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Aquinas Catholic Super Senior // Zander Kavan

MONICA GARCIA
The Columbus Telegram

Zander Kavan invests in his sport well before the season starts.

The 18-year-old has been wrestling in sixth grade. At the time he would participate in middle school wrestling only, but as a freshman he started putting more time into his sport. He started by going to summer camps before his freshman year.

“I put a lot of work in that summer and every summer after that, I’ve gone to wrestling camps,” Kavan said.

During his first year, his then-coach approached him with an idea – to wrestle at 113 pounds as on the varsity squad.

“That gave me a lot of motivation to work my way down and lose weight to get to that position and I did get the starting position,” he said.

Kavan was successful at that weight winning the last match of the state duels tournament, posting a record of 26-16 and qualifying as a state individual qualifier. This has pushed Kavan to keep going, he added.

As a sophomore he went up in weight to 120 pounds and qualified for state with a 25-22 record, and his junior year he went back



MONICA GARCIA, THE COLUMBUS TELEGRAM

Zander Kavan

down to 113. After losing all four state matches in Omaha, Kavan built off a 42-9 season and earned a fifth place state medal. For his senior year, Kavan will wrestle at 126.

“It’s a little bit of a jump but I feel like I can still compete pretty well,” Kavan said. “In the summer I was wrestling at 135 and I was still competing really well so I feel like I can still hang in there and do my best.”

Summer camps have been important in Kavan’s wrestling

journey, encouraging friendship and comradery among his teammates. They also learn from the best of the best. Participating allows for repetition of moves and experience, which helps you get better, he added.

Kavan credits his coaches and assistant coaches with the skills he has learned over the years.

“Coach (Roy) Emory is also another big help because he was always there helping me and guiding me,” Kavan said.

Kavan has three siblings – Ja-

kob, Emylin and Ceily. Jakob also wrestles, and Kavan said it’s nice to have someone to relate to in his family.

“Jakob has definitely pushed me a lot because he knows some more moves than me and so he’s kind of helped me with my weight loss and everything,” Kavan said.

Parents Corey and Jenny Kavan have always supported him, Kavan said. His mom makes high protein, healthy meals. After their matches, his father talks to

them about what went well and what could be done better.

As a quiet leader on the team, Kavan said he believes people look up to him because of the way that he wrestles. His teammates have seen his success and they also want to succeed – Kavan encourages them.

Last season, he placed fifth at state at 113 pounds at Class C.

“By pushing myself in practice everyday,” Kavan said of how he hopes to improve this season. “Keeping a clear mindset, keep all the negativity out. Mental toughness is kind of a big thing in wrestling so keeping your mind at ease and everything helps.”

Kavan’s goals for this season are to perfect moves, push himself every day and enjoy every moment of the season. One of the reasons Kavan enjoys wrestling is all the memories he has created throughout the years.

“Football has brought a lot of good memories too but wrestling, it’s different because it feels like I’ve accomplished more with what I’ve done,” Kavan said. “Knowing that I put in all that work and getting the results that I did get out of it made it seem a lot better.”

Clarkson/Leigh Super Senior // Kyle Kasik

SAM FICARRO
The Columbus Telegram

Clarkson/Leigh senior Kyle Kasik has experienced a whirlwind start to his senior year.

Kasik led the Patriots to their first state football championship on Nov. 21, rushing for 322 yards and six touchdowns in a 48-20 victory at Memorial Stadium in Lincoln.

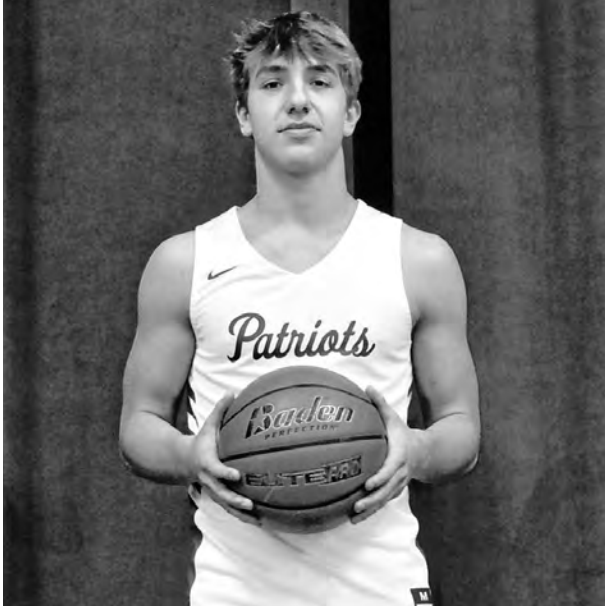
Coming off the high of winning the state title, Kasik stepped onto the hardwood less than two weeks later as the lead man for the Patriots boys basketball team.

“It’s definitely a change because the last couple years we had a couple weeks to prepare for basketball, so it’s been different with just two practices before our jamboree game,” Kasik said. “Hopefully we’ll start off strong with our games coming up.”

Kasik averaged 10.5 points and 5.0 rebounds per game last season, the most of any returning Patriot. He’s the only starter back following the graduations of Eli Hays, Carter Hanel, Jarred Novotny and Mitch Beeson.

“Definitely got to have patience with everybody because varsity basketball is definitely faster pace, so I just got to play along with everybody developing and realize what everybody’s strengths is on the team,” Kasik said.

Last season was the Patriots’ most successful campaign as they qualified for their first district final in program history. After winning the football state title, it gives



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Kyle Kasik

Clarkson/Leigh momentum heading into the season.

“Definitely from last year we gained confidence and definitely from football we showed that we have some athletes on our team that we can compete at a high level, so that has definitely boosted our confidence going into this year,” Kasik said.

Kasik battled injuries during his first three basketball seasons. As a freshman, he broke his arm and missed a couple games. As a sophomore and junior, he said he fractured his hip.

The senior overcame those injuries and scored in double-figures 12 times last season and scored at least 20 points twice. Despite the long football season, Kasik said he’s fully healthy.

“Freshman year was defi-

nately a struggle year. I had to play a little varsity minutes and it was a rough year for me,” he said. “I had a little bit lack of confidence, but my sophomore and junior year I definitely increased my playing ability. This year I’ve got a lot of confidence coming in with my ability.”

The Patriots look to build off a 19-6 season and take the next step and qualify for the state tournament for the first time as a co-op school. Leigh was the last to play at state in 2007 when it was the state runner-up.

“My goal as a team is to definitely make state,” Kasik said. “I just want to get the atmosphere for basketball. I’m pretty close to the school record for assists, so I guess it would be nice to get that too.”

Osceola Super Senior // Isaiah Zelasney

SAM FICARRO
The Columbus Telegram

Isaiah Zelasney entered his senior season with a lot of notoriety statewide following another golden state track and field championship, winning every event he competed in for the second straight year.

However, he missed the first half of the football season recovering from off-season surgery. Osceola reached the second round of the Class D-2 state playoffs.

Zelasney is now ready to step on the hardwood for his senior season. Osceola enters this season with high expectations after back-to-back trips to Lincoln. Last year, the Bulldogs placed fourth at state.

“It’s always great to get back to basketball and for our senior season, hopefully it’s a good one,” Zelasney said.

Last season, Zelasney averaged a team-high 16 points per game along with 3.8 rebounds and 2.8 assists per game. He posted double-figures in 26 of 29 games played and scored at least 20 points in nine games. The senior’s season high came on Jan. 13 with a 30-point performance.

Zelasney announced in November his commitment to run track and field at Division II Northwest Missouri State. The eight-time state champion won the 100, 200 and 400-meter relays and was a member of the winning 1600 relay team the last two state championships.



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“My goal was to get done with the (recruiting) process before Christmas break,” Zelasney said. “With that being done, just helped the rest of my senior season in basketball and just focus on the team and my school.”

As a sophomore, he helped Osceola break its 33-year state drought as the Bulldogs fell in the state quarterfinals. Last season, they took an additional reaching the semifinals. Zelasney said he takes pride in helping shine a light on Osceola.

“Just putting Osceola on the map and showing who we are and what will be soon,” he said.

During the Bulldogs rapid rise among the state’s elite, the town of Osceola has rallied around the team.

“Everyone supports everyone in a small town and just having everyone with you is just a blessing,” he said. “Everyone comes to games. It’s just an amazing feeling having everyone in the crowd. You know everyone. It just makes it 10 times better.”

The Bulldogs enter the 2022-23 season younger and slightly more inexperienced after the graduation of three senior starters. Zelasney said he believes the younger players are ready to step up and get Osceola to where it wants to be come March.

“We lost five seniors, but we return two starters,” Zelasney said. “People expect a lot from us and we’re just ready to prove we’re a top team here.”

Columbus High Super Senior // Adrian Bice

SAM FICARRO
The Columbus Telegram

Columbus High senior wrestler Adrian Bice reached the mountain top last season, winning his first state title at 126 pounds.

It was redemption for Bice who, as a freshman, lost in the 106-pound state final. The next year, Bice lost in the semifinals at 113 and claimed a fifth-place medal.

As a junior, Bice stood on top of the podium after winning 37 matches before state. He pinned his first three opponents in Omaha before winning by a 4-3 decision in the 126-pound final.

“It was amazing. I got lots of compliments and everything. I’ve been working for that almost my entire life really,” Bice said. “As a kid in middle school, my Dad was telling me this will all work out in high school. It felt amazing.”

Entering his senior season, Bice is ready to attack on the mat for the final time as a high schooler. Along with the weight of winning a state title come the expectations to do it again.

“There’s a lot of expectations



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Adrian Bice

from being a returning state champion. It can be hard sometimes. I lost a match already in my season and I was like already down on my self,” Bice said. “I went through like for 30 minutes in my head what I could have done right and what I could have done wrong. I hope to live up to

those expectations.”

Bice is among six returning state qualifiers and four state medalists for the Discoverers, who finished third at the state tournament last season. As a senior, he said a lot of the wrestlers on the team have looked up to him.

“It’s a lot to live up to, but also gives that added bonus of just being a role model and showing what those guys can do,” Bice said.

Bice began wrestling when he was 4 years old. The senior said his favorite part of wrestling is competing at the meets and

forging his relationships with his teammates.

“It’s had a huge impact. It’s basically been my whole life really. It really changed a lot for me,” Bice said. “If I didn’t have wrestling, I don’t know ... I would be a nerd studying, which I wouldn’t mind actually.”

Through three seasons, Bice compiled a record of 109-15. He described his journey to becoming a state champion.

“I came in as a freshman and everyone was like, ‘Oh he’s going to be a four-timer maybe.’ Then I choked my second place there, but that’s alright,” he said. “I came back sophomore year and didn’t do so well and then state champ. Everyone knows me as a wrestler.”

Bice is looking to become the eighth Discoverer ever to win back-to-back state titles. The last wrestler to achieve that feat was Colton Wolfe who did it in 2016-17.

“Goals for this season is being another state champ,” he said. “I’m going to be working hard for that.”

David City Super Senior // Caden Denker

SAM FICARRO
The Columbus Telegram

David City senior Caden Denker is looking to leave the Scouts boys basketball program in a better spot than when he entered it. The first three years of Denker's career featured multiple head coaches and a combined record of 8-60. However, things seem to be falling in place for a big turnaround in his senior season.

Todd Schulze returns for his second season as head coach. The Scouts added Aquinas Catholic transfer Clayton Zavodny as the team's new point guard and along with the internal growth of those returning, the senior is excited about the group's potential this season.

"Everybody expects a lot this year not only because we're more familiar with each other, but there's some new guys and a lot of excitement of what can happen," Denker said. "Everyone's just more comfortable with the offense."

Denker shouldered the load last season averaging 15 points and six rebounds per game on 46% shooting. The junior scored double-figures in 21 of the team's 24 games, scoring at



Caden Denker

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least 20 points five times and posting three double-doubles. "Being 6-2 at a (Class) C-2 school, I've played my fair share of posts, but that's no longer this year," Denker said. "I think I've grown a lot ... my vision on the court and just my ability to be physical."

Denker is in the middle of a three-sport school year after battling through injuries during the football season. In the spring, he runs the 200 and 400-meter dash.

The 200 is Denker's premier

event, earning bronze at state as a sophomore in 2021 and silver as a junior earlier this year. He'll enter the spring as the Class C state favorite in the event after finishing 0.03 seconds behind Fremont Bergan senior Koa McIntyre in May.

Denker described what it takes to stay mentally and physically sharp for all three sports. "It's a grind, but our football coach especially, he talks about maintaining your body whether it's sleep and your diet and just surrounding yourself with positive individuals," he said.

David City is seeking their first winning season since 2018-19 when it went 12-11.

"We just want to be competitive this year," Denker said. "We want to have a brotherhood, we want to play as a team, we want to be physical and we want to be competitive."

As a four-time state medalist in track and field as well as an All-State performer for football and basketball, Denker reflected on what he hopes his legacy is at the school.

"I just want to leave that sense of competitiveness," he said. "Yeah, our record shows that maybe we don't get as many wins as we want, but if you watch our team, you watch me play, I just hope that people can see that I'm trying my hardest out there. I want other people to take away from that."

Scotus Central Catholic Super Senior // Hailey Steffensmeier

MONICA GARCIA
The Columbus Telegram

"Let's go to the Y."

These are the words Scotus Central Catholic senior Hailey Steffensmeier often hears from her dad who, she says, is always pushing her to be her best.

"He's always going to the Y with me, perfecting my shot form and encouraging me to keep practicing, keep going because sometimes you get tired and you don't feel like it, but he's always there," Steffensmeier said. "He's helped a lot."

And this family connection does not end with dad, Joe Steffensmeier. Along with her dad, her mom Shelly Steffensmeier played basketball, her younger brothers Alex and Evan Steffensmeier played basketball and even both of her grandfathers played basketball! Basketball is rooted in her family, she said.

"It's great having that extra support," Steffensmeier said. "I've always loved basketball, it's always been a love, and having my dad there teaching me every step of the way. ... From the beginning how to even get the ball up there to now shooting a 3-point shot and perfecting it. He's been a great support and role model for me."

Putting in the work is part of the Steffensmeiers' way.

Steffensmeier says her dad helps put things in perspective saying: You're good now, but to be great, you have to keep practicing. He pushes Steffensmeier to do things he wished he had done at her age, she added. The siblings



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also pushing one another to be better players.

"(He says), 'You only have one year left, let's go do it. Let's be the best player you can be,'" Steffensmeier said.

The 18-year-old has been playing basketball at the YMCA since she was about 5 or 6 and has participated in various club leagues through the years. Steffensmeier has been on the varsity team since she was a freshman and nabbed the starting position when she was a junior.

Steffensmeier also plays volleyball and is a thrower on the track

and field team. Basketball is, of course, her favorite.

What she enjoys about basketball the most is the team aspect. Working together for a common goal and knowing you have someone there behind you is a privilege, she added, it teaches you many life lessons. One lesson, you won't win them all but you will have people around you every step of the way.

After high school, Steffensmeier is hoping to pursue a career in nursing. Steffensmeier is still undecided about playing basketball collegiately. If she does not,

ways cheers everyone on and supports them. Being positive and creating a positive environment is very important to the team.

"We want to keep a positive atmosphere because I think that's where we thrive best," Steffensmeier said. "If we had one word to describe the team this year, or try to, it's 'positive.' We want to stay positive."

The Shamrocks have knocked on the door of qualifying for state the last two seasons, falling in district finals both time. Last season, Scotus suffered a heartbreaking overtime loss at St. Paul.

"I was proud of the perseverance we had last year," Steffensmeier said.

As freshman, Steffensmeier said she relied on the upperclassman, and now she has become that person her team can lean on. She said she now knows what she is doing and is able to see different things on the court. Having the game IQ is very helpful, she added.

Team goal this year is to make it to state. It has been a few years since they have made that.

But after this season, Steffensmeier said, the team is looking to leave the court with friendships and relationships that they did not have before, and that is the main goal.

On a personal level, Steffensmeier said she wants to enjoy her last year and be a good role model for others to look up to.

"At the end of the year, I want to be proud of the way I led my team and no matter the outcome know that I have a support system behind me, and do the best I can."

Humphrey St. Francis Super Seniors // Hannah and Emma Baumgart

SAM FICARRO
The Columbus Telegram

Humphrey Saint Francis seniors Emma and Hannah Baumgart have experienced everything together. Separated by just a few seconds at birth (Emma is older), the Flyer twins have been key fixtures on the volleyball, basketball and track and field teams.

The duo contributed to bringing home numerous hardware back to Humphrey. In volleyball, they brought home two state runner-up title and one fourth-place trophy. On the track, the Baumgarts are members of the two-time defending 3200-meter relay state champion team. In 2021, they helped St. Francis win state runner-up.

On the hardwood, the Baumgarts led St. Francis to back-to-back state championship game appearances, including lifting the state title in 2021.

Heading into their senior season, they reflected on the journey they've been on together.

"After our state semifinal win last year, one of the first people I went and hugged was Emma because all the emotions are coming, just missing the one person that's gone through it with you through everything," Hannah said. "All your



Hannah (left) and Emma Baumgart.

