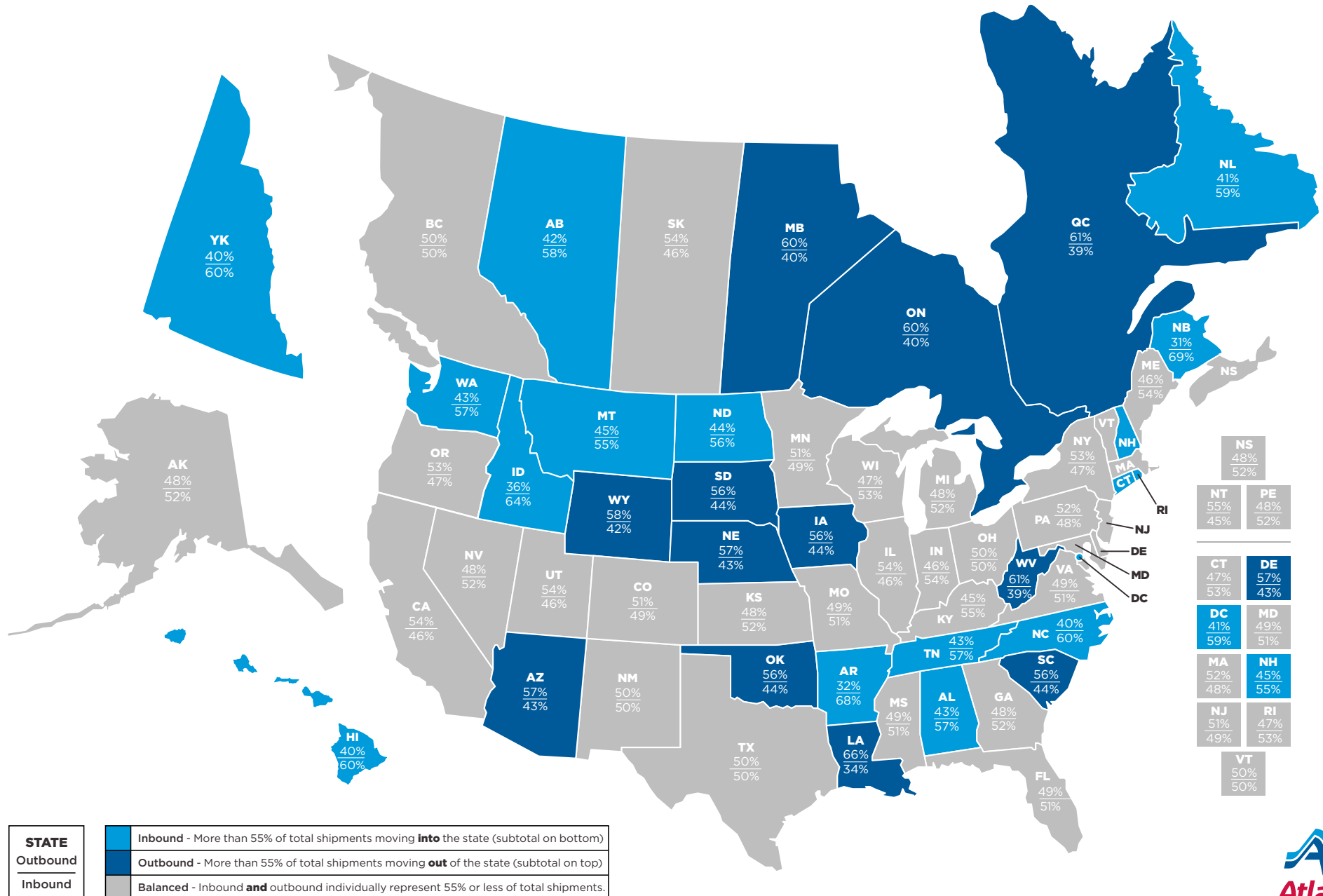


Interstate and Cross-Border

2025 Migration Patterns – traffic flow by state/province

Based on Interstate Household Goods Moves from November 1, 2024 through October 31, 2025



