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» **Bill Burt on Alex Cora**

» **PLAYOFFS?** How it could  
happen for Red Sox

» **New faces, big  
expectations**

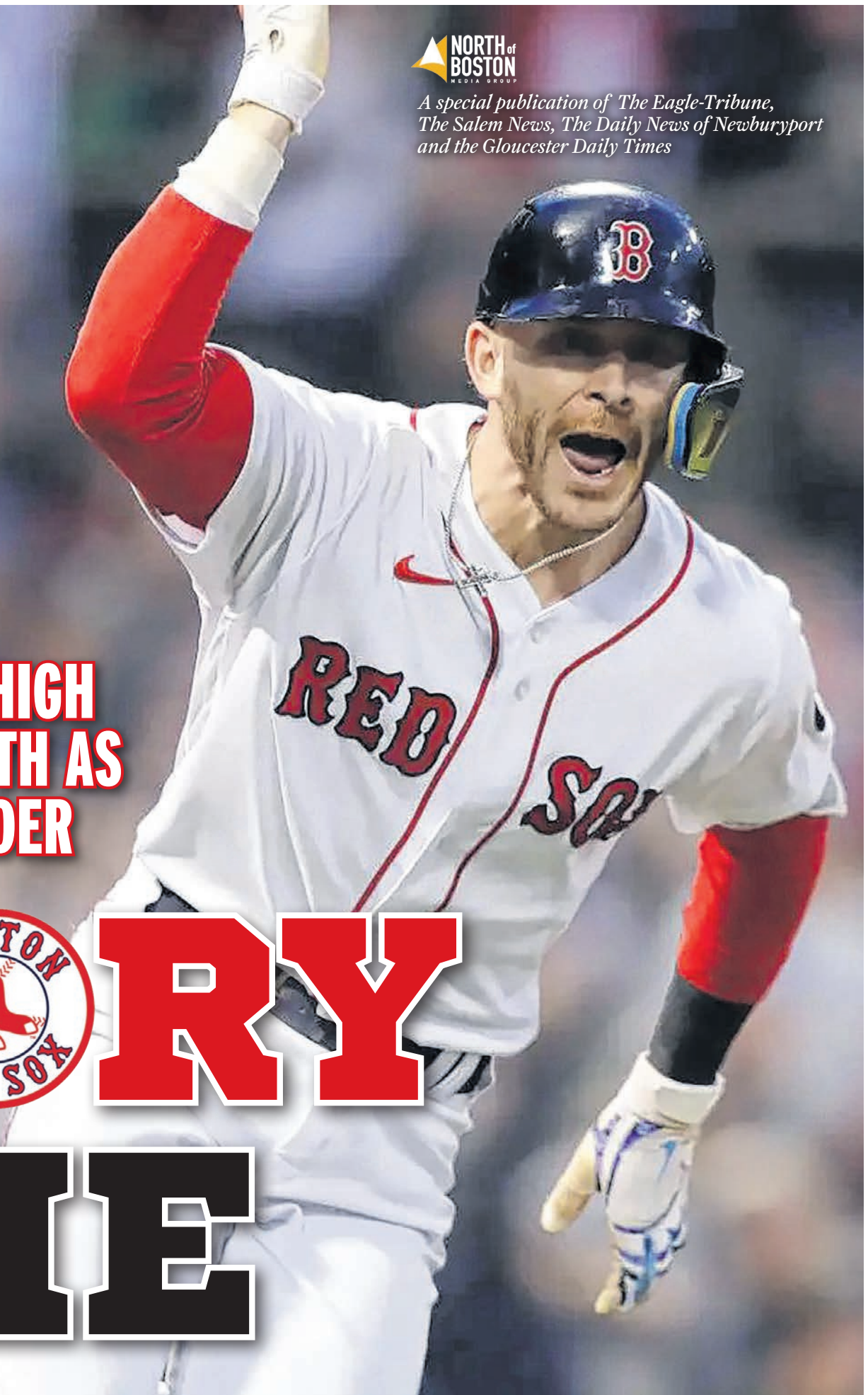
» **Starter? Reliever? Either  
way, Whitlock brings his  
love of the game to the  
field every day**

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## **2024 SEASON PREVIEW**

**EXPECTATIONS ARE HIGH  
FOR SHORTSTOP, BOTH AS  
PLAYER AND AS LEADER**

# **ST RY TIME**





# WHAT'S INSIDE?

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## ON THE COVER:

MICHAEL DWYER/AP photo

Only a few months into his Red Sox career, Trevor Story hit this booming grand slam in a win over Seattle in May of 2022.



DAVID LE PHOTO

Red Sox second baseman Trevor Story, shown here hitting a three-run double against the New York Yankees, is approaching a return after missing more than a month with a broken wrist. **For more on Story, see pages 4-5.**

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# One last fling?

Cora, Sox appear to be headed for divorce

**Bill Burt**

Alex Cora was the perfect guy for the job in 2018.

A former Sox player, coming off a World Series title the year before as bench coach with the Astros and a guy who not only can address the balance of analytics and “old-school” baseball, but has the ability to deal with Latin and American players equally.

And, not surprisingly, in 2018 Cora guided one of the most successful Red Sox seasons in the storied history of the franchise, winning 11 of 14 postseason games en route their fourth World Series title in 14 years.

But just over a year after Red Sox win over the Dodgers, all hell broke loose.

The investigation into the Astros 2017 and 2018 seasons, with a sign-stealing scandal being exposed. And Cora was involved in 2017, front and center.

Cora was suspended for a year.

While the Red Sox made a gallant, surprising run in 2021, leading the American League Championship Series over the Astros, 2-1, before being eliminated after three straight losses, the Red Sox haven't been the same since.

Three last place finishes in four seasons. Cora managed the last two in 2022 and 2023.

Then-president Dave Dom-browski, originally hired in 2015, hired Cora but was fired before the 2019 was over, with Chaim Bloom eventually replacing him.

Bloom's run – see three last place finishes in four seasons – ended abruptly after last season, with Craig Breslow the new president overseeing baseball ops.

