

this week magazine
twm

Volume 38 Issue 29 • 7/20/17 - 7/26/17

**MELON
TIME**



this week

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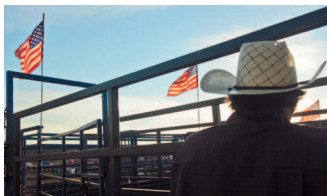
Find out what's happening this week and beyond on the Crystal Coast and in surrounding areas.



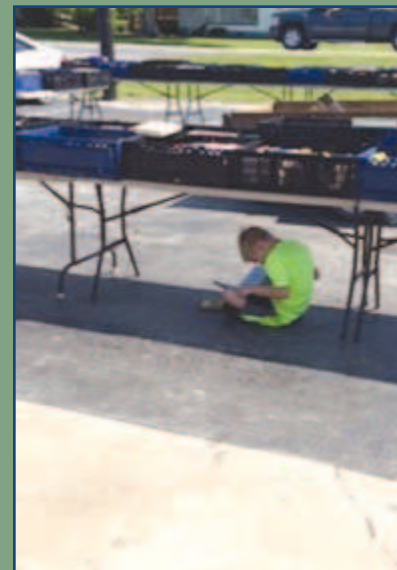
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FAMILY

The Newport Flea Mall will host the ninth annual Newport Rodeo on Friday and Saturday, July 21-22.



FEATURED PHOTO



Feature of the Week

Dakota Boliva reads a book under the shade of a table during a Friends of the Down East Library book sale in this photo by the Friends of the Down East Library.

To see your photograph in this space, email it and a short caption to [megan.soult@thenewstimes.com](mailto:soult@thenewstimes.com), share it with us on our This Week Magazine social media feeds, or mail hard copies with a post-age-paid envelope if you would like the photograph returned to you.

On the cover

Bogue Sound Watermelons grow along the shore of Bogue Sound in Cedar Point. (Dylan Ray photo)

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It's Bogue Sound Watermelon time

BY BRAD RICH

NEWS-TIMES

At 76-years-old, David Winberry, except for a few years he spent in service to his country in the Coast Guard, has been around Bogue Sound Watermelons all his life.

In fact, for many years now, he's been around them almost every day of his life, from March through late September or early October.

He has 12 acres of the delectable melons on his Winberry Farms spread in Cedar Point. There are 1,000 plants per acre, and each plant yields an average of 1.5 melons.

That's 18,000 of the sweetest, juiciest melons known to man, a fruit so prized that Mr. Winberry remembers tractor-trailer after tractor-trailer hauling them north from Cedar Point to Philadelphia and New York City, where, he says, Bogue Sound melons were famous, and still might be.

"I've also been told that, before my time, they used to barge them to New York," Mr. Winberry said in a recent interview at Winberry Farms' retail outlet at 1006 Cedar Point Blvd.

What makes the Bogue Sound melon such a prized fruit?

That would be the soil. It's sandy along Bogue Sound, and it drains well, and apparently, that soil has all the other right things, in the right balance, to make watermelons like none other.

Then there's that salt air and lots of sunshine. Together, those things produce an unparalleled sweetness and a brighter red color that few can resist.

"There are other good watermelons, but none like these," said Lisbet Marquez, a recent Croatan High School graduate who has worked at the Winberry Farms stand for three years and enjoys hefting the heavy melons around. She's going to college for physical therapy. This stuff is good training.

She and Mr. Winberry are pretty sure they could pick a Bogue Sound melon almost every time in a blindfolded taste-test.

So is Lisa Wright, who, after a brief Carteret County vacation, was leaving the stand Wednesday with a couple of melons to take home to Virginia.

"It's the taste of summer," she said. "There are watermelons, and then there are Bogue Sound Watermelons. We always

eat a few during the time we're here, then take a couple back home."

The family reluctantly shares them, but only to those who "deserve them," she quipped.

This year, Mr. Winberry said, was a great year, with weather that was hot enough, and with just enough rain.

"They are above average this year, I'd say," the farmer said. And an average Bogue Sound Watermelon is, well, you know, way above the average melon, even if it's below average for a Bogue Sound melon.

It's not at all unusual for vacationers to take eight, 10, even 12 Bogue Sound Watermelons home, filling every nook and cranny that's not crammed with luggage and human bodies, Mr. Winberry said. Many of those tourists, he and wife, Sarah, said, say they've promised them to friends back home.

"We have a good steady customer base of locals, but the tourists are where we make the money now," Mr. Winberry said.

Years ago, folks would pull up to the farm in pickup trucks, buy a load and then re-sell them along the roadsides, with a decent markup.

That doesn't happen much anymore, 'cause those guys have mostly passed away, but Mr. Winberry said he does sell excess melons to area stores, and to the big farmers' market in Raleigh.

To keep up with demand, Mr.



Winberry Farms in Cedar Point grows fresh Bogue Sound Watermelons and sells them at their barn on Cedar Point Boulevard. (Dylan Ray photo)

Winberry plants in four stages, so he has the prized fruit from July through early October.

"We start the seeds in the greenhouse, starting around March 10," he said. The goal is to have the first crop available for the melon-heads by July 4, the peak of tourist season.

"We made it this year, but just barely," he said. "I think it was July 2 or 3. It's been as late

as July 10. It depends on the weather. If you have some cold weather, it takes a little longer."

It simply can't be too hot – at least in Mr. Winberry's long

memory – for Bogue Sound Watermelons to grow successfully.

"They have very deep tap

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(AP photo)

Review: A thrilling epic in 'War for the Planet of the Apes'

BY LINDSEY BAHR
ASSOCIATED PRESS

Apparently all the new Planet of the Apes films needed to do to really hit a home run was take the humans out of the equation. It's what this whole trilogy has been leading to, really, as we dipped our toes into the rise, dawn and now war of this burgeoning civilization of apes and the humans who are desperately and often dishonorably fighting for their survival.