UNITED STATES



ALABAMA

Year	Inbound	Outbound
2025	57%	43%
2024	57%	43%
2023	54%	46%
2022	57%	43%
2021	59%	41%
2020	61%	39%
2019	57%	43%
2018	56%	44%
2017	57%	43%
2016	53%	47%

ALASKA

Year	Inbound	Outbound
2025	52%	48%
2024	57%	43%
2023	49%	51%
2022	49%	51%
2021	49%	51%
2020	59%	41%
2019	56%	44%
2018	46%	54%
2017	60%	40%
2016	59%	41%

ARIZONA

Year	Inbound	Outbound
2025	43%	57%
2024	45%	55%
2023	50%	50%
2022	49%	51%
2021	53%	47%
2020	57%	43%
2019	58%	42%
2018	56%	44%
2017	54%	46%
2016	52%	48%

ARKANSAS

Year	Inbound	Outbound
2025	68%	32%
2024	65%	35%
2023	58%	42%
2022	59%	41%
2021	62%	38%
2020	54%	46%
2019	49%	51%
2018	51%	49%
2017	51%	49%
2016	50%	50%

CALIFORNIA

Year	Inbound	Outbound
2025	46%	54%
2024	40%	60%
2023	49%	51%
2022	48%	52%
2021	42%	58%
2020	43%	57%
2019	48%	52%
2018	50%	50%
2017	49%	51%
2016	51%	49%

COLORADO

Year	Inbound	Outbound
2025	49%	51%
2024	47%	53%
2023	54%	46%
2022	53%	47%
2021	53%	47%
2020	53%	47%
2019	55%	45%
2018	55%	45%
2017	54%	46%
2016	51%	49%

CONNECTICUT

Year	Inbound	Outbound
2025	53%	47%
2024	58%	42%
2023	48%	52%
2022	47%	53%
2021	43%	57%
2020	45%	55%
2019	44%	56%
2018	40%	60%
2017	44%	56%
2016	41%	59%

DELAWARE

Year	Inbound	Outbound
2025	43%	57%
2024	48%	52%
2023	47%	53%
2022	46%	54%
2021	47%	53%
2020	45%	55%
2019	43%	57%
2018	43%	57%
2017	40%	60%
2016	40%	60%

FLORIDA

Year	Inbound	Outbound
2025	51%	49%
2024	50%	50%
2023	58%	42%
2022	59%	41%
2021	59%	41%
2020	55%	45%
2019	54%	46%
2018	55%	45%
2017	53%	47%
2016	56%	44%

GEORGIA

Year	Inbound	Outbound
2025	52%	48%
2024	54%	46%
2023	56%	44%
2022	55%	45%
2021	54%	46%
2020	51%	49%
2019	51%	49%
2018	49%	51%
2017	49%	51%
2016	50%	50%

HAWAII

Year	Inbound	Outbound
2025	60%	40%
2024	47%	53%
2023	77%	23%
2022	53%	47%
2021	60%	40%
2020	49%	51%
2019	47%	53%
2018	49%	51%
2017	40%	60%
2016	46%	54%

IDAHO

Year	Inbound	Outbound
2025	64%	36%
2024	63%	37%
2023	53%	47%
2022	51%	49%
2021	60%	40%
2020	66%	34%
2019	62%	38%
2018	66%	34%
2017	65%	35%
2016	63%	37%

ILLINOIS

Year	Inbound	Outbound
2025	46%	54%
2024	43%	57%
2023	37%	63%
2022	39%	61%
2021	37%	63%
2020	38%	62%
2019	39%	61%
2018	39%	61%
2017	38%	62%
2016	40%	60%