SAM FICARRO, THE COLUMBUS TELEGRAM

emotions throughout the whole high school, the ups and downs, it's a lot of fun."

While Emma and Hannah stand at just 5-4 and 5-3, respectively, their impact on the court is large. Last season, Hannah averaged 6.8 points and 2.0 assists per game along with 81 steals. Emma scored 5.7 points and led the team

with 4.2 assists per game and 85 steals.

"Just being short, you get used to it. You learned to be better without it, so that's when our defense is our biggest thing," Emma said. "Our offense isn't going to be amazing. We're not going to be able to drive in, but our defense is how we overcome it when we're good moving forward."

Emma said she's had to learn how guard bigger players, but the key has been to not change the way she plays just because of the size discrepancy.

"We first have to learn how to be able to ball handle. We do have an advantage of that because we're low to the ground, so we can be able

to pick the ball easily from other people," Hannah said. "When you do get stuffed or something, which happens a lot, you just kind of have to get over it and keep shooting. I guess we learned how to make more outside shots because it's harder to guard out there."

Last season, the Flyers were on a mission they can maintain its success following the graduation of Allison Weidner, who plays with the Huskers. The Flyers, who went 22-0 in 2020-21, posted a 23-3 record last season and reached the state championship game.

"Last year, when everybody said we weren't going to be good. We didn't have Allison (Weidner)," Emma said. "We were an Allison team and then just to prove people wrong, to get over that hump of not having her."

Although they graduated three seniors from last year's squad, St. Francis expects to see itself back in Lincoln contending for a state championship.

"We ended off with a loss at state, so I think that really motivates a lot of us. We have a good, solid senior group," Hannah said. "This is our last shot so we really want to take advantage of it and push to win state."

Lakeview Super Senior // Landon Ternus

MONICA GARCIA
The Columbus Telegram

Looking at Lakeview senior Landon Ternus, one can be intimidated.

A three-sport athlete, the football/track/wrestling star competes in the 220 pound weight class, and he does it well.

Last season he took home third place at state after winning 38 of his 45 matches prior to state and is hoping to make it back to the podium this year.

“I just like competing, that’s how I’ve been my whole life,” Ternus said.

Ternus has been wrestling since sixth grade. After transferring from Columbus Public Schools, he was encouraged to wrestle and, he figured, why not.

“I used to watch my older cousin wrestle when I was younger, ... and picked it up from seeing it,” Ternus said.

Ternus has qualified for state



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Landon Ternus

every season. As a freshman, he went 33-15 and competed as a 170 pounder. The following year, Ternus made the sophomore jump to 182 pounds, finished the season

32-12 and won one match.

In February, Ternus reached the semifinals following a pair of pins. After a semifinal defeat by a 6-3 decision, the junior won two

consolation matches to claim the bronze medal.

Ternus enjoys the satisfaction of putting in the work and getting a positive outcome.

As many athletes would say, the goal is to win state, Ternus said, but he is also looking to be in better shape, be more technical skill wise and make the best out of this season.

Last season, Ternus did not have a wrestling partner to practice with, but this year there are some coaches he’s able to face off against. The four coaches rotate, and Ternus said he is enjoying this extra challenge.

As a team, Lakeview made it to state duals last season. Ternus said the team is hoping to make it back and win a dual, or two. Striving to get extra points where they can.

Being a senior, Ternus said, he does his best to help out the underclassmen. Though he’s not as vocal as other leaders, he encourages his teammates.

After high school, Ternus said he’s hoping to continue to compete in sports.

East Butler Super Senior // Lane Bohac

MONICA GARCIA
The Columbus Telegram

Lane Bohac has been wrestling since before he can remember.

“I’ve been wrestling since pre-school, since I could (start),” he said.

Watching his older brothers – Dalton and Ridge – encouraged him to get into the sport. He would watch them in tournaments, after school and was wowed by the crowd that came out to support them, and Bohac said he knew this was something he wanted to do.

The brothers would wrestle for fun at home. Teaching each other along the way. Soon Bohac was the one participating in tournaments, and getting the crowd cheering for him.

The 17-year-old senior is part of the East Butler wrestling squad again this year. Bohac also participates in football and cross country. Though, his favorite is wrestling.

“The support and crowd,” Bohac said, is what he enjoys most.

When it comes to his

special moves, he goes

with the “Chicken wings.” This move is where you grab your competitor’s arm and pin it behind their back. There is variety in this move, he explained, adding you can do a single or a double before flipping your competitor over.

Along with practice, as many wrestlers know, nutrition is a big part of their regimen. Mom Kristie is always preparing high protein meals to ensure he has all he needs, Bohac said. Father Ted is a big supporter too, taking Bohac to out-of-town competitions.

Bohac earned state runner-up as a sophomore following a 31-6 season. At the midway point last season, Bohac suffered a foot injury forcing him to miss three-and-a-half-weeks. He battled through the injury, qualified for state and earned a sixth place medal. This year, he’s healthy and is hoping to put his best effort forward.

“(Be) better. Leave everything out there,” Bohac said. “Go all out. Wrestling that last match, the best I

can do.”

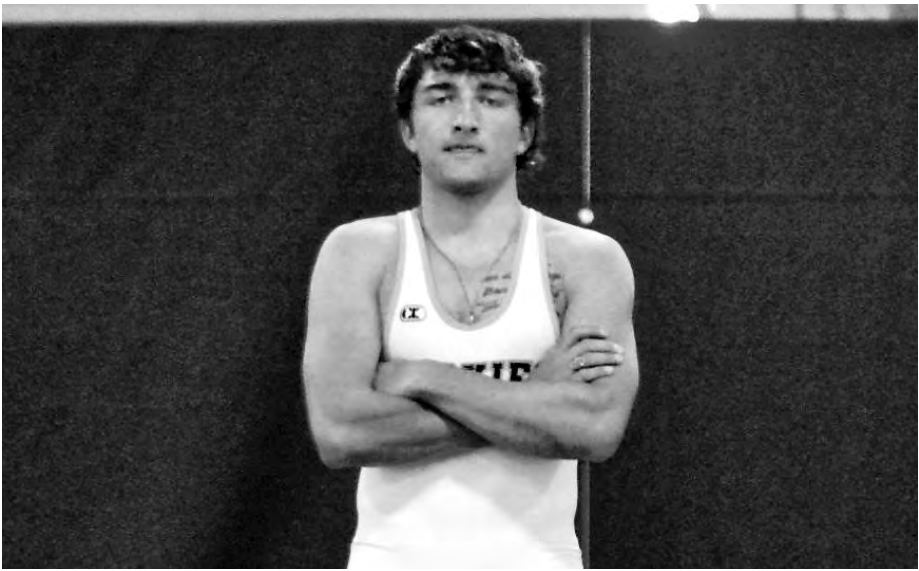
Bohac is looking forward to his last year wrestling, saying he hopes they do well as a team. Doing well means getting as many wrestlers to state as possible and finish the season strong.

Bohac said he thinks he will miss wrestling, but while he’s here, he will enjoy every moment. He considers himself one of the leaders on the team, and he along with other seniors will be playing a bigger role this year.

“Making all our freshmen know that they only have four years of it. So those four years you’ve got to do all you can and just wrestle. After those four years, you don’t get anymore, unless you go to college somewhere (and wrestle there),” Bohac said.

Bohac leads by example saying you have to work hard and nothing is handed to you.

“In practice working the hardest you can and showing them that they need to work as hard as they can too,” Bohac said.



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Justin Knoll

Shelby-Rising City Super Senior // Justin Knoll

SAM FICARRO
The Columbus Telegram

Shelby-Rising City wrestler Justin Knoll burst onto the wrestling scene late into last season. In his first year with the Huskies after moving from Kansas, Knoll bounced around numerous weight classes.

He started the season as a 145 pounder before moving down to 138. On Jan. 11, three weeks before districts, Knoll settled in at 152 and the light switch flipped. The junior closed out the season 11-2, earning a district silver medal and punching an unexpected ticket to Omaha.

At state, Knoll didn’t waste his opportunity. After a quarterfinal defeat, he bounced back to win two matches to earn a spot in the 152 third place match and a spot on the podium.

Knoll said he struggled cutting weight from 147 pounds to 138, so once he found out he got up to 152, he jumped at the opportunity.

“When people found out I was jumping two weight classes, basically I

just thought in my head I know I have a shot,” Knoll said. “I got to prove my shot to other people and once I qualified, everybody was excited. Honestly, I didn’t expect to place. Wrestled my hardest and put my heart out there. It was awesome.”

Knoll qualified for state tournament as a freshman while living in Stockton, Kansas, following a 21-17 season. As a sophomore, he went 22-15 but missed out on state as only eight wrestlers qualified in each weight class due to COVID. In his first season wrestling in a new state, Knoll went 22-9.

“Being the new kid isn’t always easy. I love Shelby-Rising City because it was very adaptable and they were very welcoming when I moved here and I love that so much,” he said. “When it came to sports, I just had to be me. Go out there and show that I can hang with Nebraska people. Just showing how we wrestled in Kansas and go out there and do it.”

Knoll admitted to facing a roadblock last season.

After feeling worn out and overwhelmed with wrestling, he took some time off to regroup only practicing on the side. That adversity propelled him to keep pushing.

“Overcoming that, knowing that I still had to do it and wanted to set a legacy, I think helped me in state and in districts and building off of that because I feel like I was more mad at myself for letting it get to me,” Knoll said. “Building off that, I feel like I accomplished a lot more than I thought I could.”

Knoll became the fourth Husky to earn a state wrestling medal, joining Grady Belt (2022), Grand Lindsley (2020) and Mason Davis (2015). Belt’s bronze medal last winter is the highest state placement in school history. Knoll hopes to etch himself into the history books.

“My goal this year is to be on the state champion wall instead of the state medalist wall, but we’ll see how that goes,” he said. “Just trying to prove each and every year.”



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Schuyler Super Senior // Hasley Salgado

SAM FICARRO
The Columbus Telegram

Schuyler wrestler Hasley Salgado made history last season as a state qualifiers in the first season of sanctioned girls wrestling by the NSAA.

As a junior, Salgado posted a record off 22-10 securing her ticket to Omaha by winning the third place match at districts by a 6-2 decision.

Salgado competed in the 107-pound division and won her first state match by pinning Summerland freshman Lenora Kester in 37 seconds. The junior lost the next two matches, ending her season.

Now as a senior, the Warriors wrestler is raring to go now with a year of experience under her belt.

“I’m really excited. It’s my last and final year, so I feel like I have a lot to prove to not only myself but to everyone else,” Salgado said. “Everyone tells me you got it this year and I’m like, ‘Yeah, it’s my prime year. It’s my senior year. It’s my last one.’ I got it.”

As a returning state qualifier and a senior, Salgado said she’s



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Hasley Salgado

embracing more of a leadership role this season.

“I still look back to my old videos and I see what I can improve, what I can do better and whenever I see a girl struggling, I like to help them out,” she said. “When I was like this, I like to win. I had someone by my side to help me out. Definitely more

of a leadership this year.”

Schuyler features a rich wrestling tradition. Ten boys have won a state championship in the school’s history and they’ve placed third at state and state duals one time.

Salgado is now among the girls looking to change the way people view girls wrestling and help

build a tradition of their own.

“Some boys believe that girls shouldn’t be getting the same ... they see us and they’re like surprised. It’s just pretty unexpected I believe to like everyone, but it feels great for the girls,” she said. “I don’t think they really understand how much it means to us. We’re kind of compared

in a way and we get treated like we’re not very good, but girls are very tough.

“In middle school, I had to wrestle boys and it’s like they would always look down on me. Look at us now. The big step we’ve taken.”

Salgado began wrestling in eighth grade, but she stepped away from the sport to play basketball as a sophomore because she was too afraid to wrestle. Thanks to the help of other girls, she was pushed back into the sport.

Last season, Salgado won the first tournament she competed in and she placed third at the Central Conference meet. In total, she recorded 10 wins by fall and five by decision. This season, Salgado hopes the hard work results in another trip to Omaha.

“I would like to return to state, but I would also like to come home with a medal,” Salgado said. “Last year, I came home empty handed as far as like a medal, but I came home with home with more knowledge, more motivation to push me to get through this year.”

COLUMBUS HIGH BOWLING



GOC'S CREATIVE IMAGES

Pictured left to right. **Front row:** Tristan Reimer, Milo Quini, Bronwyn Prokopec, Emma Moore, Taley Dittmar, Ryland Prokopec and Winona Nolan. **Middle row:** Conner Dresch, Gavin Unger, Matthew Holcomb, Darren Pelowski, Kelton Zimmerer and Andrew Gassman. **Back row:** Jim Henderson, Matthew Foley, Nykolys Rutten, Colin Jaster and Bob Jaster.

Team Mascot: Discoverers
Team Colors: Maroon/White
Head Coach: Bob Jaster
Assistant Coaches: Jim Henderson
Last Year's Record: Boys: 16-6. Girls: 13-8.
Last Season's Postseason Result: Ryland Prokopec singles state champion, Alex Hold-

sworth singles state quarterfinals and Gavin Unger placed 10th in state qualifying round.
Coach's Expectations for This Season: Teams unite as one for each competition. Win the HAC Conference tournament. Win districts in boys and girls along with qualifying as many players as possible to the state individual championship tournament.

Key Matchups This Season: Grand Island, Seward and Norfolk.
Team Strengths: Lots of team members returning from the past two years.
Team Weaknesses: Staying focused as a team and pushing teammates to be focused as well to pick up spares.
Returning Letterwinners: Emma Moore,

Milo Quini, Gavin Unger, Colin Jaster, Ryland Prokopec, Matthew Foley, Matthew Holcomb and Andrew Gassmann.
Top Newcomers: Darren Pelowski, Kelton Zimmerer and Bronwyn Prokopec.
State Favorite: Colin Jaster, Gavin Unger and Ryland Prokopec.

COLUMBUS HIGH BOYS BASKETBALL



GOC'S CREATIVE IMAGES

Pictured left to right. **Front row:** Luke Messersmith, Zachary Nelson, Quinn Freshour, Quenton Gustafson, Griffin Micek, Jonathon Hoffart, Remi Alvarado-Reyes, Alex Dush and Grady Clark. **Middle row:** Will Wickham, Tanner Esch, Connor Martinez, Braeden Schefus, Caden Kapels, Preston Hastreiter, Ryder Bock, Jose Garcia-Martinez, Zaiden Gulley and Connor Kallweit. **Back row:** Adam Cruise, Gavin Dutton, Seth Kirkegaard, Cole Wemhoff, Jordan Hitchcock, Jon Tomasevicz, Marcus Gillespie, Elijah Moser and Samuel Kiser.

Team Mascot: Discoverers
Team Colors: Maroon/White
Head Coach: Jordan Hitchcock
Assistant Coaches: Marcus Gillespie, Seth Kirkegaard, Jon Tomasevicz, Cole Wemhoff and Gavin Dutton.
Last Year's Record: 6-18
Last Season's Postseason Result: Lost to Omaha Westside in districts.
Coach's Expectations for This Season: We return 10 points a game from last year's team. We are young, but excited to gain experience and compete as a team. As a coaching staff, we are proud of the work our guys put in this offseason and look forward to seeing how we stack up.
Team Strengths: We have players who are well-rounded offensively. They can drive it and shoot it. When multiple players on a team have the skillset to score, it makes you a lot more difficult to defend. This is year three in our system, so our players have a better understanding of what we are trying to do.
Team Weaknesses: Rebounding. We have to finish possessions. We also have to prove we can handle pressure.
Returning Letterwinners: Tanner Esch, Connor Martinez and Caden Kapels.
Top Newcomers: Braden Schefus, Griffin Micek, Luke Messersmith, Jose Garcia, Remi Alvarado, Quinn Freshour, Will Wickham, Ryder Bock and Zaiden Gulley.
State Favorite: Bellevue West

COLUMBUS HIGH GIRLS BASKETBALL


Team Mascot: Discoverers
Team Colors: Maroon/White
Head Coach: Scott Schaefer
Assistant Coaches: Matt Bills, Todd Connelly and Connor Lowery
Last Year's Record: 7-16
Last Season's Postseason Result: Lost to Millard North in districts.
Coach's Expectations for This Season: Compete with all schools including those that have out-of-district athletes.
Team Strengths: Togetherness.



GOC'S CREATIVE IMAGES

Pictured left to right. **Front row:** Carly Gaedeke, Molly Goc, Anisten Barnett, Maggie Luebbe and Kaitlyn Smith. **Middle row:** Eastyn Luebbe, Abby Haynes, Taylor Loontjer, Charli Preister, Jordyn Trotta and Kelyn Garrelts. **Back row:** Jaelyn Martin, Ayla Janssen, Grayson Gentile, Taytum Miller and Ellie Thompson.


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COLUMBUS HIGH SWIMMING

Team Mascot: Discoverers

Team Colors: Maroon/White

Head Coach: Alyssa Dillon

Assistant Coaches: Joe Krepel, Mindy Bates and Dr. Ryan Stevens

Coach’s Expectations for This Season: We truly just have a young team so just to keep improving every step of the way.

Team Strengths: Willingness to work hard. They have already been pushing through workouts from near the end of the season.

