

WHAT DAY IS TODAY?

SEPTEMBER 2025

Hispanic Heritage Month | National Pain Awareness Month | National Coupon Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	1 • Labor Day • National Little Black Dress Day • National Tofu Day (UK)	2 • Pierce Your Ears Day • Telephone Tuesday • World Coconut Day	3 • Indigenous Literacy Day • U.S. Bowling League Day	4 • National Wildlife Day • National Macadamia Nut Day • National Eat an Extra Dessert Day • International Taekwondo Day • National Spice Blend Day	5 • National Cheese Pizza Day • National Lazy Mom's Day • International Day of Charity • National Chianti Day • National Food Bank Day	6 • National Coffee Ice Cream Day • International Bacon Day • National Read a Book Day • World Beard Day • Hungry Ghost Festival	
	7 • National Buy a Book Day • National Beer Lovers Day • National Salami Day • Superhuman Day • Neither Snow Nor Rain Day	8 • National Ampersand Day • Star Trek Day • Actors' Day • World Physical Therapy Day • National Iguana Awareness Day	9 • National Teddy Bear Day • International Sudoku Day	10 • National Swap Ideas Day • National TV Dinner Day • National Port Wine Day • National Anti-Junk Light Day • National Quiet Day	11 • National Make Your Bed Day • National Hot Cross Bun Day • National School	12 • Stand Up to Cancer Day • National Video Games Day • Bravehearts Day • Gym Day	13 • Positive Thinking Day • International Chocolate Day • Programmers Day • Roald Dahl Day • Supernatural Day
	14 • National Cream Filled Donut Day • National Rosa Tequila Day • Frevo Day	15 • Make a Hat Day • Greenpeace Day • National Double Cheeseburger Day	16 • National Play-Doh Day • National Guacamole Day • National Stepfamily Day • Mayflower Day • National Working Parents Day	17 • Smithsonian Day • International Country Music Day • World Manta Day • World Patient Safety Day • National Apple Dumpling Day	18 • National Ceiling Fan Day • National Cheeseburger Day • International Equal Pay Day • World Bamboo Day • National First Love Day	19 • Talk Like a Pirate Day • International Grenache Day • National Tradesmen Day	20 • National Queso Day • National Dance Day • National Pepperoni Pizza Day • Batman Day • World Paella Day
	21 • National Chai Day • National Miniature Golf Day • IRONMAN Wales • Wife Appreciation Day • National Pecan Cookie Day	22 • National Elephant Appreciation Day • Hobbit Day • National Ice Cream Cone Day • Business Women's Day • National White Chocolate Day	23 • International Day of Sign Languages • Za'atar Day • Celebrate Bisexuality Day	24 • National Punctuation Day • World Bollywood Day • National Women's Health and Fitness Day • National Mofongo Day • Bluebird of Happiness Day	25 • National Lobster Day • National One-Hit Wonder Day • National Comic Book Day	26 • National Alpaca Day • German Butterbrot Day • Native American Day • Save the Koala Day • Hug a Vegetarian Day	27 • National No Excuses Day • National Singles Day • National Chocolate Milk Day • International Astronomy Day • National Hunting and Fishing Day
	28 • National Good Neighbor Day • World Rivers Day • National Drink Beer Day • International Poke Day • National Strawberry Cream Pie Day	29 • National Coffee Day • International Day of Awareness of Food Loss and Waste • National Starbucks Day • National Police Remembrance Day • International Happy Goose Day	30 • National Pet Tricks Day • International Podcast Day • International Thunderbirds Day • World Stroopwafel Day • National Extra Virgin Olive Oil Day				

• Additional information sources: Metro Creative Connection, The Associated Press, nationaldaycalendar.com, daysoftheyear.com, dailyitem.com.

• Page design: Aron Agerton, The Daily Item



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