"War for the Planet of the Apes" is a riveting and surprisingly poignant epic that's a shade above the rest of the franchise dreck populating every multiplex in the country. It's as though director Matt Reeves, screenwriter Mark Bomback and the production actually put care and thought into what they were

doing with their characters.

Mr. Reeves wastes no time getting the action started with a gripping opening battle. We enter the world through the eyes of some terrified intruders. A group of human soldiers walk through the woods in search of Caesar (Andy Serkis). They don't know whether he's still alive, but their leader is hell-bent on exterminating the apes.

Caesar and his followers have been operating from a secret hideout in the woods — a gorgeous little Eden tucked away behind a thundering waterfall. When the soldiers find them, the apes fight back swiftly and effectively and nearly take out all of the combatants. Caesar spares the lives of the few survivors to send a message back to their leader that the apes are not savages and just want to live in peace separately from

the humans.

Of course the message inspires exactly the opposite reaction and the beautiful and harrowing and nearly silent nighttime raid that comes soon leaves the apes no choice but to abandon their home and hit the road in search of safety. Caesar, however, decides he must go off alone and avenge his community by destroying the Colonel (Woody Harrelson), a deranged Kurtz figure who is truly one of the best true villains we've had in quite some time.

A few of Caesar's comrades follow him on his journey to find the Colonel. Along the way they pick up a young, mute girl (Amiah Miller) and a tiny, manic and adorable zoo ape voiced by Steve Zahn who has the same sort of comic energy as Yoda on Dagobah (without all the force stuff

and Jedi training). When they arrive at the Colonel's base, they find a much bleaker and more complicated situation than they could have ever expected.

To say too much more about the plot would probably be a mistake and part of the greatness of Mr. Bomback's script is how even in following a pretty standard exodus story, it still manages to surprise and captivate throughout, and with minimal dialogue too. At times, it even feels like "War for the Planet of the Apes" is essentially a silent movie with the mute girl and the majority of the apes communicating in sign language.

Caesar also continues to be a fascinating and truly complex character that's as well-conceived and executed as a live-action performance. Mr. Harrelson, too, is a menacing delight in his role that has

more layers than might meet the eye.

"War for the Planet of the Apes" should be a satisfactory conclusion for the series, but that's naively assuming franchises are even allowed to have intentional endings. Regardless of what happens or doesn't happen next for the Planet of the Apes, this installment is very simply a great time at the movies.

"War for the Planet of the Apes," a 20th Century Fox release, is rated PG-13 for "sequences of sci-fi violence and action, thematic elements, and some disturbing images." Running time: 142 minutes. Three and a half stars out of four.



Pop-ular summer snacks

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7/20/17 - 7/26/17



COCONUT MONKEY MIX

Yield: 7 cups

1 cup flaked coconut (unsweetened or sweetened)

6 cups popped popcorn

1 tablespoon butter or margarine, melted

1 teaspoon sugar

1/8 teaspoon salt

dash of nutmeg

1 cup dried banana chips

Heat oven to 325 F.

Spread coconut in 13-by-9-inch baking pan, breaking up any clumps as needed.

Bake 10 minutes, or until edges of coconut begin to brown.

Spread popcorn over coconut and sprinkle with butter; toss. Sprinkle popcorn mixture with sugar, salt and nutmeg; toss.

Bake 5 minutes longer, remove from heat and toss with banana chips. Serve immediately or cool and store in airtight container.

From casual gatherings with friends to outdoor athletic activities and leisurely time at home, all of the best summer pastimes have one thing in common: tasty snacks make them more enjoyable.

Light, airy and fresh popcorn is a perfect summer snack. It's naturally low in fat and calories, non-GMO and gluten free – all the makings of an ideal guilt-free treat. Whether you enjoy it one delicious handful at a time, sprinkled with seasonings or as an ingredient in fun summertime recipes, popcorn offers plenty of versatility for every occasion.

You can kick up the heat with a zesty popcorn mix or take a sweeter route with a blend of toasted coconut and bananas. No summer sporting event is complete without some good old toffee-style popcorn and nuts, and even a favorite like ice cream sandwiches can only get better with the addition of sweet, crunchy popcorn and candy.

Find more popcorn recipes at popcorn.org.



POPCORN CHIPWICHES

Yield: 12

2½ quarts popped popcorn

1½ cups light brown sugar

¾ cup dark corn syrup

½ cup butter

1 tablespoon vinegar

½ teaspoon salt

1 package (6 ounces) chocolate pieces

½ cup chopped walnuts

2 pints brick-style vanilla ice cream

Keep popcorn warm.

In 3-quart saucepan, combine brown sugar, corn syrup, butter, vinegar and salt. Cook and stir until sugar dissolves. Continue to cook until hard ball stage (250 F on candy thermometer).

Pour syrup over popcorn; stir to coat. Add chocolate pieces and nuts; stir just until mixed.

Pour into two 13-by-9-by-2-inch pans, spreading and packing firmly. Cool.

In each pan, cut 12 rectangles. Cut each pint of ice cream into six slices. Sandwich each ice cream slice between two popcorn rectangles.

BEACH PARTY POPCORN

Yield: 2½ quarts

1 teaspoon soy sauce

1-2 drops hot pepper sauce

1/3 cup melted butter

2 quarts popped popcorn

2 cups assorted seasoned snacks (crackers, pretzels, etc.)

½ package (0.56 ounces) bacon-onion dip mix

Heat oven to 350 F.

Add soy sauce and hot pepper sauce to melted butter.

Put popcorn and seasoned snacks in large bowl. Pour butter mixture over popcorn and snacks; toss. Sprinkle with bacon-onion dip mix; toss again.

Spread mixture in 15½ -by-10½ -by-1-inch jelly roll pan and bake 8-10 minutes, stirring once.

(Content and images provided by Family Features)



Morehead City man rides to remember

BY MEGAN SOULT
NEWS-TIMES

When Paul Rudershausen's mother died from metastatic cancer, he decided to carry on her memory in a way that was both personal and meaningful with a cross continental charity bike ride.