Team Weaknesses: We have a lot of new swimmers, but that means they will have a lot of growth too.

Returning Letterwinners: Jonathan Reiff, Mary Faltys, Conor Zobel-Stevens, Kyle Chen and Gracie Walters.

Top Newcomers: Greta Roberts.

State Favorite: Jonathan Reiff and girls relays.



COURTESY PHOTO

Pictured left to right. **Front row:** Dafne Loreda, Vianney Duarte, Kaitlyn Janicek, Greta Roberts and Kierstin Hadaway. **Second row:** Gracie Walters, Kyle Chen and Julianna Figge. **Third row:** Mindy Bates, Conor Zobel-Stevens, Zoey De La Rosa, Mary Faltys and Joe Krepel. **Back row:** Jonathan Reiff, Alex Settje, Becca Anderson, Fran Gallino, Eric Martinez and Alyssa Dillon.

COLUMBUS HIGH WRESTLING

Team Mascot: Discoverers

Team Colors: Maroon/White

Head Coach: Adam Keiswetter

Assistant Coaches: Mick Bubak, Brian Brownlow, Jose Leon and Eric Bice.

Last Year’s Record: 13-7

Last Season’s Postseason Result: Boys team finished third at state. Brenyn Delano third place in A106; Levi Cerny consolation second round in A113; Blake Cerny third place in A120; Adrian Bice state champion in A126; Caydn Kucera fourth place in A132; Carter Braun consolation quarterfinals in A152; Levi Bloomquist consolation second round in A160; Rylee Iburg third place in A170; Kasen Grape consolation second round in A182; and Liam Blaser third place in A195. In girls 145, Danica Taylor reached consolation first round.

Coach’s Expectations for This Season:

Boys: We were third at state last year, so we are looking to continue to climb the ranks and be a contender by the end of the season. We have several wrestlers with lots of experience and hopefully they can achieve their goals and if they do, it will add up to a team goal. We should be a very good dual team this year because we will have a lot of depth. We also have several freshmen who will be ready to compete at the high school level right away.

Girls: Our girls team is looking to continue to build and hopefully get our first state medalists this year. Our lone state qualifier is Danica Taylor and she improved a lot last year and gained valuable experience at the state tournament. Marissa Anderson has put in a lot of time this off-season and is looking to have a breakout performance this season after being so close



GOC’S CREATIVE IMAGES

Pictured left to right. **Front row:** Landon Robinson, Maverick Walker, Landon Humpal, Levi Cerny, Brady Feik, Bryan Bello, Gabriel Medina, Ever Salazar, Alvaro Lopez and Danica Taylor. **Second row:** Alan Gonzalez, Laitenn Braithwait, Carter Eisenmann, Favio Rivero, Charls Eckert, John Bloomquist, Mason Petersen, Carter Renteria, Brenyn Delano, Conner Braun, Josue Jacinto and Hailey Marker. **Third row:** Eric Slusarski, Adrian Bice, Kaden Brownlow, Keiton Watchorn, Caydn Kucera, Marcus Beltran, Jaden McFarland, Owen Lawrence, Xayvion Epps, Jovanni Schwarting and Jakson McFarland. **Fourth row:** Logan Salak, Ty White, Bryson Huey, Carter Fedde, Bentley Willison, Liam Blaser, Carter Sedlecek, Easton Henry, Isaac Diego and Jaeston Delano. **Fifth row:** Adam Keiswetter, Bret Novak, Brian Brownlow, Cooper Buxton, Jayce Nelson, Cody Cuba, Kasen Grape, Kysen Grape, Brightyn Micek, Jose Leon and Eric Bice. **Not pictured:** Tyler Zwingman.

to qualifying last year. After those two, we have a young team that lacks experience but if they improve as much as they did last season, we should be looking at getting multiple state qualifiers.

Team Strengths: We will have strong senior leadership and lots of young wrestlers who are hungry to make a name for themselves.

Returning Letterwinners: Adrian Bice, Brenyn Delano, Liam Blaser, Caydn Kucera, Levi Cerny, Kasen Grape, Eric Slusarski, Kaden Brownlow, Jaden McFarland, Tyler Zwingman, Marcus Beltran, Antonio Granados, Bryson Huey and Carter Fedde.

Top Newcomers: Mason Petersen, Jaeston Delano, Brandon DeAnda, Jakson McFarland and Favio Rivero.

District: A-3



GOC’S CREATIVE IMAGES

Pictured left to right. **Front row:** Melanie Mendoza, Hailey Hahn and Diana Orozco. **Middle row:** Marissa Anderson, Hailey Marker, Danica Taylor, Ella May Shevlin, Hadassah Eckmann and Delaney Young. **Back row:** Brian Brownlow, Eric Bice, Adam Keiswetter, Jose Leon and Bret Novak.



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LAKEVIEW BOYS BASKETBALL

Team Mascot: Vikings
Team Colors: Blue/White/Silver
Head Coach: Tyler Colvin
Assistant Coaches: Dave Licari and Aaron Rudloff
Last Year's Record: 8-16
Last Season's Postseason Result: Lost to Clarkson/Leigh in subdistricts.

Coach's Expectations for This Season: We have to replace a solid senior class. We do return three guys who played significant roles last season. We will need some younger players to step up and play important roles along with the five seniors we have on the team. We will be a bit undersized, so defense and rebounding will be key in order for us to find success. We like the potential of this group and know we will grow and improve a lot throughout the season. This is a skilled and competitive group of young men.
Key Matchups This Season: All matchups are key. All of our Central Conference games are important and



COURTESY PHOTO

Pictured left to right. **Front row:** Cole Brodecky, Kayden Epley, Blake Rathbone, Caleb Sloup, Levin Hrouda, Grayson Vogt, Parker Osten, Will Stuthman and Preston Wacker. **Middle row:** Donavin Novak, Caleb Stubbett, Clayton Thomson, Jakob Tenski, Micah Rosas and Jacob Dawson. **Back row:** Brenden Sloup, Derek Line, Braxton Borer, Will Hrouda, Max Fremarek, Jesus Rojas, Turner Halvorsen, Humberto Adame, Ashton Stubbett, Keygan Novak and Evan Line.
of course when you play the schedule that we do, we have to be ready to be at our best every time we take the floor. We will see several teams that are ranked and state tournament caliber on our schedule.
Team Strengths: This group works very hard, loves to compete and they are really coachable. We have a good team strength. Our guys have gotten stronger in the last year. We have a good mix of players who can drive the ball and attack the rim and those who can spot up and hit perimeter shots. I also think this group does a

good job of passing and sharing the ball.
Team Weaknesses: Our biggest issue will be our lack of size and height when it comes to post play, defending the paint and rebounding. We are going to have to really battle in those areas.
Returning Letterwinners: Braxton Borer, Turner Halvorsen, Max Fremarek, Ashton Stubbett, Brenden Sloup and Will Hrouda.
Top Newcomers: Jacob Dawson, Humberto Adame, Jakob Tenski, Derek Line, Clayton Thomson and Blake Rathbone.
District: C1-5
District Favorite: I think our district appears to be wide open at this point. The three other teams in our subdistrict all have high-level coaches and some very good players, so we know that if we want to advance we are going to have to play our best ball.
State Favorite: Ashland-Greenwood and Wahoo.

LAKEVIEW WRESTLING



COURTESY PHOTO

Team Mascot: Vikings
Team Colors: Blue/White/Silver
Head Coach: Jeff Bargaen
Assistant Coaches: Codi Jarosz, Aaron Wilson, Logan Rodehorst, Ed Kinzer, Tanner Balfour and Anthony DeAnda.
Last Year's Record: 16-0
Last Season's Postseason Result: Boys: Levi Lutjelusche consolation first round in B106;

Owen Bargaen sixth place in B138; and Landon Ternus third place in B220. Girls: Lacy Lemburg third place in G107; and Makiaya De La Cruz sixth place in G165.
Coach's Expectations for This Season: I'm excited to compete. We had a great offseason and our girls team seems to be growing in numbers. I expect our boys and girls teams to compete hard in practice and work to be wrestling their best in February.

Key Matchups This Season: Our boys will have a tough matchup with Blair right away in December that will give us a good gauge of where we are as a team. Our girls schedule is much more competitive this year as we head to West Point and the High Plains tournament.
Team Strengths: Our leadership and experience on both the boys and girls teams will be key as we face adversity in tough parts of

our schedule. If we can keep a growth mindset at the forefront, we will have a successful season.
Team Weaknesses: Both our boys and girls teams will lack depth and experience in certain weights.
Returning Letterwinners: Boys: Noah Wyatt, Levi Lutjelusche, Eli Pilakowski, Owen Bargaen, Gerber Recinos, Yordi Dominguez, Miguel Cullum, Fabian Recinos, Sebastian

De La Cruz and Landon Ternus. Girls: Lacy Lemburg, Libby Held, Morgan Finecy, Paola Vivar and Patricia Vivar.
Top Newcomers: Boys: Jack Glendy. Girls: Elli Berkeland.
District: B-4
District Favorite: Boys: Blair
State Favorite: Boys: Bennington. Girls: South Sioux City.

LAKEVIEW GIRLS BASKETBALL



COURTESY PHOTO

Pictured left to right. **Front row:** Josie Bentz, Rori Reese, Emily Wellman, Tori Osten, Dusty Johannes and Haley Frenzen. **Middle row:** Ali Mueller, Lexi Blaser, Cameron Koch, Adyson Groteluschen, Kenna Reese, Taylor Greisen, Kiara Kula and Taylor Helms. **Back row:** Abby Ellsworth, Rallie Boyer, Cali Bentz, Morgan Hiestermann, Rylee Eberhart, Ellee Vollertsen and Jordyn Loseke.
Team Mascot: Vikings
Team Colors: Blue/White/Silver
Head Coach: Monte Jones
Assistant Coaches: Don Bentz and McKenna Dodd.
Last Year's Record: 13-10
Last Season's Postseason Result: Lost to Scotus Central Catholic in subdistricts.
Coach's Expectations for This Season: This is a hard-working group that put in the most time in the offseason of any Lakeview team I have had. This will show up during the season because work matters. We have been very good on defense and now we can score as well.
Team Strengths: Depth, defense and shooters.
Returning Letterwinners: Tori Os-

ten, Josie Bentz, Haley Frenzen and Taylor Greisen.
Top Newcomers: Kiara Kula, Taylor Helms, Camryn Koch, Cali Bentz, Rallie Boyer, Emily Wellman and Rori Reese.
District: C1-7
State Favorite: North Bend, GICC, Milford and Gothenburg.

LAKEVIEW BOWLING



COURTESY PHOTO

Pictured left to right. **Front row:** Brayden Landkamer, Skott Holyoak, Trey Hill, Sidney Jaxien, Alayna Lichtenfeld and Elly Luchsinger. **Back row:** Damon Hanson, Jack Burns, Trenton Ditter, Daniel Borgman, Makenna Lutjelusche, Ava Tessendorf, Amy Reeg and Judianne Purinton. **Not pictured:** Makenna Jaeger, Celeste Familo Trainer and Chelsey Martinez.
Team Mascot: Vikings
Team Colors: Blue/White/Silver
Head Coach: Jimmy Biggs
Assistant Coaches: Dawn Olsen
Last Year's Record: Boys: 7-14. Girls: 4-17.
Last Season's Postseason Result: Boys: Trenton Ditter finished 41st in state qualifying round.
Key Matchups This Season: Columbus, Seward and Wayne Tournament.
Team Strengths: Have a core group of boys coming back from last year's team.
Team Weaknesses: We have some new faces that are learning the game of bowling.
Returning Letterwinners: Boys: Trenton Ditter, Jack Burns, Trey Hill and Damon Hanson. Girls: Amy Reeg, MaKenna Jaeger, Chelsey Martinez and Judianne Purinton.
Top Newcomers: Elly Luchsinger, Ava Tessendorf, Sidney Jaxien, Alayna Lichtenfeld and MaKenna Lutjelusche
State Favorite: Wayne



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SCOTUS CENTRAL CATHOLIC WRESTLING



COURTESY PHOTO

Pictured left to right. **Front row:** Kobe Micek, Hunter Brunkhorst, Alex Sucha, Juan Sanchez, Brayden Fleming and Chase Wangler. **Back row:** Rudy Brunhorst, Carter Sucha, David DeLeon, Ryan Allen, Spencer Wittwer, Jackson Baumert, Henry Ramaekers, Mike Krienke, Noah Chohon, Spencer Shotkoski and Thomas Settje. **Not pictured:** Alex Evans.

Team Mascot: Shamrocks
Team Colors: Kelly Green/White
Head Coach: Rod Boss
Assistant Coaches: Tyler Linder, Brett Strecker, Nate Tenopir and Simon Schindler.
Last Season's Postseason Result: Riley Eickmeier consolation quarterfinals in B170; and Spencer Wittwer consolation second round in B220.
Coach's Expectations for This Season: A big expectation of our coaching staff is to be competitive in tournaments and duals. We want to knock some people off.
Team Strengths: Our strength is our number of kids out. We haven't had the numbers the past few years to fill many weights. This year, we should be in much better

shape for duals with close to 20 kids out.
Team Weaknesses: Our team weakness at the beginning of the year will be the lack of experience our wrestlers have at competing at the high school level. We have several freshmen and only one senior. We are a very young team on paper.
Returning Letterwinners: Four letterwinners return including state qualifier Spencer Wittwer.
Top Newcomers: Hunter Brunkhorst, Kobe Micek, Henry Ramaekers and Alex Evans.
District: B-2
District Favorite: Scottsbluff and Gering.
State Favorite: Bennington and Scottsbluff.

SCOTUS CENTRAL CATHOLIC GIRLS BASKETBALL



GOC'S CREATIVE IMAGES

Pictured left to right. **Front row:** Libbie Brezenski, Kaelyn Dierman, Hailey Steffensmeier, Maysa Kuhl and Sierra Kravig. **Middle row:** Sofia Karges, Annie Weber, Emma Brezenski and Quinn VunCannon. **Back row:** Ella Hash, Larkyn Mahoney, Mallory Dreesen, Joanna Rusher, Kensey Micek and Addison Schoenfelder.

Team Mascot: Shamrocks
Team Colors: Kelly Green/White
Head Coach: Jarrod Ridder
Assistant Coaches: Joe Schoenfelder, John Peterson and Mike Ridder.
Last Year's Record: 16-9
Last Season's Postseason Result: Lost to St. Paul in district final.
Coach's Expectations for This Season: We look to work hard and be great teammates and play our best basketball at the end of the season.
Key Matchups This Season: All Centennial Conference teams, GACC, North Bend and Lakeview.
Team Strengths: Defense, coachable, attitude and effort.
Team Weaknesses: Size.

Returning Letterwinners: Libbie Brezenski, Maysa Kuhl, Sierra Kravig, Kaelyn Dierman, Hailey Steffensmeier, Joanna Rusher, Emma Brezenski, Larkyn Mahoney, Addison Schoenfelder and Kensey Micek.
Top Newcomers: All sophomores.
District: C1-7
State Favorite: North Bend, Bridgeport and GICC.

SCOTUS CENTRAL CATHOLIC BOYS BASKETBALL



GOC'S CREATIVE IMAGES

Pictured left to right. **Front row:** Max Wemhoff, Brennen Jelinek, Owen Lindhorst, Jack Faust, Caleb Cameron and Bohden Jedlicka. **Back row:** Blake Wemhoff, Jude Maguire, Cohen Pelan, Alex Ferguson, Jackson Heng and Mason Roberts.

Team Mascot: Shamrocks
Team Colors: Kelly Green/White
Head Coach: Mike VunCannon
Assistant Coaches: Zack McPhillips and Cody Mroczek
Last Year's Record: 4-19
Last Season's Postseason Result: Lost to Lakeview in subdistricts.
Coach's Expectations for This Season: To get better after each game.
Key Matchups This Season: Our conference schedule.
Team Strengths: Work ethic, leadership and chemistry.
Team Weaknesses: Must improve outside shooting.
Returning Letterwinners: Jack Faust, Blake Wemhoff, Caleb Cameron, Cohen Pelan, Jackson Heng and Owen Lindhorst.
Top Newcomers: Max Wemhoff, Owen Lindhorst, Mason Roberts and Bohden Jedlicka.
District: C1-5
District Favorite: North Bend
State Favorite: Wahoo and Auburn

A photograph of a volleyball game in progress, showing players in red and white uniforms jumping for a ball.

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A collage of images related to winter sports: a swimmer, a hockey player, a basketball player, and a football player.

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AQUINAS CATHOLIC WRESTLING



COURTESY PHOTO

Pictured left to right. **Front row:** Zander Kavan, Grady Romshek, A.J. Oltmer, Colin Hough, Jacob Vandenberg and Sam Hilger. **Back row:** Kaleb Andel, Jacob Moravec, Symon Kastl, Josiah Brezina, Trent Mefford, Brady Junck, Jakob Kavan, Tyler Kastl, Kelby Coufal, Calib Svoboda, Max Scott and Seth Hlavac.

