



# SANBORN REGIONAL HIGH SCHOOL

*Class of 2020*



## Cheers to a resilient, empathetic class with a bright future

### To the Class of 2020,

Social distancing. Remote learning. Virtual meetings.

While these terms and phrases have seemingly taken over our daily lives, they are not the way I want our graduates to remember their time at Sanborn Regional High School.

What I want them to remember is this: As a result of social-distancing, remote learning and virtual meetings, they have become more resilient, independent and empathetic as learners.

I have spent four years with an amazing group of students who have always demonstrated these traits to me in all that they do, but it was the COVID-19 pandemic that will truly define how they implement their learning at Sanborn as they become adults.

They have missed out on so many milestones that graduating seniors before them have taken for granted, yet they have taken all of these disruptions in stride. They are our future. They speak up for what they believe in. They communicate effectively. They know how to problem-solve. They care about others.

I couldn't be prouder of their accomplishments, and I know our community will be in good hands when they become the decision-makers one day in our community and in our society. I know our graduates will continue to show their Sanborn PRIDE in all that they do.

Congratulations Class of 2020 –

**Principal  
Brian Stack**

**BRIAN M. STACK**  
Principal



We can clearly  
see a bright  
future for the  
Class of 2020.

CONGRATULATIONS!



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CONGRATULATIONS CLASS OF 2020!

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# SANBORN REGIONAL HIGH SCHOOL

*Class of 2020*



# SANBORN REGIONAL HIGH SCHOOL

## Class of 2020



Walker Martin Braydan Mason Addison McNamara Gabriella Menard



Wesley Messina Jessica Meuse Elijah Millard Galvin Miller



Kane Miller Damian Mitchell Sarah Munroe Thomas Murawski



Austin Nevins Mitchell Nikola Samuel Osgood Ericka Ouellette



Rudy Paddock Andrew Pelosi Aaron Perlupo Max Perreault



## Senior class officers

- President: Sarah Munroe
- Vice president: Gabriella Menard
- Treasurer: Wesley Messina
- Secretary: Emily Hinkley
- Representatives: Madison Friedman, Julie Bond, Sophie Rowell
- Honorary representative: Kaitleigh Brown
- School board representative: Erin Gillespie



The Carriage Towne News thanks the many photographers who graciously supplied the portraits of the members of this year's senior class at Sanborn Regional High School, including Amy Bean Photography, Stacey Guptill Photography, Tallen Photography, Ebacher Photography, Foto Factory, Amanda Ambrose Photography, Amanda Morehouse, Kyle Smith Photography, Hockmeyer Studios, Mily K. Photography, Joy Sapientza, Marcell Cruz, Sissie Barrow, Elaine Gleason, Wendy Welch, Rebecca Hallisey Photography, Allie Burke, Kylee Gove Smith, MNSImagery.com/Marie Sapientza, Bill Marshall Photography, Chris Dempsey, Lily Jack Photography, Brooke Whicher Photography, Megan Bailey Photography, and Sarra-Allen Photography, among others.

Their cooperation has allowed us to produce this special keepsake celebrating the Class of 2020.



Avery Peters Megan Phaneuf Matthew Pierson Robert Poggi Melina Postema Nathaniel Pouliot John Putnam Gage Radigan Zachary Ramsdell



Keira Real Hunter Richard Emma Roderick Philip Rossi Sophie Rowell Jessica Sampson Enrique Sanchez Abigail Sevigny Casey Sheehan



William Shoopman Charlotte Siros Eric Sitomer Oliver Soars Jarrod St. Jean Krystiana Stefanie Amber Stevens Erica Strohecker Patrick Sullivan



Sophia Szaniawski Bryant Szot Samuel Tate Ava Tavares Jalilee Thibeault Alison Thomas William Tibbetts Leah Toto Shawn Villemaire



Thomas-Nicholas Viveiros Ashley Walters Daniel Warren Andrew Westling Ashley Wood Horace Wood Isabel Young Lillian Zagorites Steven Zaluk



## SANBORN REGIONAL HIGH SCHOOL

### Class of 2020



## Graduates, look beyond perfection to achieve true success

### To the Class of 2020,

After 12 years of schooling, we have made it to our high school graduation — a day that I, and I'm sure many of you, felt like was so far away and would never come. Nevertheless, the moment is upon us, and very soon, we will no longer be students of Sanborn.

It's interesting how back in the fall, we thought this would be our perfect year. Senior year means wrapping up all of the loose ends of childhood, making memories and finally being handed the keys to our future. Graduation was supposed to be the perfect capstone to our high school career. Perfect. What does that even mean? What did it mean in the first place? What makes something perfect?

According to Southern poet and philosopher Hannah Montana, "Nobody's perfect. You live and learn it. And if I mess up sometimes, hey, nobody's perfect." This idea of perfection varies for each of us individually, and yet it has such a similar impact on all of our lives. We all struggle with attaining perfection in those areas we value, but what if we didn't have to? What if perfection doesn't exist?

Being a generation with such a large connection to the internet and social media has put this unattainable goal in our head to be perfect. Whether we realize it or not, we are all constantly bombarded by it. Every time we are exposed to something deemed perfect, the hard work that it took to get there often lies ignored. You may see online that an author has written the perfect novel, but what you won't see is all of the drafts and stories that were rejected beforehand. You may hear of a business owner now making tons of money from his or her perfect company, but not that it took that owner literally decades to get to that point. If we knew all of this information beforehand, would their accomplishments still be perfect?

Everyone is trying to attain some level of perfection in their life: the perfect-fitting jeans, the perfect significant other, perfect looks, a perfect job. Those of you who know me well know that my obsession with perfection lies in attaining exemplary grades. Throughout my whole life, I've obsessed, stressed and have taken the quest for attaining perfect grades to an unhealthy level — physically and emotionally. This has resulted in tears, anger, yelling, weight loss, unnecessary all-nighters, cutting my hair, random



Emily Abney

hysterical laughter, more weight loss, stress acne and a raging caffeine addiction.

I have finally accepted that perfect doesn't exist. That being said, there's nothing wrong with wanting to do well in school or whatever else you are working on. It is this desire and drive that help us achieve success.

However, we should not equate success with perfection. If we can put our obsession with perfection behind us, we can focus on real success as opposed to imagined.

Famous English theoretical physicist and cosmologist Stephen Hawking once said, "One of the basic rules of the universe is that nothing is perfect. Perfection simply doesn't exist. Without perfection, neither you nor I would exist." Humans are not perfect. Proof of this is how in 2018, the government actually had to tell us not to eat Tide Pods and now has to beg us to wash our hands.

This is an especially important message to reiterate in this unique time now as life after this pandemic won't be the same. We can't worry about being perfect in a world that is so different from what we thought perfect was before, but rather, success needs to be our focus. The hard work that creates success should be what we are striving for post-pandemic.

Future generations will judge us not on if we had the perfect pair of jeans, significant other, job or grades; rather, they will judge us on our success in overcoming this difficult time and all the challenges it brought with it and how we grew from it through our drive for success. For if this were to happen again, we will be the doctors, teachers, essential workers and defenders of our country. It will be our desire for accomplishment rather than perfection that will be needed in times of crisis.

Congratulations Class of 2020. As we go our separate ways into this evolving world, remember to focus on process over perfection, because success is what will follow.

EMILY ABNEY  
Commencement speaker  
Class of 2020

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