

Are You a Caregiver? SOME HELP COULD HELP.

Trying to care for an aging parent while juggling work and family obligations can be a challenge. You are not alone in your struggles. Like many others, you may feel as though you are reaching the end of your expertise and capabilities. It's okay to feel overwhelmed, it's okay to ask for help. The caring team at **Prairie Hills at Independence** Assisted Living and Memory Care can guide you and your loved one to unlock a vastly improved way of life.

HELP IS JUST A PHONE CALL AWAY.



— CALL 319.224.0230 TO SCHEDULE YOUR PERSONALIZED TOUR TODAY —



PrairieHillsAtIndependence.com
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Assisted Living | Memory Care

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