Team Mascot: Monarchs
Team Colors: Black/White/Gold
Head Coach: Roy Emory
Assistant Coaches: Matt Croghan, Andrew Daro, Josh Coufal and Bryan Meysenburg.
Last Year's Record: 11-0
Last Season's Postseason Result: Team won the Class C state individual and duals championships. Grady Romshek fifth place in C106; Zander Kavan fifth place in C113; Jakob Kavan state runner-up in C120; Hunter Vandenberg state runner-up in C138; Kelby Coufal consolation second round in C145;

Christopher Nickolite state champion in C152; Michael Andel state runner-up in C182; Paul Buresh consolation second round in C195; Reilly Miller fifth place in C220; and Calib Svoboda consolation second round in C285.
Coach's Expectations for This Season: I think our team will get better as the season progresses. We do not have a very big team this year, but none of them have ever been afraid to work. I am excited to get start.
Key Matchups This Season: Our schedule does a great job preparing us for the post-season. We see a variety of tough competition from all classes. Bennington, Broken

Bow, Columbus, Omaha Westside, Lincoln Pius X, Scottsbluff, Milford, David City, O'Neill, Valentine, Central City, Omaha Skutt, Aurora, Crofton/Bloomfield, Logan View, Fillmore Central and Winside were all top 10 teams a year ago that will be on the schedule. I also expect Boone Central, Elkhorn Valley, Raymond Central and St. Paul to be very tough this year.
Team Strengths: We return seven starters from last year who have a lot of experience and know what it takes to be successful.
Team Weaknesses: We do not have a lot of depth. We will only have a backup at a handful of weights.

Returning Letterwinners: Grady Romshek, Trent Mefford, Zander Kavan, Colin Hough, Jakob Kavan, Jacob Moravec, Kelby Coufal, Sam Hilger, Bradan Junck, A.J. Oltmer, Tyler Kastl, Josiah Brezina and Calib Svoboda.
Top Newcomers: We will have seven new starters this year. I think they all have a chance to do well. Trent Mefford, A.J. Oltmer and Josiah Brezina all had a lot of success last year as backups.
District: D-1
District Favorite: Aquinas Catholic, Howells-Dodge and Neligh-Oakdale.
State Favorite: Plainview, Mullen, Thayer Central and Elkhorn Valley.

AQUINAS CATHOLIC BOYS BASKETBALL

Team Mascot: Monarchs
Team Colors: Black/White/Gold
Head Coach: Trevor Weiss
Last Year's Record: 5-19
Last Season's Postseason Result: Lost to Cross County in subdistricts.
District: C2-8

Pictured left to right. **Front row:** Jackson Smaus, Jacksen Jelinek, Luke Storm, Kasen Lavicky, Marcus Krivanek, Dillon Bohuslavsky, Cale DeWispelare, Jarin Thege and Gus Yindrick. **Back row:** Dylan Andel, Lucas Sellers, Kailer Pohl, Jaylin Jakub, Garrett Novacek, Bryant Stouffer, Matt Storm, Ryan Hein, Krae Lavicky and Lydon DeWispelare.

COURTESY PHOTO



AQUINAS CATHOLIC GIRLS BASKETBALL



COURTESY PHOTO


Pictured left to right. **Front row:** Jocelyn Stara, Lacie Hartman, Claire Wisnieski, Allisen Jelinek and Toni Wachal. **Middle row:** Danica Romshek, Clarice Andel, Bianca Romshek, Jordyn Bohuslavsky, Marissa Miratsky, Sydney Hartman and Faith Samek. **Back row:** Nate Wall, Miriam Frasher, Keltie Hein, Izzie Kadavy, Ainsley Wollmer, Danica Bohuslavsky, Madison Vandenberg, Grace Masek, Jason Campbell and Jim Kozisek.

Team Mascot: Monarchs
Team Colors: Black/White/Gold
Head Coach: Nate Wall
Assistant Coaches: Jim Kozisek and Jason Campbell
Last Year's Record: 4-19
Last Season's Postseason Result: Lost to Cross County in subdistricts.
Coach's Expectations for This Season: We have high expectations with all five starters returning along with

key players off the bench as well as some freshmen and sophomores that can help in our rotation.
Key Matchups This Season: We play in the premier conference in the state, the Centennial Conference, so any conference game has a different feel to it.
Team Strengths: Experience, solid upperclassmen leadership. We should be a strong team defensively that will fight and scrap for every single loose ball.


Team Weaknesses: Finding a consistent scorer down the stretch in close games.
Returning Letterwinners: Lacie Hartman, Allisen Jelinek, Jocelyn Stara, Toni Wachal, Claire Wisnieski, Jordyn Bohuslavsky and Izzie Kadavy.
Top Newcomers: Miriam Frasher, Danica Bohuslavsky and Madison Vandenberg.
District: C2-7
State Favorite: Lincoln Lutheran

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CLARKSON/LEIGH GIRLS BASKETBALL



COURTESY PHOTO

Pictured left to right. **Front row:** Karly Wendt, Kendall Schneider, Nevaeh Zulkoski, Cassi Rayback, Rylee Balzer, Brianne Kuhr, Ava Kasik, Cadence Indra and Hannah Cech. **Back row:** Makenna Hake, Gracie Eisenmann, Izzy Hollatz, Baylee Settje, Korbee Wendt, Chloe Hanel, Elizabeth Hoffman, Brynn Settje and Jessica Hoffman.

Team Mascot: Patriots	Last Season's Postseason Result: Lost to Wisner-Pilger in subdistricts.	Team Strengths: Defense and transition offense.	Top Newcomers: Cadence Indra, Baylee Settje, Cassi Rayback, Gracie Eisenmann and Izzy Hollatz.
Team Colors: Red/White/Blue	Coach's Expectations for This Season: We will have a young team with only two seniors, but have a lot of players ready to step up. We return two starters from last year's team and have two others back from the rotation.	Team Weaknesses: Fill three starting spots and a lot of new experience on varsity court.	District: C2-6
Head Coach: Matt Murren		Returning Letterwinners: Chloe Hanel, Korbee Wendt, Jessica Hoffman and Brynn Settje.	District Favorite: Clarkson/Leigh
Assistant Coaches: Jennifer Remmereid, Rebecca Hiatt and Kelsey Moore.			State Favorite: Ponca, Crofton, Oakland-Craig and Lincoln Lutheran.
Last Year's Record: 18-7			

CLARKSON/LEIGH BOYS BASKETBALL

Team Mascot: Patriots

Team Colors: Red/White/Blue

Head Coach: Jeff Bachman

Assistant Coaches: Connor Blum and Willie Hollatz

Last Year's Record: 19-6

Last Season's Postseason Result: Lost to Wahoo in district final.

Coach's Expectations for This Season: We will be a senior-led team that will hang our hats on being a good defensive team.

Key Matchups This Season: Howells-Dodge, HLHF and Norfolk Lutheran.

Team Strengths: Defense and ability to play together.

Team Weaknesses: Experience and rebounding.

Returning Letterwinners: Kyle Kasik, Mason Whitmore and Drew Beeson.

Top Newcomers: Kyle Holmberg, Dalton Zulkoski, Trey Steffensmeier, Christian Hamernik, Korbin Lemburg, Ryan Brichacek and Jordan Noonan.

District: C2-5

District Favorite: Norfolk Catholic

State Favorite: Norfolk Catholic



COURTESY PHOTO

Pictured left to right. **Front row:** Drew Beeson, Kyle Kasik, Kyle Holmberg, Dalton Zulkoski and Mason Whitmore. **Middle row:** Jack Brabec, Caleb Christenson, Wyatt Crosley, Max Muhle, Quentin Mullenhoff, Luke Eisenmann, Grant Hanel, Vincente Alvarado and Zach Gall. **Back row:** Jordan Noonan, Trey Steffensmeier, Korbin Lemburg, Jacob Kroeger, Christian Hamernik, Kyle McMullin, Tucker Matthies and Conner Jurgensen. **Not pictured:** Ryan Brichacek and Carter Brabec.



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Good Luck To All The Area Teams



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CLARKSON/LEIGH WRESTLING

Team Mascot: Patriots

Team Colors: Red/White/Blue

Head Coach: Tyler Reeves

Last Season's Postseason Result: Morgan Bunner consolation first round in C113.

District: D-3

DAVID CITY BOYS BASKETBALL

Team Mascot: Scouts
Team Colors: Red/Black
Head Coach: Todd Schulze
Assistant Coaches: Alan Zavodny, Dillon Nerud, KC Romshek and Michael Rerucha
Last Year’s Record: 3-21
Last Season’s Postseason Result: Lost to Raymond Central in subdistricts.
Coach’s Expectations for This Season: I expect us to take a huge leap forward this season. This team is much more comfortable with me and the style of play I’m looking for than we were a year ago. We added a key addition through the transfer of Clayton Zavodny that is the point guard we were looking for. We bring back lots of depth and experience with Caden Denker, Brock Dubbs, Reese Svoboda, Chase Campbell, Blake Lukert and Cameron Hlavac. I expect us to compete for the conference championship and advance in the postseason. We have much to do to reach that point, but I’m confident we’ll reach our potential.
Key Matchups This Season: Milford,



GOC’S CREATIVE IMAGES

Pictured left to right. **Front row:** Cameron Hlavac, Clayton Zavodny, Reese Svoboda, Dominic Prothman and Chase Campbell. **Middle row:** Alan Zavodny, Dillon Nerud, Todd Schulze and KC Romshek. **Back row:** Cohen Denker, Caden Denker, Blake Lukert, Brock Dubbs and Mitchell Shanahan. **Not pictured:** Carlos Vazquez, Mason Lowe, Geovanni Barrios, Andrew Fuller, Sam Smith, Gage Horak and Xavier Boss.

Fillmore Central, Centennial, Central City and Clarkson/Leigh.

Team Strengths: I feel we are a hungry squad. Our guys know that there hasn’t

been much to be excited about with DC basketball in a while also realize the talent and potential we have on this team. I think we have a good group of guys that want to put their stamp on David City basketball and are eager to do whatever it takes.

Team Weaknesses: Adding a new point guard to the mix always takes a little time to iron out the wrinkles, allowing for teammates to learn how to play together so our offense may take a while to get in sync. Winning and winning close games is something this team will need to learn how to do if we are to compete in the conference and district.

Returning Letterwinners: Caden Denker, Clayton Zavodny, Brock Dubbs, Reese Svoboda, Chase Campbell and Blake Lukert.

Top Newcomers: Clayton Zaovdny, Cameron Hlavac and Cohen Denker.

District: C1-5

District Favorite: North Bend

State Favorite: Auburn, Wahoo Neumann and Aurora

DAVID CITY GIRLS BASKETBALL

Team Mascot: Scouts
Team Colors: Red/Black
Head Coach: Sam Schlautman
Assistant Coaches: Hannah Core and Lauren Theiler
Last Year’s Record: 19-5
Last Season’s Postseason Result: Lost to Scotus Central Catholic in subdistricts.
Coach’s Expectations for This Season: Win the games we are supposed to, get bench production, improve game by game, have a chance to win the games that could go either way, be competitive against the top-notch teams we play, do the little things right no matter what the score is and play for each other always.

Key Matchups This Season: Centennial, Cross County and Thayer Central.

Team Strengths: Defense, speed and basketball IQ.

Team Weaknesses: Lack of varsity experience.

Returning Letterwinners: Meagan Jahde and Avery Couch.

Top Newcomers: Kambri Anandel and Kamryn Behrns.

District: C1-7

District Favorite: Scotus Central Catholic

State Favorite: North Bend



COURTESY PHOTO

Pictured left to right. **Front Row:** Addison Rands, Kambri Anandel, Meagan Jahde, Ava Daro, Kaitlyn Ewert, Kaydense Hansen, Kathryn Johnson and Natalia Thoendel. **Back Row:** Justine Fountain, Hannah Gangwish, Trinity Boss, Avery Couch, Kamryn Behrns, Addison Kuhlman, Emily Ewert, Reese Soukup, Natalie Robak and Chloe Foss. **Not Pictured:** Alexis Harris.

DAVID CITY WRESTLING

Team Mascot: Scouts
Team Colors: Red/Black
Head Coach: Boys: Tahner Thiem. Girls: Chad Lindsley.
Assistant Coaches: Boys: Matt Bates, Travis Worm and Adam Schmit. Girls: Morgan Styskal and Tiffany Busch
Last Year’s Record: 6-2
Last Season’s Postseason Result: Kendall Schindler consolation second round in C106; Keaton Kloke consolation first round in C113; Zach Bongers consolation quarterfinals in C120; Simon Schindler state champion in C126; Brayden Johnson sixth place in C132; Josh Spatz fourth place in C138; Ethan Underwood sixth place in C145; Barrett Anandel consolation first round in C160; and Tre’ Daro state champion in C182.

Coach’s Expectations for This Season: Boys: As a whole, we are a young team. We have a talented group of freshmen we are excited to put on the mat. Girls: We want to build excitement for the program.

Team Strengths: Boys: David City will have a good number of wrestlers out this season. We will have a lot of depth from 106-160 pounds. Girls: These girls work extremely hard and that effort will hopefully translate on the mat.

Team Weaknesses: David City will struggle filling 182, 195 and 220 this year.

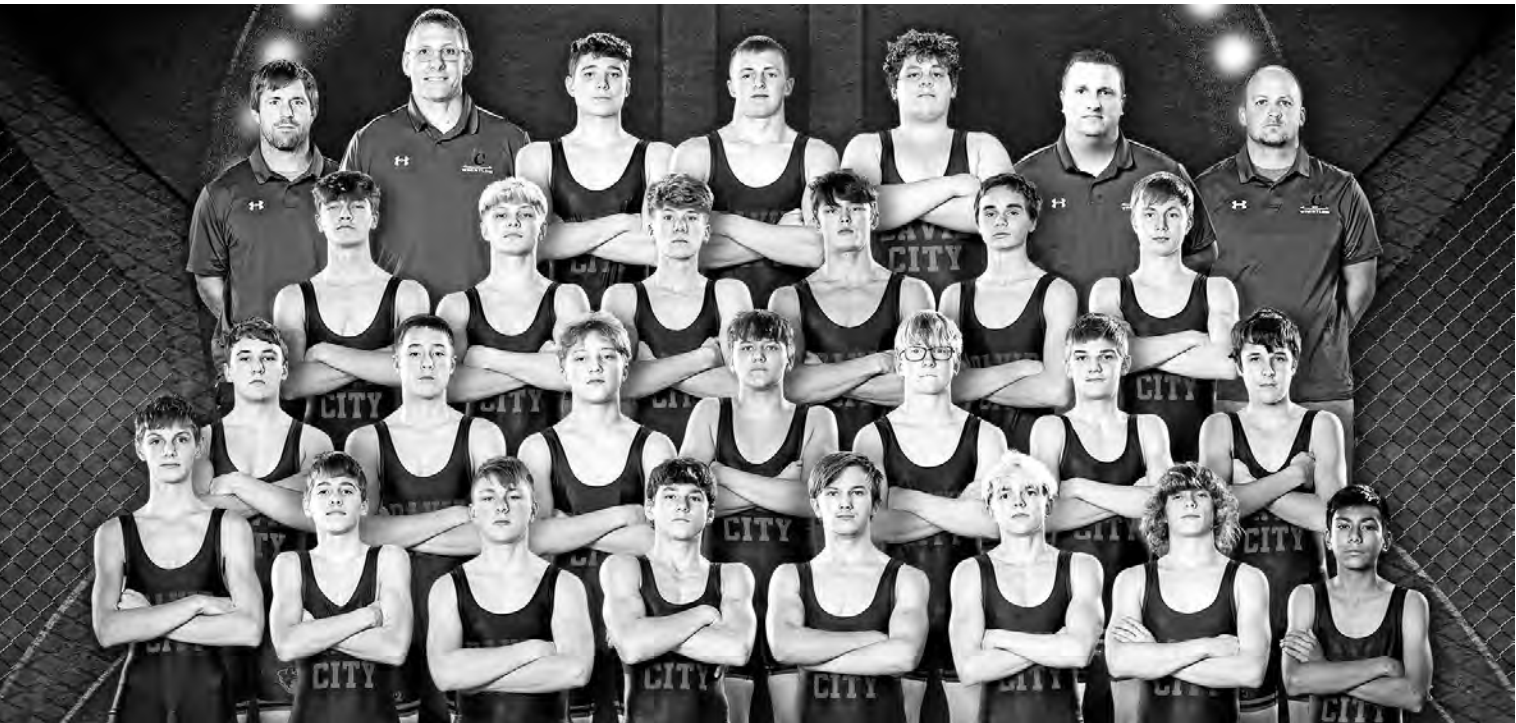
Returning Letterwinners: Kendall Schindler, Keaton Kloke, Brayden Johnson, Barrett Anandel and Luke Polivka.

Top Newcomers: Hayden Schmit, Brittin Valentine, Daren Vodicka and Luke Polivka.

District: C-1

District Favorite: Fillmore Central

State Favorite: Broken Bow, Valentine or Fillmore Central.