The trip is called Riding 4 Research and benefits Dr. Jason Somarelli's research at Duke Cancer Institute.

The idea came shortly after his mother died in 2014, and on Wednesday, July 19, Mr. Rudershausen, who lives in Morehead City and works at CMAST as a research lab assistant, began his trek in Anchorage, Alaska, to travel across Canada.

Though Mr. Rudershausen has participated in cycling marathons before, this trip will be his longest. He hopes to finish the trip that is roughly 6,000 miles in two to three months.

He chose to bike for the trip to honor his mother and to draw attention to his mission.

"I think something in this day and age has to be eye shocking," Mr. Rudershausen said. "What better way to get people to pay attention than to bike across a country?"

The ride's location plays a special part in Mr. Rudershausen's past.

"When I was young, Mom and Dad sent me off on wilderness expeditions to the northern states and Canada," he recalled on his website. "I was inevitably homesick during my first visit there, but I eventually fell in love with these wide-open spaces. I've spent many winter nights pouring over maps of faraway places I've yet to see – the Yukon, Great Bear Lake, Lake Winnipeg – places with endless views, the haunting cries of loons and the Northern lights arcing over the nighttime skyline."

When he's not working, he spends his time biking and swimming, as he has done for most of his life.

Because of the strenuous exercise, Mr. Rudershausen has had several orthopedic mishaps that were corrected at Duke Medical Center.

That, along with the hospital's reputation and research on the type of cancer his mother had, was the reason he chose to donate to the Duke Cancer Institution.

"Duke provides care to over 70,000 cancer patients annu-

ally and has a world-renowned, vibrant research program to help treat and defeat various forms of this disease," he said.

"My own history at Duke, its world-class reputation and location in my home state, and the nature of my mother's death make the Duke Cancer Institute a logical choice for me to raise funds for during a charity bicycle ride. I am riding not only to benefit Duke's oncological research programs but to draw attention to a horrible disease still too common in many families' lives ... including mine," he continued.

According to Dr. Somarelli's research, cancer killed more than 8 million people in 2014. It's a disease that affects people from all walks of life.

While taking his journey, Mr. Rudershausen is looking forward to meeting new people and raising money for the cancer institute.

While the fundraising effort is completely self-funded, Mr. Rudershausen is looking for sponsors for the trip and will accept donations, with all funds going to Duke.

Those who would like to sponsor the trip or donate can visit www.riding4research.org.

The site contains Mr. Rudershausen's blog with the reasons for starting the journey. It also has ways to track his progress as he treks across from Alaska to Canada.

Once the trip begins, Mr. Rudershausen will update the site's map with the locations where he has stopped.

Mr. Rudershausen is no stranger to biking marathons and meeting new people, and taking the journey and meeting new people are just some of the



Paul Rudershausen, of Morehead City, is making a cross-continental bike trip to raise money for cancer research at Duke Cancer Institution. His trip began Wednesday, July 19. (Dylan Ray photo)

things he looks forward to on the trip.

"There might be three or five times a week when you meet someone who has a similar mindset as you," he said. "It's kind of hard to explain but its the magic of trips like this ... the kindness of strangers reaching

out to me or to see the beautiful scenery.

"I've been blessed with good health, boundless energy and a sense of adventure. Now is the time for me to harness those elements of my life so that I may contribute to a cause bigger than myself," he continued.

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Jim Quick & the Coastline Band to roll in for concert

In what promises to be one of the biggest Alive at Five concerts of the year, Jim Quick and the Coastline Band will take center stage Friday, July 21, in Downtown Morehead City.

Jim Quick, with his Southern charm, sense of humor and quick wit, originally played the Carolina beach bars with a group of friends, the Coastline Band.

Mr. Quick quickly moved to the forefront and naturally transformed into Jim Quick & Coastline Band. Known for his all-out performances and deliberate, off-the-cuff wisecracks, Mr. Quick has been a recipient of the Carolina Music Awards "Entertainer of The Year Award" – 16 times.

The family-friendly, free concert starts at 5 p.m. and goes until 8 p.m. at Jaycee Park, 807 Shepard St., on the waterfront in downtown Morehead City.

Bring a chair or blanket or

come by boat. Remember coolers and outside beverages are not permitted, but beverages will be available for purchase.

All proceeds from the concert are put back into the downtown community, including façade grants for downtown businesses.

The remaining Alive at Five line up is:

- Friday, Aug. 4: Mikele Buck.
- Friday, Aug. 18: Jan Michael Fields Band.
- Friday, Sept. 1: North Tower.

The Alive at Five concert series is sponsored by Bud Light, Crystal Coast Boats, Twice the Ice, WNCT 9, Chalk and Gibbs Insurance, Jack's Waterfront Bar, Wells Fargo and Morehead City. The concerts are hosted by Downtown Morehead City Inc.

Lunch and learn to focus on history of man's best friend

Discover the history of man's best friend, historic breeds and more during this month's lunch and learn at Tryon Palace's N.C. History Center.

This program will begin at noon Friday, July 21.

"This lecture will help visitors see a bit more of the history of breeds and how the 18th century is part of the period when dogs begin to be seen as man's best friend and not solely work animals," said Matt Arthur, Tryon Palace Living

History Program Coordinator.

The lecture will include a history of dog breeds, such as Pugs, Dalmatians and a discussion on a dog breed that has gone extinct, known as the Turnspit.

Tickets for each event are \$6 per person and free for Tryon Palace Foundation members.

Visitors must bring their own lunch for these events.

For more information, call 252-639-3500 or visit www.tryonpalace.org.

Gosia Tojza artwork to be featured

Starting Friday, July 21, the work of intuitive artist Gosia Tojza will be welcomed into the Mattie King Davis Art Gallery.

