this week magazine
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The fifth annual "Governor's Challenge Cornhole Tournament" will be Friday, Sept. 28, on the Tryon Palace South Lawn.



FEATURED PHOTO



Matt Nelson and his son Macon caught a big red drum recently while enjoying a night of fishing with friends on Pamlico Sound in this photograph submitted by Joshua Arthur.

To see your photograph in this space, email it and a short caption to megan.soult@thenewstimes.com, share it with us on our This Week Magazine social media feeds or mail hard copies with a postage-paid envelope if you would like the photograph returned to you.

ON THE COVER: Motorcyclists cruise Higway 70 during a previous 9/11 Memorial Ride. This year's ride will come through the county Saturday, Sept. 8. (Cheryl Burke photo)

CONTACT INFORMATION

twm is published Thursdays by Carteret Publishing Co. Inc. 4206 Bridges St., Morehead City, N.C. 28557.

EDITOR:
Megan Soult
megan.soult@thenewstimes.com

PHOTOGRAPHY:
Dylan Ray
dylan@thenewstimes.com

GRAPHICS:
Megan Lewis
megan@thenewstimes.com

ADVERTISING:
Kim Moseley
kim@thenewstimes.com

To submit event information, email Megan Soult or write to:
twm, P.O. Box 1679, Morehead City, NC 28557

Include the event time, date, location including address, admission price and contact information.

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The West Carteret High School JROTC presents the colors as participants in the Morehead City-Beaufort Elks Lodge 9/11 Memorial Ride salute during a previous ceremony.
(Cheryl Burke photo)

Date set for 9/11 Memorial Ride

BY MEGAN SOULT
NEWS-TIMES

The Morehead City-Beaufort Elks Lodge will host a 9/11 Memorial Ride to remember the victims of the Sept. 11, 2001, terrorist attacks in New York City.

This year's ride will be Saturday, Sept 8.

Each year the Morehead Elks Lodge No. 1710, the Pet Adoption and Welfare Society of Carteret and the Military Order of the Purple Hearth host a parade to honor military and first responders.

The parade includes motorcycles, classic cars, local businesses and first responders.

It will start at the Elks Lodge, travel through Newport, Morehead City, Atlantic Beach, Emerald Isle and Cape Carteret, before heading down Highway 24 and back to the Elks Lodge.

The event raises money to send wounded troops home for the holidays and works to raise awareness of the sacrifice of our first responders and active duty military.

The Carteret County Sherriff's Office, along with local police departments, will escort the ride and block off traffic.

Afterwards, participants will return to the lodge for a meal, live music, a silent auction and guest speakers.

Local groups like the Atlantic Beach Pipes and Drums will perform, and there will be a parachute jump by the wounded warrior parachute team, along with local vendors.

The event is open to all, and children under the age of 12 are free. There is a bus so everyone can ride in the parade.

Registration starts at 9:30 a.m. and the event starts at 11 a.m., with the ride starting at noon. The cost for registration is $20 for drivers and $5 for passengers.

Those who cannot attend the event but would still like to donate to the cause can do so at facebook.com/911rideforthewarriors/.

On Sept. 11, 2001, the Islamic extremist group, al-Qaeda hijacked four airplanes and carried out suicide attacks at four locations. Two of the planes flew into the World Trade Center in New York City, taking down both towers. A third plane was flown into the Pentagon in Washington, D.C., while the fourth plane crashed in a field in Pennsylvania after the passengers wrestled back control from the hijackers.

Almost 3,000 people died during the attacks, leading the United States into military conflict overseas.

History.com provided the following timeline on the attacks:

At 8:45 a.m., an American Airlines Boeing 767 crashed into the north tower of the World Trade Center.

The impact left a hole near the 80th floor of the 110-story skyscraper, killing hundreds of people and trapping more on the other floors.

Evacuations began, and many people thought it was an accident until 18 minutes later when a second plane crashed into the south tower. The entire thing was caught on news cameras.

As millions watched the attacks in New York, American Airlines Flight 77 circled over downtown Washington, D.C., before crashing into the Pentagon at 9:45 a.m.

Jet fuel from the plane caused an inferno that led to a structural collapse of a portion of the building.

Back in New York, firefighters and first responders were working to rescue people from the towers. At 10:30 a.m., the north building of the twin towers collapsed.

Meanwhile, United Flight 93, which was headed for California, was high jacked after leaving Newark Liberty International Airport in New Jersey.

Passengers aboard the plane were aware of the attacks and planned to do whatever they could to stop the attackers.

The passengers fought the hijackers.

The plane crashed in a field near Shanksville, Pa., at 10:10 a.m. All 44 people aboard the plane were killed.

Today the site in New York City includes a memorial that occupies eight of the 16 acres at World Trade Center. There is also a 9/11 Memorial Museum that includes a memorial exhibition dedicated to commemorating the life of each victim.



(AP photo)

Review: Shark thriller 'The Meg' goes deep, stays shallow

BY JAKE COYLE
ASSOCIATED PRESS

We're going to need a bigger boat for all these shark movies.

On the tail of "The Shallows," "47 Meters Down," "Dark Tide" and, of course, the seminal "Sharknado," comes "The Meg," the latest in a growing school of shark movies, all of which, to varying degrees, use our fond memories of "Jaws" as bait to reel us back in the water again. The hook on this one? Bigger shark.

To my disappointment, the title of "The Meg" does not refer to Meg Ryan (though it's nice to imagine an action movie revolving around Jason Statham making precarious escapes from the "When Harry Met Sally..." star). No, the titular Meg of Jon Turteltaub's thriller is the Megalodon, which sounds like either a "Transformers" character or a heavy metal band.