How would Breslow and Cora



PAUL BILODEAU/Staff photo

**Red Sox Manager Alex Cora stands with the rest of his team as the National Anthem is performed during Opening Day at Fenway Park as the Red Sox take on the Baltimore Orioles for the first regular season game of the year.**

work together as a couple?

Will Red Sox and Cora “renew” their vows having five or so months to figure out their possible futures together?

Well, a story dropped from Ken Rosenthal, that Cora put his house up for sale in the Boston area. Then it was retracted.

But the damage, it appears, has been done.

And the relationship between Red Sox ownership and Cora may be the real problem.

When Cora first arrived the Red Sox, led by then-president Dom-browski, were big spenders – No. 1 in MLB in 2018 (\$235.6M) and 2019 (\$222.2M) – and there were rewards considering they finished first both years in the A.L. East and won the World Series in

2018.

When Cora returned from his suspension – very humbled, I might add – the franchise had shifted to analytics and value.

The previous three years the Red Sox were 6th (\$179.5M), 6th (\$201.6M) and 14th (\$167.5M). and other than the surprising September run, finishing the season 11-5, and not only getting into the postseason but getting to the ALCS, the Red Sox have been on the outside looking in.

If there was a “last straw” between Cora and the Red Sox, last year’s trade deadline was probably it. They were within 1.5 games out of the last Wild Card spot on July 28.

The Red Sox needed one to two starting pitchers and

right-handed power bat.

Instead, Bloom added Luis Arias, a journeyman infielder.

Worse, Bloom called the Red Sox an underdog, sort of embracing the uncommon role here in Boston.

Cora apparently didn’t take too kindly to Bloom’s comments and inactivity.

And in late August, with the Astros in town and four games ahead of the Red Sox for a post-season berth, Cora’s disgust with the Red Sox brass was shown in the opener.

Journeyman Kyle Barraclough was on the mound for the Red Sox in the sixth inning, relieving Chris Sale, with a 4-3 Sox lead.

The inning went like this: Walk, walk, flyout, triple, hit-by-pitch,

homerun, walk, stolen base, walk, hit-by-pitch and single.

Nobody went to the mound for a visit over those six runs being scored and the Sox season officially being blown to smithereens.

Cora basically flipped the bird to management, claiming he was out of relievers.

So when did we realize the end was near for Cora, well, we have some tangible proof that date was Aug. 28, 2023.

Is there any magic left?

The Red Sox have some talent, but honestly a bevy of question marks.

As far as Cora’s future in Boston, anything more than 2024, the last year of his contract, would be considered an upset.



# A better Story?

Healthy again, Sox shortstop has big expectations

By Bill Burt

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The two-year anniversary just passed on March 20.

Almost out of the blue, the Boston Red Sox signed free agent shortstop Trevor Story to a six-year, \$140 million.

There were a few early questions: What? and ... why?

At the time the Red Sox had a franchise, all-star shortstop Xander Bogaerts, a guy who had literally grown up in the organization, signing as a 16-year-old in 2009.

Of course, there were extenuating circumstances, as in Bogaerts had an opt-out clause after the 2022 season, a Scott Boras' special contract nugget.

The Red Sox President of Baseball Operations Chaim Bloom said Story would play second base and, no, he was not signed as a replacement to Bogaerts.

Two years later, we can all agree Bloom told a white lie.

The Red Sox didn't want to pay Bogaerts the 10-year, \$300 million-ish that most upper tier free agents were demanding, and Story would slide into that role for a few years. Maybe Story would be the place-holder for top prospect/shortstop Marcelo Meyer, and eventually move to second base.

That white lie/dream never transpired for Bloom, who was fired after the disappointing 2023 season.

Story needed surgery to repair his throwing elbow, which some believe may have been an issue months before the Red Sox signed him.

Fast-forward to 2024 and things have changed.

One Story is, he says, completely healthy. and two, Story has quite possibly assumed a bigger role beyond his five tools ... team leader.

Over the two, injury-packed seasons, covering 137 games, he has played with the Red Sox, Story hit just .229 with 19 homers and 80 RBI.

So guess what his biggest concern in 2024 is?

"Definitely my health," said the 31-year-old Story. "I feel great. I feel normal again."



GERALD  
HERBERT/  
AP PHOTO

**Trevor  
Story of the  
Boston Red  
Sox.**



## » Story

Continued from Page S4

It was 2018 and 2019 that Story took baseball by storm while with the Colorado Rockies, hitting .291 with 37 HRs and 108 RBI and .294, 35 HRs and 85 RBI.

His final two seasons in Colorado, including the shortened COVID season in 2021, were a slight drop, but he had respectable OPS numbers (.874 and .801).

The 2023-24 offseason was especially different for Story, a Texas native.

He added an extensive throwing program and “pushed the envelope, too,” he noted, in his weight-lifting regimen.

Oh yes, and he assumed some sort of leadership role being that nobody else is really up for the job.

The Red Sox “best” player, Rafael Devers, who entering the first year of his 10-year, \$330 million extension, isn’t even close to being the team spokesman.

“I’m too young,” said the 27-year-old Devers, when asked about his place in the leadership pecking order. “I’m not even 30 [years old] yet.”

It was Story who made calls to many of the everyday players, setting up a few off-season workouts and Zoom meetings.

“Trevor did some great things this offseason, keeping up with all of the guys,” said Red Sox manager Alex Cora. “It was nice to see. It’s what leaders do.”

## Jensen on Story: A tough out

Kenley Jansen has a history as a closer against his current teammate on the Red Sox, Trevor Story.

For the most part, he has dominated the Sox shortstop.

“But he’s always been a tough out,” said Jansen. “Always fighting, foul balls off. But I’ve been pretty good against him over the years.”

But there was one time when Story got Jansen. And to this day, Jansen remembers it like it was yesterday.

“It was Game 163 in 2018,” said Jansen, who was closer for the L.A. Dodgers facing the Colorado Rockies in a one-game playoff. We were ahead, 5-2, and I was coming in because I hadn’t thrown in a few days.