An art opening is set for 5-7 p.m. Ms. Tojza will be at the opening to discuss her artwork and to show case some of her newest pieces.

The art opening will also feature wine and light appetizers to enjoy while viewing the artwork.

Ms. Tojza comes from a family with a long history of artists. Both her great-grandfather and grandfather were fine artists. Her mother paints icons, and her brother was a charismatic and gifted oil painter and film maker.

She discovered painting as an art form 15 years ago. She started out painting on her own then started working with an art teacher, Susan Hecht, for three years.

Ms. Tojza has lived and traveled to many places around the world. She lived in Poland, where she was born, then later moved to Germany with her family during her teenage years.

Her name comes from her Polish heritage. Gosia is short for Malgorzata, which is a common name in Poland which translates to Margaret.

After Germany her family immigrated to Canada, where she met her husband and together they decided to move to North Carolina.

Two years ago, Ms. Tojza and her husband spent much of their time traveling extensively so she could get a grasp on the concept of art and where it comes from.

After exploring many countries, museums, local villages and castles Ms. Tojza has found the answer to her question. She believes art comes from authen-



Artwork by Gosia Tojza will be on display at the Mattie King Davis Art Gallery starting Friday, July 21, with an opening reception, which is from 5-7 p.m. (Gosia Tojza art)

ticity, a reflection of one's feelings toward the outer world such as simple things like kind gestures or a bird flying over your head.

For more information about

this art opening or the artwork of Ms. Tojza, stop by the Beaufort Historic Site's Welcome Center at 130 Turner St., call 252-728-5225 or 800-575-7483, or visit www.beauforthistoricsite.org.

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SUDOKU

Here’s How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

			4		1		9	
						7		3
							6	2
		1	2	4		6		7
	3	5						
6			9			4		
		7				5	2	
2		9		8	7			4
5					3	9		

Level: Intermediate

2	4	8	9	3	7	6	1	5
3	5	9	2	6	1	7	4	8
1	7	6	8	5	4	2	3	9
9	2	1	6	4	3	5	8	7
4	6	5	1	7	8	3	9	2
8	3	7	5	2	9	4	6	1
5	8	2	4	9	6	1	7	3
6	9	3	7	1	5	8	2	4
7	1	4	3	8	2	9	5	6

Editor’s Note:

Sudoku puzzles and answers are published in the next edition of twm.

ENTERTAINMENT CALENDAR

Calendar deadline is two weeks prior to the start date of the event. Send an email that includes the event time, date, location including address, admission price and contact information to megan.soult@thenewstimes.com

Event placement on a specific date is not guaranteed, as events run as space is available. Find the full calendar online at carolinac-oastonline.com by hovering the pointer over TWM and choosing the “Calendar” option, or on a mobile device, choose “Calendar” from the drop-down menu.

Kids and Family

MOREHEAD CITY PANTHERS YOUTH FOOTBALL REGISTRATION 11 a.m. to 2 p.m. Saturday, July 22, at the Morehead City Parks and Recreation Department, 1600 Fisher St., Morehead City Panthers Youth Football offers tackle football and cheer programs for children ages 4 to 12. Programs are available to all children regardless of skill level or experience. Online Registration is also available at www.mcayfl.com. For more information, contact Adam Yarborough at 252-342-2615.

SOUND TO SEA SUMMER CAMP Monday-Friday, July 24-28, July 31-Aug. 4 and Aug. 7-11. Trinity Center’s Sound to Sea program offers full-week summer day camp to rising first through sixth graders. Each session allows kids the opportunity to learn about the habitats on the 62-acre property. They will explore the maritime forest, fresh-water pond, sound and salt marsh using games, crafts and activities. The day ends with some relaxation time at the beach or the pool. The cost of each session is \$205. To register, call 252-247-5600. There are half-week day camps offered for kindergartners from 9 a.m. to noon Monday-Wednesday, Aug. 14-16. The cost is \$125.

ST. JAMES UNITED METHODIST CHURCH VACATION BIBLE SCHOOL 9 a.m. to 4 p.m. Saturday, July 29, in the church’s community life center in Newport. “Camp Out: Get S’more of Jesus” is open to 3 year olds through rising sixth grade students, with 3 year olds through rising kindergartners attending a half day from 9 a.m. to 12:30 p.m. Activities include Bible Exploration, Music and More Songs, Wilderness Games, and Projects-With-A-Purpose. Lunch and snacks are also included. The activities will wrap up at 3:30 p.m., at which time parents, church members and community folk are invited back for songs and s’mores. Preregistration is available until Sunday, July 23, but event day registration is also going to be available. For further

information and registration, email Katie Willis at katiehwillis@gmail.com.

Art

ART OPENING FOR GOSIA TOJZA 5-7 p.m. Friday, July 21, at the Mattie King Davis Art Gallery in Beaufort. This art opening will feature many of Ms. Tojza’s newest pieces of artwork, as well as wine and appetizers. For more information on this event and other events, stop by the Beaufort Historic Site Welcome Center at 130 Turner St., call 252-728-5225 or visit www.beauforthistoricsite.org.

LANDSCAPE AND PLEIN AIR ONE-DAY WORKSHOP 10 a.m. to 4:30 p.m. Wednesday, July 26, at Irene Bailey’s studio, 905 Ocean Drive, Emerald Isle. The cost is \$100, and students should bring a lunch. For more information, contact Ms. Bailey at irene@irenebailey.com or 252-723-3258.

EXPLORING LANDSCAPE AND PLEIN AIR PAINTING 9:30-noon Mondays until July 31, at Irene Bailey’s studio, 905 Ocean Drive, Emerald Isle. For more information, contact Ms. Bailey at irene@irenebailey.com or 252-723-3258.

ANNUAL CRYSTAL COAST ARTISAN SHOW 9 a.m. to 3 p.m. Saturday, Aug. 5, at the Country Club of the Crystal Coast in Pine Knoll Shores. This free indoor event features 30 vendors with painting, woodworking, textile, jewelry, pottery, nautical decor and more for sale. Dining will be available sound-side. Email cccchouse@gmail.com for details.

