

this week magazine
twm

Volume 39 Issue 16 • 4/19/18 - 4/25/18



*Beaufort
Wine
& Food
Festival
April 25-29*

this week

Volume 39 Issue 16 • 4/19/18 - 4/25/18

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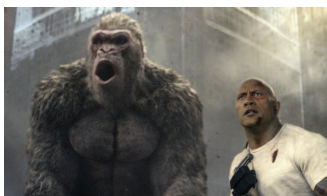
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Residents of the Down East communities want to keep the area litter free. Those who would like to display signs like the one featured in this photograph can stop by Chadwick's Tire in Otway or Edgewater Gardens in Williston to pick one up.

To see your photograph in this space, email it and a short caption to megan.soult@thenewstimes.com, share it with us on our This Week Magazine social media feeds or mail hard copies with a postage-paid envelope if you would like the photograph returned to you.

ON THE COVER

The 2018 Beaufort Wine & Food Festival weekend is Wednesday-Sunday, April 25-29. (Dylan Ray photo)

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Include the event time, date, location including address, admission price and contact information.



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Wine, food to entice festivalgoers

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BY MEGAN SOULT
NEWS-TIMES

Beaufort Wine & Food's festival weekend is quickly approaching and organizers are putting the final touches on the multi-day fundraising event.

"The festival is really starting to take shape – with all the support – both locally and from our out of town participants, we are looking forward to another amazing festival week," Lindsay Parker, BWF executive director, said in an email April 5.

Beaufort Wine & Food's festival weekend is set for Wednesday-Sunday, April 25-29.

During the weekend, BWF showcases wineries and wine-makers from around the world and pairs them with food prepared by local, regional and visiting chefs in settings around the Crystal Coast.

"We are so thrilled with the lineup of talent this year," Ms. Parker said. "It's very exciting to plan and work with these participants and then finally get to meet them face to face during the festival. Along with our new participants, we always have chefs and winemakers that ask to return year after year, and I think that speaks volumes for the festival."

There are several events planned throughout the weekend that allow festivalgoers the chance to sample the wine and cuisine.

It all starts with a wine luncheon at the Royal James Café from noon to 2 p.m. Wednesday, April 25.

This multi-course luncheon will feature a guest and local chef paired with a wine maker. BWF private label wines will be served and available for sale during the event.

There will also be private home dinners Wednesday and Thursday nights.

The first night of wine dinners will be held in historic Beaufort and surrounding areas, while the second night of dinners will be held in restaurants and private homes around the county.

A visiting chef will be paired with a local chef and featured wine maker to guide dinner guests through a multi-course dinner, which is usually four to six courses.

As well as the dinners, the festival weekend will feature a fashion show and auction and a Wine, Bread, Cheese and



Chef Anthony Garnett, left, Carteret Community College culinary instructor, works side-by-side with Chef Baptist Knaven, right, of Restaurant Provence in Carrboro as they prepare a rabbit Wellington at the home of Anna and David King in Beaufort, during a previous Beaufort Wine & Food event.. (Dylan Ray photo)

More seminar.

The fashion show will feature a lineup of fashions from local retailers while guests dine on wine and food. It is from 11:30 a.m. to 2:30 p.m. Friday, April 27.

The Wine, Bread, Cheese and More seminar, which is from 3-5:30 p.m. Friday, April 27, features a variety of wines paired with breads and cheeses as the audience is walked through the pairings by a featured wine maker, cheese monger and bread maker.

Then it's on to two of the festival's bigger events, The Grand Reserve Tasting & Auction and the Vin de Mer Culinary Village.

The Grand Reserve Tasting & Auction is from 6:30-8:30 p.m. Friday, April 27.

The event pairs world-class libations and cuisine for a unique culinary experience.

Participants will mingle with celebrity guest chefs and wine-makers during an evening of dining, music and philanthropy.

A live and silent auction will feature fine and large format wines, travel excursions and lux-

ury items.

Vin de Mer Culinary Village is BWF's biggest fundraiser. It is set for 1-4 p.m. Saturday, April 28.

Guests will be immersed in what could only be described as controlled chaos where 300 wine labels and dozens of local and regional restaurants come together.

Cooking demonstrations

will take place throughout the event.

The festival week will also feature a historic wine walkabout, the Saturday Night Roundup and the Champagne Celebration Brunch.

Ms. Parker said she is looking forward to seeing the festival events take place.

"Watching the events unfold, seeing the guests enjoy them-

selves and knowing it's all for charity is one of the most rewarding parts of Beaufort Wine and Food," she said.

Tickets are now on sale for the weekend's events.

For more information or to purchase tickets to any of the events, email beaufortwineandfood@gmail.com, call 252-515-0708 or stop by the office at 129 Middle Lane in Beaufort.

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(AP photo)

Johnson survives the rubble that is 'Rampage'

BY JAKE COYLE

ASSOCIATED PRESS

Usually paired with smaller companions like Kevin Hart or Moana, Dwayne Johnson is for once the diminutive one in "Rampage," a hopelessly bland and bizarrely self-serious monster movie.

Mr. Johnson plays primatologist Davis Okoye in Brad Petyon's adaption of a classic 1986 arcade game. Naturally, Mr. Okoye has some covert military history but — like so many highly trained international commandos — he's now working at the San Diego Zoo. His time is especially focused on a hulking albino gorilla named George. They are pals, Davis and George, who fist-bump and play pranks on one another.

The two are actually a winning pair, but "Rampage," unfortunately, isn't the Rock-and-monkey buddy comedy ("The Guerrilla and the Gorilla"?) we

might crave. "Rampage" is professional-looking, thanks to the well-integrated effects artistry of Weta Digital. We have become spoiled, perhaps, by affecting computer-generated primates thanks to the "Planet of the Apes" franchise. But George (played with motion capture by Jason Liles) still holds his own in the monkey-movie kingdom.

And Mr. Johnson, so recently in the jungle for "Jumanji," remains a truly indefatigable movie star capable of carrying even the most half-baked of premises with colossal charisma. "Rampage" would surely sink a less sturdy action star, yet even here the wayward mish-mash of monster-movie tropes only seem to ping off him like bullets deflected by Superman.