It is, in fact, a prehistoric underwater dinosaur, a kind of supersized shark that went extinct more than 2 million years ago. According to scientists, they could grow up to 60 feet long. According to Hollywood producers, it's more like 75 feet or more. In "The Meg," a Megalodon's dorsal fin sticking out from the water looks from afar like a catamaran.

Naturally, history could not keep such a predator so perfect for today's movies all to itself, especially when one could be strategically found somewhere in the Pacific, conveniently close to the world's second largest movie market, China. Based on Steve Alten's "Meg: A Novel of Deep Terror," "The Meg" has been in development for some two decades, only to finally emerge as American-Chinese hybrid production.

A state-of-the-art underwater research facility, bankrolled by a cocky young billionaire (Rainn Wilson), uncovers a deeper realm of the Mariana Trench that has for centuries been separated from the rest of the ocean by a cloudy, cold membrane. Soon after a research expedition pushes through the layer in a submersible, they are attacked by an unseen creature, cutting them off from the base above.

For the rescue mission, 11,000 meters down, the team reluctantly turns to the only expert at such a deep dive: Jonas Taylor (Mr. Statham). The chief researcher, Dr. Minway Zhang (Winston Chao), elects to quickly bring Mr. Taylor out of retirement (he's living above a bar in Thailand), against the warnings of Dr. Heller (Robert Taylor), who believes Mr. Taylor reckless for an earlier deep-water nuclear submarine rescue where as many died as lived.

Mr. Statham, the sleek, gravelly voiced action star, is lured back underwater because one of the three people trapped – Lori (Jessica McNamee) – happens to be his ex-wife. With remarkably little trouble, he goes from boozing in Thailand to easily piloting a vessel straight down to the seafloor. Mr. Statham, sometimes a one-man show, here has a fairly large ensemble around him, one assembled to appeal to moviegoers both east and west. Chinese actress Li Bingbing stars as the divorced single-mother daughter of Dr. Zhang, and Mr. Taylor's love interest. Also in the mix as crew members are Ruby Rose ("Orange is the New Black") and Page Kennedy.

But the main draw in "The Meg" is obviously the giant shark, which, after years stuck at the bottom of the sea, is awfully hungry. There are the expected close scrapes, surprisingly good production design, PG-13 chompings and fluctuating levels of even giant-shark-movie plausibility. What is it about sharks that inspires such absurdity in plots? Much of "The Meg" aims for a familiar popcorn mix of frights and ridiculousness that may well do the trick for cheap thrills, or those who pine for, say, "Deep Blue Sea."

"The Meg" is best when it acknowledges its derivativeness, just one more silly shark movie in an ocean full of them. Its finest moment is when Mr. Statham, having willingly jumped into the water near the Megalodon, channels Dory and murmurs to himself: "Just keep swimming."

"The Meg," a Warner Bros. release, is rated PG-13 by the Motion Picture Association of America for action/peril, bloody images and some language. Running time: 113 minutes. Two stars out of four.

★★☆☆

CYAN MAGENTA YELLOW BLACK

Fall for a flavorful cheese board



PUMPKIN PROSCIUTTO STACKERS

2 ounces prosciutto
1 ounce aged balsamic vinegar (syrupy consistency)
4 ounces gorgonzola
4 ounces aged Parmesan, shaved
1 bag Crunchmaster Pumpkin Harvest Crackers

Cut prosciutto into cracker-size pieces, about 1½ inches in diameter.

Pour vinegar into small carafe or dish with serving spoon.

Layer gorgonzola, 1-2 pieces prosciutto and 1-2 pieces shaved Parmesan on one cracker. Drizzle lightly with vinegar. Place on wooden or slate serving platter to serve as inspiration to guests. Place remaining prosciutto, gorgonzola, Parmesan and crackers on platter before serving, and place vinegar nearby.



Apple Pepita Stackers

4 ounces apple butter
1 bag Crunchmaster Pumpkin Harvest Crackers
3 ounces toasted pepitas
12 slivers fresh sage

Spread apple butter over one cracker and sprinkle with pinch of pepitas. Top with sage sliver.

For serving, scoop apple butter into small crock or serving vessel. Place pepitas and sage in serving dishes. Place assembled stacker on platter with crackers. Add serving dishes, if space allows, or position around platter.

Explore more tips and recipes to help celebrate fall at crunchmaster.com.

Changing up beloved flavors:

Some of the most beloved flavors are inspired during the fall, and there are few better ways to enjoy the season's best than with a group of friends and family. Get ready to wow guests with seasonal treats that invite everyone to indulge in fall flavors.

Even adults can enjoy getting hands-on with their food when it comes to stacking up mouth-watering ingredients, and a fall party is a great opportunity to explore new ways to appreciate the flavor of savory pumpkin.

This recipe combines rich, creamy cheese with prosciutto and pumpkin for a medley of flavors and textures your guests will have a hard time believing are gluten-free. The star is non-GMO Crunchmaster Pumpkin Harvest Crackers, which combine real pumpkin and autumn spices with whole grains and flax seeds.

Serve these little delights on a cheese board and let guests mix and match the flavors as they wish.

Then expand your offering with a dairy-free, vegan alternative and introduce another fall favorite like apple butter.

(Content and images provided by Family Features.)