“It was back to back homers, Nolan Arenado first, then Trevor right after him,” recalled Jansen of the game in which the Dodgers won 5-2. “He didn’t get me much, but he got me that day.”

Well, Story is not only over-30, but he’s played a lot of baseball, now in his ninth year.

He had a few games last year, including a 4-for-4, 3 doubles, 2 runs scored and 2 stolen bases against the Tigers in July.

Whatever the case, baseball fantasy geeks aren’t impressed, at least their

algorithms aren’t. Most have Story’s 2024 numbers around these: .240 ave., 20 HRs and 70 RBI.

Of course, those numbers are recency-based, meaning his two injury-prone years counted in their calculations.

“I don’t know about any of that,” said Story. “I’m a baseball player. I can add value in different areas of the game. I’m focused on that, playing baseball, not hitting certain numbers.”

He does understand the frustration Red Sox fans have already expressed, upset about the team’s lower-than-it-should-be payroll – currently 11th highest at \$161.2 million.

And the many question marks, including him.

“I get it. But honestly that’s a big reason I decided to sign with Boston. I love the passion for the game. I have the same passion,” said Story. “I know people aren’t happy about our finish the last two years. We aren’t either. We expect to be better.”

Story said the fact that very few people are picking the Red Sox to be in the mix is fine with him and a lot of his teammates. It comes up oftentimes when guys are talking.

“We are in a tough division, the best in baseball,” said Story. “We are flying under the radar. To be honest, I’m fine with that. Every team is tough. But that’s OK. That’s what you want, competition. It keeps you focused.”



GERALD HERBERT/AP photo

**Boston Red Sox shortstop Trevor Story fields a popup in early March in Fort Myers, Fla.**

As to why he is sounding positive about the Red Sox prospects, compared to the computers and experts, Story started looking around

the clubhouse.

“We have a young and hungry, ready to compete,” said Story. “It’s a good mix of veterans and talented young

guys. I feel really good about that. I feel good about the team.”

The minority has spoken. Let the games begin.



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# Nowhere to go **but up?**

## Five 'musts' if Sox show up the 'haters'

By Bill Burt

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Let's be honest. We are only in late March and the 2024 season doesn't look great.

The Red Sox are in nobody's top 10 power rankings, never mind World Series contenders.

There are extenuating issues, as in lack of established firepower at the top of its rotation – there is no Pedro Martinez, Roger Clemens or Chris Sale (when healthy).

They have several players coming off injured seasons needing to be “very” healthy.

Taking the positive view here, there are five musts – and I mean “MUSTS” as the Red Sox prepare to compete in the toughest division probably in pro sports, the A.L. East.

Usually, three of the five of these “musts” stick and that's enough. Well, the Red Sox might have to bat 1.000 here:



### 1. Devers is true MVP candidate

Rafael Devers can hit. No doubt about it.

But the ask is bigger in 2024. Being ranked the top 30th best player in baseball is all good, but the Red Sox need more. They need a top 10 guy.

As in .311 average, 32 homers, 115 RBI and .900+ OPS.

Is that asking too much? No. In fact, those

were his numbers as a 22-year-old in 2019.

If Devers is not going to lead with his voice, it's got to be with his bat. Causing havoc isn't enough, especially in 2024.

The defensive side of his game also has to pick up. Rather than being a liability with about 20 errors, he needs to make more plays, especially the easy ones.

If this happens, the biggest beneficiaries will be Story and Triston Casas or whom-ever is around him in the lineup. Devers is 27. This needs to be his breakout year.



### 2. Brayan Bello ascends into ace

OK, this “ask” is bigger. In fact, it might not be realistic, asking a dude with 14 career wins, with an ERA of 4.37 (about 0.5 runs allowed per inning) to become “The Next Pedro Martinez” is improbable.

But Red Sox signed Bello to an early contract – 6 years, \$55 million – for a reason. They see a probable future star. Bello had a run in which he allowed more than three runs only three times over 25 starts. That's impressive. Even better, 15 of those starts he allowed two or fewer runs.

So there was consistency in that body of work, much of which happened when the Red Sox were struggling to stay above .500.

Bello's future is bright. But the Red Sox need better than “bright” out of Bello.

### 3. Starters 2-thru-5 good AND healthy

This is another tough ask depending on who the Red Sox will officially run its rotation. Losing free agent Lucas Giolito, a rock-solid middle/back of the rotation innings eater, to Tommy John surgery was a setback.

The Red Sox had thoughts of possibly moving one or both of the Tanner Houck-Garrett



Whitlock combo into the bullpen, but Giolito's injury changes that dream scenario.

The expectation is that Nick Pivetta will begin the season as the No. 2 starter, but has “ace” potential. Pivetta, like so many other players on this team, has shown signs of being a very good player with the Sox.

He appears to have that proverbial chip on his shoulder and being doubted here will probably be a bone of contention.

The other key is Kutter Crawford, who turns 28 in April.

He has come through the system a little better every year.

Well, this year has to be a good one, as in 12-8 with a 4.00 ERA, and going 30 starts.

Whitlock and Houck are talents ... when healthy. Both could be very helpful in the rotation and bullpen in a variety of roles.

It's a solid group, including Bello, but solid won't be good enough in 2024.



### 4. Casas becomes borderline all-star

Triston Casas is getting better every day. It is probably one reason the Red Sox decided

against bringing back the trusted Justin Turner, who platooned a bit at first base.

Casas is ready to play 150 games.

His rookie season didn't start the way it was expected to – remember, first round picks get a shorter rope – but by late September he was a different player.

Casas was hitting .225 at the all-star break with 10 homers. In the second half, he hit .335 with 14 homers.

His OPS of .856 was tops on the team, ahead of Devers .851.

The second half Casas was an all-star caliber player.

Is it too much to ask him to do that for 162 games?

Maybe.

But it will have to do, anything in that range, with improved defensive play at first base.



### 5. Duran reaches potential

The Red Sox are among several teams that don't wait around long for their prospects to shine. You either are a potential all-star or you are gone.

Alex Verdugo was Exhibit A. He was good, sometimes very good, but not good enough.