The objective of the original 8-bit video game was to, while controlling one of three giant monsters (a gorilla, dinosaur or werewolf), reduce a city to rubble. Naturally, a story of such

pathos and originality brought Hollywood rushing with a check for millions.

What the film's writers — Ryan Engle, Carlton Cuse, Ryan J. Condal and Adam Szykiel — have come up with from this skeletal concept is something overly elaborate and curiously humorless. The film opens ominously in space, where a genetic experiment has created a giant mutated rat that chews up the space station's crew, but not before an escape pod with three samples shoots back to Earth.

The canisters of serum land alongside an alligator in the Florida Everglades, a wolf in Wyoming and at George's habitat in San Diego. Each quickly swells massively while simultaneously becoming increasingly aggressive. (With a slightly different trajectory, we might have gotten a more unpredictable mutant trio like maybe a cockatoo, a koala and Keith

Olbermann. Now that would be interesting.)

The company behind the trials tries to quietly recapture the lab results. Malin Akerman, the fine actress of "Billions," plays its ruthless chief executive, alongside her more clueless brother, played by Jake Lacy. Meanwhile, a consortium of military and government agencies try and fail to capture or kill the beasts as they converge on Chicago. Naomie Harris plays a genetic engineer.

But the only performance really of note in "Rampage" is by Jeffrey Dean Morgan, who plays an agent for an unnamed government agency with wild-eyed, cowboy abandon. The scenery might be digital, but that doesn't stop him from trying to chew it all.

As a product that reunites the director and star of "San Andreas" and "Journey 2: The Mysterious Island," "Rampage" is similarly forgettable pop-

corn fare that, in almost every scene feels like a knockoff of something else. And it should be funny. Movies about giant mutant animals that flock to the Windy City really ought to be funny. Mr. Morgan seems to be the only one to realize that in monster camp like this, go big or go home.

"Rampage," a Warner Bros. release, is rated PG-13 by the Motion Picture Association of America for "sequences of violence, action and destruction, brief language and crude gestures." Running time: 107 minutes. One and a half stars out of four.



Refreshing recipes for a healthier spring

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THAI PEANUT BUDDHA BOWL

Recipe courtesy of *Atkins: Eat Right, Not Less*

Active time: 15 minutes

Total time: 30 minutes

Servings: 4

Olive oil spray

2 skinless, boneless chicken breasts (12 ounces total)

Dressing:

½ cup peanut butter

3 tablespoons coconut milk

1 tablespoon fish sauce

2 teaspoons hot chili sauce

2 garlic cloves, minced

1 tablespoon minced fresh ginger

1 tablespoon sesame oil

3 tablespoons hot water

4 cups baby spinach

1 ripe Hass avocado, thinly sliced

1 medium zucchini, cut into noodle shapes

2 carrots, cut into noodle shapes

2 radishes, thinly sliced

8 sprigs cilantro

Heat oven to 400 F.

Coat small skillet with olive oil spray. Add chicken to skillet and cook 3-4 minutes, turning once or twice to brown. Slide into oven and bake 6-8 minutes, until chicken is cooked through and no longer pink in center when sliced with a knife. Set aside to rest 5 minutes then shred.

To make dressing: In large bowl, mix peanut butter, coconut milk, fish sauce, chili sauce, garlic, ginger, sesame oil and hot water. Whisk well until smooth.

Divide spinach and avocado among four bowls. Top with chicken, zucchini, carrots, radishes and cilantro. Drizzle with dressing and serve immediately.



EGG-FILLED AVOCADO WITH PROSCIUTTO

Recipe courtesy of *Atkins: Eat Right, Not Less*

Active time: 10 minutes

Total time: 15 minutes

Servings: 4

6 ounces watercress or baby spinach

2 tablespoons balsamic vinegar

8 large eggs

4 ripe Hass avocados, halved lengthwise and pitted

olive oil spray

8 slices (about 4 ounces) prosciutto

Place the watercress or baby spinach in large bowl. Drizzle with balsamic vinegar and toss well. Divide among four small plates.

In large skillet, heat 2 inches water over medium heat until bubbles cover bottom and sides of pan. Crack eggs into small bowl (do not use eggs with broken yolks). When a few bubbles have broken surface of water, gently pour each egg into pan, leaving room between them.

Cook eggs, without stirring, until whites are just set and yolks are still runny, 2-3 minutes. Use rubber spatula to gently release eggs from bottom of pan, if necessary. Using slotted spoon, remove eggs from water and drain on paper towels.

Place poached egg in each avocado half. Coat medium skillet with olive oil spray. Heat skillet over medium heat and add prosciutto. Cook until crispy, about 2 minutes per side. Transfer two avocado-filled egg halves to each plate and serve immediately with two slices prosciutto.

For many, spring is an opportunity to hit refresh on many aspects of life, including what you eat. Rather than instituting a restrictive diet that forces you to cut back on your favorite snacks and dishes, consider making simple changes that can go a long way so you can enjoy the flavors of the season without sacrificing taste or eating less.

For example, Atkins offers a long-term, healthy lifestyle featuring a balanced approach of high-fiber carbohydrates, optimal protein and healthy fats, while focusing on reducing levels of refined carbohydrates, added sugars and hidden sugars, which are the carbohydrates that convert to sugar in the body.

Fresh flavors abound during spring, and you can enjoy nature's bounty while avoiding hidden sugars by selecting high-fiber, low-glycemic fruits and vegetables.

For example, a single avocado contains 10 grams of dietary fiber in addition to healthy fat. Consider a menu comprised of recipes like Egg-Filled Avocado with Prosciutto, Avocado Kale Berry Smoothie Bowl and Thai Peanut Buddha Bowl.

Learn more about the benefits of a balanced, flexible, low-carb approach to eating at Atkins.com.