Bright Walker will present "Sounds of the Singing Bowls" Friday at St. Francis by the Sea Episcopal Church in Salter Path. The free concert starts at 6:30 p.m. (Contributed photo)

'Sounds of Singing Bowls' concert set for Friday

Bright Walker will present "Sounds of the Singing Bowls" Friday at St. Francis by the Sea Episcopal Church in Salter Path.

The free concert starts at 6:30 p.m.

Used for thousands of years to promote healing, sound therapy is an ancient practice that has recently gained widespread attention.

Embarking on an inward journey of peace and tranquility, Ms. Walker's two-part performance will showcase the therapeutic sounds of the bowls, gongs and chimes, and will offer an opportunity to experience the benefits of sound and vibration.

She will first demonstrate three sequences used to immerse all the senses in tones and vibrations. Her second set will offer a 20-minute soundscape to restore, inspire and enhance a deep sense of wellbeing, inner harmony and joy.

Guests are welcome to bring a yoga mat to experience full relaxation.

Ms. Walker, a native of Chapel Hill, resides in Carteret County, where she has worked with integrative therapies for more than 27 years.

Her experience in complementary healing includes massage therapy and acupuncture. After earning her bachelor's degree from Springfield College in Massachusetts, she attended the Carolina School of Massage Therapy in Carrboro and started practicing therapeutic massage in Morehead City in 1991.

She began her graduate training at the Traditional Acupuncture Institute, a Five-Element school, in Columbia Md., and graduated in the master level program from the Florida Institute of Traditional Chinese Medicine in St. Petersburg, Fla.

Ms. Walker was interested in both theories of Chinese medicine and saw the importance of each, according to a release. In 2002, she integrated acupuncture into her practice in North Carolina.

In the late 1990's, Ms. Walker was introduced to and experienced firsthand the relaxing effects of the singing bowls.

Deeply inspired by this experience, she later studied and trained with notable leaders in sound therapy, including Jonathan Goldman and Suren Shrestha.

An art reception will follow the concert in the downstairs art gallery. The art gallery opens at 5:30 p.m. and will feature photography by Ms. Walker and her husband, Samuel Swann Bland.

Admission is free and photographs will be available for purchase. Refreshments will also be served.

Researcher seeks

BY MEGAN SOULT
NEWS-TIMES

Researchers are seeking input from area surfers to include in an academic survey.

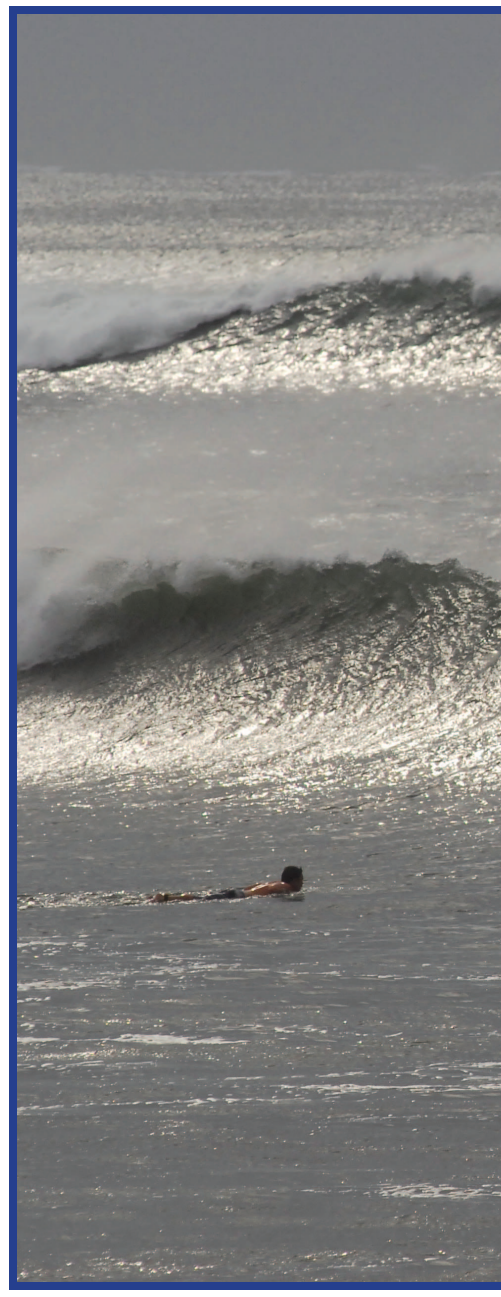
Lindsay Usher, an assistant professor at Old Dominion University in Norfolk, Va., is interested in surfers and their surfing habits.

Ms. Usher is studying surf culture and tourism. Along with one of her students, who also has an interest in surfing, she set out to observe surfers in Virginia and North Carolina.

"We both had connections in both states (I'm from NC, my family has lived on the Outer Banks since 2004 and they've had a house there since 1982) and surfing is a big part of communities in both states," Ms. Usher said in an online interview. "The study builds off topics I had done previous research on, such as connection to place and localism, but I'd only done qualitative research on them (in-depth interviews and observational data collection) before and never put them into a survey."

The primary purpose of the new study is to explore surfers' connections to the places where they surf.

"We plan to examine how their connection to place influences their interactions with other surfers in those places, their desire to take care of those places, constraints to accessing those places, as well as their opinions on the changing nature of those places (i.e., beach nourishment)," she said.



