



Kickapoo Valley Reserve

Ralph Nuzum Lecture Series

**Wednesday, February 27 -
*Our Brain on Stress:
Breaking the Cycle***

John Shutske, professor & Cooperative Extension Specialist at UW-Madison in Biological Systems Engineering, will discuss some of the latest brain & health science that shows impacts of stress on farmers, workers, groups in business & family members. Refreshments & socializing start at 6:30pm; Talk begins at 7pm.

Program is free and open to the public!
Brought to you by the Kickapoo Valley Reforestation (Nuzum) Fund, the University of Wisconsin-Madison College of Agricultural & Life Sciences & Friends of the KVR.