GOC’S CREATIVE IMAGES

Pictured left to right. **Front row:** Jace Rerucha, Hayden Schmit, Jesse Divis, Keaton Kloke, Stanley Allen, Kendall Schindler, Braden Radford and Jeancarlos Rodas. **Second row:** Jason White, Brayden Osantowski, Daren Vodicka, Spencer Nickolite, Mason Prothman, Keaton Busch and Max Jasper. **Third row:** Garrett Small, Luke Polivka, Brayden Johnson, Lukas Sabata, Brittin Valentine and Ethan Buresh-Marick. **Back row:** Travis Worm, Matt Bates, Jayden Lueders, Barrett Anandel, Chase Krafka, Adam Schmit and Tahner Thiem.



COURTESY PHOTO

Pictured left to right. **Front row:** Isabella Wagner, Carly Schmid, Sidnee Busch and Laylani Kasik. **Back row:** Savannah Gregory, Grace Eickmeier, Cadence Smaus, Jazmine Palencia and Cally Schmid.

Wishing all students a great season!





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Good Luck to all
Winter Sports Athletes



EAST BUTLER BOYS BASKETBALL



COURTESY PHOTO

Pictured left to right. **Front row:** Jacob Pekarek, Austin Biltoft, Elliot Bouc, Kendol Benes, Kaleb Palik and Jace Klebnes. **Back row:** Allen Wachal, Josh VanDerslice, Drew Wachal, Caden Stara, Zane Miller, Ryan Sullivan, Carson Borgman and Alex Pierce. Not pictured: Logan Buresh.

Team Mascot: Tigers	Last Season’s Postseason Result: Lost to Riverside in subdistricts.	Key Matchups This Season:	
Team Colors: Maroon/Gold/White	Coach’s Expectations for This Season: We have some experience returning. We will rely on our two seniors – Alex Pierce and Carson Borgman. Other players that will need to add to their role from a year ago will be Logan Buresh, Ryan Sullivan, Caden Stara and Zane Miller.	Team Strengths: Our strength will be in guard play this season. As a team, we will make defense a priority.	defense. As an entire team, and we need to improve our overall skill level.
Head Coach: Mark Cidlik		Team Weaknesses: Our size is our biggest weakness. We will have to overcome that by playing with an extreme amount of effort on	Returning Letterwinners: Alex Pierce, Carson Borgman, Caden Stara and Ryan Sullivan.
Assistant Coaches: Andy Pierce			Top Newcomers: Zane Miller
Last Year’s Record: 8-15			District: D2-3

EAST BUTLER GIRLS BASKETBALL



COURTESY PHOTO

Pictured left to right. **Front row:** Katie Haney, Kate Rathjen, Carynn Bongers and Sierra Rhynalds. **Middle row:** Madison DeWitt, Reese Kozisek, Meagan Janak and Addison Kriz. **Back row:** Addison Bohaty, Leah Bongers, Morgan Havlovic, Lillie Kriz, Zoey Patocka and Alecia Kovar.

Team Mascot: Tigers	Coach’s Expectations for This Season: We have a solid core returning, but we definitely need to develop depth and scoring. We return about 18 points per game from last year, less than half our average from last season. We’ll need some underclassmen to move up and take on bigger roles than they have in the past in order for that to happen.	Key Matchups This Season: BDS, Exeter-Milligan, David City, Meridian and Cross County.	the bench. We need our underclassmen to step up and fill roles that they have not had in the past.
Team Colors: Maroon/Gold/White		Team Strengths: We are a very smart team that understands the game and understands what we are trying to accomplish with our defensive and offensive schemes.	Returning Letterwinners: Madison DeWitt, Kate Rathjen, Katie Haney, Carynn Bongers and Sierra Rhynalds.
Head Coach: James Kriz		Team Weaknesses: Depth and scoring off	Top Newcomers: Lillie Kriz
Assistant Coaches: Melissa DeWitt			District: D1-2
Last Year’s Record: 11-12			
Last Season’s Postseason Result: Lost to Nebraska Christian in subdistricts.			

EAST BUTLER WRESTLING

Team Mascot: Tigers	Last Season’s Postseason Result: Lane Bohac sixth place in D120; Luke Polivka fourth place in D126; Brayden Brecka consolation quarterfinals in D132; Reid Glasshoff consolation quarterfinals in D138; and Trevin Brecka fifth place in D160.
Team Colors: Maroon/Gold/White	District: D-3
Head Coach: Doug Glasshoff	
Assistant Coaches:	





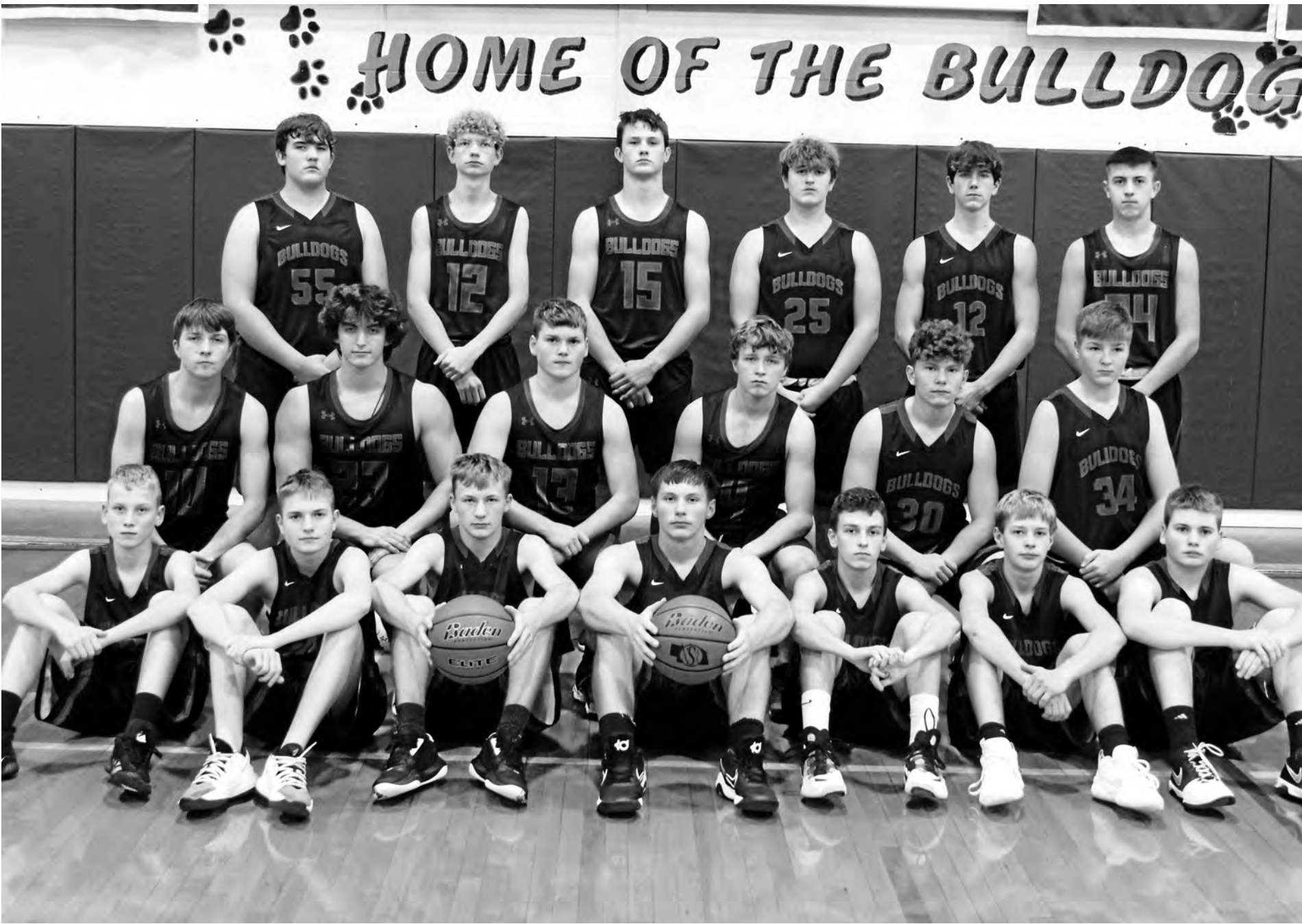
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HUMPHREY/LINDSAY HOLY FAMILY BOYS BASKETBALL



PATRICK MURPHY, HUMPHREY DEMOCRAT

Pictured left to right. **Front row:** Chance Lindhorst, Kellen Herchenbach, Camron Reichmuth, Tyler Reichmuth, Caden Brandl, Nick Stock and Seth Preister. **Middle row:** Tyson Herchenbach, Jacob Preister, Cole Preister, Randal Gronenthal, Gavin Sims and Cooper Herchenbach. **Back row:** Blake Ransom, Owen Kurtenbach, Sage Frauendorfer, Zack Petersen, Garrett Durkop and Gavin Groteluschen. **Not pictured:** Seth Wiese and Easton Baumgart.

Team Mascot: Bulldogs
Team Colors: Black/Blue/Red
Head Coach: Joe Hesse
Assistant Coaches: Travis Friesen
Last Year’s Record: 25-1
Last Season’s Postseason Result: Defeated Grand Island Central Catholic in Class C-2 state championship game.
Coach’s Expectations for This Season: Many new faces. Lots of guys who have waited their

turn. Our record won’t look as good as it has, but hopefully by the end of the year we can give Riverside and Elgin a run for their money.
Returning Letterwinners: Sage Frauendorfer and Easton Baumgart.
Top Newcomers: Owen Kurtenbach, Randal Gronenthal, Tyson Herchenbach and Jacob Preister.
District: D1-5
State Favorite: Elgin Public/Pope John, Howells-Dodge, North Platte St. Pat’s, Ainsworth and Dundy County Stratton.

HUMPHREY/LINDSAY HOLY FAMILY GIRLS BASKETBALL



PATRICK MURPHY, HUMPHREY DEMOCRAT

Pictured left to right. **Front Row:** Anna Bialas, Halle Beller, Alisha Dahlberg, Mollie Groteluschen, Jenaya Wemhoff and Mackenzie Petersen. **Second Row:** Averí Gronenthal, Christina Brandl, Ellee Hanzel, Ali Brandl and Abi Schneider. **Third Row:** Lola Eisenmann, Emily Dohmen, Faith Korth, Claire Korth and Alexis Groteluschen. **Back Row:** Kiley Heinen, Lia Whited, Isabella Gaspers, Braelyn Hemmer and Lilie Bell. **Not Pictured:** Chloeie Korth.

Team Mascot: Bulldogs
Team Colors: Black/Blue/Red
Head Coach: Kandee Hanzel
Assistant Coaches: Jacob Hall
Last Year’s Record: 19-6
Last Season’s Postseason Result: Defeated Shelton in Class D-1 state championship game.
Coach’s Expectations for This Season: Grow throughout the first few games to start gelling. Replacing three starters from championship team.

Key Matchups This Season: Clarkson/Leigh and Norfolk Lutheran.
Team Strengths: Quickness and good basketball IQ.
Team Weaknesses: New bodies on the floor, more often.
Returning Letterwinners: Alsiha Dahlberg, Halle Beller, Mollie Groteluschen, Abi Schneider, Claire Korth and Ellee Hanzel.
District: C2-6
District Favorite: HLHF
State Favorite: Lincoln Lutheran and Oakland-Craig.

HUMPHREY/LINDSAY HOLY FAMILY BOWLING

Team Mascot: Bulldogs	Head Coach: Nathan Stone	Last Season’s Postseason Result: Girls team lost to Wayne
Team Colors: Black/Blue/Red	Last Year’s Record: Boys: 4-15. Girls: 19-3	in state championship game.

HUMPHREY SAINT FRANCIS GIRLS BASKETBALL



PATRICK MURPHY, HUMPHREY DEMOCRAT

Pictured left to right. **Front row:** Makenna Wietfeld, Emma Baumgart, Hannah Baumgart, Kylee Wessel and Leah Kosch. **Middle row:** Kali Jarosz, Bella Foster, Karly Kessler, Alexis Kuchar, Nyla Kessler and Jayde Krings. **Back row:** Emma Classen, Whitney Wegener, Isabel Preister, Ava Hastreiter and Anna Stricklin.

Team Mascot: Flyers
Team Colors: Royal Blue/White
Head Coach: Bryan Reichmuth
Assistant Coaches: Gary Bender and Father Steve Emanuel
Last Year’s Record: 23-3

Last Season’s Postseason Result: Lost to Falls City Sacred Heart in Class D-2 state championship game.
Coach’s Expectations for This Season: We bring back a good amount of game experience and play a tough schedule. We think that will prepare us for the end of the season run.

Team Strengths: Experience, quickness, defensive-minded team and depth.
Team Weaknesses: Small in size and rebounding.
Returning Letterwinners: Emma Baumgart, Hannah Baumgart, Kylee Wessel, Leah Kosch, Makenna Wietfeld, Emma Classen, Karly Kessler, Isabel Preister, Nyla Kessler and

Anna Stricklin.
Top Newcomers: Alexis Kuchar, Bella Foster, Ava Hastreiter, Jayda Krings, Kali Jarosz and Whitney Wegener.
District: D2-4
State Favorite: Falls City Sacred Heart

HUMPHREY SAINT FRANCIS BOYS BASKETBALL



PATRICK MURPHY, HUMPHREY DEMOCRAT

Pictured left to right. **Front row:** Kellan Mudil, Mason Geilenkirchen, Isaac Classen, Tyrel Wegener, Devon Baumgart, Matthew Brockhaus and Tucker Czarnick. **Back row:** Carson Wegener, Tanner Classen, Chase Freudenburg, Gage Braun, Carson Wessel, Kegan Hackerott, Jaden Kosch and Noah Wieseler. **Not pictured:** Emerson Krings and Eli Zach.

Team Mascot: Flyers
Team Colors: Royal Blue/White
Head Coach: Eric Kessler
Assistant Coaches: Brent Reichmuth
Last Year’s Record: 16-8

Last Season’s Postseason Result: Lost to Lincoln Parkview in district final.
Coach’s Expectations for This Season: If we continue to work hard and improve throughout the season, we look to be competitive this season.

Returning Letterwinners: Jaden Kosch, Kegan Hackerott, Mason Geilenkirchen, Devon Baumgart, Isaac Classen and Tyrel Wegener.
Top Newcomers: Noah Wieseler, Carson Wessel, Gage Braun, Tucker Czarnick, Tanner

Classen and Emerson Krings.
District: D2-3
State Favorite: Lincoln Parkview, Osceola, Wynot and Falls City Sacred Heart.

SCHUYLER BOYS BASKETBALL

Team Mascot: Warriors

Team Colors: Green/White

Head Coach: Rod Ruybalid

Assistant Coaches: Jordan Haas and Troy Schlueter

Last Year's Record: 3-19

Last Season's Postseason Result: Lost to Bennington in subdistricts.

Coach's Expectations for This Season: To see improvement as the season progresses.

Key Matchups This Season: We play in a competitive conference.

Team Strengths: Quickness and athleticism.

Team Weaknesses: Height.

Returning Letterwinners: Rico Rodriguez, Julian Morales, Gavin Bywater, Daniel Quezada and Alan Morales.

Top Newcomers: Joseph DeLeon, Daniel Maiz, Chris Hernandez and Kenny Ortez.

District: B-5

District Favorite: Bennington

State Favorite: Omaha Skutt



ROBBI MCKENNEY, COURTESY PHOTO

Pictured left to right. **Front row:** Diego Franco, Gavin Bywater, Alejandro Rodriguez, Emiliano Rosas, Julian Morales and Joseph DeLeon. **Middle row:** Emir Mercedes, Alexander Olea, Jonathan Mejia, Alan Morales, Dillan Johnson, Anthony Alaniz and Grant Arps. **Back row:** Mason Alexa, Jairo Aguilar, Chris Hernandez, Christyan Ortiz, Diego Castro, Daniel Quesada, Kenny Cortez, Daniel Maiz and Bryan Quinones.

SCHUYLER GIRLS BASKETBALL

Team Mascot: Warriors

Team Colors: Green/White

Head Coach: Jason Wehner

Assistant Coaches: Jessica Graef and Stephanie Pearson

Last Year's Record: 1-21

Last Season's Postseason Result: Lost to South Sioux City in subdistricts.

Coach's Expectations for This Season: Expectations are that we will play hard with great effort, be accountable, be mentally tough and continue to work on building our individual skill sets. We want to accomplish small goals that we set and then build those goals into bigger goals. My expectation is to win some basketball games.

Key Matchups This Season: Our first four games of the year are important as they can set an early tone for how the year might go. We play Madison, DC West, David City and Plattsmouth.

Team Strengths: We have a good mix of senior leadership and some talented young players. One of our strengths I believe will be our depth. I've seen good things from a lot of different girls this summer and offseason. The work ethic has impressed me and the amount of improvement I have seen from the beginning of summer to now is impressive. I can't wait to see where we can get to once we can practice every day.

Team Weaknesses: Experience. We just haven't played as many games as others throughout their careers.

Returning Letterwinners: KT Tzunux, Niurka Castro, Emily Daviu, Shirley Trejo, Allison Vavricek, Addison Vavricek and Gabby Rodriguez.

Top Newcomers: Nalleli Ajaulip, Gissell Fuentes and Abby Reyna.