The survey includes information such as the surfers' age, where they primarily surf, like near a pier, the type of equipment the surfer uses, how long the surfer

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local surfers' input for survey





Lindsay Usher, an assistant professor at Old Dominion University in Norfolk, Va., is conducting a surfing survey and wants input from Crystal Coast surfers. (Dylan Ray photos)

r has been participat-
e sport and how many
ear they surf.
e hoping that the find-
e useful for surf orga-
nizations, such as the Surfrider Foundation, and informative for coastal managers as well," Ms. Usher said. "Several colleagues of mine who also do surf research have found that due to surfers' knowledge of coastal processes and the ocean, they can be informative and important stakeholders in discussions about coastal management."

As well as learning more about the similarities between the two states' surfers, Ms. Usher said she hopes the survey will also show some differences.

"I am hoping to achieve a better picture of surfers' experiences in North Carolina and Virginia. I think it will be interesting to see the differences between the regions in each state too," she said. "Do surfers experience more localism in North Carolina or Virginia? Are OBX surfers more attached to their surf breaks than Crystal Coast surfers or vice versa? These are some of the questions we'll be able to explore."

Ms. Usher said that though surfing as a big part of both states, but she realizes research on the sport has been sparse.

She also said the sport has economic impacts in both states.

"AAA Travel Magazine just called Virginia Beach the surfing capital of the East Coast and Our State magazine just did a spread on surfing in North Carolina, so this is a group of users we don't want to ignore," she said. "As a surfer, you know surfers are practically amateur oceanographers and very aware of changing beach/ocean conditions. With beach nourishment becoming more prevalent in many areas of VA and NC, I'm curious how they think that is affecting the places they surf."

Those interested in taking the survey can do so at bit.ly/VA-NCsurfstudy. It closes Saturday, Sept. 15.



SUDOKU

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

					7			
	3		2		5		4	
						5		9
						8	2	
			6				9	
	1			4	2			5
	2	1			4			
		8					7	6
		9	8	3	6			

Level: Intermediate

4	9	1	3	8	7	5	6	2
6	2	8	4	1	5	7	3	9
7	3	5	2	6	9	1	4	8
1	4	2	7	5	3	9	8	6
8	6	7	1	9	2	4	5	3
3	5	9	6	4	8	2	1	7
2	7	6	5	3	4	8	9	1
5	8	3	9	2	1	6	7	4
9	1	4	8	7	6	3	2	5

Editor's Note:

Sudoku puzzles and answers are published in the next edition of twm.

ENTERTAINMENT CALENDAR

Calendar deadline is two weeks prior to the start date of the event. Send an email that includes the event time, date, location including address, admission price and contact information to megan.soult@thenewstimes.com.

Event placement on a specific date is not guaranteed, as events run as space is available. Find the full calendar online at carolinacoastonline.com by hovering the pointer over TWM and choosing the "Calendar" option, or on a mobile device, choose "Calendar" from the drop-down menu. To have an event added, email information to megan.soult@thenewstimes.com.

Kids and Family

I LOVE LITERACY DAY 10:30 a.m. to noon Saturday, Sept. 8, at the Webb Library in Morehead City. Each year, Sept. 8 marks UNESCO's International Literacy Day, raising awareness globally on the issues surround adult and child literacy. International Literacy Day highlights the changes and improvements being made worldwide in literacy development. Also, the library will remember Cali, the therapy reading dog, who recently died. Visit with Calie's owner Rosie and share stories in celebration of her service. There will be punch and dog-bone cookies.

NEWPORT COMMUNITY FESTIVAL 10 a.m. to 2 p.m. Saturday, Sept. 8, at Newport Community Park. This event will feature music by 4EverAll, magic by Bryan Sanders, face painting, touch a truck, a mini food truck rodeo, hands on demonstrations, performing arts, crafts, bounce houses and more. This event is free. For more information, call Newport town hall at 252-223-4749 or email recreation@townofnewport.com.

Art

QUILT SHOW Saturday-Sunday, Sept. 8-16, at the Swansboro Heritage Center, 502 W. Church St., Swansboro. Organizers will be featuring some historic quilts and some celebrating National Parks, as well as contemporary art quilts. Quilts must be dropped off no later than 3 p.m. Friday, Sept. 7. Please contact Ann vonHoorn at 860-671-1278 if you have a quilt to display. Participants should present their quilts with a hanging bar of some kind and sleeve attached to the quilt. There is no charge either for entering the quilts or for viewing the quilt show.

Events

***CHANGING TIDES* BOOKSIGNING EVENT** 1-3 p.m. Saturday, Sept. 8, at Sweet Lily Ru's on Front Street in Beaufort. Meet the author and photographer and learn more about the book.

LET'S TALK ABOUT IT 6:30-8:45 p.m. Monday, Sept. 10, at the Carteret County Public Library in Beaufort. The 1920's and Beyond: Three Legendary Figures - "Louis Armstrong Bix Bierdibecke, and Duke Ellington." Selections include "The Gift" and "Our Language" from Ken Burns' "Jazz" documentary. This event is moderated by noted film and jazz historian Dr. Joe Gomez, emeritus professor of English at N.C. State University in Raleigh. All events are free and open to the public. For more information, visit the library's website at carteret.cpclib.org or call 252-728-2050.

RELAY FOR LIFE OF CARTERET-CRAVEN OPEN HOUSE 5-7 p.m. Tuesday, Sept. 11, at Craven Community College's Redd Building, room 115, in Havelock.

Local heritage

ASTRONOMY 8 p.m. Friday, Sept. 7, at Fort Macon State Park in Atlantic Beach. Participants will meet at the bathhouse to view space through a telescope and learn more about the universe.

