

At Ease

MID-ATLANTIC MILITARY LIFE

DISTRIBUTION

BUSINESS NAME	ADDRESS	CITY, STATE, ZIP
RITZ-CARLTON	1250 S HAYES ST	ARLINGTON, VA 22202
EMBASSY SUITES BY HILTON	1300 JEFFERSON DAVIS HWY	ARLINGTON, VA 22202
DOUBLE TREE BY HILTON	300 ARMY NAVY DR	ARLINGTON, VA 22202
DEA VISITORS MUSEUM	700 ARMY NAVY DR	ARLINGTON, VA 22202
DUMFRIES HEALTH CENTER	3700 FETTLER PARK DR	DUMFRIES, VA 22025
FAIRFAX HEALTH CENTER	10580 ARROWHEAD DR	FAIRFAX, VA 22030
FORT BELVOIR THE BODY SHOP	1023 12TH ST	FORT BELVOIR, VA 22060
FORT BELVOIR GRAVES FITNESS CENTER	2116 ABBOT RD	FORT BELVOIR, VA 22060
FORT BELVOIR OFFICERS CLUB	5500 SCHULZ CIR # 20	FORT BELVOIR, VA 22060
FORT BELVOIR BOWLING CENTER	5975 MIDDLETON RD	FORT BELVOIR, VA 22060
FORT BELVOIR SHOPPETTE	5976 12TH ST	FORT BELVOIR, VA 22060
FORT BELVOIR COMMISSARY	6050 GORGAS RD	FORT BELVOIR, VA 22060
FORT BELVOIR EXCHANGE	8651 JOHN J KINGMAN RD	FORT BELVOIR, VA 22060
FORT BELVOIR COMMUNITY HOSPITAL	9300 DEWITT LOOP	FORT BELVOIR, VA 22060
FORT BELVOIR SERVICE STATION	9600 POHICK RD	FORT BELVOIR, VA 22060
FORT BELVOIR WELCOME CENTER	18TH ST	FORT BELVOIR, VA 22060
QUANTICO NCO CLUB	3017 RUSSELL RD	QUANTICO, VA 22134
QUANTICO CROSSROAD INN	3018 RUSSELL RD	QUANTICO, VA 22134
QUANTICO MARINE MART	3048 BORDELON ST	QUANTICO, VA 22134
QUANTICO NAVAL MEDICAL	3259 CATLIN AVE	QUANTICO, VA 22134
QUANTICO MARINE FEDERAL CREDIT UNION	3380 RUSSELL RD	QUANTICO, VA 22134
QUANTICO MARINE COMMISSARY	3400 RUSSELL RD	QUANTICO, VA 22134
QUANTICO MARINE EXCHANGE	4806 RUSSELL RD	QUANTICO, VA 22134
QUANTICO TBS MARINE MART	BUILDING 24005	QUANTICO, VA 22134
7 DAY STORE/GAS STATION	BARNETT AVE	QUANTICO, VA 22134
WOODBIDGE TRICARE CLINIC	2700 POTOMAC MILLS CIRCLE	QUANTICO, VA 22134
RAMADA INN-TRIANGLE	4316 INN ST TRIANGLE	QUANTICO, VA 22134
YOUTH CENTER	3312 PURVIS RD	QUANTICO, VA 22134
CHILD DEVELOPMENT CENTER	3311 PURVIS RD	QUANTICO, VA 22134
TRAINING COMMAND	LOUIS RD	QUANTICO, VA 22134
PORTNER DR	?	QUANTICO, VA 22134
AMTRACK TRAIN STATION	POTOMAC AVE	QUANTICO, VA 22134
522 BROADWAY 50	?	QUANTICO, VA 22134
539 BROAD WAY ST APARTMENT	?	QUANTICO, VA 22134
BANK OF AMERICA	301 POTOMAC AVE	QUANTICO, VA 22134
MARINE SHOP	300 POTOMAC AVE	QUANTICO, VA 22134
BROADWAY AVE	517 BROADWAY AVE	QUANTICO, VA 22134
LITTLE HALL (REGISTRATION)	2034 BENNETT AVE	QUANTICO, VA 22134
BUTLER HALL(TRAINING/EDUC)	1019 LEJEUNE RD	QUANTICO, VA 22134
DALE HALL	2079 BENNETT AVE	QUANTICO, VA 22134
EXCHANGE	3048 BARNETT AVE	QUANTICO, VA 22134
BARBER SHOP	3035 BARNETT AVE	QUANTICO, VA 22134
ALFRED GREY RESEARCH CENTER	2040 BROADWAY AVE	QUANTICO, VA 22134
PHYSICAL FITNESS GYM	2073 HAWKINS AVE	QUANTICO, VA 22134
BRUCE HALL DINING FACILITY	2000 HAWKINS AVE	QUANTICO, VA 22134