Duran's role is to get on base, hit a lot of doubles, score a lot of runs, and be a plus-defender in the outfield.

He appears to be ready to assume that role, barring injury or extended hitting streak.

Duran has been one of the Red Sox top prospects, but at 27, we're at a different stage.

The Red Sox need results. He's a create-havoc sort of player because of his speed.

He's got the good looks to fit his role.

The Red Sox need that Duran and they need him now.





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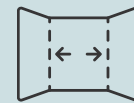
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# Meet the new guys



**Ceddanne Rafaela**  
**Age:** 23  
**Position:** Outfield  
**How acquired:** International signing in 2017  
**Fun fact:** Played in 2012 Little League World Series for Willemstad (Caribbean

Region).

**Key info:** Rafaela played in 2018 for the Lowell Spinners. He was named Sox minor league defensive player of the year in 2022. He broke a franchise record with six steals in a game with the Portland Sea Dogs in 2023. He made his debut with the Red Sox on Aug. 28, 2023 and two weeks later, on Sept. 12, hit his first major league home run.

**Expectations in 2024:** Initial thoughts were him to start in Worcester. He appears to have won an everyday position as the team's centerfielder. While destined to be leadoff, he will start in the back of the order for the opener. He hit .302 between Portland (AA) and Worcester (AAA) clubbing 20 home runs, only behind Bobby Dalbec's 33 HRs in Worcester. Potentially a star in the making.



**Tyler O'Neill**  
**Age:** 28  
**Position:** Outfield  
**How acquired:** On Dec. 8, 2023, was traded by the St. Louis Cardinals to the Red Sox for reliever Nick Robertson and starter

Victor Santos.

**Fun fact:** A devoted weight lifter his entire life, Tyler's dad, Terry O'Neill was named Mr. Canada in 1975 as the nation's top body builder.

**Key info:** Tyler basically is the replacement for Adam Duvall, another right-handed power hitter who left for free agency. The Red Sox expect him to be a plus-bat in the middle of the lineup, probably anywhere from fourth to sixth in the lineup when he returns from foot injury in early April.

**Expectations for 2024:** When healthy, the Gold Glove winner is believed to be an All-Star-caliber player. In 2021, he finished eighth in National League MVP voting, hitting .286 with 34 HRs and 80 RBIs. Over the past two seasons, he has played in only 168 games, hitting .229 with 23 home runs and 79 RBIs.



**Emmanuel Valdez**  
**Age:** 25  
**Position:** Infield  
**How acquired:** Acquired via trade on Aug. 1, 2022 with Wilner Abreu for catcher Christian Vazquez.

**Fun fact:** Emmanuel grew up in the D.R. as a Red Sox fan, as many of his countrymen, following the David Ortiz-Manny Ramirez teams as a boy. It was a dream, he said, to be traded to the Red Sox.

**Key info:** His value to the team in 2024 will be as a utility player in the infield and as a platoon player. He is not as good against lefty pitchers as he needs to be and infield defense is solid, but needs improving.

**Expectations in 2024:** Solid, all-around player. Noted for his contact skills and knowledge of strike zone. Also has a little pop, hitting 16 home runs between AAA and the Red Sox in 2023. With Trent Grisham the expected starter and probably out for a few weeks to start the season, Valdez will get opportunities to compete for the job.



**Greg Weissert**  
**Age:** 29  
**Position:** Reliever  
**How acquired:** Was acquired in those rare Red Sox-Yankees trades for Alex Verdugo. He was part of three players that came to Boston,

including starters Richard Fitts and Nicholas Judice.

**Fun fact:** Grew up a Yankees fan, attending nearby Fordham University and was in the Yankees system for eight years before the trade.

**Key info:** Command is an issue with Weissert. But, when he's on, he is on. In 17 outings with the Yankees, 11 of them were scoreless. Averaged nearly 1.5 strikeouts per inning over his entire minor league career.

**Expectations in 2024:** Could be unsung reliever in the Red Sox bullpen with experience as a late-innings reliever and closer throughout his college and pro career. Expected to compete as a middle reliever to start here. Greg has a "funky" delivery and bat-missing ability with two pitches, a mid-90s fastball and sweeping curveball.





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# 'Just give me the ball'

Sox pitcher's new mindset, embracing versatility, having more fun, has him focused on big 2024

By Bill Burt

» bburt@eagletribune.com

FORT MYERS – A Swiss Army Knife.

You hear it a lot when it comes to sports, meaning the more you can do, the better your chances of hanging around and adding value.

In terms of a baseball pitcher, it's not the role of, say, Gerrit Cole. and it definitely is not going to get you anywhere near Cole's bank account.

But at 27, Red Sox pitcher Garrett Whitlock is apparently OK with it.



Garrett Whitlock

In fact, he's OK with everything right now. "Whether AC [Alex Cora] gives me the ball in the first inning, the third inning, the eighth inning, the ninth inning, it doesn't matter," said Whitlock. "I'm at the point where ... just give me the ball."

Whitlock has intimated this view before. But it seems to have taken over his being in 2024, the second year of a four-year, \$18.75 million deal giving up four years of arbitration.

Whitlock hearkened back to a discussion he had when he was a Yankee in 2020 with journeyman pitcher Adam Warren.

"He told me that once you accept your role, especially a role like the one I have, it empowers you," said Whitlock. "He was right. I've sort of always pitched with a chip on my shoulder. I honestly don't care when I get the ball."

## Whitlock has another new role coming ... A dad

Speaking of kids and new roles, Red Sox pitcher Garrett Whitlock has both coming into his life in about four months when his wife, Jordan, his college sweetheart at Alabama-Birmingham, will have their first child.

Yes, he's embracing the role of dad, big-time. "I can't wait," said Whitlock. "It's the best feeling."

Another focal point this season going forward is for Whitlock to do a better job of not being so hard on himself after a tough outing, and not get too high after a good one.

"This year is 366 days, a leap year. The season is 186 days. That's a long season," said Whitlock. "Have a good day, flush it. Have a bad day, flush it. Consistency, for me, is the key."