FRIENDS OF THE HAMMOCKS AND BEAR ISLAND MARSH CRUISE 1 p.m. Saturday, Sept. 8, at Hammocks Beach State Park in Swansboro. Learn about the local culture and history during this 90-minute interpretive cruise around Swansboro and the Hammocks Beach State Park areas. A different topic will be explored during each cruise. The cost: monetary donation per passenger benefiting Friends of the Hammocks and Bear Island. Reservations are completed at www.fhbi.org/calendar.

EXPLORING THE HEAVENS 2 p.m. Saturday, Sept. 8, at Fort Macon State Park in Atlantic Beach. Participants will meet in the visitor center's large auditorium as special guest NASA/JPL Solar System Ambassador Lisa Pelletier-Harman shares an overview of the first non-terrestrial telescope, NASA's Hubble. Learn how it has changed our understanding of the universe, some of the mission's highlights and an introduction to the next step in observing's evolution, the James Webb Telescope.

REPTILE HIKE 8:30 a.m. Sunday, Sept. 9, at Hammocks Beach State Park in Swansboro. Join a park ranger on this half-mile hike to locate and identify the different reptile species that inhabit the woods at Hammocks Beach State Park. Participants should meet at the visitor center. Bug spray and proper hiking shoes are recommended.

KAYAK TOUR 8:30 a.m. Monday, Sept. 10, at Hammocks Beach State Park in Swansboro. Enjoy this ranger-guided trip through the adjacent marsh water and explore some of the ecosystems which make this part of North Carolina so special. Kayaks, paddles and lifejackets will be provided. Must be 13 years and older to participate. Seating is limited; registration is required by contacting the park office at 910-326-4881.

BIRD HIKE 9 a.m. Monday, Sept. 10, at Fort Macon State Park in Atlantic Beach. Participants will meet at the visitor center and take a leisurely hike to identify birds native to the area.

MUSKET FIRING DEMONSTRATION 10 a.m. Wednesday, Sept. 12, at Fort Macon State Park in Atlantic Beach. Participants will learn about a Civil War-era musket's history, loading procedures and firing. Those interested should meet in the fort.

FRIENDS OF THE HAMMOCKS AND BEAR ISLAND MARSH CRUISE 1 p.m. Wednesday, Sept. 12, at Hammocks Beach State Park in Swansboro. Learn about the local culture and history during this 90-minute interpretive cruise around Swansboro and the Hammocks Beach State Park areas. A different topic will be explored during each cruise. The cost: monetary donation per passenger benefiting Friends of the Hammocks and Bear Island. Reservations are completed at

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CALENDAR | FROM PAGE 8

www.fhbi.org/calendar.

Education

BOATING SKILLS AND SEAMANSHIP CLASS 6 p.m. Mondays and Thursdays starting Monday, Sept. 10, at Coastal Carolina Community College in Jacksonville. This six-week class is hosted by the U.S. Coast Guard Auxiliary and is appropriate for new boaters, as well as those who would like a refresher course. The class covers different types of boats used along the coast, power types and basic maintenance, equipping a boat, trailing, "highway signs," knots and lines, introduction to charts, weather, boat handling, rules of the waterway, local knowledge around the Swansboro area, VHF radio and state boating rules. This class can be attended by anyone 16 years of age or older, and it covers more material and goes deeper into that material than the eight-hour class, About Boating Safely. For information or to register for this class, contact Coastal Carolina Community College at the Kenneth B. Hurst Continuing Education Building, located at the corner of Western Boulevard and University Drive, or call them at 910-938-6294.

WHO AM I, REALLY? 6:30-8 p.m. Wednesdays starting Sept. 12, at Carteret Community College's Wayne West building, room 114. Learn more about who you are, where your interests lie, what you might like to do, what your values are and aligning your life with your values. Explore getting out of your "comfort zone" and learning to get comfortable being uncomfortable. Good habit forming will also be explored. The course fee is $45, and the class will meet for four sessions. Call 252-222-6200 to register for classes or visit carteret.edu.

Fitness

BALLROOM AND SHAG DANCE LESSONS Friday, Sept. 7, at Carolina Strut in Morehead City. Ballroom lessons start at 6:30 p.m., while shag lessons start at 7 p.m. These classes will be held every Friday. The cost is $10 per lesson and no partner is necessary.

NEWPORT COMMUNITY 5K RUN AND KIDS FUN RUN 8 a.m. Saturday, Sept. 8, at 606 Verdun St., Newport, by the water tower. The race begins at 8 a.m. The cost before Saturday, Aug. 25, is $30 for adults and $20 for those under the age of 17. The Kids Fun run is $5 for those ages 11 and under. After Aug. 25, the cost is $35 for adults and $25 for those under the age of 17. Register online at runsignup.com/Race/NC/Newport/NewportCommunity5kFunRun or at Newport town hall, 200 Howard Blvd. A liability waiver must be signed to participate. There will be a packet pick up and pasta dinner from 3-8 p.m. Friday, Sept. 7, at Shortway Brewing Co. For more information, call Newport town hall at 252-223-4749 or email recreation@townofnewport.com.

BEACON OF HOPE 5K 8 a.m. Saturday, Sept. 8, in Beaufort. Run through Beaufort waterfront while raising funds to benefit cancer services at Carteret Health Care. The Crystal Coast Beacon of Hope will feature a 5k Run/Walk and 1-mile Fun Run. All will be having fun at the pre-race 50 yard "Hula for Hope" relay. On the day of the race, the cost is $40. There will be T-shirts for the first 100 people registered by August. For more information, call 252-499-6646 or visit RuntheEast.com.