AVOCADO KALE BERRY SMOOTHIE BOWL

Recipe courtesy of *Atkins: Eat Right, Not Less*

Active time: 10 minutes

Total time: 10 minutes

Servings: 2

⅓ cup plain protein powder

1 cup plain full-fat Greek yogurt

¼ cup water

½ ripe Hass avocado

1 cup kale leaves

2 tablespoons chopped fresh mint

1 teaspoon stevia (sugar substitute)

½ cup fresh or frozen berries such as blackberries, strawberries or raspberries

2 tablespoons almond or walnut halves

2 tablespoons chia seeds

In blender, blend protein powder, yogurt, water, avocado, kale, mint and stevia until smooth then divide between two bowls.

Sprinkle berries, nuts and chia seeds over smoothies. Serve immediately.

(Content and images provided by Family Features)

MasterGardeners to participate in Publick Day

The Extension MasterGardeners of Carteret County will offer an annual plant sale open to the public.

This year, the sale will be at the Beaufort Historic Site and will correspond with Publick Day.

The sales begin at 11 a.m. Friday, April 20, and will continue Saturday, April 21.

The mastergardeners will be on hand to answer gardening questions and offer solutions to planting problems.

The plants offered in the sale include vegetables, herbs, native plants, annuals, woody ornamentals and perennials.

These plants are propagated from the private and public gardens of the mastergardener gardens. They are all hardy to the area and have been climatized.

This event is a principal fundraiser for scholarships. The organization offers scholarships to students in the county who plan to complete a curriculum in an agricultural field.

In the past, the organization awarded scholarships to young people pursuing degrees in horticulture, agriculture engineering and other areas of study.

The scholarship application period is open now and will close Tuesday, May 1.



The Extension Mastergardeners of Carteret County will host a plant sale Friday-Saturday, April 20-21, during Publick Day at the Beaufort Historic Site. (Contributed photo)





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Si Kahn and Joe Jencks to perform concerts

Si Kahn and Joe Jencks are the next performers in the Down East Folk Arts Society's concert series.

The shows are 7:30 p.m. Friday, April 20, at Trent River Coffee Co. in New Bern and Saturday, April 21, at the Unitarian Coastal Fellowship, 1300 Evans St. in Morehead City.

Ticket sales start at 6:30 p.m. both nights.

Mr. Kahn's songs of family, community, work and freedom have been recorded by more than 100 artists and translated into half a dozen languages.

Songs such as "Aragon Mill"

have become a part of the oral tradition and are sung in folk clubs and living rooms, at rallies and on picket lines around the world.

His work includes albums of original songs, as well as a collection of traditional labor, civil rights and women's songs recorded with Pete Seeger and Jane Sapp.

With nearly two decades under his belt on the international circuit, Mr. Jencks has become a favorite singer, performer and song writer of music fans throughout North America.

His lyric baritone voice com-

bined with his well-crafted, heart felt lyrics weave a richly layered tapestry.

For more information on the artists, visit www.sikahn.com or www.joejencks.com.

General admission tickets are \$16, active duty military and DEFAS members are \$13 and full time students are \$10.

Prices do not include state sales tax.

To reserve tickets online via PayPal, click on the online tickets menu at www.downeast-folkarts.org, call or text 252-646-4657 or send email to folkartsenc@gmail.com.

Living History Weekend approaching

BY MIKE SHUTAK
NEWS-TIMES

Visitors to Fort Macon can figuratively step back in time Saturday-Sunday, April 21-22, with this year's first Living History Weekend at Fort Macon State Park.

The Living History special event runs from 10 a.m. to 4 p.m. each day of its weekend. The event is free and open to the public.

Re-enactors with the 1st N.C. Volunteers Civil War re-enactment group will be at the fort providing visitors with a program of special presentations and activities.

Each day's activities will include flag talks, musket drills, artillery demonstrations and women's period fashion presentations. The event will also feature two skirmish scenarios, one on each day of the celebration at 1:30 p.m.

State park ranger Benjamin

Fleming said while the events scheduled are largely the same as the ones from the last Living History Weekend, the fort has a number of new exhibits.

"There is a new Artillery and Armament room that opened last year," he said, "and we just got our recently acquired 10-inch Columbaid cannon on its carriage. The Columbaid is an original pulled up from a shipwreck off the coast of South Carolina; it's massive."

Fort Macon usually holds its Living History events around the same time each year.

Mr. Fleming said last April's event had about 5,000 visitors, though attendance often depends on the weather.

"The other two (Living History weekends) are during the summer, so the numbers jump up with all the visiting tourists," he said. "The April event is great for the locals, because the heat of the summer isn't here and with lower attendance, it's the best time to have personal chats with the re-enactors."

Mr. Fleming said they tend to get a mix of both local and out-of-town visitors during the

spring Living History event.

He said he's always surprised how often he talks to visiting locals who "are blown away by how nice the park is and how much there is to do."

"They always say something like 'I haven't been here in years and I can't believe how amazing the fort looks and how great the Visitor Center is,'" Mr. Fleming said. "Our Friends of Fort Macon (volunteer) group is very active and that allows us to constantly add new things to see."

Due to the event being held on a weekend, Mr. Fleming said they rarely have school groups attend. However, he said he's talked with home-school groups, which have attended the living history weekends.

Mr. Fleming said school groups do visit the fort, however, usually arranging a visit during the week.

"We regularly have days with four to five scheduled, ranger-led programs," he said. "The cool thing is those programs are in the fort, so the general public visiting can listen in on the program as well."

Scholarship applications accepted

La Musique Club of Carteret County will be awarding a \$1,000 scholarship to a high school senior graduating with the class of 2018.

Candidates for this scholarship must have definite plans to major in music at an accredited college, university or conservatory.

The scholarship candidate

must have been accepted as a full-time music student by a four-year academic college, university or conservatory.

The application deadline is Wednesday, April 25.

For more information and scholarship qualifications, call Rachel Mundine at 252-223-4538.

Festival will raise money for special needs children

BY BRAD RICH
NEWS-TIMES

A Hubert woman who for several years has fought an incredible battle to keep her young son alive against high odds has organized the Eastern Carolina Lantern Festival to inspire and raise money for special needs children in the area.

The festival will be from 3 to 8 p.m. Saturday, April 21, at the Carteret County Speedway at 501 White House Fork Road in Peletier. It will end with the special event, Lanterns of Love.

