www.springbrookassistedliving.com

pringBrook COMMUNITY OF ONALASKA

Winter 2018 Open House Saturday, January 20th • 10 am – 2 pm



861 Critter Court Onalaska

Directions: Hwy 16 to Kinney Coulee Rd, turn right on Critter Court

SpringBrook offers many options.

SpringBrook offers Independent and Assisted Living, as well as Memory and Advanced Age care. Residents enjoy private apartments along with a variety of amenities, from housekeeping to personal cares. Our staff are available 24 hours and are trained to insure the highest level of compassion and professionalism. We offer an active environment by offering many social options daily, and our dietary staff provides three chef inspired meals daily.

Residents enjoy a thriving community.

We pride ourselves on our welcoming atmosphere and friendly accessible staff. Our community also offers the following:

- Warm-water therapy pool (Onalaska)
- Movie Theater
 Beauty Salon
 General Store
- SpringBrook also welcomes pets! Our ultimate goal is to offer a community in which our residents, and those who serve them, enjoy living, working and thriving.

Offering Spacious Studio, One and Two Bedroom Apartments IMMEDIATE AVAILABILITY

Contact Tina at 608-793-5124 for information regarding

current availability and eligibility guidelines

10 tips for Families

- 1. Begin the conversation early, long before the need for a transition is immediate.
- 2. Know what signs to look for in your loved one(s) that may indicate there is a need. These include, but are not limited to: Memory loss, lack of interest in the usual daily activities such as social events, or cooking, poor hygiene, sudden weight loss and falls.
- 3. Find out if there is a Health Care Power of Attorney in place and/or activated.
- 4. If you are looking on behalf of a loved one, it's sometimes best to start your search independently. Once you have narrowed your search to 2-3 communities get your loved one(s) involved in the decision making process.
 - 5. First impressions are everything. When you walk into a community, is it welcoming? Make note of the lighting, sounds and smells. Are there people around engaging in conversation and/or activities?
 - 6. Does the community contract with public funding?
 - 7. Inquire about the staff to resident ratio.
- 8. How are the meals prepared and provided? Ask to see a menu.
- 9. What cares are staff trained to perform? (i.e. personal, medications, transfers) This varies from community to community.
- 10. Ask about Life Enrichment opportunities. Ask to see an activities schedule.





A Community You Can Call **HOME**