Plant Swap at the Hampstead Public Library. The library, in partnership with the Hampstead Garden Club, will host this year's swap from 9 a.m. to 2 p.m. Saturday, Oct. 17. Residents can bring indoor plants or cuttings to exchange or give away — and everyone is welcome to take a plant home, even if they don't have one to share.**

to 5 p.m. Students in grade 5 and up should register in advance.

• **Guided Birdwatching Walk:** Saturday, Oct. 24, at 9:30 a.m. Youth Services

Librarian Megan and an educator from New Hampshire Audubon will lead the walk at the West Road Conservation Trails. Registration is required.

• **Might Have Missed It Matinee:** Friday, Oct. 16, at 1 p.m., featuring a film starring Hugh Jackman.

The library also will host **Family Movie Nights**. The Sept. 30 program at 6 p.m. features a baseball-themed movie, while the Wednesday, Oct. 28, program begins at 5:45 p.m. with a "Halloweenie" movie. Popcorn will be provided, and families may bring their own snacks.

Adults can choose from several educational programs, including **The Road to Financial Independence** on Tuesday, Oct. 6, at 6:30 p.m.; **Medicare Basics** on Thursday, Oct. 8, at 10 a.m.;

the **NH Saves Button Up Workshop**, focused on improving home energy efficiency, on Tuesday, Oct. 13, at 6:30 p.m.; and another **Medicare Basics** program Tuesday, Oct. 27, at 6 p.m. Registration is required for some programs.

In partnership with the Hampstead Garden Club, the library also will host an **Indoor Plant Swap** Saturday, Oct. 17, from 9 a.m. to 2 p.m. Residents are encouraged to bring indoor plants or cuttings to exchange or give away. Those without plants to share are welcome to take plants, too.

The complete event calendar and registration information are available at [HampsteadLibrary.org](http://HampsteadLibrary.org). Residents also may visit the library for a printed calendar or call 603-329-6411 for more information.

## Plaistow Lions Food Drive Supports Local Children

PLAISTOW — The Plaistow Lions Club will hold a food drive Saturday, Oct. 3, from 8 a.m. to noon at Shaw's in Plaistow to support its Power Packs program, which provides weekend meals to local schoolchildren who may otherwise have limited access to food.

Each Power Pack provides two breakfasts, two lunches and three dinners, plus snacks, for one child. The program costs approximately \$15 per child per week and operates throughout the 38-week school year.

The program is supported through fundraising and food drives, and the club welcomes food donations and child sponsorships. A \$15 donation sponsors one child for a week, while \$570 sponsors a child for the full school year.

To help or learn more, email [plaistownh.lions@gmail.com](mailto:plaistownh.lions@gmail.com). Checks payable to the Plaistow Lions Club may be mailed to P.O. Box 504, Plaistow, NH 03865. Please write "Lions Power Packs" in the memo line. Updates are available on the Plaistow Lions Club Facebook page.

## Friends of Kimball Library Launch Fall Season with Raffle, Events

ATKINSON — The Friends of Kimball Library are welcoming fall with a raffle, community events and a new children's coloring book.

The Friends' Fall Raffle features three original, matted and framed photographs by local landscape and nature photographer Ron Watson. The winners will be selected Nov. 19. Tickets are \$5 for two, \$10 for five or \$20 for 12 and are available at the library, where the photographs are on display.

The Friends recently held a Book and Bake Sale during the Atkinson Town Yard Sale and participated in Atkinson Day.

A second Kimmy coloring book, "Kimmy Loses His Magic Wand," is now available for free at the library. Children can follow Kimmy through town as he searches for his missing wand.

National Friends of the Library Week will be celebrated Oct. 18-24. Community members are invited to visit the



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library, attend a program, meet members of the Friends and enjoy a snack.

The Friends of Kimball Library is an independent



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501©(3) nonprofit organization that raises funds for additional library needs and programs. New members are welcome at monthly meetings, held at

10:15 a.m. on the third Wednesday of each month at the library. Refreshments are served before the business meeting.