So is, of course, health.

"Best I've felt in a long time," said Whitlock, who has battled right elbow soreness for big chunks of 2023, realizing he was 4½ years removed Tommy John surgery. "I'm healthy. and I'm ready to do whatever this team needs."

Well, "this" particular team appears to need a lot, all across the board, including elite pitching, in all of the departments – starting, long relief, set-up men and closing.

Whitlock's role is unspecified at the time. He could be any one of those roles – remember, Red Sox have apparently dangled closer Kenley Jensen.

He's had a few very good

outings as a starter as the rotation and bullpen decisions are made.

One particular outing, his second, saw an electric Whitlock. He set down the first eight Tigers batters like Humpty Dumpty, five by way of strikeout. Two bloop hits and a line drive to right scored a run before he got his sixth strikeout.

"I'm feeling really good," said Whitlock. "The strikeouts are surprising. I'm not

a strikeout pitcher."

Which brings us back to Whitlock's "role" in 2024.

In fact, several times this spring the topic of his "status" has come up.

And several times he laughed about it.

"Nobody believes me, but I don't care," said Whitlock. "Personally, I'm looking at the game through a kid's eye, rather than a job. Every kid wants to be doing what we're doing."

There is another reason for Whitlock's new outlook. He lost his younger brother Gavrie after a tragic drowning at Lake Lanier, about an hour from Atlanta, last September.

Talk about a lesson about baseball and real life.

"Your life changes forever," said Whitlock.

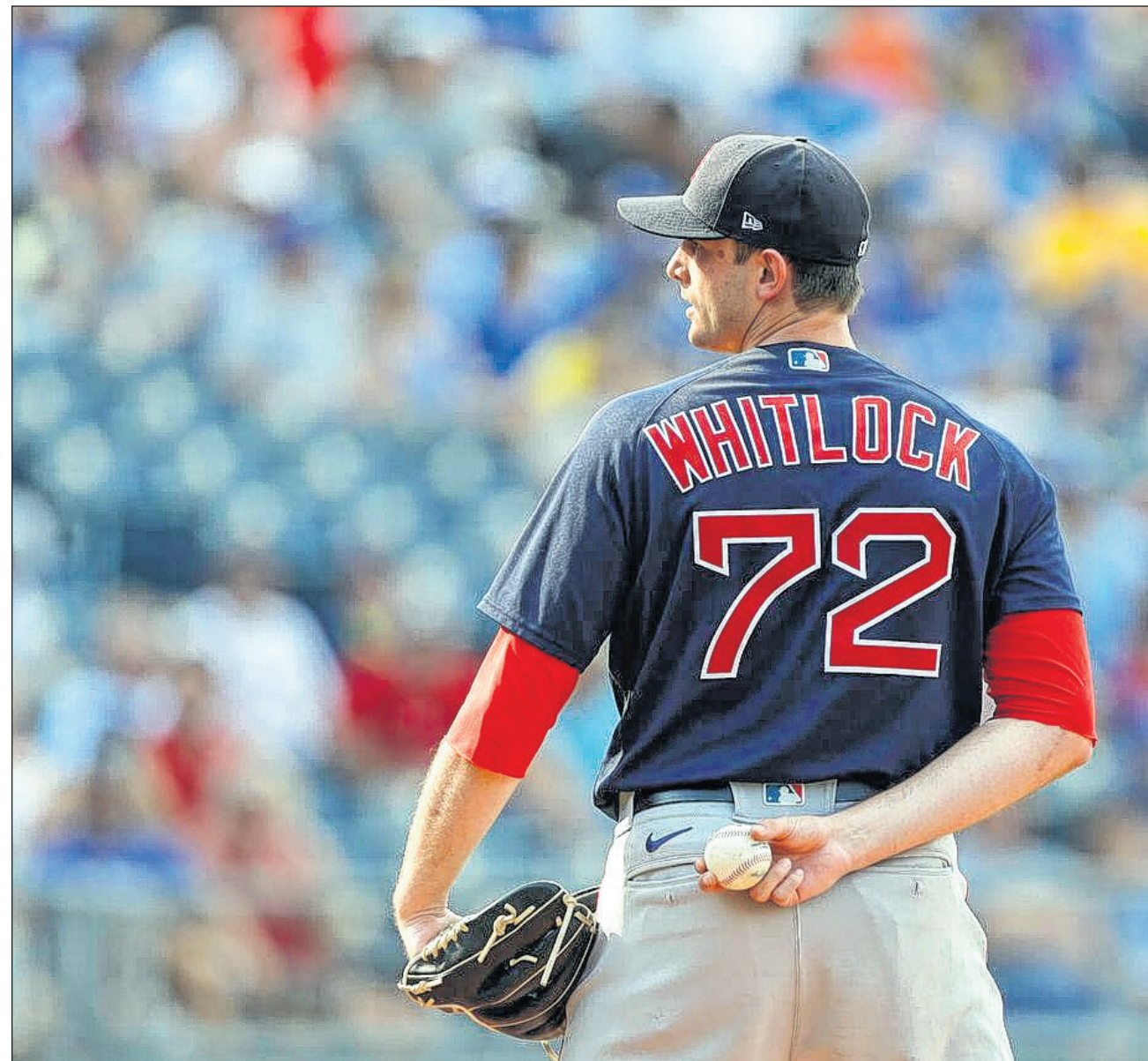
Whitlock, like all of his teammates, have heard the rumblings of the Red Sox being predicted to finish last

in the American League East for a third straight year.

"You know what? The Yankees, Orioles, Rays and Blue Jays all have something in common with us. We're all 0-0 right now."

Whitlock's focus is to have fun and, of course, surprise a lot of people.

"My job is to entertain, make fans happy," said Whitlock. "The best way that can happen, in Boston, is winning games."



BILL BURT/Staff photo

Red Sox pitcher Garrett Whitlock says he is open to any role he gets in 2024.