PAINTING CLASS BY DREW DEANE noon to 3 p.m. Sunday, Aug. 6, at 1010 W. Fort Macon Road, Suite 8, Atlantic Station Shopping Center in Atlantic Beach. The cost for the class is \$60. Space is limited, and reservations are required. Payment may be made through www.galleryc.net or by calling 252-773-0605. Ms. Deane is proficient in watercolor, and her work has been featured in many shows throughout the southern U.S. For more information, contact Charlene Newsom or Belle Long at 252-773-0603 or email art@galleryc.net or visit www.galleryc.net.

WEEKLY ART CLASSES 9:30 a.m. to 12:30 p.m. Mondays and 1-4 p.m. Thursdays. Arts & Things

offers classes in drawing and watercolor, oil, pastel and acrylic painting on the Morehead City waterfront. For more information, call Arts & Things at 252-240-1979.

OPEN STUDIO WORK SESSIONS 11 a.m. to 2 p.m. every Wednesday at Mulberry Street Studio, 801 Mulberry St., Beaufort. Artists of all skill levels and mediums are invited to attend these sessions. No reservations are needed. Bring lunch, imagination and \$15 for one session or \$45 for four sessions. Fellow artists will share ideas, solve artistic problems, try new materials and techniques and provide gentle critiques and informal lessons. For more information, call 252-726-7550.

Music and Theater

JIM QUICK AND THE COASTLINE BAND AT ALIVE AT FIVE 5-8 p.m. Friday, July 21, at Jaycee Park, 807 Shepard St. The concert is free.

SUMMER CONCERTS AT THE FORT 6:30 p.m. Friday, July 28, at Fort Macon State Park. 4EverAll will perform this concert. Bring a folding chair and enjoy an hour and a half concert by local bands and artists inside the fort. For more information, call 252-726-3775.

MIKELE BUCK BAND AT ALIVE AT FIVE 5-8 p.m. Friday, Aug. 4, at Jaycee Park, 807 Shepard St. The concert is free.

2017 SUMMER CONCERT SERIES 7-8 p.m. Saturdays, until Sept. 2 at Jaycee Park, 807 Shepard St. Morehead City Parks and Recreation Department sponsors a summer concert series.

Food and Drink

ALL-AMERICAN FISH FRY Saturday, Aug. 5, at the Core Sound Waterfowl Museum and Heritage Center on Harkers Island. This event is part of the museum’s 25th anniversary celebration. For more information, call 252-728-1500.

NEWPORT COMMUNITY GARDEN Want to grow fresh food for your family but don’t have enough land? Rent a plot at the Newport Community Garden. For more information, call Kathy Jo Buttery at 252-223-4749 or visit www.facebook.com/newportgarden.

CALENDAR | CONTINUED ON 9

Events

NEWPORT FLEA MALL RODEO 8 p.m. Friday-Saturday, July 21-22, at the Newport Flea Mall. Gates open at 6:30 p.m. both nights. Adult tickets are \$13 in advance and \$15 at the gate. Children's tickets are \$8 for those ages 6-12. Children ages 5 and under are free. Tickets can be purchased at Country Aire Rental in Newport, Swansboro, Beaufort and New Bern, Garner Farms in New Bern and Newport, the Newport Flea Mall, at Garner Construction or online at www.newportfleamall.com.

BUY-ONE, GET-ONE-FOR-FREE CLOTHING SALE 10 a.m. to 5 p.m. Monday-Saturday until Saturday, July 22, at Caroline's Collectables, 3716 Arendell St. in Morehead City. Shop to end domestic violence. Proceeds benefit the Carteret County Domestic Violence Program's Safehouse. This sale excludes accessories. Donations of women's clothes will also be accepted. For more information, visit www.carteretdomesticviolence.com.

BLOOD DRIVE noon to 4 p.m. Sunday, July 23, at Lowe's Home Improvement, Cape Carteret.

Local heritage

PINE NEEDLE BASKET WORKSHOP 10 a.m. to 2 p.m. Friday, July 21, at the Beaufort Historic Site. Sandy Malone will lead this class. There will be a bag lunch break. The class is limited to 10 students and there is a materials fee of \$45. For more information, call 252-728-5225.

CRAB TALK 10:30 a.m. Friday, July 21, at Fort Macon State Park. Meet at the bathhouse and learn about some of the crabs that can found on the beach and in the waters of Fort Macon State Park. For more information, call 252-726-3775.

MARITIME MOVIE: 'LINCOLN'S SECRET WEAPON - USS MONITOR' 3 p.m. Tuesday, July 25, at the N.C. Maritime Museum in Beaufort. The film chronicles an expedition to study and retrieve parts of the USS *Monitor*, the famous Civil War iron-clad, which sank off North Carolina only months after its famous battle with the CSS *Virginia*. Maritime Movies take place every at 3 p.m. every Tuesday and Thursday in July. Free admission, and walk-ins welcome. For more information, call 252-728-7317.

MARITIME MOVIE: 'WILD CAUGHT - THE LIFE AND STRUGGLES OF AN AMERICAN FISHING TOWN' 3 p.m. Thursday, July 27, at the N.C. Maritime Museum in Beaufort. Follow the story of families connected with the commercial fishing in Sneads Ferry over a span of several years. Watch as their livelihood and culture are continually threatened on various fronts and the family businesses question the future. Snead's Ferry is at the mouth of the New River in Onslow County. Maritime Movies take place every at 3 p.m. every Tuesday and Thursday in July. Free admission, and walk-ins welcome. For more information, call 252-728-7317.

ASTRONOMY 8:30 p.m. Thursday, July 27, at Fort Macon State Park. Meet at the bathhouse to view space through a telescope and learn more about our universe. For more information, call 252-726-3775.