Angela Wiles said the fundraiser is intended to help bridge the financial gap for families and special needs children "fighting big battles in our local community, from needing travel expenses or equipment not covered by insurance to promoting disability awareness," and will also promote addiction awareness.

"We're hoping this fundraiser not only will be a big success, but ultimately many will feel renewed and see the love and support from our amazing community," she added.

Lanterns of Love, she said, "will be in memory of a lost loved one, in honor of someone you love, someone fighting

addiction, children and adults fighting horrible diseases, showing someone, they are not alone in this fight.

"God will give you a Second Chance!" she added. "No one fights alone!"

Ms. Wiles' reference to "Chance" refers to her son, who was born in the spring of 2015 with hydrocephaly and two other brain abnormalities.

Early in her pregnancy she was told that if she carried the baby to term, he would only live two hours and never be "normal."

But, she said at the time, "After a lot of praying and the realization that God would never leave me, I continued in the faith of God and his promise to me: I chose LIFE."

Chance has since had numerous surgeries, but Ms. Wiles has continued to care for him, help him enjoy life as much as possible and to celebrate birthdays and other events.

To learn more about Chance and Ms. Wiles' journey, visit the Second Chance page on Facebook at: www.facebook.com/myspecialchance/.

Ms. Wiles has since thrown herself into a life of helping

others, especially those whose children have ailments. She's become involved in their lives, and regularly posts on Facebook about the impacts of childhood illnesses on the lives of not only the children, but their families.

She also organized a huge memorial and service in December for 3-year-old Mariah Woods of Jacksonville, whose disappearance and eventually discovered death after a massive search attracted national attention.

Mariah's mother's live-in boyfriend, Adolphus Earl Kimrey II of Jacksonville, was charged Jan. 24 with first-degree murder and felony child abuse inflicting serious bodily injury, and Ms. Wiles said she felt deeply that she had to do something.

Tickets for the lantern festival are available at a variety of prices at The Market at Cedar Point, 1046 Highway 24, and at the speedway gate the day of the event.

Tickets are also available at www.facebook.com/causeofchance.

For more information, call 910-650-2154.



Angela Wiles holds her son, Chance, who has survived for several years against extreme odds. Ms. Wiles has organized the Eastern Carolina Lantern Festival to raise money for special needs children in the area. It is from 3-8 p.m. Saturday, April 21. (Contributed photo)

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Expo to promote exercise, healthy living

The Crystal Coast Sports & Recreation Expo is from 9 a.m. to 4 p.m. Saturday, April 21, at the Crystal Coast Civic Center in Morehead City.

Promoting the theme "Get Up and Get Active," this event provides all-day entertainment for children and adults with a multitude of activities and interactive booths inside and outside.

Participants will learn about all the unique opportunities on the Crystal Coast for sports, recreation, fitness, health and wellness all in a fun atmosphere.

In the grassy areas in front of the main building, visitors will be greeted with a variety of colorful, interactive booths ranging from inflatable bounce houses to climbing towers.

Children of all ages will have their pick of playing "human foosball" in a blow-up stadium, rappelling up a tree or relaxing on a trackless train ride around the property.

Inside the building, participants will have the opportunity to visit all the interactive exhib-

its featuring health and fitness clubs, youth sports leagues, athletic gear, recreation providers, summer camps, wellness products and services and many others.

On the main stage, there will be a plethora of demonstrations from area businesses such as dance, gymnastics, fitness routines, yoga and cross fit. There will also be opportunities to join in and learn a new workout routine.

Admission is \$2 per person and includes all activities. Children 3 and under are admit-

ted free.

Food concessions will be on-site providing county cuisine. Many of the vendors will have games, door prizes and giveaways.

For more information, visit www.crystalcoastcivicctr.com.



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SUDOKU

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

		1	2					3
						8		1
	5	7					9	4
3		8		5		4		
	6						2	
4		5					3	9
		6		3				7
9						3	8	
1		3	5		7	9		

Level: Intermediate

5	6	9	3	4	1	8	2	7
2	7	4	8	9	5	6	3	1
3	8	1	6	2	7	5	4	9
4	2	6	7	8	9	1	5	3
8	9	5	1	3	2	7	6	4
7	1	3	4	5	6	9	8	2
6	4	8	9	7	3	2	1	5
9	3	2	5	1	8	4	7	6
1	5	7	2	6	4	3	9	8

Editor's Note:

Sudoku puzzles and answers are published in the next edition of twm.

ENTERTAINMENT CALENDAR

Calendar deadline is two weeks prior to the start date of the event. Send an email that includes the event time, date, location including address, admission price and contact information to megan.soult@thenewstimes.com

Event placement on a specific date is not guaranteed, as events run as space is available. Find the full calendar online at carolinacoastonline.com by hovering the pointer over TWM and choosing the "Calendar" option, or on a mobile device, choose "Calendar" from the drop-down menu.

Kids and Family

PLAYERS NEEDED for Morehead City Babe Ruth. Players ages 12-15 who are interested in playing spring baseball should contact Jim Brinson at 252-723-2745.

SEA SCOUT SHIP 1810 SSS SEA WOLF CMAST now has its very own Sea Scout ship for students ages 13-18 interested in boating and all things maritime. Sea Scouts are a division of Boy Scouts. Sea Scouts is for young men and women ages 14-20. Sea Scouts will learn boating skills, water safety, maritime heritage and citizenship through limitless opportunities and exciting challenges. For more information, visit <http://sciencehouse.ncsu.edu>, <http://cmast.ncsu.edu> or www.facebook.com/CMASTYouth.

SOUNDSIDE STORY TIME 10:30-11:30 a.m. Fridays at the Core Sound Waterfowl Museum and Heritage Center on Harkers Island. There will be stories, crafts, snacks and free play for preschoolers and their caregivers with new topics each week. For more information, call the museum at 252-728-1500.

STORY TIME AND PRE-K PLAY 9-10 a.m. Mondays for children from birth to 5 years, accompanied by an adult. Bring any supplies needed, such as diapers, wipes, bottles and more. For more information, call 252-354-6350.

