Ahl - Cecil

In Memoriam

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Annabelle Allard
NEWVILLE
March 29, 1932 - Jan. 21, 2020

Bruce G. Bistline Jr.
CARLISLE
Sept. 30, 1925 - Jan. 10, 2020

Genevieve Ritter Bromley
MECHANICSBURG
Nov. 27, 1929 - Nov. 30, 2019

Robert Lee Brownawell
CARLISLE
Oct. 8, 1932 - Dec. 23, 2019

Mark L. Butler
CARLISLE
Nov. 14, 1958 - Dec. 1, 2019

Kevin Scott Cecil
Died Nov. 26, 2019

ABOUT THIS SECTION

In Memoriam started in September 2019 and publishes six times a year. The section honors the memories of the community members we’ve lost during the prior two-month period. This edition includes those whose obituary appeared between December 2 and February 2.
Wayne B. Cederlund  
CARLISLE  
June 20, 1945 - Dec. 8, 2019  

Darlene M. Darhower  
MT. HOLLY SPRINGS  
Aug. 4, 1946 - Dec. 29, 2019  

Elizabeth M. Dum  
CARLISLE  
Nov. 18, 1930 - Dec. 4, 2019  

Michael D. Gamble  
CARLISLE  
Died Jan. 16, 2020  

Patricia A. Gottshall  
BOILING SPRINGS  
Nov. 12, 1937 - Jan. 8, 2020  

Kyle Michael Gross  
CARLISLE  
Aug. 3, 1966 - Jan. 1, 2020  

Jennifer Lynne Clifton  
HARRISBURG/FORMERLY OF NEWVILLE/CARLISLE  
March 21, 1983 - Nov. 27, 2019  

Virginia R. “Ginny” Davis  
CARLISLE  
May 5, 1957 - Jan. 21, 2020  

John L. Durnin  
CARLISLE  
Oct. 28, 1924 - Nov. 26, 2019  

Edward Joseph Gardner  
CARLISLE  
Feb. 20, 1927 - Jan. 12, 2020  

Marian Teresa Gouse  
FORT MYERS BEACH, FL  
June 25, 1930 - Jan. 29, 2020  

Mary Ellen Gutshall  
CARLISLE  
Died Jan. 3, 2020  

John W. Crum  
WILMINGTON  
April 7, 1941 - Dec. 30, 2019  

Maude N. DeFrance  
CARLISLE  
1935 - Jan. 28, 2020  

Dorothy J. Finkenbinder  
SHIPPENSBURG  
Oct. 23, 1930 - Dec. 10, 2019  

Cloyd William George Jr.  
PORT CHARLOTTE, FL  
April 23, 1926 - Dec. 23, 2019  

Patsy L. Graham  
NEWVILLE  
Died Jan. 6, 2020  

Bernard “Bernie” N. Hardy  
SHIPPENSBURG  
Jan. 15, 1945 - Dec. 7, 2019  

Sandra “Sandi” J. Curley-Edstrom  
CARLISLE  
June 30, 1941 - Jan. 16, 2020  

Genevieve A. Diehl  
BOILING SPRINGS  
Nov. 5, 1929 - Jan. 21, 2020  

Col. (Ret.) M. Eugene Flenniken, DDS  
CARLISLE  
Nov. 12, 1928 - Dec. 5, 2019  

Jimmie George  
CARLISLE  
Jan. 26, 1930 - Dec. 18, 2019  

Isabelle M. Grenoble  
FORMERLY OF GARDENERS  
March 18, 1932 - Dec. 4, 2019  

Randy A. Hays  
MT. HOLLY SPRINGS  
Nov. 23, 1954 - Dec. 19, 2019
Gwendolene Alice Heckman
CARLISLE
March 23, 1921 - Dec. 23, 2019

Harold E. Johnson
NEWVILLE
Aug. 1, 1931 - Jan. 27, 2020

Kenneth Clarence Ketterer
NEWVILLE
Dec. 25, 1941 - Jan. 7, 2020

Jack Allen Lenker Sr.
FORMERLY OF NEW CUMBERLAND/MECHANICSBURG
Died Dec. 31, 2019