Education

'YOU ARE NOT ALONE' OUTREACH AND EDUCATIONAL SUMMIT 9 a.m. to 3 p.m. Tuesday, Aug. 1, at Craven Community College's Student Center, 800 College Court in New Bern. Are you or a loved one affected by MS, MD, Huntington's Disease, Parkinson's Disease, ALS or another neuromuscular disease or disorder? Come and hear from the organizations that are here to support and assist you in your journey. Family members and caretakers are also welcome. This event is no cost to attendees. Lunch will be served. Registration is required. Register at www.neromusculardiseasesupportorganization.org/register or by calling 252-733-0799.

CAROLINA STUDENT TRANSFER EXCELLENCE PROGRAM 10 a.m. Friday, Aug. 18, in the boardroom of the McGee building on Carteret Community College's campus. C-STEP targets hard-working, low-to-moderate income students and guarantees them two years in advance a spot at UNC-Chapel Hill. For more information, call 252-222-6175 or visit www.carteret.edu/student-life/.

DETOX INTRO AND HEALTH TIP WORKSHOPS 5:30-6:30 p.m. Wednesday at the Carteret Community College Bryant Building conference room, first floor. Receive guidance and recipes to get started and incorporate ways to detox your body a little every day. Participants will explore the many health benefits and detox tips to improve symptoms of body aches, lack of energy, brain fog, headaches and frequent

illness. Handouts include recipes and resources. The class is \$15. For more information, visit www.yogawellnessnc.com or contact the instructor, Theresa Jade Morton at 252-646-3923.

SECU CRYSTAL COAST HOSPICE HOUSE SEEKS VOLUNTEERS There are several capacities a volunteer can choose to serve. Direct care is an area of companionship for the patient and their family. There is also a need for volunteers to do filing, answering phones and putting together admission packets. If you are interested in sharing your time and compassion call Sharon Baugus, Volunteer Coordinator, at 252-514-8902 or email her at sbaugus2@3hc.org for an application. The Crystal Coast Hospice House is at 100 Big Rock Weigh in Newport.

Fitness

2017 BEACH RUN SERIES 6:30 p.m. Thursday, July 27, and Tuesday, Aug. 15, at the Atlantic Beach circle. 1M, 5K and 10K offered. Runs are on the beach at the Atlantic Beach circle. \$50 for series (includes T-shirt) or \$7 per race. Preregistration suggested but not required. Registration begins 5:15 p.m., and all races begin at 6:30 p.m. For more information, call 252-808-3301 or visit ccpr.recdesk.com.

STANDUP PADDLEBOARDING 9-11 a.m. Mondays and Fridays at the N.C. Aquarium at Pine Knoll Shores. Explore Bogue Sound on a standup paddleboard while your instructor acts as your nature guide. During this adventure, participants will learn about the many plants and animals that call the Theodore Roosevelt Natural Area their home. Ages 12 and up. \$50. For details, call 252-247-4003 or visit www.ncaaquariums.com/pine-knoll-shores.

STANDUP PADDLEBOARDING FOR KIDS 9-11 a.m. Wednesdays at the N.C. Aquarium at Pine Knoll Shores. Explore Bogue Sound on a standup paddleboard while an instructor acts as a nature guide. During this adventure, participants will learn about the many plants and animals that call the Theodore Roosevelt Natural Area their home. Ages 6 and up. \$50. For details, call 252-247-4003 or visit www.ncaaquariums.com/pine-knoll-shores.

TENNIS PROGRAMS FOR ALL AGES Now offering new tennis programs for all ages at Western Park tennis courts at 275 Old Highway 58 in Cedar Point. For complete information on classes, times, dates and registration information visit <http://ccrp.recdesk.com>.

NIGHTLIFE CALENDAR

Morehead City
FLOYD'S 1921: Live music 7-10 p.m.; and **4EverAll** 7-10 p.m. Friday, Aug. 4; 7-10 p.m. Friday, Sept. 1; and 7-10 p.m. Friday, Oct. 6.

SHUCKIN SHACK OYSTER BAR: Live music from 6-8 p.m. Wednesdays featuring local musicians each week.

Atlantic Beach
AMOS MOSQUITO'S: Karaoke 5-9 p.m. Thursdays.

Beaufort
CRU WINE BAR: Wine Tasting with Natalie of Advintage 6:30 p.m. Friday, July 21; **Hank Barbee and the Dust Parade** 8:30 p.m. Friday, July 21; **Kate McNally** 8:30 p.m. Saturday, July 22; **Wine Tasting with Christopher of Mims** 6:30 p.m. Friday, July 28; **Mystic Hand Tarot Readings** 6:30 p.m. Saturday, July 29; **Spencer Scholes** 8:30 p.m. Saturday, July 29; **Wine Tasting with Krista of Freedom** 6:30 p.m. Friday, Aug. 4; **Wine Tasting with Jon Besch of Tryon Distributing** 6:30 p.m. Friday, Aug. 11; **Wine Tasting with Angela of Coastal Beverage** 6:30 p.m. Friday, Aug. 18; and **Wine Tasting with Chris of Mims** 6:30 p.m. Friday, Aug. 25.

RIBEYES: Morris Willis 6 p.m. Tuesdays.

THE DOCK HOUSE RESTAURANT: Morris Willis 7-10 p.m. Sunday, Aug. 6; Morris Willis 7-10 p.m. Sunday, Sept. 3.

Cedar Point
HARRIKA'S BREW HAUS: Tastings 6-9 p.m. each Thursday; **Music and \$3 Drafts** 7-10 p.m. Fridays, includes open microphone, live karaoke and duets or solo acts with \$3 draft beer; **Biergarten** 7-10 p.m. Saturdays featuring live entertainment for visitors to enjoy while sipping beer. Drink specials are also available.

Swansboro
BORO CAFÉ: Live music at 7 p.m. every Friday.

ICEHOUSE WATERFRONT RESTAURANT: 7:30 p.m. Wednesdays and 9 p.m. Saturdays.