INDIANA

Year	Inbound	Outbound
2025	54%	46%
2024	49%	51%
2023	41%	59%
2022	41%	59%
2021	42%	58%
2020	42%	58%
2019	43%	57%
2018	43%	57%
2017	40%	60%
2016	42%	58%

IOWA

Year	Inbound	Outbound
2025	44%	56%
2024	46%	54%
2023	43%	57%
2022	42%	58%
2021	42%	58%
2020	44%	56%
2019	45%	55%
2018	49%	51%
2017	44%	56%
2016	43%	57%

■ Inbound —More than 55% of total shipments moving into the state. ■ Outbound —More than 55% of total shipments moving out of the state. ■ Balanced —Inbound and Outbound individually represent 55% or less of total shipments



KANSAS			KENTUCKY			LOUISIANA			MAINE			MARYLAND		
Year	Inbound	Outbound	Year	Inbound	Outbound	Year	Inbound	Outbound	Year	Inbound	Outbound	Year	Inbound	Outbound
2025	52%	48%	2025	55%	45%	2025	34%	66%	2025	54%	46%	2025	51%	49%
2024	53%	47%	2024	56%	44%	2024	37%	63%	2024	60%	40%	2024	54%	46%
2023	45%	55%	2023	54%	46%	2023	38%	62%	2023	64%	36%	2023	52%	48%
2022	47%	53%	2022	53%	47%	2022	35%	65%	2022	63%	37%	2022	49%	51%
2021	48%	52%	2021	57%	43%	2021	39%	61%	2021	64%	36%	2021	50%	50%
2020	46%	54%	2020	58%	42%	2020	40%	60%	2020	62%	38%	2020	48%	52%
2019	46%	54%	2019	52%	48%	2019	40%	60%	2019	53%	47%	2019	49%	51%
2018	43%	57%	2018	51%	49%	2018	42%	58%	2018	55%	45%	2018	48%	52%
2017	42%	58%	2017	52%	48%	2017	42%	58%	2017	60%	40%	2017	50%	50%
2016	44%	56%	2016	51%	49%	2016	41%	59%	2016	53%	47%	2016	50%	50%
MASSACHUSETTS			MICHIGAN			MINNESOTA			MISSISSIPPI			MISSOURI		
Year	Inbound	Outbound	Year	Inbound	Outbound	Year	Inbound	Outbound	Year	Inbound	Outbound	Year	Inbound	Outbound
2025	48%	52%	2024	52%	48%	2025	49%	51%	2025	51%	49%	2025	51%	49%
2024	51%	49%	2024	48%	52%	2024	46%	54%	2024	50%	50%	2024	53%	47%
2023	52%	48%	2023	46%	54%	2023	39%	61%	2023	44%	56%	2023	49%	51%
2022	46%	54%	2022	42%	58%	2022	42%	58%	2022	43%	57%	2022	49%	51%
2021	49%	51%	2021	45%	55%	2021	43%	57%	2021	48%	52%	2021	52%	48%
2020	48%	52%	2020	46%	54%	2020	42%	58%	2020	47%	53%	2020	50%	50%
2019	50%	50%	2019	46%	54%	2019	45%	55%	2019	51%	49%	2019	49%	51%
2018	52%	48%	2018	50%	50%	2018	47%	53%	2018	48%	52%	2018	48%	52%
2017	52%	48%	2017	53%	47%	2017	47%	53%	2017	51%	49%	2017	46%	54%
2016	51%	49%	2016	57%	43%	2016	46%	54%	2016	51%	49%	2016	48%	52%
MONTANA			NEBRASKA			NEVADA			NEW HAMPSHIRE			NEW JERSEY		
Year	Inbound	Outbound	Year	Inbound	Outbound	Year	Inbound	Outbound	Year	Inbound	Outbound	Year	Inbound	Outbound
2025	55%	45%	2025	43%	57%	2025	52%	48%	2025	55%	45%	2025	49%	51%
2024	52%	48%	2024	47%	53%	2024	50%	50%	2024	52%	48%	2024	49%	51%
2023	59%	41%	2023	48%	52%	2023	53%	47%	2023	60%	40%	2023	46%	54%
2022	59%	41%	2022	46%	54%	2022	51%	49%	2022	57%	43%	2022	45%	55%
2021	60%	40%	2021	47%	53%	2021	55%	45%	2021	55%	45%	2021	40%	60%
2020	54%	46%	2020	42%	58%	2020	60%	40%	2020	61%	39%	2020	39%	61%
2019	53%	47%	2019	43%	57%	2019	56%	44%	2019	52%	48%	2019	42%	58%
2018	52%	48%	2018	42%	58%	2018	68%	32%	2018	57%	43%	2018	43%	57%
2017	53%	47%	2017	40%	60%	2017	62%	38%	2017	55%	45%	2017	45%	55%
2016	54%	46%	2016	39%	61%	2016	53%	47%	2016	55%	45%	2016	46%	54%

