

4<sup>th</sup> Street Diner  
HACAP North Benton Center  
202 East Fourth Street  
Vinton, Iowa 52349  
319-472-4761

Everyone is WELCOME! On-Site, Carryout and Home Delivered meals are available!

RESERVATIONS ARE REQUIRED

We have a limited number of seats available each day. To ensure you have a seat and a meal, please call for reservations before 10:00 am the day before you wish to eat with us. Reservations can be made up to 3 calendar days in advance. It is our plan to contact you if we run out of seating. Additionally, we understand that things may come up. We ask that if you need to cancel your reservation, please do so by 10:00 am as well.

The main door will be unlocked at 11:00 am and relocked at 12:30 pm or before if everyone has been served. The north glass door will remain locked.

ON-SITE DINING:

When reserving a meal to be eaten on-site we need to know:

1. That you are requesting to eat on site.
2. Number of meals.
3. Who they are for (Full Names).

CARRY OUT MEALS:

When reserving carryout meals we need to know:

1. That you are requesting to pick up your meal(s).
2. Number of meals.
3. Who the meals are for (Full Names).
3. Estimated pick up time: 11:15, noon, 12:15, and 12:30.
4. Type of milk requested 2%, skim, or no milk. If preference is not indicated, none will be sent.

HOME DELIVERED MEALS:

We deliver hot noon meals to:

Vinton - Sunday through Friday

Urbandale – Monday, Wednesday, and Friday

For more information regarding Home Delivered Meals please call Linda Lough at 319-472-4761.

Suggested Contribution for individuals 60 years old or older, and their spouse (regardless of for on-site meals is \$3.25 for the meal. Individuals who are not yet 60 are WELCOME but need to pay \$4.25 for their meal directly to the Site Manager.

We also have nutritious Frozen Meals and Liquid Supplements. Delivery is throughout Benton County.

To sign up for an early copy of the menu please send an email to [llough@hacap.org](mailto:llough@hacap.org) and write "Menu Request" in the Subject Line.