Vera A. Madison
CARLISLE
April 19, 1930 - Dec. 8, 2019

Dorothy O. Mellott
CARLISLE
Feb. 1, 1923 - Dec. 25, 2019

Austin Bowman Hertzler III
CARLISLE
Feb. 12, 1947 - Jan. 3, 2020

Gary R. Jones
CARLISLE
Died Dec. 30, 2019

Joseph E. King
CARLISLE
Feb. 18, 1949 - Nov. 29, 2019

Casey Lane Lichtenberger
NEWVILLE
Aug. 2, 1904 - Jan. 10, 2020

Bertha C. McQuerry
FORMERLY OF WALNUT BOTTOM
Sept. 19, 1920 - Jan. 7, 2020

Norman C. Miller
CARLISLE
June 25, 1946 - Jan. 15, 2020

Kendra B. Hunter
CARLISLE
Sept. 11, 1970 - Dec. 15, 2019

Roy E. Kauffman
FROSTPROOF, FL
June 25, 1923 - Dec. 30, 2019

Joan L. Kuntz
CARLISLE
Died Dec. 31, 2019

Diane M. Lybrand
MT. HOLLY SPRINGS
Aug. 29, 1947 - Jan. 5, 2020

Owen E. Meals Sr.
CARLISLE
Sept. 20, 1937 - Jan. 23, 2020

Christina Minich
SHERMANS DALE
July 26, 1967 - Jan. 2, 2020

Linda L. Jacoby
CARLISLE
Nov. 1, 1946 - Dec. 30, 2019

Erica M. Keim
CARLISLE
Died Nov. 28, 2019

Carolyn Ruth Lehman
LOWELL, OH
Nov. 18, 1954 - Nov. 29, 2019

Garnet J. Mackling
FORMERLY OF GARDNERS
April 29, 1930 - Jan. 30, 2020

John Franklin Meehan III
FORMERLY OF NEWVILLE/VERO BEACH, FL
Dec. 20, 1926 - Dec. 25, 2019

Arlene L. Mixell
Dec. 20, 1926 - Dec. 25, 2019
healing & support on your journey

HOMELAND HOSPICE IS PRIVILEGED TO PROVIDE BEREAVEMENT SUPPORT to our hospice families, as well as the community, through phone calls, mailings, one-on-one consultations and support groups up to 13 months after the death of a loved one. All of our support groups are designed to meet your individual needs, offering self-awareness, healing, helping others, a sense of community and coping skills.

Some groups require registration:
Brian Medkeff-Rose, Bereavement Counselor
717-409-8889 | bmedkeff-rose@homelandhospice.org
HomelandHospice.org
Health care directives

When you become too frail or sick to make your own decisions on end-of-life health care, the emotional strain is passed to your family or loved ones. Not only can this cause incredible stress, the avenue they take may not be the route you had in mind. Be open and honest about your final wishes.

Don’t procrastinate when creating an advance-care plan. Age isn’t the only factor that should be considered. A medical crisis that leaves you too ill to make your own decisions could strike at any time.

Emergency treatment

Without a solid health care directive in place, family members may be tasked with making difficult decisions for your treatment. Here are a few common instances you must have clear and legal instructions regarding, as suggested by the National Institute on Aging.

- CPR: If your heart begins beating with an abnormal rhythm, it can be life threatening. Discuss with your family your opinions about resuscitation so they can determine if CPR should be administered.
- Ventilator: When you are unable to breathe on your own, a ventilator can be used to keep you alive. It usually includes a tube which is connected to your trachea to ensure you’re receiving enough oxygen.
- Comfort care: Deciding how to keep you comfortable while suffering is another factor you should have clear instruction for. Consider instances like limiting medical testing, spiritual and emotional counseling, and pain medication.

Types of facilities

Visit different facilities to make the decision on where you will stay if you become disabled to the point you can’t take care of yourself. It’s important to have a plan for different stages of life. Here are a few to consider.

If you require minimal assistance to live your day-to-day life, an assisted living community is a great option. You have the freedom to reside in your own space yet receive help in areas like laundry services, prepared meals and personal care.

A nursing home is a better option when you need constant assistance from medical professionals. Here, you can receive 24-hour supervision and help with daily necessities like bathing, grooming and medical management.

In-home care is a great option for someone who wants to stay at home while receiving the same benefits as an assisted-living facility. While it can be expensive to call on medical professionals to come to your home, it is a very comfortable option for those needing help.
When to update your will

There are many occurrences that require an update to estate-planning documents.

A will is your ironclad way to disperse your assets to loved ones as you wish. Here are a few of the top reasons you may need to update this important document.