BALLROOM INTRODUCTION 7-8 p.m. Mondays starting Sept. 10, at the Camp Glenn Building on the campus of Carteret Community College. This six-week course will focus on the waltz and the fox trot, the liveliness of the swing and the drama of the tango, rumba and cha cha. No partner or prior experience necessary. The course is $30 with an insurance fee of $0.55. Call 252-222-6200 to register for classes or visit carteret.edu.

BALLROOM CHA CHA INTRODUCTION 8-9 p.m. Mondays starting Sept. 10, at the Camp Glenn Building on the campus of Carteret Community College. This six-week class will focus on the cha cha. No partner is necessary. The cost is $30, with a $0.55 insurance fee. Call 252-222-6200 to register for classes or visit carteret.edu.

16TH ANNUAL GORDIE MCADAMS SPECKLED TROUT FISHING TOURNAMENT 8 a.m. Saturday, Oct. 13, through Saturday, Nov. 24. Registration is free and is Tuesday, Sept. 11, through Thursday, Oct. 11. The Reel Outdoors is the official weigh-in station. All trout must be caught by fishing on foot (surf, pier, inlet, sound) from Fort Macon to Emerald Isle; no boats. See complete rules on the back of the registration form, which will be available at The Reel Outdoors or the Emerald Isle Parks and Recreation Community Center. Registration forms and rules may also be downloaded at emeraldisle-nc.org/eiprd. Contact Emerald Isle Parks and Recreation for further information or questions at 252-354-6350.

YOGA FOR BEGINNERS 6:30-7:30 p.m. Thursdays staring Sept. 13, at the Bridge Downeast, 1344 Island Road, Harkers Island. This is a fitness-based yoga class that welcomes all levels. This class will work on stability, flexibility and promote wellness through breathing and posture. Modifications will be available for each participant as needed. Classes will end with a resting segment for relaxation. The course fee is $30 plus $.55 insurance fee. Bring your own mat. The class will meet for six sessions. For more information, visit carteret.edu/corporate-and-community-education-education-classes-life-enrichment/#Yoga%20Begin or call 252-504-2581.

BALLROOM SALSA BEGINNER 7:30-8:30 p.m. Thursdays starting Sept. 13, at the Camp Glenn Building on the Carteret Community College's campus. This six-week class will focus on the salsa. No partner or prior experience is necessary. The course fee is $30, plus an insurance fee of $0.55. Call 252-222-6200 to register for classes or visit carteret.edu.

Trips and Tours

TRIP BY LAND OR SEA Friday-Saturday, Sept. 21-22, at Rivers Dunes Marina in Oriental. HeartWorks, a nonprofit serving more than 400 at-risk children in Pamlico County, is having a major fundraising event. The first night will be a casual party with barbecue from Roland's in Beaufort and music by SaltWater Gold Band. The gala Saturday night will be catered by The Chelsea of New Bern. There will be an open bar, live and silent auctions and The Entertainers will perform beach music, plus classic rock. Guests with boats can book slips for the weekend while others can reserve accommodations at one of the many inns in Oriental. Tickets for one or both nights and/or boat slips must be reserved in advance at harborfestNC.com or by calling call 252-745-9703. For more information, visit heartworksNC.org.

NIGHTLIFE CALENDAR

Morehead City

FLOYD'S 1921: Live music 7-10 p.m. Friday-Saturday.

CRYSTAL COAST BREWING CO.: Team Trivia 7:30 p.m. Mondays. A special delivery menu will be available on trivia nights from Loretta's Pizza. **Bend and Brew Yoga** is held at 10:30 a.m. every other Saturday. A ticket includes a one-hour yoga session and the first beverage.

SHUCKIN SHACK OYSTER BAR: Live music from 6-8 p.m. Wednesdays featuring local musicians each week.

Bogue

LOGAN'S AT CAROLINA HOME AND GARDEN: Live music 6:30-9:30 p.m. Thursdays. There is a $5 cover charge.

Atlantic Beach

AMOS MOSQUITO'S: Karaoke 9:30 p.m. to 12:30 a.m. Thursdays.

CRYSTAL COAST BREWING CO.: Team Trivia is at 7:30 p.m. Wednesdays. A special delivery menu will be available on trivia nights from Roma's Pizza; **30 Second Rocks Music Trivia** is at 7:30 p.m. every Thursday. This is free to play and there will be prizes.

Beaufort

OLDE BEAUFORT FARMERS' MARKET: Morris Willis 10 a.m. to noon Saturday, Sept. 29.

CRU WINE BAR: 4EverAll 8:30 p.m. Friday, Sept. 7; **Marron Chaplin** 8:30 p.m. Saturday, Sept. 8; and **Andrew Kasab** 8 p.m. Friday, Nov. 9.

RIBEYES: Morris Willis 6 p.m. Tuesdays.

BEAUFORT VFW: Morris Willis 6-9 p.m. every third Friday through the end of the year.

***CRYSTAL COAST LADY* SUNSET LADY CRUISE**

Cedar Point

HARRIKA'S BREW HAUS: Drink Like a Local $3 Pints every Thursday until Sept. 27; **Jam Sessions Fridays** 7 p.m. Fridays until Dec. 28; **Beer and Wine tasting** 6 p.m. the fourth Thursday of every month.

Emerald Isle

SALT: David Dixon 10 p.m. Friday, Sept. 14; **Bryan Mayer on Acoustic** 9:30 p.m. Thursday, Sept. 20; **Trey Calloway Band** 9:30 p.m. Sept. 21; **Steel Shot** 9:30 p.m. Thursday, Sept. 27; and **PLUS Dueling Pianos** 9 p.m. Friday, Sept. 28.