■ Inbound —More than 55% of total shipments moving into the state. ■ Outbound —More than 55% of total shipments moving out of the state. ■ Balanced —Inbound and Outbound individually represent 55% or less of total shipments



NEW MEXICO

Year	Inbound	Outbound
2025	50%	50%
2024	56%	44%
2023	57%	43%
2022	58%	42%
2021	57%	43%
2020	60%	40%
2019	59%	41%
2018	56%	44%
2017	52%	48%
2016	46%	54%

NEW YORK

Year	Inbound	Outbound
2025	47%	53%
2024	44%	56%
2023	44%	56%
2022	41%	59%
2021	37%	63%
2020	34%	66%
2019	37%	63%
2018	39%	61%
2017	41%	59%
2016	41%	59%

NORTH CAROLINA

Year	Inbound	Outbound
2025	60%	40%
2024	63%	37%
2023	64%	36%
2022	64%	36%
2021	63%	37%
2020	65%	35%
2019	59%	41%
2018	63%	37%
2017	59%	41%
2016	61%	39%

NORTH DAKOTA

Year	Inbound	Outbound
2025	56%	44%
2024	48%	52%
2023	46%	54%
2022	45%	55%
2021	47%	53%
2020	49%	51%
2019	50%	50%
2018	46%	54%
2017	51%	49%
2016	54%	46%

OHIO

Year	Inbound	Outbound
2025	50%	50%
2024	49%	51%
2023	44%	56%
2022	45%	55%
2021	43%	57%
2020	44%	56%
2019	46%	54%
2018	45%	55%
2017	45%	55%
2016	45%	55%

OKLAHOMA

Year	Inbound	Outbound
2025	44%	56%
2024	47%	53%
2023	52%	48%
2022	49%	51%
2021	50%	50%
2020	49%	51%
2019	48%	52%
2018	50%	50%
2017	45%	55%
2016	52%	48%

OREGON

Year	Inbound	Outbound
2025	47%	53%
2024	47%	53%
2023	42%	58%
2022	44%	56%
2021	46%	54%
2020	55%	45%
2019	54%	46%
2018	57%	43%
2017	57%	43%
2016	62%	38%

PENNSYLVANIA

Year	Inbound	Outbound
2025	48%	52%
2024	48%	52%
2023	37%	63%
2022	42%	58%
2021	46%	54%
2020	48%	52%
2019	44%	56%
2018	45%	55%
2017	44%	56%
2016	45%	55%

RHODE ISLAND

Year	Inbound	Outbound
2025	53%	47%
2024	65%	35%
2023	52%	48%
2022	52%	48%
2021	57%	43%
2020	54%	46%
2019	58%	42%
2018	53%	47%
2017	56%	44%
2016	50%	50%