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Red Sox 2023 statistics



Name	Age	G	PA	AB	R	H	2B	3B	HR	RBI	SB	CS	BB	SO	BA	OBP	SLG	OPS	GDP	HBP
Connor Wong	27	126	403	371	55	87	25	2	9	36	8	2	22	134	0.235	0.288	0.385	0.673	4	6
Triston Casas	23	132	502	429	66	113	21	2	24	65	0	0	70	126	0.263	0.367	0.49	0.856	7	1
Christian Arroyo	28	66	206	195	23	47	16	0	3	24	1	3	7	45	0.241	0.268	0.369	0.638	8	1
Enrique Hernández	31	86	323	297	38	66	11	0	6	31	3	1	22	68	0.222	0.279	0.32	0.599	11	2
Rafael Devers	26	153	656	580	90	157	34	0	33	100	5	1	62	126	0.271	0.351	0.5	0.851	15	11
Masataka Yoshida	29	140	580	537	71	155	33	3	15	72	8	0	34	81	0.289	0.338	0.445	0.783	20	7
Jarren Duran	26	102	362	332	46	98	34	2	8	40	24	2	24	90	0.295	0.346	0.482	0.828	3	3
Alex Verdugo	27	142	602	546	81	144	37	5	13	54	5	3	45	93	0.264	0.324	0.421	0.745	11	6
Justin Turner	38	146	626	558	86	154	31	0	23	96	4	1	51	110	0.276	0.345	0.455	0.8	10	11
Adam Duvall	34	92	353	320	45	79	24	2	21	58	4	0	22	110	0.247	0.303	0.531	0.834	0	6
Rob Refsnyder	32	89	243	202	31	50	9	1	1	28	7	2	33	47	0.248	0.365	0.317	0.682	8	5
Reese McGuire	28	72	206	187	15	50	12	1	1	16	2	1	11	53	0.267	0.31	0.358	0.668	2	1
Pablo Reyes	29	64	185	167	27	48	9	0	2	20	7	2	14	21	0.287	0.339	0.377	0.716	3	0
Trevor Story	30	43	168	158	12	32	9	0	3	14	10	3	9	55	0.203	0.25	0.316	0.566	2	1
Enmanuel Valdez	24	49	149	139	17	37	8	0	6	19	5	1	8	37	0.266	0.311	0.453	0.764	4	1
Yu Chang	27	39	112	105	12	17	2	0	6	18	4	0	3	34	0.162	0.2	0.352	0.552	2	2
Luis Urías	26	32	109	89	13	20	4	0	2	13	0	0	14	26	0.225	0.361	0.337	0.698	3	5
Raimel Tapia	29	39	97	87	14	23	4	1	1	10	6	1	9	19	0.264	0.333	0.368	0.701	1	0
Ceddanne Rafaela	22	28	89	83	11	20	6	0	2	5	3	1	4	28	0.241	0.281	0.386	0.666	2	1
Wilyer Abreu	24	28	85	76	10	24	6	0	2	14	3	1	9	23	0.316	0.388	0.474	0.862	0	0
Bobby Dalbec	28	21	53	49	6	10	2	0	1	1	1	0	4	28	0.204	0.264	0.306	0.57	0	0
David Hamilton	25	15	39	33	2	4	2	0	0	0	2	1	6	10	0.121	0.256	0.182	0.438	1	0
Jorge Alfaro	30	8	20	17	0	2	0	0	0	0	0	0	2	3	0.118	0.25	0.118	0.368	1	1
Caleb Hamilton	28	4	6	5	0	0	0	0	0	0	0	0	1	5	0	0.167	0	0.167	0	0



Red Sox 2023 pitching statistics



Name	Age	W	L	ERA	G	GS	SV	IP	H	R	ER	HR	BB	SO	HBP	WHIP
Brayan Bello	24	12	11	4.24	28	28	0	157	165	77	74	24	45	132	6	1.338
Kutter Crawford	27	6	8	4.04	31	23	0	129.1	107	59	58	17	36	135	5	1.106
Tanner Houck	27	6	10	5.01	21	21	0	106	104	61	59	14	41	99	6	1.368
Chris Sale	34	6	5	4.3	20	20	0	102.2	87	52	49	15	29	125	8	1.13
James Paxton	34	7	5	4.5	19	19	0	96	93	51	48	18	33	101	2	1.313
Kenley Jansen	35	3	6	3.63	51	0	29	44.2	40	21	18	5	17	52	2	1.276
Josh Winckowski	25	4	4	2.88	60	1	3	84.1	89	34	27	9	31	82	3	1.423
Chris Martin	37	4	1	1.05	55	0	3	51.1	45	6	6	2	8	46	0	1.032
Brennan Bernardino	31	2	1	3.2	55	6	0	50.2	48	19	18	4	18	58	6	1.303
John Schreiber	29	2	1	3.86	46	2	1	46.2	41	22	20	6	25	53	4	1.414
Nick Pivetta	30	10	9	4.04	38	16	1	142.2	110	69	64	23	50	183	6	1.121
Garrett Whitlock	27	5	5	5.15	22	10	1	71.2	82	43	41	13	13	72	3	1.326
Corey Kluber	37	3	6	7.04	15	9	1	55	69	47	43	17	21	42	4	1.636
Chris Murphy	25	1	2	4.91	20	0	1	47.2	50	27	26	5	17	49	1	1.406
Richard Bleier	36	1	0	5.28	27	0	0	30.2	37	20	18	5	5	16	3	1.37
Mauricio Llovera	27	1	3	5.46	25	0	0	29.2	32	24	18	2	13	24	4	1.517
Joe Jacques	28	2	1	5.06	23	1	1	26.2	32	17	15	2	10	20	6	1.575
Kaleb Ort	31	1	2	6.26	21	2	0	23	27	19	16	6	9	24	1	1.565
Brandon Walter	26	0	0	6.26	9	0	1	23	32	17	16	3	7	16	1	1.696
Ryan Brasier	35	1	0	7.29	20	0	1	21	24	18	17	2	9	18	2	1.571
Justin Garza	29	0	2	7.36	17	1	0	18.1	22	17	15	3	12	17	1	1.855
Nick Robertson	24	0	0	6	9	1	0	12	13	9	8	2	5	13	0	1.5
Joely Rodríguez	31	0	0	6.55	11	0	0	11	13	9	8	2	6	14	0	1.727
Zack Kelly	28	0	0	3.86	8	0	0	9.1	7	4	4	0	8	6	2	1.607
Zack Weiss	31	0	0	2.08	6	0	0	8.2	3	3	2	2	4	8	0	0.808
Kyle Barraclough	33	1	1	12.91	3	0	0	7.2	14	11	11	3	6	4	4	2.609
Ryan Sherriff	33	0	0	2.7	5	0	0	6.2	6	2	2	0	2	5	1	1.2
Matt Dermody	32	0	1	6.75	1	1	0	4	4	3	3	2	1	1	1	1.25
Tayler Scott	31	0	0	4.91	4	1	0	3.2	6	3	2	1	4	2	1	2.727
Zack Littell	27	0	0	9	2	0	0	3	3	3	3	0	3	2	0	2
Jake Faria	29	0	0	22.5	1	0	0	2	4	5	5	0	4	3	0	4
Dinelson Lamet	30	0	0	13.5	1	0	0	2	4	3	3	1	1	1	0	2.5
Pablo Reyes	29	0	0	4.5	2	0	0	2	3	1	1	0	4	0	0	3.5