AREA SPORTS CALENDAR

Thursday, July 20	
Morehead City Marlins Baseball	
Morehead City at Wilmington Sharks.....	7:05 p.m.
Friday, July 21	
Morehead City Marlins Baseball	
Edenton Steamers at Morehead City.....	7:05 p.m.
Saturday, July 22	
Morehead City Marlins Baseball	
Wilson Tobs at Morehead City.....	7:05 p.m.
Monday, July 24	
Morehead City Marlins Baseball	
Wilmington Sharks at Morehead City.....	7:05 p.m.
Tuesday, July 25	
Morehead City Marlins Baseball	
Morehead City at Holly Springs Salamanders.....	7:05 p.m.
Wednesday, July 26	
Morehead City Marlins Baseball	
Morehead City at Peninsula Pilots.....	7:05 p.m.
Thursday, July 27	
Beach Run Series	
Registration at Atlantic Beach circle gazebo.....	5:15-6:15 p.m.
1-mile run/walk, 5K, 10K runs.....	6:30 p.m.
Morehead City Marlins Baseball	
Morehead City at Fayetteville SwampDogs.....	7:05 p.m.

* Scheduled events subject to change

League of Women Voters announces nominees for annual Woman of the Year award

BY MEGAN SOULT
NEWS-TIMES

Each year, the League of Women Voters of Carteret County recognizes a woman the community votes to name the Woman of the Year.

The deadline to vote for one of four women who have been nominated by members of the community is Tuesday, Aug. 15. Those interested in voting may do so at <https://the-newstimes.forms-db.com/view.php?id=13322>.

The winner will be announced during a reception for Women's Equality Day. The celebration is from 11:45 a.m. to 1:15 p.m. Thursday, Aug. 24, at the Crystal Coast County Club, Oakleaf

Drive, in Pine Knoll Shores. The cost for the event is \$25 and includes a full meal and a beverage.

To be nominated for the award, women must provide leadership excellence and mentorship in the public or private sectors, sustain a record of accomplishments and contributions to their field work throughout the scope of her career, demonstrate leadership and commitment to the community well-being and high visibility in the community and exhibit and demonstrate commitment to the highest ethical standards and professional excellence.

Listed are this year's nominees for Woman of the Year:

Pam Cooper

Ms. Cooper was nominated by the Beaufort Historical Association.

She has been a member of the BHA since 1991, and she served as president of the board of directors from 2002 to 2005.

Her energy and enthusiasm for the organization is endless as she has served on almost every committee at the BHA including the board of governors, the finance committee, the furnishings committee and almost all the event committees, such as the Valentines Party, the Old Homes Tour, the Summer Party and the Fall Party.

Ms. Cooper is currently in charge of the Mattie King Davis Art Gallery Committee, which

serves to jury in new artists and plans the schedule of featured artists for the year along with the openings for the selected artists.

The largest event every year for the Beaufort Historical Association is the Old Homes Tour and Antiques Show.

Ms. Cooper not only has worked either with the tour or the Antiques Show since 1999, but she also had her own home on the tour several times.

She is not only active with the BHA, but is also active with many other organizations including the Carteret County Arts Council, where she is the current president. She has helped expand their Grass Root grants program and has also developed new events for both Morehead City and Beaufort as in the Art Walk and the Chowder and Cheer.

Both events have grown through her leadership.

Ms. Cooper has done all this while also helping with her family businesses, Amos Mosquitos, Pescara and The Arendell Room.

Shanna Olmstead

Ms. Olmstead was nominated by Downtown Morehead City Revitalization Association.

She served as board vice president for one year and board president for two years for Downtown Morehead City Inc., a nonprofit organization dedicated to grow and attract businesses, promote activities and make downtown a fun place to live, work and play.

During her time leading Downtown Morehead City, many noticeable changes began to take place downtown.

Several major projects down-

town included: the BASK Hotel project; the Big Rock Blue Marlin fountain, weigh-in station and new offices were built; Carteret Community Theatre found a new home; Katherine Davis Park was bought from the N.C. Railroad and a new community space that is in the works; and bike racks were installed around the downtown area.

She also partnered with several organizations to host successful concerts on the waterfront; launched Entrepreneur Night; reinstated the façade grant program; hosted Breakfast with Santa; and hired a new executive director.

Ms. Olmstead also serves on the board of directors for the Carteret County Chamber of Commerce and is involved with the Crystal Coast Hospitality Association.

She gives her time tirelessly for these projects in addition to her normal day job where she serves as the culinary school chairman and hospitality management chairman at Carteret Community College overseeing young adults and teaching them the art of being the best in their field, whether they decide to pursue a career in food service or in the lodging and hospitality field.

She began her career with the college teaching an evening class in hospitality management and over the years has helped grow the culinary school and hospitality management program into the strong program it is today.

She is also involved in overseeing the building of a state-of-the-art new facility for the growing culinary arts program at the college.

Ms. Olmstead and her husband, Floyd, also own Floyd's 1921 Restaurant and Catering in downtown Morehead City at 400 Bridges St.

Their restaurant also supports other organizations such as Martha's Mission, Hope Mission, Domestic Violence and St. Egbert along with donations to numerous fundraisers supporting the community.

Sally White

Ms. White was nominated by the Carteret County Democratic Women.

She moved to Morehead City 14 years ago to become the

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See Vote / Page 11

Vote

CONTINUED FROM PAGE 10

first full-time minister of the Unitarian Coastal Fellowship.

She grew up attending public school near Cleveland, Ohio, and graduated from college in 1972 with a degree in biology. She was ordained in 2003 and came to Morehead City to lead her first church in 2004.

Ms. White was on the board of Domestic Violence Program from 2004-06, a volunteer chaplain at the hospital from 2003-05 and attended the Carteret County Ministers Association from 2003-15.

In 2005, she helped to organize a forum and panel discussion on how churches can work together, despite any differences, to bring God's kingdom on Earth to all.