Art

SEVENTH ANNUAL BARK FOR ART SHOW AND SILENT AUCTION 4-8 p.m. Saturday, April 21, at the train depot at City Park in Morehead City. Proceeds from the event will go to Protectors of Homeless Pets of Carteret County to provide medicine, spaying and neutering of county animals in need. Bark for Art will feature art works from several artists, as well as art students from area schools, which will be displayed for voting and sale. Attendees can place final bids on silent auction items from 6 to 7:30 p.m. Wine and light hors d'oeuvres will be available. For information,

contact Mary Metzler at 252-723-0319.

CAROLINA ARTIST GALLERY CALLS FOR ARTISTS to participate in the upcoming show, "Nature Abstracted," which will run from Saturday, May 12, to Friday, July 6. Entries in all media are welcome and must be received by 5 p.m. Sunday, May 6. Art inspired by nature, but perhaps modified, distorted, embellished or simplified in any media is welcome. Two pieces may be submitted by each artist. For entry details, visit CarolinaArtistGallery.com or call the gallery at 252-726-7550.

SWANSBORO AREA HERITAGE CENTER CALLS FOR ARTISTS to participate in an art show at the Heritage Center Saturday-Sunday, June 9-17. Swansboro Area Heritage Center is at 502 W. Church St. in Swansboro. Entries are due by 4 p.m. Friday, June 8. Art not sold is to be picked up by 4 p.m. June 17. An artists' reception will be held at 2 p.m. June 9. Artists may submit a limit of two pieces each and local scenes are encouraged. Paintings, prints, photographs, ceramics, sculpture and jewelry are welcome. Art must be ready to hang (no sawtooth hangers). Please supply displays for pottery and jewelry. There is a \$10 entry fee and a suggested donation of 30 percent commission on work sold. Check the website for details. For more information, call Ann vonHoon at 860-671-1278.

Music and Theater

NAACP ANNUAL GOSPEL FESTIVAL 7 p.m. Friday, April 20, at St. Luke Missionary Baptist Church in Morehead City. This fundraiser will raise money for the scholarship fund. From this fund, one scholarship will be available to one student from each of the three county high schools and one to a student at Carteret Community College.

'ON GOLDEN POND' 7:30 p.m. Friday-Saturday, April 20-21, and 2 p.m. Sunday, April 22, at Carteret Community Theatre, 1311 Arendell St., Morehead City. Tickets are \$18 in advance for adults, \$15 for seniors/military with ID and \$10 for students through high school. At the door, tickets are \$20 for adults, \$17 for seniors/military with ID, \$12 for students through high school. The price includes North Carolina sales tax and service fees. For more information, call 252-497-8919 or

visit www.carteretcommunitytheatre.com.

LA MUSIQUE CLUB OF CARTERET COUNTY will be awarding a \$1,000 scholarship to a high school senior graduating with the class of 2018. Candidates for this scholarship must have definite plans to major in music at an accredited college, university or conservatory. The scholarship candidate must have been accepted as a full-time music student by a four-year academic college, university or conservatory. The scholarship must be used for tuition, bona fide scholarship fees and books. The scholarship grant will be sent directly to the school at the beginning of the first semester. This scholarship is open to all high school students in the county, including home-school and private school students. It is also open to high school students in Havelock. The application deadline is Wednesday, April 25. For more information and scholarship qualifications, call Rachel Mundine at 252-223-4538.

Food and Drink

HAM DINNER FUNDRAISER 11 a.m. to 6 p.m. Saturday, April 21, at the Scout Hut in Davis. Eat-in or carry out. Bake sale items will be available. The cost is \$9 per plate, which includes all the fixings and a drink.

BRUNSWICK STEW AND BAKED GOODS FUNDRAISER 11 a.m. Saturday, April 21, at Caroline's Collectables, 3716 Arendell St., Morehead City. Hero Lodge No. 248 of Beaufort is hosting a fundraiser for the Carteret County Domestic Violence Program. Proceeds will support CCDVP safe house. Stew is \$8 a quart.

BEAUFORT WINE & FOOD WEEKEND Wednesday-Sunday, April 25-29. This wine and food weekend features celebrity chefs and various wines from around the world. There will be wine tastings, cooking demonstrations, unique recipes and more. For more information, visit www.beaufortwineandfood.com.

NATIONAL SUPERHERO DAY 2-4 p.m. Saturday, April 28, at AB Ice Cream and Candy Shop in Atlantic Beach. Come get free pictures with Batman and Wonder Woman. Ten percent of sales donated to Project

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Superhero Inc., a local nonprofit charity organization. For more information, visit www.projectsuperhero.org.

Events

DOWN EAST EARTH DAY Friday, April 20, at the Core Sound Waterfowl Museum and Heritage Center on Harkers Island. All Down East schools are welcome to participate. For more information, call the museum at 252-728-1500.

PUBLIC DAY 9 a.m. to 4 p.m. Saturday, April 21, at the Beaufort Historic Site. An old-fashioned flea market on the Beaufort Historic Site with vendors selling antiques and collectibles, art, crafts, handmade jewelry, books, food and much more. No admission charge. Vendor information is available for this fun spring event. For more information, call 252-728-5225.

CRYSTAL COAST EARTH DAY 10 a.m. to 2 p.m. Saturday, April 21, at Fort Macon State Park. Celebrate Earth Day with over a dozen local organizations at Fort Macon State Park. Each group will have a booth with displays and/or activities showcasing their group's conservation efforts.

MASTER GARDNER ASSOCIATION PLANT SALE 11 a.m. Friday, April 20, and all day Saturday, April 21, at the Beaufort Historic Site, 130 Turner St., Beaufort. This will be a part of the Beaufort Historical Association's Public Day.

EASTERN CAROLINA'S LANTERN FESTIVAL 3-8 p.m. Saturday, April 21, at the Carteret County Speedway in Peletier. This fundraiser will help multiple special needs children fighting battles in the local community and promoting disability and addiction awareness. Tickets are available at facebook.com/causeofchance, at the Market at Cedar Point and at the gate (cash only). For more information, contact secondchanceslanternfestival@gmail.com or call Angela at 910-650-2154.