Swansboro

BORO CAFÉ: Live music 7 p.m. Fridays.

ICEHOUSE WATERFRONT RESTAURANT: Live music 7:30 p.m. Wednesdays and 9 p.m. Saturdays.

AREA SPORTS CALENDAR

Thursday, Sept. 6

High School Boys Soccer
- Jayvee: Croatan at Swansboro ..... 4:30 p.m.
- Varsity: Croatan at Swansboro ..... 6 p.m.
- Varsity: East Carteret at West Carteret ..... 6 p.m.
- Varsity: Swansboro at Southwest Onslow ..... 6 p.m.

High School Football
- Jayvee: Havelock at Croatan ..... 6:30 p.m.
- Jayvee: West Carteret at West Craven ..... 6:30 p.m.

Friday, Sept. 7

High School Football
- Varsity: Croatan at Pamlico ..... 7 p.m.
- Varsity: East Carteret at Swansboro ..... 7 p.m.
- Varsity: West Craven at West Carteret ..... 7 p.m.

* Scheduled events subject to change



Oysters chill on ice, waiting to be eaten. Carteret Community College will host its third annual Shuck, Rattle & Roll event from 5 to 8 p.m. Saturday, Sept. 15, at the Howard Building Shellfish Mariculture Demonstration Center in Morehead City. (File photo)

Carteret Community College to host Shuck, Rattle & Roll

Carteret Community College will host the third annual Shuck, Rattle & Roll, which will provide a chance to taste and learn about local oysters, clams, crabs, shrimp and fish while supporting students and the aquaculture program at CCC.

On Saturday, Sept. 15, the college's aquaculture program will showcase North Carolina-raised seafood produced by current and former CCC aquaculture students.

This event is from 5-8 p.m. at the Howard Building Shellfish Mariculture Demonstration Center, located on the college campus in Morehead City.

"I am proud to have reached a point where we can host an event like this to show off some of what we are doing at our facility with shellfish, finfish, and soft-crab production," David Cerino, aquaculture department chairman, said in a recent release. "It is also great to be able to call on students and graduates who are growing great seafood to get their product in here and share with the public."

The evening will feature live music by 4EverAll.

Event-goers will have a chance to sample raw oysters from operations owed or staffed by CCC aquaculture students and graduates, soft-shell crabs nd striped bass tank raised at CCC, steamed shrimp grown in North Carolina from SAFE Seafood, steamed clams and clam chowder and shrimp bisque prepared by CCC culinary chefs and students.

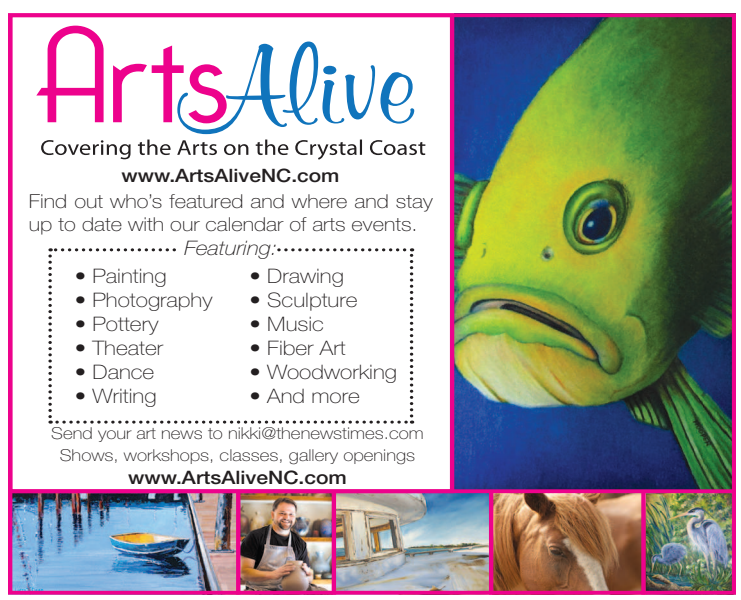
Roland's BBQ will also be on site to cater the event, and Fishtowne Brew House will showcase their craft beer in addition to a cash bar.

All proceeds from this event support the CCC aquaculture program.

Tickets are still available for $30 in advance or $40 at the door. Children under the age of 12 will eat for free.

To purchase tickets, visit cccfoundation.org.





CYAN MAGENTA YELLOW BLACK

Two groups all set to host 'Governor's Challenge' fundraiser

The Tryon Palace Foundation and the Home Builders Association of Craven and Pamlico Counties are once again joining together to host the fifth annual "Governor's Challenge Cornhole Tournament" Friday, Sept. 28, on the Tryon Palace South Lawn.

The governor's challenge is a fundraising event that benefits both Tryon Palace and the association.

As of 2017, the annual event has raised more than $16,000 for the forthcoming Tryon Palace Garden Cottage.

The new garden cottage will provide education, work and storage space that will expand garden programming and capabilities.

The project is estimated to cost more than $500,000. C.R. Francis/Architecture of New Bern are the architects for the project.

"We are so grateful to the Home Builders Association of Craven and Pamlico Counties for their energy, creativity and support in helping Tryon Palace reach the goal of building a Garden Cottage that will provide a proper work environment for our Gardens staff and volunteers," said Nelson McDaniel, president of the Tryon Palace Foundation, in a release. "They work so hard to maintain the beautiful grounds and gardens, and to provide quality educational opportunities to the New Bern community; they truly deserve a wonderful place to work, and the Home Builders Association is helping make that happen."

