

# At Ease

MID-ATLANTIC MILITARY LIFE

**"THIS ONE DAY  
HAS DONE MORE  
TO HELP ME THAN  
MONTHS IN THE  
HOSPITAL."**

**FREE** ADMISSION!  
MARYLAND RV SHOW

Sept. 12 - 15  
See details on page 3

REEL AMERICAN  
HEROES FOUNDATION

Outdoor recreational therapy and  
community for Veterans

CALL OF THE  
GREAT OUTDOORS

From camping to fishing for  
the novice and the nomad