Local heritage

STATEWIDE STAR PARTY 7 p.m. Friday, April 20, at Fort Macon State Park. Join us at Fort Macon State Park, along with the Crystal Coast Star Gazers, for the 2018 State Wide Star Party. The event will start at 7 p.m. at the beach access parking lot about 1 mile before you get to the actual fort area. There will be several telescopes set up with which to view the heavens, and several other astronomy-related activities to participate in. There

will be one rain date for this event, Saturday, April 21, in the event of bad weather.

GALACTIC STARLAB 7:30 p.m. Friday, April 20, at Hammocks Beach State Park in Swansboro. Statewide Star Party: Experience the thrill and excitement of a STARLAB portable planetarium at the park, sponsored by Woodmen Life. Participants will get to hear about the universe and learn about the solar system and the exciting myths and mysteries behind our dark skies. There will be games and crafts for all ages to enjoy. If it's a clear night, they will bring out the telescopes and binoculars to get a closer look at some of the planets and stars shining that night. The program will be held in the maintenance area. For more information, call 910-326-4881.

LIVING HISTORY WEEKEND 10 a.m. to 4 p.m. Saturday-Sunday, April 21-22, at Fort Macon State Park. Re-enactors with the 1st N.C. Volunteers will be spending the weekend at Fort Macon presenting the public with special events and programs. Events will be held from 10 a.m. to 4 p.m. and may include flag talks, women's dress talks, musket drills and artillery demonstrations. A skirmish scenario will take place at 1:30 p.m.

EARTH DAY TREE HIKE 1 p.m. Saturday, April 21, at Hammocks Beach State Park in Swansboro. Participants will hike through the woods and explore the sights and sounds along the park's walking trail. They will learn about the different plants and animals that can be found in some of the forests here in coastal North Carolina while taking in the fresh air. The park has a very limited supply of binoculars to use, so participants should bring their own if they have them. For more information, call 910-326-4881.

Education

INTRODUCTION TO WOODEN BOAT BUILDING COURSE 9 a.m. to 4:30 p.m. Saturday-Sunday, June 2-3, at the Harvey W. Smith Watercraft Center in Beaufort. A two-day hands-on course, students will explore the art of boat building from start to finish. By the end of the course, students will have the knowledge and skill to choose a design and style of boat to build on their own and the confidence to take on the job. The course fee is \$135 or \$121.50 for Friends of the Museum. The minimum age is 16 years old. Course size limited. Advance registration required. Call the program registrar at 252-504-7758. Additional dates include: July 14-15, Aug. 25-26, Sept. 29-30, Oct. 13-14, Nov. 17-18 and Dec. 8-9.

THE TWO BOATS SCHOOL 6-8:30 p.m. Tuesdays at Shepherd of the Sea Lutheran Church in Atlantic Beach. This class will be for all ages and will cover advanced navigational skills, using math. To register, call Capt. Nick Webster at 970-946-3858.

GED CLASSES 6:30 p.m. Mondays and Wednesdays at The Bridge Downeast, 1344 Island Road, Harkers Island. Call Susan at 252-504-2581 to register or for more information.

SECU CRYSTAL COAST HOSPICE HOUSE SEEKS VOLUNTEERS There are several capacities a volunteer can choose to serve. Direct care is an area of companionship for the patient and their family. There is also a need for volunteers to do filing, answering phones and putting together admission packets. If you are interested in sharing your time and compassion call Sharon Baugus, Volunteer Coordinator, at 252-514-8902 or email her at sbaugus2@3hc.org for an application. The Crystal Coast Hospice House is at 100 Big Rock Weigh in Newport.

VOLUNTEERS NEEDED FOR U.S. COAST GUARD AUXILIARY FLOTILLA 20-02. To learn what capacities need to be filled and become a uniformed volunteer Coast Guard Auxiliary member in Flotilla 20-02 in Morehead City, call 252-393-2869 or email lhorton4@ec.rr.com.

USCG ABOUT BOATING SAFELY CLASS is for all ages and required for anyone born after Jan. 1, 1988, at Coastal Carolina Community College or U.S. Coast Guard Station Emerald Isle. This one-day, eight-hour class helps boaters stay safe and legal and feel more comfortable on the water. Classes are taught by certified U.S. Coast Guard Auxiliary instructors. Those who pass earn a boater safety certificate. For more information, email smathusek@ec.rr.com, call 610-331-6764 or visit <http://swansboroaux.com>.

Fitness

CRYSTAL COAST SPORTS AND RECREATION EXPO 9 a.m. to 4 p.m. Saturday, April 21, at the Crystal Coast Civic in Morehead City. The expo is now accepting vendors. Learn about all the unique opportunities for sports, recreation, fitness, health and wellness. Visit all the interactive exhibits inside the civic center, watch demonstrations of sports and recreational activities such as gymnastics, dance and fitness classes or participate in outside demonstrations and activities such as tennis, tree climbing, bounce houses and more.

NIGHTLIFE CALENDAR

Morehead City

FLOYD'S 1921: Live music 7-10 p.m. Friday-Saturday.

CRYSTAL COAST BREWING CO.: Team Trivia 7:30 p.m. Mondays. A special delivery menu will be available on trivia nights from Loretta's Pizza. **Homebrewer's Night** with head brewer available for questions will be on the first and third Tuesday of the month.

SHUCKIN SHACK OYSTER BAR: Live music from 6-8 p.m. Wednesdays featuring local musicians each week.

Bogue

LOGAN'S AT CAROLINA HOME AND GARDEN: Live music 6:30-9:30 p.m. Thursdays. There is a \$5 cover charge. **Wild Honey** April 19; **4EverAll** April 26; **Reindl Brothers** May 3; **Will Baker** May 10; **4EverAll** May 17; **Ed Prophet** May 24; and **Rick Huff** May 31.

Newport

SHORTWAY BREWING CO.: Mark Hibbs 6:30 p.m. Saturday, April 21.

Atlantic Beach

AMOS MOSQUITO'S: Karaoke 5-9 p.m. Thursdays.

Beaufort

OLDE BEAUFORT FARMERS' MARKET: Morris Willis 10 a.m. to noon Saturdays, April 28, May 19, June 30, Aug. 25 and Sept. 29.