The popular governor's challenge event invites teams to spend a day playing a favorite backyard game on Tryon Palace's South Lawn.

The amateur-only event gives teams the opportunity to go head-to-head for the chance to win more than $1,000 in prizes.

Team registration is open through the day of the event, with a $150 registration fee before Friday, Sept. 21, and increasing to $175 the week of the event.

Registration is per two-person team and includes lunch, snacks, beverages and a swag bag.

Register by calling 252- 636-3707, or online at tryonpalace.org/governorschallenge.

The key to the event's multi-year success has been sponsorship from local businesses.

The Home Builders Association of Craven and Pamlico Counties continues to welcome sponsors for the 2018 tournament. Sponsorship benefits include media promotion, cornhole boards displaying company logos, team sponsorship and more.

For more information about the event or sponsorship opportunities, call the association at 252- 636-3707.



The fifth annual Governor's Cornhole Challenge is Friday, Sept. 28, at Tryon Palace's South Lawn. The fundraising event will feature a cornhole tournament. (Contributed photo)

Jonkonnu Symposium to explore enslaved lives, traditions and cultures

Tryon Palace will host Jonkonnu Symposium: Enslaved Lives, Traditions, and Cultures in the Americas, Saturday, Nov. 17, at the N.C. History Center.

Those in attendance will explore the origins of Jonkonnu, a Christmas-time activity that holds a historic importance to African-American history.

This free symposium invites the audience to learn more about this tradition through panel sessions addressing the evolution of Jonkonnu from Africa to North Carolina.

They will also learn from leading experts in Jonkonnu and African-American culture and experience Jonkonnu first-hand through live performances with the Tryon Palace Jonkonnu Troupe.

This event will include box lunch and a dinner program (by registration only), featuring performances by the Jonkonnu Troupe and the McIntosh County Shouters, as well as a keynote speech from Mark Anthony Neal, chairman of the Department of African and African American Studies at Duke University.

Registration for the symposium, lunch and dinners begin Wednesday.

Seating is limited and registration is required.

View the full list of speakers, the event schedule or register for the symposium at tryonpalace.org/JonkonnuSymposium.





Friends of Aging to host Golden Oldies: 'Salute to the Troops' dinner, dance

Re-ignite the spirit of the 1940s when all of Carteret County is invited to find the red, white and blue in their closets to salute the service men and women during the third annual Golden Oldies "Salute to the Troops" 40s Dinner and Dance.

The event is from 6 to 10 p.m. Saturday, Sept. 22, at the Crystal Coast Civic Center in Morehead City.

Music legend and N.C. Heritage Award winner Dick Knight is the headliner, with contributions arranged by DJ Travis Thompson.

Fat Fellas BBQ & Grille will provide all you can eat pot roast, chicken and pastry and biscuits. The meal will be topped off with apple cobbler and ice cream.

A choice of beer, wine, tea and water is included with the meal.

Tickets for this event are available now and are limited. They $20 each and are tax deductible. Tables of eight can be purchased for $150 each.

Sponsorships are also available.

All proceeds provide services for the at-risk senior community of Carteret County.

Individual tickets and additional information are available by calling Lin Schulze at 252-670-7530. Sponsorship inquiries should follow up with Marlene Anderson at 252-728-3988.

This event is sponsored by Carteret County Friends of Aging, founded by the directors and members of the Carteret County Aging Services at the Leon Mann Jr. Enrichment Center.

Friends of Aging serves at-risk seniors in Carteret County by supporting free in-home services, wellness programs and community connectivity activities.

Summer Concerts at St. Francis By the Sea
presents
A Singing Bowls Concert by Bright Walker
with an Art Gallery Showing featuring
Sam Bland Photography
Friday, Sept. 7
Art Show – 5:30 p.m.
Concert – 6:30 p.m.
Adults welcome. Recommended for children 13 & up.








Samuel Swann Bland, Wildlife Photographer and Nature Journalist, is a native of Carteret County, NC. Sam spent a 30 year career as a Park Ranger and park Superintendent for the North Carolina Division of State Parks, where he specialized in resource management and environmental education. After retiring from state parks, Sam worked nine years for the North Carolina Coastal Federation, an environmental non-profit working to preserve, protect and restore coastal ecosystems. With NCCF he was involved with habitat restoration, environmental education and contributed stories and photography for their online newspaper, Coastal Review Online.

Sam's interest in photography began at an early age when an older brother loaned him a 35 mm camera and an older sister taught him how to develop and enlarge his own images. His photograph depicts his passion for wildlife and natural landscapes. "I hope my photography will impact people in a way to have enough interest to look beyond the photograph to learn more and hopefully advocate for preservation and protection of wildlife and their habitat." His photographs and writings have appeared locally and nationally in newspapers, magazines, calendars, advertisements and books.

Sam is an award winning photographer and nature journalist. He has earned many awards over the years for his dedication in preserving and protecting our natural environment. He has received the Rotary international Outstanding Citizen award, the North Carolina Coastal Federation Lifetime Achievement Award and has received one of the state's highest honors, the Order of the Longleaf Pine.

Sam and his wife, Bright, travel as often as possible, including Kenya, Alaska, Colorado, Montana and Canada.

Instagram: @samblandphotography • sbwildlifephotos@gmail.com

St. Francis By the Sea • 920 Salter Path Rd., Salter Path • 240-2388

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