District: B-5

District Favorite: Blair

State Favorite: Elkhorn North



ROBBI MCKENNEY, COURTESY PHOTO

Pictured left to right. **Front row:** Emily Daviu, Shirley Trejo, KT Tzunux and Niurka Castro. **Middle row:** Rosibel Soto, Gabby Rodriguez, Addison Vavricek, Allison Vavricek, Gissell Fuentes and Abby Reyna. **Back row:** Kimberly Marquez, Nalleli Ajaulip, Nattaly Medina, Bela Jedlicka, Flor Vasquez, Diana Ramon, Ana De La Cruz. **Not pictured:** Brilee Benson.

SCHUYLER WRESTLING



Pictured left to right. **Front row:** Angel Quezada, Brayan Romero, Sergio Cristobal, Daniel Ledesma, QuR'an Cook, Jonathan Medina, Diego Maganda, Miqueos Godinez, Daniel Garcia, Gerardo Rodriguez, Josue Veliz. **Second row:** Trey Svatora, Cade Bohac, Luis Carrera, Brian Delgado, Jason Ramon, Chris Shannon, Jorge Monzon, Jesus Hernandez, Danny Pedro and Jordan Martinez. **Third row:** Jonathan Martinez, Joshua Parsons, Carter Perrin, Omar Gonzalez, William Lopez, Mynor Basilio, Keldwing Ramos, Kevin Juarez and Daniel Morales. **Back row:** Jesus Romero, Jason Jacinto, Raymond Zastera, Max Arps, Marcos Gomez, Caden Weverka, Erick Colli, David Arciga and Andy Amaya.



ROBBI MCKENNEY, COURTESY PHOTO

Pictured left to right. **Front row:** Natalie Carreto, Hasley Salgado, Karen Gomez, Angela Vazquez, Jasmine Acosta and Vanessa Gonzalez. **Middle row:** Ester Miranda, Jessica Ortega, Romilia Pineda, Carolina Carvajal, Gina Alba and Carly Wemhoff. **Back row:** Reese Inselman, Lauren Wemhoff, Sinai Sanchez, Courtney Briones, Nadia Pond, Zuhady Belen and Miriam Deanda. **Not pictured:** Laura Romero.

Team Mascot: Warriors

Team Colors: Green/White

Head Coach: Boys: Jeremy Hlavac. Girls: Mark Wemhoff

Assistant Coaches: Boys: Nick Wilcox, Drey Keairnes and Tyrell Reichert. Girls: Hal Moomy and Serena Sanchez.

Last Season's Postseason Result: Girls: Hasley Salgado consolation first round in G107; Courtney Briones fourth place in G114; Carly Wemhoff fourth place in G138; and Gina Alba consolation first round in G185.

Coach's Expectations for This Season: Boys: We want to finish .500 in duals and also top half of every tournament we go to. Girls: I think we could be pretty solid this year. We are returning four state qualifiers and two state medalists. If we can keep everyone healthy and eligible, we should fair well at the end of the season.

Key Matchups This Season: Girls: We will dual many of the top 10 teams this year. I am curious how the girls will handle this. We have put together a pretty tough schedule, so I am hoping this will be to our benefit at the end of the season.

Team Strengths: Boys: Senior leaders and underclassmen with lots of varsity experience. Girls: We have a good number of girls that have at least four years of experience. We finally have a large senior class that will learn to lead the rest of the girls this year. The past three years we have only had one senior and it will be nice to see these girls grow.

Team Weaknesses: Boys: A few young kids that need to step up into the lineup. Girls: Not much depth in the upper weights. We are working with the youth to get more girls to try the sport. Hopefully, they will have some success and fun as they continue to try new things.

Returning Letterwinners: Boys:

Brayan Romero, Trey Svatora, Jesus Hernandez, Chris Shannon, Diego Maganda, Angel Quezada and Cade Bohac. Girls: Hasley Salgado, Angela Velasquez, Jazmin Acosta, Karen Gomez, Gina Alba, Carly Wemhoff, Courtney Briones, Jessica Ortega, Alekxa Olvera, Sinai Sanchez and Maddy Pineda.

Top Newcomers: Girls: Nadia Pond and Lauren Wemhoff

District: B-3

District Favorite: Boys: Hastings and Grand Island Northwest.

State Favorite: Boys: Bennington. Girls: South Sioux City

Wishing Area Athletes The Best Of Luck

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SHELBY-RISING CITY BOYS BASKETBALL

Team Mascot: Huskies
Team Colors: Black/Gold
Head Coach: Jim Buswell
Assistant Coaches: Mitch Muma
Last Year’s Record: 10-13
Last Season’s Postseason Result: Lost to High Plains in subdistricts.
Team Strengths: I hope that our strength is our ability to play with pace and force.
Returning Letterwinners: Peyton Sliva, Isaac Whitmore, Aiden Zimmerman, Gabe Dutton-Mofford, Ashton Schultz and Dalton Pokorney.
Top Newcomers: Nolan Arps, Riley Osantowski, Kreyten Zimmerman, Kasey Fishback and Blake Schmidt.
District: D1-3



Pictured left to right. **Front row:** Riley Osantowski, Keegan Osantowski and Payton Sliva. **Middle row:** Aiden Zimmerman, Kreyten Zimmerman, Nolan Arps and Gabe Dutton-Mofford. **Back row:** Ashton Schultz, Dalton Pokorney, Isaac Whitmore and Kasey Fischbach.
COURTESY PHOTO

SHELBY-RISING CITY GIRLS BASKETBALL

Team Mascot: Huskies
Team Colors: Black/Gold
Head Coach: Turner Trofholz
Assistant Coaches: Becky Schueth
Last Year’s Record: 5-17
Last Season’s Postseason Result: Lost to Norfolk Lutheran in subdistricts.
Coach’s Expectations for This Season: We have more experience this year than year’s past. We will have to rely on some newcomers to step into some big roles.
Returning Letterwinners: Taya Pinneo, Ava Larmon and Caydee Bauers.
Top Newcomers: Angel Barnes, Kaylei Perry and Nicole Martensen.
District: C2-7



Pictured left to right. **Front row:** Navaeh Martinez, Kendall Nickolite, Taya Pinneo, Danica Watts and Kadance Calahan. **Middle row:** Kaylei Perry, Zoey Walker, Alex Larmon and Angel Barnes. **Back row:** Ava Larmon, Rylie Carter, Caydee Bauers, Nicole Martensen and Jess Bauers.
COURTESY PHOTO

SHELBY-RISING CITY WRESTLING



Pictured left to right. **Front row:** Bailey Turpitt, Traven Reznicek, Owen Krafka, Eli Fjell and Ethan Fjell. **Middle row:** Joaquin Jaquez-Marquez, Justin Knoll, Kole Eickmeier and Jesus Perez. **Back row:** Sam Vallejo, Landon Sliva, Collin Vrbka, Coy Vrbka and Logan Lindsley.
COURTESY PHOTO

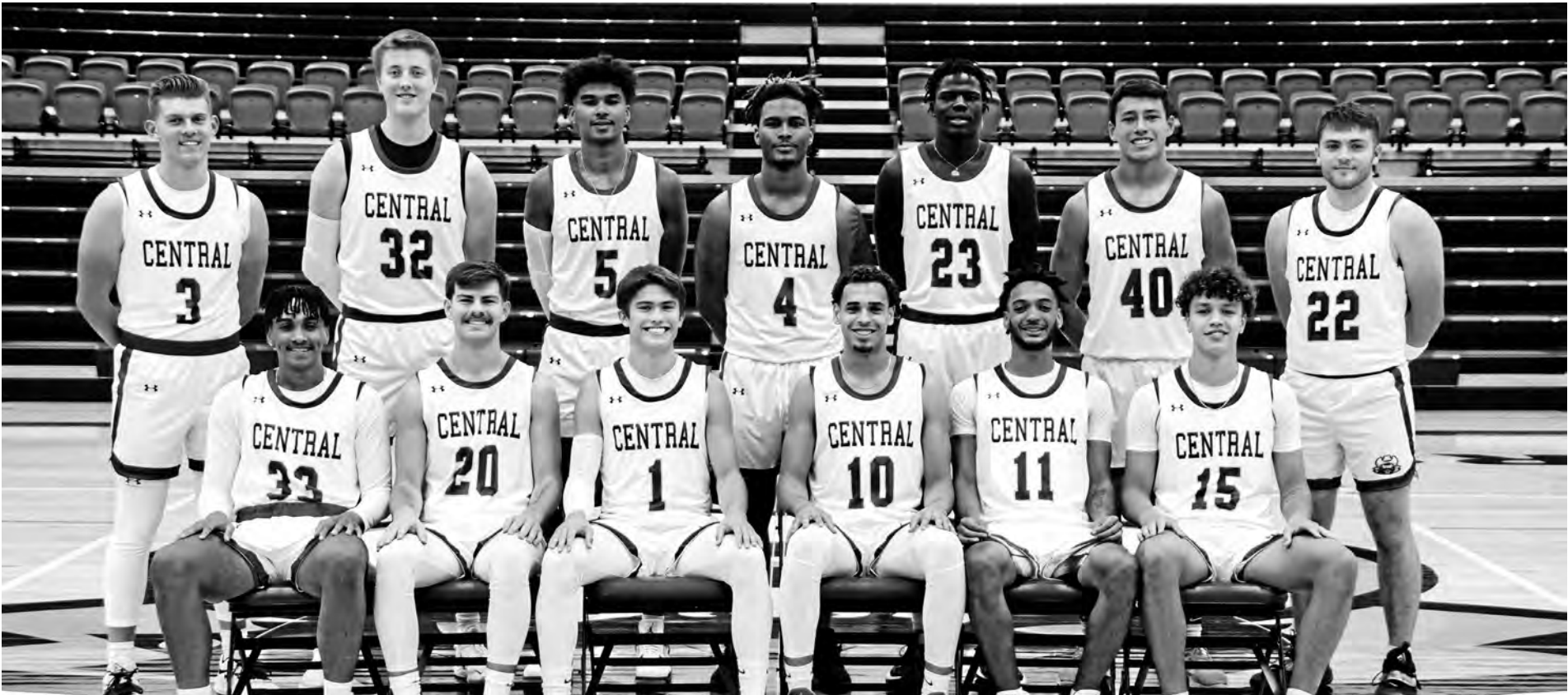
Team Mascot: Huskies
Team Colors: Black/Gold
Head Coach: Tanner Kuhn
Assistant Coaches: Chris Watts
Last Season’s Postseason Result: Grady Belt third place in D145, Justin Knoll fourth

place in D152 and Collin Vrbka consolation first round in D195.
Coach’s Expectations for This Season: SRC will have 13 wrestlers out this year, which is the biggest in the school’s short history of wrestling. I expect to fill 13 out of the 14 weight classes, which will be huge for our team goal of making the Class D state

duals in February. SRC is very young with graduating only one senior from last year’s squad and gaining six freshmen.
Team Weaknesses: Youth and a very tough schedule. This young SRC wrestling team will be tested early and most of the season wrestling one to three classes above for most of the year.

Returning Letterwinners: Justin Knoll, Collin Vrbka, Kole Eickmeier, Landon Sliva, Ethan Fjell and Bailey Turpitt.
Top Newcomers: Owen Krafka, Coy Vrbka, Eli Fjell and Logan Lindsley.
District: D-3

CENTRAL MEN’S BASKETBALL



COURTESY PHOTO

Pictured left to right. **Front row:** Xavier Kadous, Jed Walford, Derek Merwick, Preston Thomas, Jayden Byabato and Aidan Graham. **Back row:** Josh Baker, Blake Daberkow, Trey Deveaux, PJ Davis, Gil Jengmer, Ashton LaPointe and Hunter Pickworth.

Team Mascot: Raiders	Last Season’s Postseason Result: Lost to Dakota County Technical College in NJCAA Division II Men’s Basketball North District Playoff.	playoffs and it is typically a very close game.	really good about our eight-man rotation, but we are still searching for some depth beyond our three main guys off the bench.
Team Colors: Black/Green	Key Matchups This Season: Our key matchup is Southeast CC. They are who we have to get through to move on in the	Team Strengths: Versatility and skill. We have multiple guys who are capable of leading us in scoring on any given night and the team is willing to share the ball and find the open man.	Returns: Derek Merwick, Trey Deveaux, Jayden Byabato and Hunter Pickworth.
Head Coach: John Ritzdorf		Team Weaknesses: Overall depth. I feel	Region: IX
Assistant Coaches: Keith Evans			
Last Year’s Record: 17-10			

CENTRAL WOMEN’S BASKETBALL



COURTESY PHOTO

Pictured left to right. **Front row:** Allie Neujahr, Desiray Diaz, Alyssa Reardon, Lillian Watson and Makenna Pelster. **Back row:** Nikie Nelson, Sasha Perrin, Madisen Jelinek, Morgan Juraneck, Nyamiri Blair and Amy Mitchell.

Team Mascot: Raiders	final.	Team Strengths: Rebounding, effort, communication and can play multiple ways.	Top Newcomers: Nikie Nelson, Allie Neujahr, Makenna Pelster, Des Diaz and Alyssa Reardon.
Team Colors: Black/Green	Coach’s Expectations for This Season: Win our region, go undefeated at home, continue to get better each game and have a winning record.	Team Weaknesses: Turnovers and experience.	Region: IX
Head Coach: Kasi Stoltz	Key Matchups This Season: Southeast CC, North Platte CC and Northeast CC.	Returns: Amy Mitchell, Madi Jelinek and Nya Blair.	Region Favorite: North Platte CC
Last Year’s Record: 11-12			National Favorite: Kirkwood
Last Season’s Postseason Result: Lost to North Platte Community College in region			



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2022-23 CENTRAL WINTER SPORTS SCHEDULE

Central Men's Basketball
Nov. 1 at Doane University JV W, 96-47
Nov. 3 at Peru State JV W, 80-55
Nov. 8 at Northeast Community College L, 81-75
Nov. 10 vs. York JV W, 97-39
Nov. 12 vs. Hesston Community College W, 86-75
Nov. 15 vs. Iowa Western Community College W, 70-69
Nov. 18 vs. Kirkwood Community College (Fort Dodge, IA) L, 82-70
Nov. 19 at Iowa Central Community College W, 72-70
Nov. 22 at McCook Community College L, 64-59
Nov. 26 vs. North Iowa Area Community College (Estherville, IA) W, 78-66
Nov. 27 at Iowa Lakes Community College W, 71-70

Dec. 2 vs. Highland Community College-Kansas (Beatrice) W, 69-45
Dec. 3 vs. Allen County Community College (Beatrice) L, 54-52
Dec. 6 at North Platte Community College 6 p.m.
Dec. 8 vs. Hastings College JV 6 p.m.
Jan. 11 vs. Concordia University JV 7:30 p.m.
Jan. 14 at Des Moines Area Community College 2 p.m.
Jan. 16 at Hastings College JV 7 p.m.
Jan. 17 at York College JV 6 p.m.
Jan. 21 at Southeast Community College 4 p.m.
Jan. 24 vs. Doane University JV 6 p.m.
Jan. 28 at Iowa Western Community College 3 p.m.
Feb. 2 vs. Buena Vista JV 6 p.m.
Feb. 4 vs. Northeast Community College 2 p.m.

Feb. 8 vs. Des Moines Area Community College 6 p.m.
Feb. 11 vs. Iowa Central Community College 2 p.m.
Feb. 17 vs. North Platte Community College 7:30 p.m.
Feb. 20 vs. McCook Community College 7:30 p.m.
Feb. 25 vs. Southeast Community College 4 p.m.
March 4 Region IX final vs. Southeast Community College 1 p.m.
Central Women's Basketball
Nov. 1 at Hastings College JV L, 84-60
Nov. 3 vs. McPherson JV W, 58-41
Nov. 4 vs. Des Moines Area Community College W, 68-65
Nov. 8 at Northeast Community college L, 83-51
Nov. 10 vs. York JV W, 74-61

Nov. 12 vs. Hesston Community College W, 65-59
Nov. 15 vs. Hastings College JV L, 70-60
Nov. 22 at North Iowa Area Community College (Estherville, IA) W, 63-60
Nov. 26 vs. North Iowa Area Community College (Estherville, IA) W, 63-60
Nov. 27 at Iowa Lakes Community College L, 64-61
Nov. 30 vs. Northeast Community College W, 71-63
Dec. 2 vs. Highland Community College-Kansas (Beatrice) L, 90-40
Dec. 3 vs. Fort Scott Community College (Beatrice) L, 77-62
Dec. 9 vs. Trinidad State College (North Platte) 5:30 p.m.
Dec. 10 vs. Otero College (North Platte) 1 p.m.
Jan. 10 vs. Concordia University JV 6 p.m.