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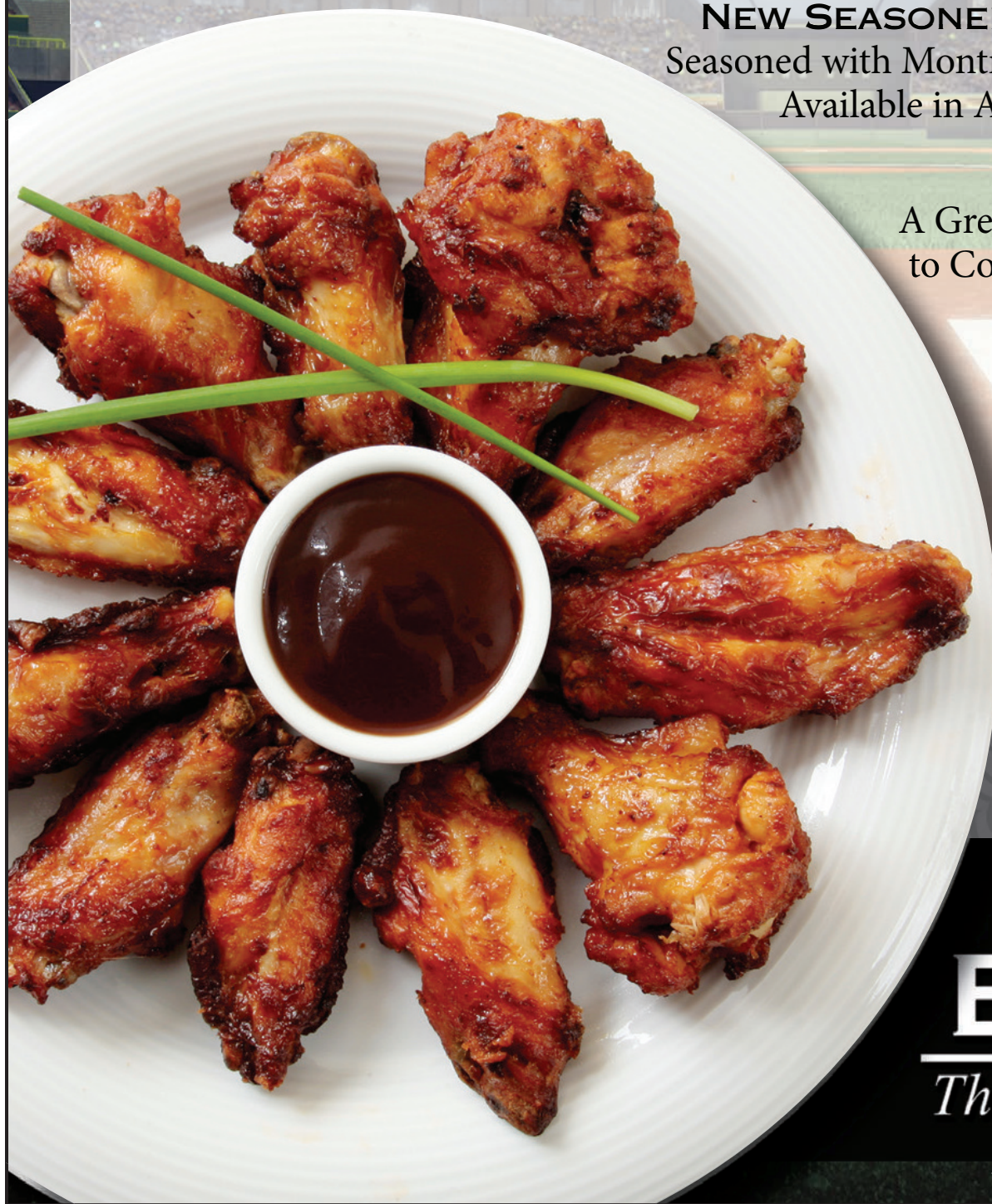
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# 2024 BOSTON RED SOX SCHEDULE

## MARCH/APRIL

SUN	MON	TUES	WED	THURS	FRI	SAT
				SEA 10:10	SEA 9:40	SEA 9:40
SEA 4:10	OAK 9:40	OAK 9:40	OAK 3:37		LAA 9:38	LAA 9:38
LAA 4:07		BAL 2:10	BAL 7:10	BAL 7:10	LAA 7:10	LAA 4:10
LAA 1:35	CLE 11:10 AM	CLE 7:10	CLE 7:10	CLE 1:35	PIT 6:40	PIT 4:05
PIT 1:35		CLE 6:10	CLE 6:10	CLE 1:10	CHC 7:10	CHC 4:10
CHC 7:10		SF 7:10				