Changes in financial situation

There may come a time where you decide to increase or decrease the inheritance you are leaving behind for loved ones. For instance, if you receive a large sum of money, it's possible to alter your will to add a new beneficiary or make an increase towards those currently on your list.

On the other hand, if you experience financial misfortune, it's necessary to adjust the document to pay out less and ensure your estate's obligations can still be met.

Changes in tax laws

It can be hard to stay up to date on constantly changing tax laws, but it's necessary to keep your final document in good legal standing. Especially if your will takes actions to address estate tax issues, it's a good idea to receive periodic reviews by a professional attorney.

Ask for advice

Don't be afraid to ask your legal expert for advice on other moments that may benefit your last will and testament. Remember, this document is incredibly important to keep accurate as it articulates your vision and solidifies your legacy.
When you make a commitment to donate healthy organs or tissue at the time of your death, you positively impact the lives of others. When planning your legacy, it’s easy to have your loved ones at the forefront of your mind, but a simple registration could influence the life of a stranger.

According to the United States Department of Health & Human Services, there are two ways to sign up to be an organ donor. From the comfort of your home, visit their website and fill out a simple form. If you would rather complete the process with a representative, the experts at the local Department of Motor Vehicles can help.

Statistics
There are thousands of Americans in need of healthy organs or tissue. Here are some sobering statistics from the United Network of Organ Sharing, to show you the importance of registering:
- 113,864 people are on a waiting list for a lifesaving organ transplant.
- One organ donor can save eight lives.
- A person is added to the national transplant waiting list every ten minutes.
- In 2018, there were 33,432 transplants performed.

How you can help
Adults who are legal citizens in the United States are eligible to donate organs at the time of death, and, in some cases, during their lifetime. Of course, certain diseases may inhibit your from becoming a donor; be honest about your health conditions during registration.

Some things that may prevent someone from applying are an HIV infection, cancer or a systemic infection. Keep in mind that organs that aren’t affected from these diseases may qualify, so visit a representative to discuss your options.

Talking with family
Make sure to discuss your wishes with your family. Conversations regarding death are never easy. You should approach the subject with sensitivity by discussing the benefits that registration offers to others. Your loved ones may even be curious as to how they register for the national donor list.

Estate planning tips and advice
Estate planning is for everyone. Don’t make the mistake of believing estate planning is only for the rich.

Making a plan for how your affairs will be handled after death is the best thing you can do for your loved ones, regardless of your financial standing.

Document how you want your property and other assets handled to help your family avoid legal difficulties, inconvenience, unnecessary taxation and family arguments. An estate planning professional can have a lasting impact on your legacy.

Estate planning isn’t just about protecting heirlooms; it also provides security for your family. Consider these tips for creating a sound, logical estate plan.

Seek legal counsel
Some people use online forms to draft a will, most people will benefit from consulting with an estate planning attorney. This experienced professional can create legal documents with your specific circumstances in mind.

It’s true everyone should have a will, regardless of age. But that is only the first step in developing a solid estate plan. You should also create a living will, power of attorney and possibly a trust.

Consult an attorney who has experience in developing estate plans for those whose situations are similar to yours. Do not try to do it alone.

Life insurance policies
Life insurance policies provide for your loved ones in the event of your death.

There are a wide range of options, and only a few will make sense for your situation. A professional can guide you through the possibilities and help you make appropriate choices.

Term life insurance policies are generally less expensive than other types of coverage. But whole life policies, annuities and other insurance products may be more appropriate for your circumstances.

Understand what you might be buying. In some cases, a policy may benefit the salesperson more than it does the customer.

It is essential you take all the time you need to learn about a particular policy before purchasing it. If you have any hesitation or confusion, ask another professional or keep researching. You should feel certain that you are choosing the best policy for your needs.

Funeral expenses
Funerals are very expensive, sometimes up to $10,000. You don’t want to leave your family with large bills. That’s why you should plan ahead to cover the cost of your own funeral.

Pre-paid funeral plans are a popular option, or you can simply buy a burial plot in advance so that one major task will be handled before your death.

It may be uncomfortable and even frightening to consider, but it is something that must be addressed as part of a solid estate plan. Visit funeral homes in your area to discuss prepayment options.

Communication is key
Communicate with your family in general terms about your estate plan. Talking to them about what they can expect could head off estate disputes and heartache.

A good estate planner can help you navigate complicated family dynamics and concerns that may accompany this process. The right estate plan and experienced professionals can make your legacy a blessing that your heirs will treasure for the rest of their lives.