Later, she helped to organize a public forum on how a church can take a stand on political issues and led several forums for the League of Women Voters and the Voter Rights Coalition.

As a member of the Citizens for Diversity in Education, Ms. White has been a voice for supporting diverse personnel in local schools for the benefit of all children.

She is the chairperson of the scholarship committee for the local NAACP chapter. She has followed her church's long history of supporting the Martin Luther King Jr. celebration each January by giving the invocation at this event.

She co-leads study groups on the Rev. William Barber's book, *The Third Reconstruction*, and

she has been a leader in the community for the "Forward Together Movement" started by him.

The thread of education has remained strong in Ms. White's life. She sees her role in the ministry as a teaching role. She feels her position is one in which she empowers and encourages others to find what is their passion and to see what is good, true and right.

The congregation at the Unitarian Coastal Fellowship has grown in numbers, but Ms. White measures growth by how visible and vocal her church is in the community as they work together to help others.

They are dedicated volunteers for the Family Promise Program for homeless families in the county.

Their small congregation provides almost 100 gift bags for adults with serious mental illness or in recovery programs during the Christmas season, and is an organizing center for environmental, social, racial and interfaith advocacy.

Under her leadership, Ms. White's congregation continues to be a positive force in the community.

Karen Willis

Ms. Willis was nominated by the Boys & Girls Clubs of Coastal Carolina.

Ms. Willis has served as a member of the corporate board of directors of the Boys & Girls Club for more than 15 years.

Her service goes back to when the original charter name was the Boys & Girls Club of

Carteret County.

She is the fifth-longest tenured board member in the organization's history.

Ms. Willis' love of the Boys & Girls Club goes back to before she began to serve as a board member in 2002.

As a member of the Beaufort Women's Club, Ms. Willis was instrumental in organizing and supporting the first civic group-sponsored fundraiser for the Beaufort club.

The annual Women's Barbecue Club dinner event was a huge success for the club, with more than 300 club members, parents, community leaders and local supporters attending annually.

Ms. Willis not only finan-

cially sponsored the event, but invested many hours of her personal time to solicit sponsorships from local businesses and nearly every church in Carteret County.

She continued to be a major supporter and contributor of this event for years to come.

Her service on the Boys & Girls Club is unmatched, in terms of investment of personal time, preparing for and organizing fundraising events, serving on board committees, advocating for the club in the community and before the Beaufort Board of Commissioners and various civic organizations.

Ms. Willis has served two terms as corporate board president and the last three years

as corporate secretary to the board.

She has been a steadfast advocate for the purpose, mission and vision of the Boys & Girls Club of Coastal Carolina. She has also been an invaluable resource for the organization in the context of her professional knowledge and as an insurance representative.

Ms. Willis is also owner of the Willis Insurance Agency, a local insurance agency here in Carteret County.

She was able to save the organization thousands of dollars in premium costs that has been invested in delivering the youth served by the Boys & Girls Club and in the quality of programming they deserve.

WELCOME

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Rodeo coming to town

The Newport Flea Mall will host the annual Newport Rodeo Friday and Saturday, July 21-22.

The rodeo will be on the grounds of the Newport Flea Mall, 196 Carl Garner Road.

Tickets are now on sale. Advanced tickets are \$13 while tickets purchased at the gate

are \$15. Tickets for children between the ages of 6 and 12 are \$8, while children under the age of 5 are admitted for free.

Gates open at 6 p.m. both nights. The show starts at 8 p.m. For more information on the rodeo, call 252-223-4019.



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Melons

CONTINUED FROM PAGE 3

roots; I've dug them up and seen them as long as 2 feet," he said. "They will find the moisture. But they do need some rain, especially at first, unless you irrigate."

Mr. Winberry, unlike many melon farmers, irrigates his fields. It's a way to optimize things, to not be so dependent upon the whims of Mother Nature.

He also eschews planting them on plastic, as some now do. The plastic helps with pests and weeds, but Mr. Winberry, who is also a Cedar Point town commissioner, says he and his employees don't mind work.

It's like any other crop, he said, a constant battle against things that can ruin your year. But he thinks melons are better when grown the old-fashioned way.

Winberry Farms grows and sells a variety of Bogue Sound Watermelons, ranging from the traditional oblong ones to rounder "personal" melons. Some are seedless, and those have taken the lead in sales in recent years. Probably a modern thing; no mess. But there's also no seed-spitting, which anyone of a certain age can tell you was a fine way to annoy the parents at a summer picnic with the fastidious relatives.

Still, Mr. Winberry gets it, and knows what people wants, and endeavors to give it to them. Regular, oblong, heavy seeded watermelons sell for \$8, while the seedless ones go for \$7. The "personal" water melons go for \$3.50.

Mr. Winberry says that the Bogue Sound melon isn't a variety, despite a popular misconception. It's more of a brand. You can plant any number of melons in Bogue Sound soil and it will become a Bogue Sound melon.

Although Mr. Winberry said Bogue Sound Watermelon territory these days, and for as long as he can remember, has been from Cedar Point east to the Ocean community between Cape Carteret and Morehead City, those in the know have told him the first were grown along Queens Creek, in the unincorporated township of Hubert, west of Swansboro. Queens Creek is a tributary of Bogue Sound.

He remembers, decades ago, selling them, and other produce on the "honor system," putting a bunch of stuff out in front of his mother's house, with a box for the cash.

"You'd come home (he worked as a fireman for the Marine Corps) and there'd be a box of money."

Although he knew they were special, he never thought Bogue Sound Watermelons would be

such a big thing.

In his early days, farming part-time while working as a fireman, tobacco was the big crop. Cedar Point was all farm-

land then, and melons were a secondary crop.

Now, while tomatoes and sweet corn and cantaloupes are big, it's the melon that's kindest

to him in the summer, because it brings a better price.

For more information, go here: www.boguesoundwatermelons.com.



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