CRU WINE BAR: Dick Knight 8 p.m. Friday, April 20; **Spencer Scholes** 8:30 p.m. Saturday, April 21; and **Studio Cru-54 night with DJ Jerm** 9 p.m. Thursday, April 26.

RIBEYES: Morris Willis 6 p.m. Tuesdays.

THE DOCK HOUSE RESTAURANT: Morris Willis 7-10 p.m. Sundays, May 6, June 3, July 1, Aug. 5 and Sept. 9.

BEAUFORT VFW: Morris Willis 6-9 p.m. every third Friday through the end of the year.

Cedar Point

HARRIKA'S BREW HAUS: Drink Like a Local \$3 Pints every Thursday until Sept. 27; **Food Truck Friday** 5 p.m. Fridays until Oct. 26; **Jam Sessions Fridays** 7 p.m. Fridays until Dec. 28; **Drink for the Dogs** 1 p.m. every Saturday until June 9; and **Beer and Wine tasting** 6 p.m. the fourth Thursday of every month.

Emerald Isle

SALT: The Calloway Band 9:30 p.m. Friday, April 20; **Steel Shot** 9 p.m. Thursday, April 26; **ASG** 10 p.m. Saturday, April 28; **The Calloway Band** 9 p.m. Friday, May 4; **Jim Quick and the Coastline** 9 p.m. Friday, May 11; **David Dixon** 9:30 p.m. Thursday, May 17; **PLUS Dueling Pianos** 9 p.m. Friday, May 18; **Bryan Mayer on Acoustic** 9:30 p.m. Thursday, May 24; **The Tim Clark Band** 9 p.m. Friday, May 25; and **The Embers featuring Craig Woolard** 9 p.m. Sunday, May 27.

Swansboro

BORO CAFÉ: Live music 7 p.m. Fridays.

ICEHOUSE WATERFRONT RESTAURANT: Live music 7:30 p.m. Wednesdays and 9 p.m. Saturdays.

AREA SPORTS CALENDAR

Friday, April 20

High School Girls Softball

Jayvee: Pender at East Carteret..... 4:30 p.m.

Varsity: Pender at East Carteret 6 p.m.

High School Girls Soccer

Varsity: Pender at East Carteret 6 p.m.

High School Baseball

Varsity: Pender at East Carteret 7 p.m.

* Scheduled events subject to change

Portsmouth Islanders to celebrate biennial homecoming

There is no place better than home. Every two years, descendants, family and friends gather on Portsmouth Island to celebrate homecoming with a traditional celebration complete with dinner on the ground, visits to the family cemeteries and time to revisit old memories along the sandy paths of Portsmouth Village.

This year's homecoming is Saturday, April 21.

"There's hardly a day goes by that I don't miss that place," Marian Gray Babb, one of the last to leave the island, said. "It's the peace and quiet that's there, and it's home."

Sponsored by the Friends of Portsmouth and hosted by Cape Lookout National Seashore, the theme for the 2018 Homecoming is "A Step Back in Time," focusing on the simple times and activities common to the people of Portsmouth.

"I am honored to host the 2018 homecoming at Portsmouth Island," Cape Lookout National Seashore Superintendent Jeff West said. "Having seen first-hand the love, work and dedication the heritage and history of Portsmouth village inspires in people, I can say that it is a truly amazing place both physically

and in the hearts and minds of people. I hope everyone can make time to come and be a part of the celebration on April 21."

Since this event only happens every two years, the organization works to make sure those in attendance can make the most of the day.

"We hope everyone will take this opportunity to tour the houses and visit with our descendants," Rosanne Penley, Friends of Portsmouth president, said. "The park is working hard to make the houses accessible this one day. We won't do this again until 2020. Come be a part of this special day. Everyone is welcome."

Those interested in attending should make reservations with Rudy Austin at Ocracoke by calling 252-928-4361 in April.

The cost is \$20 per person, round trip.

Those coming on the North Carolina ferry from Cedar Island or Hatteras should keep the following in mind:

The ferry service often changes schedules. Riders should contact them at 800-293-3779 for the latest information, including schedules and prices.

The boats to Portsmouth load at the NPS docks at Ocracoke. Park the car and follow the crowd.

Return reservations should be made on the last state ferry to Cedar Island or Swan Quarter, unless you are spending the night at Ocracoke.

If coming from Hatteras, riders will want to be on a very early ferry as the ride is now an hour long.

In case of inclement weather, homecoming will be held at the Assembly of God Church at Ocracoke on Lighthouse Road.

Check www.friendsofportsmouthisland.org and the Friends of Portsmouth Island Facebook page for any news or updates to this schedule.



The biennial Portsmouth Homecoming is set for Saturday, April 21. (Contributed photo)

Schedule for the day

- 9 a.m.: Buildings open, including the visitor center (T-shirt sales), post office (stamp cancelation), school, Cecil Gilgo house, Henry Piggot house, Washington Roberts house, Roy Robinson/Gilgo house (descendant displays), U.S. life-saving station, Styron-Bragg house, Wallace/Grace house, Jesse/Marian Babb house, Dennis Mason house, Carl Dixon house, Tom and Lucy Gilgo house and McWilliams/

Dixon house.

- 10 a.m.: Hymn singing in church led by Connie Mason.
- 11:15 a.m.: Church bell rings to begin the Homecoming Celebration.
- 11:30 a.m.: Homecoming program, featuring David Quinn, grandson of Dot Salter Willis, who will offer the Island's history, along with presentations from other island

family members.

- 12:30 p.m.: Dinner on the grounds, (ice, paper products and tea will be provided. Everyone brings food to share.)
- 1:30 p.m.: Time to visit/tour all the open buildings throughout the village.
- 2 p.m.: Passenger ferries begin returning to Ocracoke, (ferries will run as long as needed.)



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Man runs trail for research

Kenny Capps, of Asheville, has been running the Mountains-to-Sea Trail to raise money and awareness for multiple myeloma, a blood cancer that attacks the bones and a disease Mr. Capps is battling. It has no cure.

His journey started April 1 in Asheville and he ran through Davis April 6.

His goal is to run 1,175 miles over 54 days, ending at Clingman's Dome on the border of North Carolina and Tennessee.