Jan. 16 Midland University JV 6 p.m.
Jan. 21 at Southeast Community College 2 p.m.
Jan. 24 at Midland University JV 7 p.m.
Jan. 27 at Peru State JV 5:30 p.m.
Jan. 31 at York JV 6 p.m.
Feb. 3 at North Platte Community College 5 p.m.
Feb. 9 vs. Doane University JV 6 p.m.
Feb. 13 vs. Mount Mary JV 6 p.m.
Feb. 17 vs. North Platte Community College 5:30 p.m.
Feb. 20 vs. McCook Community College 5:30 p.m.
Feb. 25 vs. Southeast Community College 2 p.m.
March 1-4 Region IX Tournament
March 11 District Playoff

2022-23 WINTER SPORTS SCHEDULE

Aquinas Catholic Boys Basketball
Dec. 2 vs. Raymond Central 7:30 p.m.
Dec. 3 at Logan View/Scribner-Snyder 4 p.m.
Dec. 6 at Howells-Dodge 7 p.m.
Dec. 10 at Fremont Bergan 6 p.m.
Dec. 13 at Wahoo Neumann 7:30 p.m.
Dec. 22 vs. West Point GACC 7:30 p.m.
Dec. 29-30 at David City Holiday Tournament Noon
Jan. 3 vs. Clarkson/Leigh 7:30 p.m.
Jan. 5 at Pierce 7 p.m.
Jan. 10 vs. Twin River 7:30 p.m.
Jan. 13 vs. GICC 7:30 p.m.
Jan. 14 at Lakeview 7 p.m.
Jan. 17 vs. Lincoln Lutheran 7:30 p.m.
Jan. 20 vs. Hastings St. Cecilia 7:30 p.m.
Jan. 21 at Kearney Catholic 1:30 p.m.
Jan. 23 Centennial Conference Tournament TBD
Jan. 31 at Malcolm 7:30 p.m.
Feb. 4 vs. Lincoln Christian 3 p.m.
Feb. 7 at Humphrey St. Francis 7:30 p.m.
Feb. 17 vs. Scotus Central Catholic 6:30 p.m.
Feb. 20-23 Subdistricts TBD
Feb. 25 District Final TBD
March 8-11 State (Lincoln) TBD

Aquinas Catholic Girls Basketball
Dec. 2 vs. Raymond Central 6 p.m.
Dec. 3 at Logan View/Scribner-Snyder 2:30 p.m.
Dec. 6 at Howells-Dodge 6 p.m.
Dec. 10 at Fremont Bergan 4:30 p.m.
Dec. 13 at Wahoo Neumann 6 p.m.
Dec. 22 vs. West Point GACC 6 p.m.
Dec. 29-30 at David City Holiday Tournament Noon
Jan. 3 vs. Clarkson/Leigh 6 p.m.
Jan. 5 at Pierce 5:30 p.m.
Jan. 10 vs. Twin River 6 p.m.
Jan. 13 vs. GICC 6 p.m.
Jan. 14 at Lakeview 5:15 p.m.
Jan. 17 vs. Lincoln Lutheran 6 p.m.
Jan. 20 vs. Hastings St. Cecilia 6 p.m.
Jan. 21 at Kearney Catholic 3 p.m.
Jan. 23 Centennial Conference Tournament TBD
Jan. 31 at Malcolm 6 p.m.
Feb. 2 at Scotus Central Catholic 7:30 p.m.
Feb. 4 vs. Lincoln Christian 1:30 p.m.
Feb. 7 at Humphrey St. Francis 6 p.m.
Feb. 13-16 Subdistricts TBD
Feb. 24 Districts TBD
March 1-4 State (Lincoln) TBD

Aquinas Catholic Wrestling
Dec. 1 at Boone Central 6:30 p.m.
Dec. 3 at Bennington Invite 10 a.m.
Dec. 9 at Wood River Invite 10 a.m.
Dec. 10 at North Bend Invite 10 a.m.
Dec. 15 at Scotus Central Catholic Triangular 6 p.m.
Dec. 17 at Wahoo Invite 9 a.m.
Dec. 30 at wood River Invite 10 a.m.
Jan. 7 Home Invite 10 a.m.
Jan. 12 Home Triangular 6:30 p.m.
Jan. 14 at Schuyler Invite 9:30 a.m.
Jan. 19 at Fillmore Central 7 p.m.
Jan. 21 at Centennial Conference Meet (GICC) 10 a.m.
Jan. 28 at Boone Central Invite 10 a.m.
Feb. 4 State Duals (Kearney) 9 a.m.
Feb. 11 Districts (Pender) TBD
Feb. 16-18 State (Omaha) 9 a.m.

Clarkson/Leigh Boys Basketball
Dec. 2 at HLHF 8 p.m.
Dec. 3 vs. Madison 3:30 p.m.
Dec. 6 at Oakland-Craig 7:30 p.m.
Dec. 9 vs. Bancroft-Rosalie 7:30 p.m.
Dec. 15 at West Point-Beemer 7:30 p.m.
Dec. 17 vs. Howells-Dodge 5 p.m.
Dec. 20 at Lakeview 8 p.m.
Dec. 28-29 at Shelby-Rising City Holiday Tournament 12:30 p.m.
Jan. 3 at Aquinas Catholic 7:30 p.m.
Jan. 5 vs. North Bend 7:30 p.m.
Jan. 7 at Tekamah-Herman 4 p.m.
Jan. 13 vs. Humphrey St. Francis 7:30 p.m.
Jan. 14 at Pender 4 p.m.
Jan. 17 vs. Norfolk Lutheran 7:30 p.m.
Jan. 19 at Twin River 7:30 p.m.
Jan. 24 vs. Wisner-Pilger 7:30 p.m.
Jan. 30-Feb. 4 EHC Tournament TBD
Feb. 7 at Pierce 7:30 p.m.
Feb. 9 at Stanton 7 p.m.
Feb. 17 vs. David City 7:30 p.m.

Clarkson/Leigh Girls Basketball
Dec. 2 at HLHF 6 p.m.
Dec. 3 vs. Madison 2:15 p.m.
Dec. 6 at Oakland-Craig 4:30 p.m.
Dec. 9 vs. Bancroft-Rosalie 6 p.m.
Dec. 13 vs. David City 7:30 p.m.
Dec. 15 at West Point-Beemer 6 p.m.
Dec. 17 vs. Howells-Dodge 3 p.m.
Dec. 20 at Lakeview 6:15 p.m.
Dec. 28-29 at Shelby-Rising City Holiday Tournament 11 a.m.
Jan. 3 at Aquinas Catholic 6 p.m.
Jan. 5 vs. North Bend 6 p.m.
Jan. 7 at Tekamah-Herman 2:30 p.m.
Jan. 13 vs. Humphrey St. Francis 6 p.m.
Jan. 14 at Pender 2:30 p.m.
Jan. 17 vs. Norfolk Lutheran 6 p.m.
Jan. 19 at Twin River 6 p.m.
Jan. 24 vs. Wisner-Pilger 6 p.m.
Jan. 30-Feb. 4 EHC Tournament TBD
Feb. 7 at Pierce 6 p.m.
Feb. 9 at Stanton 6 p.m.

Clarkson/Leigh Wrestling
Dec. 1 Home Quad 5 p.m.
Dec. 3 at Howells-Dodge Invite 9:30 a.m.
Dec. 10 at Osceola Invite 8:30 a.m.
Dec. 13 at Fremont Bergan Quad 6 p.m.
Dec. 17 at Wisner-Pilger Invite 9 a.m.
Dec. 29 at Boone Central Invite 10 a.m.
Jan. 6 at Burwell Invite 11:30 a.m.
Jan. 7 at Amherst Invite 10 a.m.
Jan. 14 at Cross County Invite 9 a.m.
Jan. 17 at Hartington Cedar Catholic Double Dual 5:30 p.m.
Jan. 21 at Neligh-Oakdale Invite 10 a.m.
Jan. 28 at EHC Meet (Howells) 9 a.m.
Feb. 3 Home Tournament TBD
Feb. 10-11 Districts (Thayer Central) TBD

Columbus High Boys Basketball
Dec. 1 vs. Bellevue West
Dec. 3 at Bellevue West Tournament
Dec. 9 at Lincoln East 7:30 p.m.
Dec. 10 vs. Omaha Buena Vista 5 p.m.
Dec. 16 at Lincoln Northeast 7:30 p.m.
Dec. 22 vs. North Platte 7 p.m.
Dec. 28-31 HAC Tournament TBD
Jan. 6 vs. Fremont 7 p.m.
Jan. 7 vs. Lincoln Pius X 5 p.m.
Jan. 13 at Norfolk 7:15 p.m.
Jan. 14 at Omaha Creighton Prep TBD
Jan. 19 at Hastings 5:30 p.m.
Jan. 20 vs. Lincoln North Star 7 p.m.
Jan. 26 at Lincoln High 7:30 p.m.
Jan. 28 at Bellevue East TBD
Feb. 3 vs. Grand Island 7 p.m.
Feb. 4 vs. Lincoln Southwest
Feb. 10 vs. Millard South 7 p.m.
Feb. 11 at Kearney 5:15 p.m.
Feb. 14 at Lincoln Southeast 7:30 p.m.
Feb. 17 vs. Papillion-La Vista 7 p.m.
Feb. 24 Districts TBD
March 8-11 State (Lincoln) TBD

Columbus High Girls Basketball
Dec. 1 vs. Bellevue West 5:30 p.m.
Dec. 3 at Papillion-La Vista South TBD
Dec. 9 at Lincoln East 5:45 p.m.
Dec. 10 vs. Omaha Buena Vista 3:30 p.m.
Dec. 16 at Lincoln Northeast 5:45 p.m.
Dec. 22 vs. North Platte 5:30 p.m.
Dec. 28-31 HAC Tournament TBD
Jan. 6 vs. Fremont 5:30 p.m.
Jan. 7 vs. Lincoln Pius X 3:30 p.m.
Jan. 13 at Norfolk 5:30 p.m.
Jan. 14 at Omaha Marian TBD
Jan. 19 at Hastings 7:15 p.m.
Jan. 20 vs. Lincoln North Star 5:30 p.m.
Jan. 26 at Lincoln High 5:45 p.m.
Jan. 28 at Bellevue East TBD
Feb. 3 vs. Grand Island 5:30 p.m.
Feb. 4 vs. Lincoln Southwest 3:30 p.m.
Feb. 10 vs. Millard South 5:30 p.m.
Feb. 11 at Kearney 3:30 p.m.
Feb. 14 at Lincoln Southeast 5:45 p.m.

Feb. 16 vs. Papillion-La Vista 7 p.m.
Feb. 20 Districts TBD
March 1-4 State (Lincoln) TBD
Columbus High Bowling
Dec. 6 Home Double Dual 10 a.m.
Dec. 12 vs. Fremont 10 a.m.
Dec. 15 Home Double Dual 10 a.m.
Dec. 19 at Millard South 2 p.m.
Dec. 28 at Lincoln Pius X Invite 9:30 a.m.
Jan. 7 at Seward Double Dual Noon
Jan. 10 vs. Norfolk 10 a.m.
Jan. 14 at Grand Island Invite 1:30 p.m.
Jan. 17 vs. Waverly 10 a.m.
Jan. 20 at Lakeview Noon
Jan. 23 at Boone Central 2 p.m.
Jan. 25 at HAC Bowling Championships (Lincoln) 10 a.m.
Feb. 1 Districts TBD
Feb. 6-7 State (Lincoln) 11 a.m.

Columbus High Swimming
Dec. 1 at Fremont 4:30 p.m.
Dec. 3 at Hastings Invite 9 a.m.
Dec. 8 at Lincoln Northeast Triangular 4:30 p.m.
Dec. 10 Home Invite 11:30 a.m.
Dec. 17 at Elkhorn Invite 8:30 a.m.
Jan. 5 at Lincoln High 4:30 p.m.
Jan. 7 vs. South Sioux City 10:30 a.m.
Jan. 10 at Norfolk 4:30 p.m.
Jan. 14 at Millard North Invite 10 a.m.
Jan. 17 vs. Hastings 4 p.m.
Jan. 19 at Omaha Burke Double Dual 4:30 p.m.
Jan. 24 at Kearney Double Dual 4 p.m.
Feb. 2 vs. Grand Island 4:30 p.m.
Feb. 10-11 HAC Swimming Championships (Fremont) 11 a.m.
Feb. 23-24 State (Lincoln) 9:30 a.m.

Columbus High Boys Wrestling
Dec. 3 at Bennington Invite 10 a.m.
Dec. 8 vs. Hastings 7 p.m.
Dec. 9 at Bellevue West Invite 3:30 p.m.
Dec. 16-17 Flatwater Fracas Tournament (Grand Island) 9:30 a.m.
Dec. 20 at Omaha Skutt 5:30 p.m.
Dec. 30 at Grand Island 7 p.m.
Jan. 6-7 Norm Manstedt Invite (CCC-Columbus) 9:30 a.m.
Jan. 10 at Norfolk 7 p.m.
Jan. 14 at HAC Wrestling Championships (Lincoln Southwest) 9:30 a.m.
Jan. 17 at Omaha North 7 p.m.
Jan. 19 vs. Kearney 7 p.m.
Jan. 20 at UNK Duals Tournament 9 a.m.
Jan. 26 at Omaha Creighton Prep Triangular 7 p.m.
Jan. 28 at Norfolk Invite 10 a.m.
Feb. 4 State Duals (Kearney) 9 a.m.
Feb. 11 Districts (Papillion-La Vista South) TBD
Feb. 16-18 State (Omaha) 9:30 a.m.

Columbus High Girls Wrestling
Dec. 3 at Bennington Invite 10 a.m.
Dec. 8 Home Dual 6 p.m.
Dec. 9 at Lincoln Northwest Invite 3 p.m.
Dec. 20 at Omaha Skutt TBD
Dec. 27 at Winnebago Invite 9 a.m.
Jan. 5 at Norm Manstedt Invite (CCC-Columbus) 9:30 a.m.
Jan. 10 at Norfolk 6 p.m.
Jan. 13 at Schuyler Invite 1:30 p.m.
Jan. 14 at HAC Championships (Lincoln Southwest) 9:30 a.m.
Jan. 16 at Battle Creek Invite 1:30 p.m.
Jan. 17 at Omaha North 5 p.m.
Jan. 19 vs. Kearney 6 p.m.
Jan. 28 at Norfolk Invite 10 a.m.
Feb. 11 Districts TBD
Feb. 16-18 State 3 p.m.

David City Boys Basketball
Dec. 1 at Centennial 7:30 p.m.
Dec. 3 vs. Sandy Creek 4 p.m.
Dec. 6 at Schuyler 7:30 p.m.
Dec. 10 at Elmwood-Murdock 5:30 p.m.
Dec. 17 vs. Lakeview 6:30 p.m.
Dec. 29-30 Home Holiday Tournament Noon
Jan. 3 at East Butler 7:30 p.m.
Jan. 6 vs. Twin River 7:30 p.m.
Jan. 7 at Milford 7:30 p.m.
Jan. 10 vs. Raymond Central 7:30 p.m.
Jan. 13 at Cross County 7:30 p.m.
Jan. 17 vs. Shelby-Rising City 7:30 p.m.
Jan. 24 at Mead 7 p.m.
Jan. 26 at Central City 7:30 p.m.
Jan. 28 vs. Thayer Central 5 p.m.
Jan. 30-Feb. 4 SNC Tournament TBD
Feb. 9 at Madison 7 p.m.
Feb. 10 vs. Wilber-Clatonia 7:30 p.m.
Feb. 17 at Clarkson/Leigh 7:30 p.m.

David City Girls Basketball
Dec. 1 at Centennial 6 p.m.
Dec. 3 vs. Sandy Creek 2:30 p.m.
Dec. 6 at Schuyler 6 p.m.
Dec. 10 at Elmwood-Murdock 4 p.m.
Dec. 13 at Clarkson/Leigh 7:30 p.m.
Dec. 17 vs. Lakeview 5 p.m.
Dec. 29-30 Home Holiday Tournament Noon
Jan. 3 at East Butler 6 p.m.
Jan. 6 vs. Twin River 6 p.m.
Jan. 7 at Milford 6 p.m.
Jan. 10 vs. Raymond Central 6 p.m.
Jan. 13 at Cross County 6 p.m.
Jan. 14 at Fillmore Central 4 p.m.
Jan. 17 vs. Shelby-Rising City 6 p.m.
Jan. 24 at Mead 5:30 p.m.
Jan. 26 at Central City 6 p.m.
Jan. 28 vs. Thayer Central 3:30 p.m.
Jan. 30-Feb. 4 SNC Tournament TBD
Feb. 9 at Madison 5:30 p.m.
Feb. 10 vs. Wilber-Clatonia 6 p.m.

David City Boys Wrestling
Dec. 3 at O'Neill Invite 9:30 a.m.
Dec. 8 at Raymond Central 6:30 p.m.
Dec. 10 at Stanton Invite 9:30 a.m.
Dec. 16-17 at Valentine Invite 1 p.m.
Dec. 22 at Twin River 4 p.m.
Jan. 6-7 Norm Manstedt Invite (CCC-Columbus) 9:30 a.m.
Jan. 12 at Aquinas Catholic Triangular 6:30 p.m.
Jan. 14 at Cross County Invite 9 a.m.
Jan. 17 at Wahoo 6 p.m.
Jan. 20 Home Invite 9:30 a.m.
Jan. 28 SNC Meet (Centennial) TBD
Feb. 3 at Fairbury Invite 1:30 p.m.