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**Rocky's Ace Hardware**  
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North Swanzey, NH 03431  
(603) 352-6200

**Squam Lake Boat Livery**  
853 US Route 3  
Holderness, NH 03245  
(603) 968-7721

**The Loon Center**  
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 4 Longview Dr Unit 2102: Lewis Builders Dev Inc to Stephen Tracewski, \$702,333  
 12 Wright Farm Rd Unit 12: James S. and Aileen Forzese to Brent S. and Martha B. Holt, \$565,000  
 20 Centraview Rd: Downes Rt and Richard J. Hawley to Robert J. and Ann-Marie B. Cintolo, \$586,000  
 7 Northfield Rd Unit 7: Kathryn B. Shea to Christopher R. and Tiffany Dawn Larcome, \$705,000  
 23 Island Pond Rd: Nancy Audy-Calderone to Cheyenne Woodburn and Brandon Noyes, \$557,000  
 7 Longview Dr Unit 308: Atkinson 308 LLC to Sylvia K Glasberg Ret and Sylvia K. Glasberg, \$690,000  
 7 Longview Dr Unit 6308: Atkinson 308 LLC to Sylvia K Glasberg Ret and Sylvia K. Glasberg, \$690,000  
 17 Stone Pound Ln: Scott A. Ouellette to John Jones and Dara Lindner, \$970,000  
 9 Deer Run Rd: Paul J. and Pamela D. Donovan to Orlep Ft 2021 and Robert C. Orlep, \$1,270,000

## DANVILLE

218 Kingston Rd: Richard & J A Previer Ret and Richard M. Previer to Robert and Rachel Coupal, \$560,000  
 74 Hunt Rd: Heather E. Turrell and Melonae A. Cameron to Megan E. Wiles and Elizer Oshidar, \$600,000  
 1 Billys Way: Pamela Skofield to Lacie K. Allen and Shawn David Riley, \$350,000  
 1112 Kingston Rd: Donald M Martin Lt and Catherien McKeon to Kenneth D. Field, \$475,000  
 33 Main St: Pizzurro Anthony Est and Nicholas Pizzurro to 33 Main St LLC,



\$470,000  
 60 Peabody Dr: Melinda L Taylor Ret and Melinda L. Taylor to Aaron Harmon and Sheridan B. Marinelli, \$750,000  
 N/A: Iron Wheel LLC to Iron Wheel Coop Inc, \$7,375,000

## EAST KINGSTON

Patridge Ln: Neil R. and Michele J. Kavanaugh to Allison Thornell and Kyle Daly, \$643,000  
 Route 107: Robert Lusinski to Kingston Fore LLC, \$2,250,000  
 Giles Rd (off): Robert & J N Furfari Ret and Maryann Musto to Sarah Ellins, \$740,000  
 N/A: Geoffrey R. and Marjorie Merrill to Emily Ann Fredette-Chitas and Marin Gavril Chitas, \$882,533

## HAMPSTEAD

13 Old Rd: Cory Fletcher to Michael Douglas Fletcher, \$295,533  
 84 Woodridge Rd: Louis A. and Patricia J. St Onge to Lindsey and Kevin Callahan, \$620,000  
 N/A: Joanna M. Thiele to Rachel Ann and Cooper Richards, \$675,000  
 12 Anne Dr: Pamela T. Miller to James John and Patricia Cerasuolo, \$620,000  
 16 Quail Run: P & Theresa Plante Ft and Philip C. Plante to Philip M. and Kimiko Kohno Coleman, \$680,000  
 198 Wash Pond Rd: Elizabeth Hamlin and Joseph T. Janiak to Nancy Umlah

and Patrick F. Whitney, \$565,000  
 7 N Salem Rd: James and Amy Johnston to Briot Demosthene and Nancy Quilla-huaman Mpeh, \$781,000  
 15 Owens Ct Unit 2: Jacob Councilman to Jenico Realty Trust Inc, \$419,000  
 Route 111: 268 East Main St LLC to Jc Charles LLC, \$660,000  
 76 Harper Ridge Rd: Sean T. and Michelle Mcevoy to Brett and Xiomara Grotenhuis, \$675,000  
 41 Scott Dr: Donna R. Delaney to Matthew Drolet, \$240,000  
 6 Tabor Rd: James E. and Virginia C. Bradley to Aaron and Amanda Bradley, \$200,000  
 N/A: Kathleen M. Reardon to Leston Radworth Welsh, \$1,500,000