## MAY

SUN	MON	TUES	WED	THURS	FRI	SAT
			SF 7:10	SF 1:35	MIN 8:10	MIN 2:10
MIN 2:10		ATL 7:20	ATL 7:20		WSH 7:10	WSH 4:10
WSH 1:35	TB 7:10	TB 7:10	TB 7:10	TB 7:10	STL 8:15	STL 7:15
STL 2:15	TB 6:50	TB 6:50	TB 6:50		MIL 4:10	MIL 4:10
MIL 1:35	BAL 1:05	BAL 6:35	BAL 6:35	DET 7:10	DET 7:10	

## JUNE

SUN	MON	TUES	WED	THURS	FRI	SAT
						DET 4:10
DET 1:35		ATL 7:10	ATL 1:35	CWS 8:10	CWS 8:10	CWS 4:10
CWS 2:10		PHI 7:10	PHI 7:10	PHI 7:10	NYN 7:10	NYN 7:15
NYN 7:10	TOR 7:07	TOR 7:07	TOR 7:07		CIN 4:10	CIN 4:10
CIN 1:40	TOR 7:10	TOR 7:10	TOR 7:10		SD 7:10	SD 4:10
SD 1:35						

## JULY

SUN	MON	TUES	WED	THURS	FRI	SAT
		MIA 6:40	MIA 6:40	MIA 1:10	NYN 7:05	NYN 1:05
NYN 1:35		OAK 7:10	OAK 7:10	OAK 7:10	KC 7:10	KC 4:10
KC 1:35	★	ALL-STAR BREAK			LAD 10:10	LAD 7:15
LAD 4:10	COL 8:40	COL 8:40	COL 3:10		NYN 7:10	NYN 7:15
NYN 1:35	SEA 7:10	SEA 7:10	SEA 4:10			

## AUGUST

SUN	MON	TUES	WED	THURS	FRI	SAT
					TEX 8:05	TEX 7:05
TEX 2:35	KC 8:10	KC 8:10	KC 8:10		HOU 7:10	HOU 4:10
HOU 1:35	TEX 7:10	TEX 7:10	TEX 6:10	BAL 6:35	BAL 7:05	BAL 4:05
BAL 1:35	HOU 8:10	HOU 8:10	HOU 2:10		AZ 7:10	AZ 4:10
AZ 1:35	TOR 7:10	TOR 7:10	TOR 7:10	TOR 7:10	DET 6:40	DET 6:10

## SEPTEMBER

SUN	MON	TUES	WED	THURS	FRI	SAT
DET 1:40	NYM 7:10	NYM 7:10	NYM 7:10		CWS 7:10	CWS 7:15
CWS 1:35	BAL 7:10	BAL 7:10	BAL 7:10	NYN 7:05	NYN 7:05	NYN 1:05
NYN 1:35		TB 6:50	TB 6:50	TB 6:50	MIN 7:10	MIN 4:10
MIN 1:35	TOR 7:07	TOR 7:07	TOR 7:07		TB 7:10	TB 4:10
TB 3:05						

\*ALL GAMES ARE SUBJECT TO CHANGE

■ HOME □ AWAY

## Burt's prediction on Red Sox: 82-80

“The Red Sox are, on paper, the fifth best team in the American League East. And, when all is said and done, by late September they will probably be fighting for a fourth place spot. They are solid enough throughout the roster to be a decent team with Tristan Casas having a breakout year. Now, I’m not going to applaud a potential last place finish, but the 2024 season, if it leads to something potentially special in 2025, with young talent like Brayan Bello, Ceddanne Rafaela, Jarren Duran and Casas taking over as leaders of the next generation, and then adding that big free agent the following season, an 82-win season could be meaningful.”

## Burt's Top 10 MLB teams

- 1 Braves ..... NL East ..... This is their year
- 2 Dodgers..... NL West..... Too much talent isn't always good
- 3 Phillies ..... NL East ..... Normal year they are No. 1
- 4 Yankees ..... AL East ..... Soto will change culture
- 5 Astros ..... AL West ..... Always there causing havoc
- 6 Orioles ..... AL East..... Very good, but didn't add a star
- 7 Rangers ..... AL West ..... Injuries will halt back-to-back run
- 8 Blue Jays..... AL East..... Sleeper team that needs better pitching
- 9 Rays ..... AL East..... Like O's, didn't do enough to get to Final 4
- 10 Twins..... AL Central ..... Another team that doesn't go away

## MVP, Cy Young odds in 2024

**2024 NL MVP odds**  
**Player odds**  
Ronald Acuna Jr. +525  
Mookie Betts +650  
Shohei Ohtani +900

Fernando Tatis Jr. +1000  
Freddie Freeman +1100  
Bryce Harper +1200  
**2024 AL MVP odds**  
Aaron Judge +550

Juan Soto +600  
Corey Seager +1000  
Julio Rodriguez +1000  
Yordan Alvarez +1100  
Adley Rutschman +1600

**2024 NL Cy Young odds**  
Spencer Strider +525  
Zack Wheeler +900  
Logan Webb +1000  
Yoshinobu Yamamoto +1300

Max Fried +1400  
Zac Gallen +1400  
**2024 AL Cy Young odds**  
Kevin Gausman +700  
Corbin Burnes +900

Framber Valdez +950  
Pablo Lopez +1100  
Luis Castillo +1100

Odds courtesy of BetMGM.





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## How do I know if I need an allergy test?

If you're allergic to allergens in the air, you may develop allergic rhinitis.  
Also known as hay fever, this allergic reaction causes:

- Headaches
- Itchy water eyes
- Nasal congestion, sneezing or runny nose
- Shortness of breath, wheezing or chronic cough
- Sore throat

After a thorough evaluation, your healthcare provider will decide if allergy testing is right for you!

## Allergy facts and figures:

- Allergies are among the country's most common, but overlooked diseases.
- More than 100 million people in the U.S. experience various types of allergies each year.
- Allergies are the 6th, leading cause of chronic illness in the U.S.
- The most common indoor/outdoor allergy triggers are dust mites, tree, grass and weed pollens, mold, cockroach, cat and dog dander, and rodent urine.
- Allergies can be well managed with treatment and prevention.



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