PERSONAL MGMT SUPPORT	2008 ELLIOTT RD	QUANTICO, VA 22134
MARSHALL HALL SSECURITY GUARDS	2007 ELLIOTT RD	QUANTICO, VA 22134
WOUNDED WARRIOR REGIMENT	3025 JOHN QUICK RD	QUANTICO, VA 22134
HARRY LEE HALL	17 LEJUNE RD	QUANTICO, VA 22134
SECURITY BATTALION (MP)	2043 BARNETT AVE	QUANTICO, VA 22134
TECHNOLOGY MANAGEMENT BR.	3098 BAUER RD	QUANTICO, VA 22134
FACILITIES LOGISTICS	3252 DUNLAP CIRCLE	QUANTICO, VA 22134
JUDGE ADVOCATE OFFICE	3095 ROAM STREET	QUANTICO, VA 22134
OFFICER CANDIDATE	2189A	QUANTICO, VA 22134
COMMUNICATION SCHOOL	2177 BAUER RD	QUANTICO, VA 22134
LARSON GYM	2112 BAUER RD	QUANTICO, VA 22134
DINING FACILITY	5000 ON DOCK	QUANTICO, VA 22134
MC	2189B	QUANTICO, VA 22134
MARINE CORP AIR FACILITY	2100 BAUER RD	QUANTICO, VA 22134
JAMES WESLEY MARSH CTR	3280 RUSSELL RD	QUANTICO, VA 22134
JAMES DAVIS COMBAT DEL.	3300 RUSSEL RD	QUANTICO, VA 22134
MARINE CORP MUSEUM	3312 TRIANGER	QUANTICO, VA 22134
MCDONALD	?	QUANTICO, VA 22134
QUANTICO NATIONAL CEMETARY	?	QUANTICO, VA 22134
HW WEAPON TRAINING BN	27211 RUSSELL RD MCB 2	QUANTICO, VA 22134
JEFFERSON BUILDING	27266 MCB2	QUANTICO, VA 22134
MC. CREDIT UNION	24169 MCB2	QUANTICO, VA 22134
MC EXCHANGE	24005 MCB3	QUANTICO, VA 22134
CLINIC	2400	QUANTICO, VA 22134
MARINE FEDERAL CREDIT UNION	209 GARRISONVILLE RD	QUANTICO, VA 22134
CORNER OF POTOMAC AMD C ST.	339 POTOMAC AVE & C ST.	QUANTICO, VA 22134
MARINE BALLAT	2009 FULLER RD	QUANTICO, VA 22134
COMMANDING GENERAL HOUSE	1 NEVILLE AVE	QUANTICO, VA 22134
QUANTICO FIRE STATION	2045 BARNETT AVE	QUANTICO, VA 22134
FAMILY HOUSING	3049 BARNETT AVE	QUANTICO, VA 22134
EDUCATION &DEVELOPMENT	2004 BARNETT AVE	QUANTICO, VA 22134
BARTLETT HALL BOOK STORE	715 BROADWAY AVE	QUANTICO, VA 22134
WAR FIGHTING LAB	3087-B ROAM ST	QUANTICO, VA 22134
WT. MANAGEMENT TRAINING	3086-B ROAM ST	QUANTICO, VA 22134
OFFICER CLUB (TWO ENTRANCE)	3017 RUSSELL RD	QUANTICO, VA 22134
TRANSPORT OPERATION	3040 RUSSELL RD	QUANTICO, VA 22134
MARINE EXCHANGE BY BANK	3500 RUSSELL RD	QUANTICO, VA 22134
MARINE EXCHANGE OUTSIDE	3500 RUSSELL RD	QUANTICO, VA 22134
MAINE COMMISSARY	3400RUSSELL RD	QUANTICO, VA 22134
MEDAL OF HONOR GOLF COURSE	3303 FULLER RD	QUANTICO, VA 22134
SHUCK HALL TRANSIENT	3229 DUNLAP CIRCLE	QUANTICO, VA 22134
PERSONNEL & FAMILY	3044 CAITLIN AVE	QUANTICO, VA 22134
FIRE HOUSE STATION	27400 MCB 2 & MCB1	QUANTICO, VA 22134
WOODBIDGE HOUSING	1300 CONSTELLATION PLACE	QUANTICO, VA 22134
UPSHUR	?	QUANTICO, VA 22134
QUANTICO OCS EXCHANGE	2189 N ELROD AVE	STAFFORD, VA 22554
QUANTICO MARINE CORP MUSEUM	18900 JEFFERSON DAVIS HWY	TRIANGLE, VA 22172
TRUCK TK09 TOTAL		

BUSINESS NAME	ADDRESS	CITY, STATE, ZIP
BARB WATKINS	27999 OXFORD RD	OXFORD, MD 21654
TRUCK TK11 TOTAL		