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22 Fourth St: Ronald R. Faxon to David John and Amanda Cassen, \$335,000  
 Long Pond: Jason P. Mitchell to Ampersand LLC, \$1,050,000  
 Madison Ae: Derrick Daniel and Shenandoah Ableman to Deniz Ipbuken and Giovana P. Vivaldi-Coelho, \$900,000  
 Riverwood Rd: Kenneth A. and Janice Isaacs to Whitney Elise Marmer and Stephen Doherty Miller, \$770,000  
 25 Mill Rd: Trisha Tidd to Daniel and Kristin LeBlanc, \$650,000  
 52 New Boston Rd: Victoria A. Anderson to Daniel C. and Kristi M. Florentino, \$370,000

N/A: Joshua R. Given to Brett Stephen Paquette, \$350,000  
 N/A: Gail Andersen and Brenda Grant to Kingston Fore LLC, \$250,000  
 108 Route 125: Seacoast Digital Computers I to Kingston Redhouse LLC, \$374,266  
 29 Coopers Grove Rd: Pellerin Ft and William J. Pellerin to Skylar and Peter Clark, \$540,000  
 32 Fourth St: Michael Higgins to Jennifer A. Brett, \$200,000  
 Veterans Unit C: R & Janice Licare Ft and Robert C. Licare to Jerry Mayfield, \$350,000  
 31 Castle Ct Unit 31: C & E Rt and Ellen M. Robinson to Raimund and Susan Heck, \$605,000  
 6 Exeter Rd: Alice G Getchell Ret and Alice Getchell to Kerri Ann Degnan, \$435,000  
 4 W Shore Park Rd Unit 101: Christopher Ronald and Jordan Ashley Cotter to Jagjeet Saini and Kuldeep Singh, \$895,000

## NEWTON

N/A: James and Rachel Vitale to Brianna Dearborn and Alberto Acevedo, \$460,000  
 14 Marcoux Rd: Travis N. Tremblay to Dylan Elliott and Shawna Packard, \$546,000  
 23 W Main St: Lauren Buzzell to Nicholas Dileo, \$650,000  
 58 Heath St: Scott William Mahon and Stacey Nicholson to Scott Swansen, \$615,000  
 120 Industrial Way: 125 Development Nh Corp to Cmm Properties LLC, \$4,865,000  
 8 Chongor Dr: Dean Garston to John Wilson and Alanna Garston, \$585,933  
 9 Hemlock Dr Unit 9: Labelle Trust 2016 and Robert P. Labelle to Therese S. Jervy, \$630,000  
 54 S Main St: George Secchiaroli to Joseph Rapoza and Tracy Hujsak, \$754,000  
 60 Smith Corner Rd: P & Shirley Murphy Ret and

Shirley Murphy to Britni Swansen, \$625,000  
 22 Wilders Grove Rd: Michael L. Fortin to Jordan Hillner, \$500,000

## PLAISTOW

East Rd: Hodgdon Carol A Est and Louis A. Damarino to Enio and Evelyn Drummond, \$510,000  
 4 Cheney Ln: Richard J. Roy to Ryan Howdeshell and Diandra Fuentes, \$925,000  
 15 Culver St Unit 47: Donna Wojcikiewicz Garvey to Joseph Bryce Jones, \$415,000  
 4 Joseph Dr: Matthew Anderson to Gavin L. and Gabriel R. Anderson, \$790,000  
 26 Cifre Ln: David B. Flint to Joseph Charles Mahoney and Michelle S. Beaton, \$400,000  
 9 Crane Crossing Rd: Post Mills 51 LLC to Ryan Carlyle and Katherine Hailson, \$384,400  
 15 Culver St: Elisabeth A. Lane to Molly Mcalpine and Ryan James Hardacre, \$402,000  
 Kimball Ave: Cindy L. and Bryan P. Dubois to Brendan J. and Amy Blair, \$620,000  
 113 Newton Rd: Clarence J & M Taylor Lt and Clarence Joan Taylor to John and Kerri Spencer, \$755,000  
 Old Rd: Torromeo Industries Inc to Old Road LLC, \$275,000  
 14 Danville Rd: Jones Danville Road Rt and David A. Jones to Danville Rd 14 Hldg LLC, \$1,100,000  
 22 Greenfield Dr: Consolidated T and Shanti Jawa to Trevor J. Snow and Geena N. Borzi, \$665,000  
 108 Newton Rd: Danahy Trust 2015 and Kathleen M. Danahy to Michelle Lemieux and Michael Pinette, \$513,000  
 48 Westville Rd Unit 3: Brittani Burton to Lori Ann Buswell, \$255,000  
 9 Crane Crossing Rd: 9 Crane Crossing Road Rt and Marjorie A. Hersey to Jennifer Mary Greeley and Joseph

