

HOROSCOPE by EUGENIA LAST

Thursday January 29th, 2026

CELEBRITIES BORN ON THIS DAY: Sara Gilbert, 51; Heather Graham, 56; Oprah Winfrey, 72; Tom Selleck, 81.

Happy Birthday: This is your year to participate, to engage in social events, and to build a circle of friends who share your interests and desires. It's time to make positive changes to your home, lifestyle and long-term plans. Let your adventuresome side rise and show you the way forward. Mix practicality with peace of mind, personal happiness and satisfaction, and it will turn into a winning combination. Your numbers are 4, 15, 23, 27, 34, 46, 48.

ARIES (March 21-April 19): Be honest with yourself. Assess situations from every angle, and consider your part in whatever transpires. It's best to keep things simple and to focus more on what you can contribute and how you can project the best version of yourself. Do your part; a friendly demeanor, gesture or kind word will help keep the peace. ★★★★

TAURUS (April 20-May 20): Keep your thoughts and plans to yourself. Offering too much information will leave you vulnerable. Consider shifting your priorities and using your skills more aggressively. How you help others will determine who tries to take advantage of you and who pitches in and helps. Strive for equality at work and at home. Avoid making abrupt decisions. ★★★

GEMINI (May 21-June 20): Revisit your plans before you initiate a change. The legwork you do beforehand will determine how well things turn out. Use your strengths and talk your way forward. Your charm and articulation will drum up interest and support that encourages positive results. Upgrade your skills and use your connections to further your interests. Romance is favored. ★★★

CANCER (June 21-July 22): Expansive ideas will spark opportunities if you share with someone in an authoritative position. Discipline and determination, along with insight and integrity, will help you gain respect and a chance to promote yourself and your plans. Invest in your physical well-being, and sharpen your skills to maintain your edge. Be gracious and offer positive input. ★★★

LEO (July 23-Aug. 22): Don't let ego step in and take over. If you think you know everything, you'll get a taste of what it's like to find out you don't. Best to keep an open mind, ask questions and listen carefully. Sometimes, avoiding situations by using your Leo charm is best. Focus on relationships, kindness and gestures of generosity, and you'll avoid confrontations. ★★★★

VIRGO (Aug. 23-Sept. 22): Stop worrying about what others think or do, and pay more attention to how you

can achieve personal gratification through your actions and words. Refuse to accept someone's childish attitude or emotional manipulation, and do your own thing. Take control and head down the path that helps you find a niche, and enjoy your life. ★★

LIBRA (Sept. 23-Oct. 22): Distance yourself from moody individuals who tend to exaggerate and manipulate situations. Attend events that are conducive to hooking up with people who inspire you and spark your imagination. Tapping into your creative resources will help you further your interests personally, professionally or financially. You are overdue for a positive shift.

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SCORPIO (Oct. 23-Nov. 21): Go over every detail with care, and you'll save yourself money, time and effort in establishing new goals. Don't count on others to honor promises or to work for little return. Set a budget and prepare to do as much of the work as you can yourself. Discipline and changing how you use your skills and connections are favored. ★★★

SAGITTARIUS (Nov. 22-Dec. 21): Take advantage of an opportunity to share your thoughts and intentions and to exploit some of your finer qualities, and you'll have a positive impact on the people who count and can do the most for you. Expect someone who relies on you for too much to stand in your way. Remove barriers swiftly, and carry on. ★★★

CAPRICORN (Dec. 22-Jan. 19): Look for opportunities and lock what you want in place. Change begins with you and with your active participation in how your life unfolds. Think, assess and act, and you'll find out who you can count on and who is deadweight. Communicate, eliminate and move forward with a fine-tuned agenda you can handle with ease. ★★★

AQUARIUS (Jan. 20-Feb. 18): Let your emotions take over; follow your heart. Embrace life and love, and strive to make happiness your objective. Take responsibility, and you will be grateful for what transpires and transcends. Take a step in a creative or unusual direction that intrigues you and stimulates your mind. Someone you encounter will capture your attention. ★★★★★

PISCES (Feb. 19-March 20): Be reasonable; if you let your emotions or ego stifle common sense or reason, you will end up in a negative situation. Take time to focus on personal growth and happiness. Relaxing and rethinking what's next will give you something to look forward to. Letting go can shed light on a situation that lacks clarity.

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