SOUTH CAROLINA

Year	Inbound	Outbound
2025	44%	56%
2024	48%	52%
2023	50%	50%
2022	49%	51%
2021	52%	48%
2020	47%	53%
2019	47%	53%
2018	47%	53%
2017	47%	53%
2016	47%	53%

SOUTH DAKOTA

Year	Inbound	Outbound
2025	44%	56%
2024	43%	57%
2023	50%	50%
2022	49%	51%
2021	48%	52%
2020	47%	53%
2019	38%	62%
2018	43%	57%
2017	40%	60%
2016	42%	58%

TENNESSEE

Year	Inbound	Outbound
2025	57%	43%
2024	62%	38%
2023	54%	46%
2022	58%	42%
2021	61%	39%
2020	58%	42%
2019	59%	41%
2018	57%	43%
2017	61%	39%
2016	60%	40%

TEXAS

Year	Inbound	Outbound
2025	50%	50%
2024	50%	50%
2023	56%	44%
2022	56%	44%
2021	57%	43%
2020	56%	44%
2019	56%	44%
2018	52%	48%
2017	53%	47%
2016	53%	47%

UTAH

Year	Inbound	Outbound
2025	46%	54%
2024	53%	47%
2023	55%	45%
2022	55%	45%
2021	61%	39%
2020	56%	44%
2019	48%	52%
2018	50%	50%
2017	47%	53%
2016	49%	51%

VERMONT

Year	Inbound	Outbound
2025	50%	50%
2024	53%	47%
2023	49%	51%
2022	47%	53%
2021	54%	46%
2020	53%	47%
2019	52%	48%
2018	47%	53%
2017	52%	48%
2016	44%	56%

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VIRGINIA			WASHINGTON			WASHINGTON, D.C.			WEST VIRGINIA			WISCONSIN		
Year	Inbound	Outbound	Year	Inbound	Outbound	Year	Inbound	Outbound	Year	Inbound	Outbound	Year	Inbound	Outbound
■ 2025	51%	49%	■ 2025	57%	43%	■ 2025	59%	41%	■ 2025	39%	61%	■ 2025	53%	47%
■ 2024	55%	45%	■ 2024	58%	42%	■ 2024	63%	37%	■ 2024	53%	47%	■ 2024	55%	45%
■ 2023	55%	45%	■ 2023	59%	41%	■ 2023	57%	43%	■ 2023	53%	47%	■ 2023	44%	56%
■ 2022	55%	45%	■ 2022	59%	41%	■ 2022	56%	44%	■ 2022	53%	47%	■ 2022	48%	52%
■ 2021	49%	51%	■ 2021	56%	44%	■ 2021	61%	39%	■ 2021	42%	58%	■ 2021	47%	53%
■ 2020	55%	45%	■ 2020	57%	43%	■ 2020	60%	40%	■ 2020	40%	60%	■ 2020	53%	47%
■ 2019	55%	45%	■ 2019	60%	40%	■ 2019	56%	44%	■ 2019	37%	63%	■ 2019	46%	54%
■ 2018	55%	45%	■ 2018	57%	43%	■ 2018	56%	44%	■ 2018	38%	62%	■ 2018	46%	54%
■ 2017	54%	46%	■ 2017	63%	37%	■ 2017	55%	45%	■ 2017	40%	60%	■ 2017	49%	51%
■ 2016	52%	48%	■ 2016	58%	42%	■ 2016	57%	43%	■ 2016	41%	59%	■ 2016	45%	55%

WYOMING		
Year	Inbound	Outbound
■ 2025	42%	58%
■ 2024	46%	54%
■ 2023	44%	56%
■ 2022	42%	58%
■ 2021	48%	52%
■ 2020	47%	53%
■ 2019	47%	53%
■ 2018	39%	61%
■ 2017	45%	55%
■ 2016	37%	63%

■ Inbound —More than 55% of total shipments moving **into** the state. ■ Outbound —More than 55% of total shipments moving **out** of the state. ■ Balanced —Inbound **and** Outbound individually represent 55% or less of total shipments