Paul Marais, \$380,000  
 15 Culver St: Kerri Ann Degnan to Samuel J. Forcino, \$349,933  
 68 Forrest St: Carol J. Davis to Karen B. Allen, \$396,200  
 11 Stonebridge Dr Unit B: Brett and Xiomara Grotenhuis to Jessica Stevens and Tyler Apher, \$455,000

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428 Main St: Rebecca and Adam Hughes to Rebecca and Adam Hughes, \$200,200  
 83 Main St: Jason R. Gauvin to Raymond Donovan and Myah Bouley, \$505,000  
 64 Driftwood Cir: Ferguson Lane Dev LLC to Robinson Lt and Michael Ira Robinson, \$720,200  
 75 Driftwood Cir Unit 75: Ferguson Lane Dev LLC to Michael C. and Kelly L. Allard, \$719,200  
 76 Lantern Dr: Hampshire Ventures Inc to Kenneth Samuel and Ashley Elizabeth Frazier, \$854,133  
 23 Phillips Dr: Jennifer Kate and Joshua Nailon to Christopher M. and Julie Catherine Silveira, \$705,000  
 25 Pinewood Loop: Normand Larocque to Nicholas and Meghan Buonopane, \$485,000  
 70 Hampstead Rd: Ruth A. Glazier to Stephanie and David Richardson, \$363,000  
 4 Higgins Ave: Dunbar T and Ronald B. Dunbar to Alexander J. and Miah K. Dunbar, \$500,000  
 North Rd: Alvin J Atkin Ret and James E. Atkins to Amy and Frank Garland, \$810,000  
 70 Waterford Dr: Seventy Waterford Dr Rt and Paul G. Wells to Kenneth Gene and Tracy J. Kimball, \$555,000  
 5 Hunt Pond Rd: Frank and Lynnette A. Ramsdell to Frank Ramsdell, \$110,000  
 5 Sleeper Ln: Robert A. and Christine Anderson to Steffen Kronberg, \$670,000

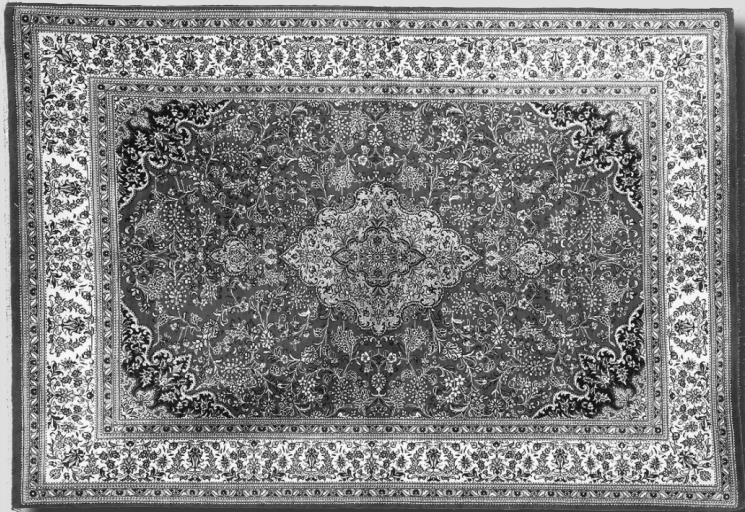


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