He hopes to raise \$117,500 before Thursday, May 24, which is the equivalent of \$100 for every mile of the run.

He is calling the run "Throwing Bones."

To keep up to date with Mr. Capps' run or to donate to the cause, visit www.throwing-bonesrun.org.

Farmers' market set to open for sixth season

BY MEGAN SOULT
NEWS-TIMES

The Olde Beaufort Farmers' Market is set to open for the season at 8:30 a.m. Saturday, and this year, there are big plans in store for the community market.

This season marks the sixth year that the market has been open. Each Saturday, vendors set up under the live oaks at Courthouse Square and provide fresh and local produce, homemade arts and crafts and more.

"The OBFM is really looking forward to providing a more engaged, more diverse, more educational, more interesting and exciting market for our local community as well as for the many guests and tourists who visit Carteret County," said Cindy Bunch, executive market manager, in an email statement. "We have a vision of creating a space where the entire community comes together to celebrate the best of small town life and to connect with neighbors."

Ms. Bunch said the market will be a place to enjoy a cup of coffee and hear what the community is up to, all while listening to live music and learning about area

businesses and nonprofit organizations, and she is anticipating a busy season.

"I am looking forward to the smiles on people's faces as they wind their way through the market under the beautiful, giant live oaks on the grounds," she said. "I'm looking forward to seeing happy kids freely engaged in activities especially planned for them. I'm looking forward to seeing the many dog family members who add joy and a special touch to our market. I'm looking forward to seeing friendly vendors talking with folks about their products and selling their work to support their lives and livelihood."

So far, the lineup includes vendors of all types, including several new booths, both farmers and artisans.

"We have several new farmers who will bring fresh microgreens of all sorts, organically grown vegetables, and beautiful bedding plants for shoppers to purchase for their own gardens," Ms. Bunch said. "We will also have several new artists and craftspeople with unique and quality work to share with our shoppers."

On opening day, the market will feature about 60

different vendors.

There will also be six community organizations whose missions support the opening day theme, an Earth Day Celebration, and N.C. Coastal Life will provide an open-air yoga class on the grounds starting at 9:30 a.m.

Beaufort Mayor Rett Newton and several town commissioners will arrive around 10 a.m. to the cheers of Beaufort Middle School's award-winning cheerleaders, who will lend their support and to help kick off this year's market.

The Tata Jo French food truck will be serving lunch to hungry shoppers and Caroline and Kira will provide live entertainment.

During this season, the market will attempt to engage the community in new ways.

This year, the market will join the "Ban the Bag" campaign by phasing out the use of plastic grocery bags.

The market will have reusable shopping bags for sale for \$1 for those shoppers who don't bring their own, and plastic bags will be replaced by paper bags provided by local businesses.

As well as shopping opportunities, this year's market will have

several activities geared toward the youngest attendees.

An artist who just graduated from the East Carolina University Art Department will be holding art activities for children and their parents.

Her booth will be called "Miss Jaymee's Outdoor Art," and her activities will coordinate with the theme for each market. She will also have supplies and some of her own artwork for sale.

There will also be a collectible poster for sale at the market this year. The series began last year, and Ms. Bunch said the goal is to do a new poster each year.

The poster can be bought online at oldebeaufortfarmersmarket.org or at the market.

Every Saturday the market will have a specific theme.

These themes will focus on a vegetable that is in-season, a town celebration, a national holiday or an aspect of the market's mission of educating and informing the public about making healthy lifestyle choices concerning food, sustainable agriculture, personal health and sound environmental practices.

Also, this year the market will

partner with over 40 businesses in Beaufort and other areas of the county to raise awareness of the market and to engage new folks in the organization.

Due to the support from the community, the market is able to award a scholarship to a graduating senior from each of the three county public high schools.

Organizers are also beginning an internship program for high school students to volunteer at the market so they can get firsthand experience with this diverse weekly event.

Once again, the market will host the Farm to Table Dinner.

This year's event is set for 6 p.m. Thursday, May 24, at Harborside Park, which is across Front Street from the N.C. Maritime Museum.

Chefs John McGregor and Corrie Robbins of Clawson's Restaurant will create a meal complete with fresh vegetables, meats, bread and sweets from the market vendors.

Thursday, Oct. 4, the market will host the Sea to Table Dinner featuring fresh caught local seafood. The event will also take place at Harborside Park.

For more information, visit oldbeaufortfarmersmarket.org.

County to host Earth Day events

BY MEGAN SOULT
NEWS-TIMES

Earth Day is Sunday, April 22, and there are several areas in the county and surrounding gearing up for activities to promote a healthy planet.

Down East, the Core Sound Museum Waterfowl Museum and Heritage Center will host the third annual Down East Earth Day.

There will be interactive programs and activities from 10 a.m. to 2 p.m. Thursday, April 19, at the museum.

Those in attendance can join a "Walk n' Talk" on the Willow Pond Trail, investigate the restored wetland or learn about amphibians and macro invertebrates.

This event is free and open to the public.

Party for the Planet is Friday-Sunday, April 20-22, at the N.C. Aquarium at Pine Knoll Shores.

Party for the Planet activities are free with admission or an aquarium membership.

Celebrate Earth Day with over a dozen local organizations at Fort Macon State Park during

Crystal Coast Earth Day.

From 10 a.m. to 2 p.m. Saturday, April 21, each group will have a booth with displays and activities showcasing their conservation efforts.

Over at Hammocks Beach State Park in Swansboro, those interested can get out and enjoy an Earth Day Tree Hike from 1-2 p.m. Saturday, April 21.

Participants will hike through the woods and explore some of the sights and sounds along the park's walking trail.

Participants should bring their own binoculars, as the park has a limited supply.

Finally, Carteret Big Sweep and partners will host an Earth Day Clean Up from noon to 2 p.m. Sunday, April 22, at the Newport River Boat Ramp on Radio Island.

Those participating will join the Plastic Ocean Project, Mission Blue, Carteret Big Sweep, Duke Environmental Policy & Law Clinic, UNC-Wilmington, N.C. State and the Crystal Coast Waterkeepers for a beach cleanup and Hope Spot Hatteras awareness event.

2018

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