CANADA



ALBERTA			BRITISH COLUMBIA			MANITOBA			NEW BRUNSWICK			NEWFOUNDLAND & LABRADOR		
Year	Inbound	Outbound	Year	Inbound	Outbound	Year	Inbound	Outbound	Year	Inbound	Outbound	Year	Inbound	Outbound
■ 2025	58%	42%	■ 2025	50%	50%	■ 2025	40%	60%	■ 2025	69%	31%	■ 2025	59%	41%
■ 2024	61%	39%	■ 2024	47%	53%	■ 2024	39%	61%	■ 2024	76%	24%	■ 2024	56%	44%
■ 2023	43%	57%	■ 2023	41%	59%	■ 2023	49%	51%	■ 2023	59%	41%	■ 2023	92%	8%
■ 2022	62%	38%	■ 2022	49%	51%	■ 2022	35%	65%	■ 2022	74%	26%	■ 2022	64%	36%
■ 2021	34%	66%	■ 2021	42%	58%	■ 2021	40%	60%	■ 2021	50%	50%	■ 2021	67%	33%
■ 2020	50%	50%	■ 2020	51%	49%	■ 2020	36%	64%	■ 2020	50%	50%	■ 2020	50%	50%
■ 2019	34%	66%	■ 2019	41%	59%	■ 2019	35%	65%	■ 2019	27%	73%	■ 2019	24%	76%
■ 2018	35%	65%	■ 2018	38%	62%	■ 2018	24%	76%	■ 2018	33%	67%	■ 2018	44%	56%
■ 2017	36%	64%	■ 2017	35%	65%	■ 2017	42%	58%	■ 2017	42%	58%	■ 2017	44%	56%
■ 2016	31%	69%	■ 2016	38%	62%	■ 2016	29%	71%	■ 2016	40%	60%	■ 2016	62%	38%

NOVA SCOTIA			ONTARIO			QUEBEC			SASKATCHEWAN			YUKON		
Year	Inbound	Outbound	Year	Inbound	Outbound	Year	Inbound	Outbound	Year	Inbound	Outbound	Year	Inbound	Outbound
■ 2025	52%	48%	■ 2025	40%	60%	■ 2025	39%	61%	■ 2025	46%	54%	■ 2025	60%	40%
■ 2024	51%	49%	■ 2024	39%	61%	■ 2024	43%	57%	■ 2024	46%	54%	■ 2024	64%	36%
■ 2023	60%	40%	■ 2023	51%	49%	■ 2023	54%	46%	■ 2023	43%	57%	■ 2023	62%	38%
■ 2022	59%	41%	■ 2022	37%	63%	■ 2022	40%	60%	■ 2022	45%	55%	■ 2022	58%	42%
■ 2021	42%	58%	■ 2021	42%	58%	■ 2021	44%	56%	■ 2021	42%	58%	■ 2021	63%	37%
■ 2020	56%	44%	■ 2020	44%	56%	■ 2020	53%	47%	■ 2020	8%	92%	■ 2020	0%	0%
■ 2019	56%	44%	■ 2019	38%	62%	■ 2019	43%	57%	■ 2019	24%	76%	■ 2019	0%	0%
■ 2018	43%	57%	■ 2018	42%	58%	■ 2018	44%	56%	■ 2018	31%	69%	■ 2018	0%	0%
■ 2017	40%	60%	■ 2017	39%	61%	■ 2017	40%	60%	■ 2017	30%	70%	■ 2017	0%	0%
■ 2016	44%	56%	■ 2016	35%	65%	■ 2016	32%	68%	■ 2016	29%	71%	■ 2016	0%	0%

■ Inbound —More than 55% of total shipments moving into the state.
 ■ Outbound —More than 55% of total shipments moving out of the state.
 ■ Balanced —Inbound and Outbound individually represent 55% or less of total shipments

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