David City Girls Wrestling
Dec. 3 at O'Neill Invite 9:30 a.m.
Dec. 10 at Wood River Invite 10 a.m.
Dec. 16-17 Valentine Invite 1 p.m.
Jan. 5 at Norm Manstedt Invite (CCC-Columbus) 9:30 a.m.
Jan. 7 at Malcolm Invite 9 a.m.
Jan. 13 at Superior Invite 3 p.m.
Jan. 28 SNC Meet (Centennial) TBD

East Butler Boys Basketball
Dec. 1 vs. Cedar Bluffs 7:30 p.m.
Dec. 3 at BDS 4:30 p.m.
Dec. 6 vs. Exeter-Milligan 7:30 p.m.
Dec. 8 at Osceola 7:30 p.m.
Dec. 16 vs. Hampton 7:30 p.m.
Dec. 17 at Mead 3:30 p.m.
Dec. 29-30 Home Holiday Tournament 1 p.m.
Jan. 3 vs. David City 7:30 p.m.
Jan. 5 vs. Lincoln College View 7:30 p.m.
Jan. 6 vs. Palmer 7:30 p.m.
Jan. 10 at Nebraska Lutheran 7:30 p.m.
Jan. 12 vs. Dorchester 7:30 p.m.
Jan. 17 vs. Giltner 7:30 p.m.
Jan. 19 at Meridian 7:30 p.m.
Jan. 31 at McCool Junction 7:30 p.m.
Feb. 3 at High Plains 7:30 p.m.
Feb. 10 at Lyons-Decatur Northeast 7:45 p.m.
Feb. 17 at Shelby-Rising City 7 p.m.

East Butler Girls Basketball
Dec. 1 vs. Cedar Bluffs 6 p.m.
Dec. 3 at BDS 3 p.m.
Dec. 6 vs. Exeter-Milligan 6 p.m.
Dec. 8 at Osceola 6 p.m.
Dec. 16 vs. Hampton 6 p.m.
Dec. 17 at Mead 2 p.m.
Dec. 29-30 Home Holiday Tournament 1 p.m.
Jan. 3 vs. David City 6 p.m.
Jan. 5 vs. Lincoln College View 6 p.m.
Jan. 6 vs. Palmer 6 p.m.

Jan. 10 at Nebraska Lutheran 6 p.m.
Jan. 12 vs. Dorchester 6 p.m.
Jan. 17 vs. Giltner 6 p.m.
Jan. 19 at Meridian 6 p.m.
Jan. 31 at McCool Junction 6 p.m.
Feb. 3 at High Plains 6 p.m.
Feb. 7 at Cross County 6 p.m.
Feb. 9 vs. Shelby-Rising City 7 p.m.
Feb. 10 at Lyons-Decatur Northeast 6 p.m.

East Butler Wrestling
Dec. 2 at Lakeview Invite 2 p.m.
Dec. 10 at Osceola Invite 8:30 a.m.
Dec. 30 at Fillmore Central Invite 9 a.m.
Jan. 3 at High Plains Triangular 5 p.m.
Jan. 12 at Aquinas Catholic Triangular 6:30 p.m.
Jan. 13 at Weeping Water Invite 2 p.m.
Jan. 19 vs. Raymond Central 6:30 p.m.
Jan. 20 at David City Invite 9:30 a.m.
Jan. 28 at Plainview Invite 9:30 a.m.

HLHF Boys Basketball
Dec. 2 vs. Clarkson/Leigh 7:30 p.m.
Dec. 3 vs. Battle Creek 5 p.m.
Dec. 9 vs. Howells-Dodge 7:30 p.m.
Dec. 13 at Pender 7:30 p.m.
Dec. 15 at Norfolk Lutheran 7:45 p.m.
Dec. 17 at Lyons-Decatur Northeast 6:30 p.m.
Dec. 20 at Scotus Central Catholic 5:30 p.m.
Dec. 28-29 at North Bend Holiday Tournament 1 p.m.
Jan. 3 at Stanton 7:45 p.m.
Jan. 10 at Wisner-Pilger 7:45 p.m.
Jan. 12 vs. Neligh-Oakdale 7:30 p.m.
Jan. 13 at Summerland 7:45 p.m.
Jan. 19 at Madison 7:45 p.m.
Jan. 20 vs. Bancroft-Rosalie 7:30 p.m.
Jan. 26 vs. Elgin Public/Pope John 7:30 p.m.
Jan. 27-Feb. 4 EHC Tournament
Feb. 7 vs. Crofton 6:30 p.m.
Feb. 9 at Twin River 7:30 p.m.
Feb. 17 vs. Plainview 5:30 p.m.
Feb. 20-23 Subdistricts TBD
Feb. 25 Districts TBD
March 8-11 State (Lincoln) TBD

HLHF Girls Basketball
Dec. 2 vs. Clarkson/Leigh 6 p.m.
Dec. 3 vs. Battle Creek 3:30 p.m.
Dec. 6 at Plainview 5:30 p.m.
Dec. 9 vs. Howells-Dodge 6 p.m.
Dec. 13 at Pender 6 p.m.
Dec. 15 at Norfolk Lutheran 6:15 p.m.
Dec. 17 at Lyons-Decatur Northeast 5 p.m.
Dec. 20 at Scotus Central Catholic 4 p.m.
Dec. 28-29 at North Bend Holiday Tournament 1 p.m.
Jan. 3 at Stanton 6:15 p.m.
Jan. 10 at Wisner-Pilger 6:15 p.m.
Jan. 12 vs. Neligh-Oakdale 6 p.m.
Jan. 13 at Summerland 6:15 p.m.
Jan. 19 at Madison 6:15 p.m.
Jan. 20 vs. Bancroft-Rosalie 6 p.m.
Jan. 24 at Oakland-Craig 6 p.m.
Jan. 26 vs. Elgin Public/Pope John 6 p.m.
Jan. 27-Feb. 4 EHC Tournament TBD
Feb. 7 vs. Crofton 5 p.m.
Feb. 9 at Twin River 6 p.m.
Feb. 13-16 Subdistricts TBD
Feb. 24 Districts TBD
March 1-4 State (Lincoln) TBD

HLHF Bowling
Dec. 3 at Boone Central 10 a.m.
Dec. 6 at Columbus High 10 a.m.
Dec. 8 Home Invite 1 p.m.
Dec. 10 at Norfolk Invite 9 a.m.
Dec. 13 at North Bend 5:30 p.m.
Dec. 15 Home Dual 1 p.m.
Dec. 17 Home Dual 10 a.m.
Jan. 3 at Plainview 4:30 p.m.
Jan. 5 at Pender 5:30 p.m.
Jan. 12 at Columbus High 10 a.m.
Jan. 17 at Howells-Dodge 3 p.m.
Jan. 19 Home Dual 1:30 p.m.
Jan. 21 EHC Tournament (Humphrey) 10 a.m.
Jan. 30-Feb. 1 Districts TBD
Feb. 6-7 State (Lincoln) TBD

Humphrey Saint Francis Boys Basketball
Dec. 2 vs. Palmer 7:30 p.m.
Dec. 3 vs. Grand Island Heartland Lutheran TBD
Dec. 6 at Hartington-Newcastle 7:30 p.m.
Dec. 8 at Riverside 7:30 p.m.
Dec. 15 vs. Summerland 7:30 p.m.
Dec. 17 vs. Fullerton 7 p.m.
Dec. 20 at Nebraska Christian 7:30 p.m.
Dec. 29-30 at Wynot Holiday Tournament TBD
Jan. 6 at Howells-Dodge 7:30 p.m.
Jan. 7 vs. Burwell 5:30 p.m.
Jan. 13 at Clarkson/Leigh 7:30 p.m.
Jan. 14-21 Goldenrod Conference Tournament (Central Valley) TBD
Jan. 24 at St. Edward 7:30 p.m.
Jan. 27 vs. Norfolk Catholic 7:45 p.m.
Jan. 28 at Norfolk Lutheran 4 p.m.
Jan. 31 at Central Valley 7:30 p.m.
Feb. 2 at Elba 6:30 p.m.
Feb. 7 vs. Aquinas Catholic 7:30 p.m.
Feb. 11 vs. Nebraska Lutheran 4 p.m.
Feb. 17 vs. Twin River 7:30 p.m.

Humphrey Saint Francis Girls Basketball
Dec. 2 vs. Palmer 6 p.m.
Dec. 3 vs. Grand Island Heartland Lutheran TBD
Dec. 6 at Hartington-Newcastle 6 p.m.
Dec. 8 at Riverside 6 p.m.
Dec. 10 vs. Scotus Central Catholic 6 p.m.
Dec. 15 vs. Summerland 6 p.m.
Dec. 17 vs. Fullerton 5:30 p.m.
Dec. 20 at Nebraska Christian 6 p.m.
Dec. 29-30 Wynot Holiday Tournament TBD
Jan. 3 vs. Norfolk Catholic 7:45 p.m.
Jan. 6 at Howells-Dodge 6 p.m.
Jan. 7 vs. Burwell 4 p.m.
Jan. 12 at Pierce 7:45 p.m.
Jan. 13 at Clarkson/Leigh 6 p.m.
Jan. 14-21 Goldenrod Conference Tournament (Central Valley) TBD
Jan. 24 at St. Edward 6 p.m.
Jan. 28 at Norfolk Lutheran 2:30 p.m.
Jan. 31 at Central Valley 6 p.m.
Feb. 7 vs. Aquinas Catholic 6 p.m.
Feb. 10 at Elkhorn Valley 5 p.m.

Lakeview Boys Basketball
Dec. 1 vs. Crete 7:30 p.m.
Dec. 3 at Boone Central 3:45 p.m.
Dec. 9 vs. Aurora 7:30 p.m.
Dec. 10 vs. Wayne 7 p.m.
Dec. 13 at Logan View/Scribner-Snyder 7:30 p.m.
Dec. 17 at David City 6 p.m.
Dec. 20 vs. Clarkson/Leigh 7:30 p.m.
Dec. 29-30 Columbus Holiday Tournament 1 p.m.
Jan. 5 vs. Douglas County West 7:30 p.m.
Jan. 6 at Grand Island Northwest 7:45 p.m.
Jan. 10 at Pierce 8 p.m.
Jan. 13 vs. Centennial 7:30 p.m.
Jan. 14 vs. Aquinas Catholic 7 p.m.
Jan. 17 vs. Milford 7:30 p.m.
Jan. 20 at Schuyler 7:30 p.m.
Jan. 23-28 Central Conference Tournament TBD
Jan. 31 at Seward 7:30 p.m.
Feb. 4 vs. York 7 p.m.
Feb. 11 at Scotus Central Catholic 3 p.m.
Feb. 17 at Central City 7:45 p.m.
Feb. 20-23 Subdistricts TBD
Feb. 25-28 Districts TBD
March 8-11 State (Lincoln) TBD

Lakeview Girls Basketball
Dec. 1 vs. Crete 6 p.m.
Dec. 3 at Boone Central 2 p.m.
Dec. 9 vs. Aurora 6 p.m.
Dec. 10 vs. Wayne 5:15 p.m.
Dec. 13 at Logan View/Scribner-Snyder 6 p.m.
Dec. 17 at David City 4:30 p.m.
Dec. 20 vs. Clarkson/Leigh 6 p.m.
Dec. 29-30 Columbus Holiday Tournament 1 p.m.
Jan. 5 vs. Douglas County West 6 p.m.
Jan. 6 at Grand Island Northwest 6 p.m.
Jan. 10 at Pierce 6:15 p.m.
Jan. 13 vs. Centennial 6 p.m.
Jan. 14 vs. Aquinas Catholic 5:15 p.m.
Jan. 17 vs. Milford 6 p.m.
Jan. 20 at Schuyler 6 p.m.

Jan. 23-28 Central Conference Tournament TBD
Jan. 31 at Seward 6 p.m.
Feb. 4 vs. York 5:15 p.m.
Feb. 7 at Scotus Central Catholic 6:15 p.m.
Feb. 9 at Central City 7:45 p.m.
Feb. 13-16 Subdistricts TBD
Feb. 24 Districts TBD
March 1-4 State (Lincoln) TBD

Lakeview Bowling
Dec. 1 at Waverly 2 p.m.
Dec. 8 at Boone Central 10 a.m.
Dec. 13 vs. Grand Island Northwest 10 a.m.
Dec. 15 at Bancroft-Rosalie 3 p.m.
Dec. 17 at Howells-Dodge Invite 9 a.m.
Dec. 20 at Fremont 2:30 p.m.
Dec. 27 at Wayne Invite 10 a.m.
Jan. 3 vs. North Bend 10 a.m.
Jan. 5 vs. Howells-Dodge 10 a.m.
Jan. 9 vs. Seward 10 a.m.
Jan. 12 vs. HLHF 10 a.m.
Jan. 16 vs. Bancroft-Rosalie 10 a.m.
Jan. 20 vs. Columbus High Noon
Jan. 27 at Plainview 10 a.m.
Feb. 1 Districts TBD
Feb. 6-7 State (Lincoln) TBD

Lakeview Boys Wrestling
Dec. 2 Home Invite 2 p.m.
Dec. 8 at Twin River 6:30 p.m.
Dec. 10 at Holdrege Invite 9:30 a.m.
Dec. 13 vs. Blair 6 p.m.
Dec. 15 vs. Schuyler 6:30 p.m.
Dec. 17 at Logan View Invite 9 a.m.
Dec. 29 at Aurora 1 p.m.
Jan. 6-7 at Tri County Duals Tournament 2 p.m.
Jan. 12 vs. Plattview 6:30 p.m.
Jan. 14 at Schuyler Invite 9:30 a.m.
Jan. 17 at Grand Island Northwest 6:30 p.m.
Jan. 20 at Madison Invite 6 p.m.
Jan. 26 Home Triangular 6 p.m.
Jan. 28 at Central Conference Meet (Seward) 9:30 a.m.
Feb. 4 State Duals (Kearney) 10:30 a.m.
Feb. 10-11 Districts (Ogallala) TBD
Feb. 16-18 State (Omaha) 3 p.m.

Lakeview Girls Wrestling
Dec. 2 Home Invite 2 p.m.
Dec. 8 at Wahoo Triangular 6 p.m.
Dec. 10 at West Point-Beemer Invite 9 a.m.
Dec. 13 vs. Blair 6 p.m.
Dec. 15 at Fairbury Invite 4 p.m.
Dec. 29 at Aurora 1 p.m.
Jan. 5 Norm Manstedt Invite (CCC-Columbus) 9:30 a.m.
Jan. 12 vs. Plattview 6:30 p.m.
Jan. 13 at Schuyler Invite 1:30 p.m.
Jan. 16 at Battle Creek Invite 1:30 p.m.
Jan. 17 at Grand Island Northwest 6:30 p.m.
Jan. 20 at Neligh-Oakdale Invite 4:30 p.m.
Jan. 28 at Central Conference Meet (Seward) 9:30 a.m.
Feb. 3-4 Districts TBD
Feb. 16-18 State (Omaha) 3 p.m.

Schuyler Boys Basketball
Dec. 1 vs. Madison 7:30 p.m.
Dec. 2 at Douglas County West 7:30 p.m.
Dec. 6 vs. David City 7:30 p.m.
Dec. 10 at Plattsmouth 5:30 p.m.
Dec. 13 vs. Blair 7:30 p.m.
Dec. 17 at Lexington 4:30 p.m.
Dec. 29-30 at Columbus Holiday Tournament (Lakeview) 2:45 p.m.
Jan. 3 vs. York 7:30 p.m.
Jan. 6 at Aurora 7:30 p.m.
Jan. 10 at Seward 6 p.m.
Jan. 12 at West Point-Beemer 7:30 p.m.
Jan. 17 vs. Central City 7:30 p.m.
Jan. 20 vs. Lakeview 7:30 p.m.
Jan. 23-28 Central Conference Tournament TBD
Jan. 31 at Crete 7:30 p.m.
Feb. 3 vs. Grand Island Northwest 7:30 p.m.
Feb. 9 vs. Ralston 7:30 p.m.
Feb. 10 at Fairbury 7:30 p.m.
Feb. 14 vs. Omaha Buena Vista 7:30 p.m.
Feb. 17 vs. Raymond Central 6:30 p.m.
Feb. 22-24 Subdistricts TBD
Feb. 27-28 Districts TBD
March 8-11 State (Lincoln) TBD

Schuyler Girls Basketball
Dec. 1 vs. Madison 6 p.m.
Dec. 2 at Douglas County West 6 p.m.
Dec. 6 vs. David City 6 p.m.
Dec. 10 at Plattsmouth 4 p.m.
Dec. 13 vs. Blair 6 p.m.
Dec. 17 at Lexington 2:45 p.m.
Dec. 29-30 at Columbus Holiday Tournament (Lakeview) 1 p.m.
Jan. 3 vs. York 6 p.m.
Jan. 5 at Boys Town 6:30 p.m.
Jan. 6 at Aurora 6 p.m.
Jan. 10 at Seward 7:30 p.m.
Jan. 12 at West Point-Beemer 6 p.m.
Jan. 17 vs