

this week magazine
twm

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this week

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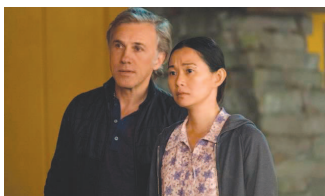
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Feature of the Week

An American Woodcock sits on fresh snow in this photo by Sam Bland.

To see your photograph in this space, email it and a short caption to megan.soult@thenewstimes.com, share it with us on our This Week Magazine social media feeds, or mail hard copies with a postage-paid envelope if you would like the photograph returned to you.

On the cover

Kristine Bocia and Phil Routszong star as Dolly Levi and Horace Vandegelder in the upcoming production of "Hello Dolly!" The show opens Friday, Jan. 19, at Carteret Community Theatre. (Contributed photo)

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Include the event time, date, location including address, admission price and contact information.



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ABOVE: From left, Will Wheeler and Nora Blalock pose for a photograph for the upcoming production of "Hello Dolly!" LEFT: Andy Tallman and Will Wheeler are cast members of "Hello Dolly!" (Contributed photos)

Community theatre to present 'Hello Dolly!'

Carteret Community Theatre will present Tony award winner for best musical, best original score, best book of music and best revival of a musical, Jerry Herman's classic musical comedy "Hello Dolly!"

This hilarious hit will be performed at 7:30 p.m. Friday-Saturday, Jan. 19, 20, 26 and 27, as well as 2 p.m. Sunday, Jan. 21 and 28 at Carteret

Community Theatre.

This local cast stars Kristine Boccia as Dolly Levi, Phil Routszong as Horace Vandegelder, as well as Andy Tallman, Will Wheeler, Anna Vick, Nora Blalock, Gracie Boccia and Nathan Thomas.

An ensemble of local performers joins them to round out this all-star cast.

"Hello Dolly!" is directed by

Jordan Amburn with musical direction by Ashton Humphrey. Assistant director Tim Price and producer Rachel Amburn work alongside a production team to bring "Hello Dolly!" to life.

This classic also features a live orchestra of over 10 members and what can be described as "a whole lotta heart."

In 1890s New York City, the bold and enchanting widow,

Dolly Levi, is a socialite-turned-matchmaker.

Her latest clients seeking assistance are the cantankerous "half-a-millionaire" Horace Vandegelder and a young artist named Ambrose, who is in love with Horace's niece, Ermengarde.

Dolly's scheming soon

involves Horace's employees, as well as a New York hat maker, as she tries to cover up her own secret romantic designs. Hilarity ensues as Dolly's plan unfolds.

General admission seats are \$18-24 in advance, and \$20-25 on the day of show and include North Carolina sales tax and service fees.

American Music Festival to present concert

The American Music Festival of Carteret County will present "An American in Paris" with Nicholas Duchamp, a leader in the great tradition of French flute playing and pianist Barbara McKenzie of Duo Francais in a concert.

The performance is at 8 p.m. Saturday, Jan. 27, at the History Museum of Carteret County.

The program begins with an introduction to French musical style, starting with a "court" Sonata from Jean Marie Leclair (1697-1764) and continuing with music of Debussy and Phillip Gaubert.

The second half of the program presents a tone poem of Lilli Boulanger and Sonata

from Aaron Copland to portray the influence French musicians had on the burgeoning, post-Germanic American sound and the influence American musical genres (Rag, Blues, Jazz, Appalachian Folk) had on French composers.

American composers, such as Aaron Copland, went to Paris to study in a time when great experimentation and creativity were the norm.

They were encouraged by French musicians such as Nadia Boulanger to recognize and incorporate the kind of original "American" music heard in Appalachian Folk songs and African rhythmic/musical influences.

Mr. Copland's Sonata for Flute and Piano is a prime example of American compositional style and "the sound of America," which resulted from this musical synthesis.

Tickets at the door are \$30. Call 252-728-6152 for reservations.

Upcoming concerts in the series are Saturday, Feb. 24, Acronym; and Saturday, April 7, Calidore Quartet. Both of these concerts will be held at the First Presbyterian Church in Morehead City.

For more information and tickets, visit www.americanmusicfestival.org or call 252-342-5034.



THE GREATEST SHOWMAN (PG)
Fri 5:00-7:10-9:20,
Sat 1:00-3:20-7:00-9:20,
Sun 1:00-3:20-7:00, Mon-Thu 5:00-7:20

PADDINGTON 2 (PG)
Fri 5:00-7:10-9:20
Sat 1:00-3:15-7:00-9:15
Sun 1:00-3:15-7:00, Mon-Thurs 5:00-7:10

BARGAIN MATINEES EVERYDAY AT BOTH CINEMAS

12 STRONG (R)
Fri 5:00-7:30, Sat 1:00-3:30-7:00-9:30, Sun 1:00-3:30-7:00, Mon-Thu 5:00-7:30

THE POST (PG13)
Fri 4:45-7:05-9:30
Sat 1:00-3:20-7:00-9:20,
Sun 1:00-3:30-7:00, Mon-Thu 5:00-7:20

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Sat 1:00-3:20-7:00-9:20,
Sun 1:00-3:20-7:00, Mon-Thu 5:00-7:20



JUMANJI (PG13)
Fri 4:45-7:05-9:30,
Sat 1:00-3:30-7:00-9:30,
Sun 1:00-3:30-7:00, Mon-Thu 5:00-7:30

PADDINGTON 2 (PG)
Fri 5:00-7:10-9:20
Sat 1:00-3:15-7:00-9:15
Sun 1:00-3:15-7:00, Mon-Thurs 5:00-7:10

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(AP photo)

'Downsizing,' a big-picture film about little people

BY JOCELYN NOVECK
ASSOCIATED PRESS

It's hard to say what's better about the first half of Alexander Payne's wonderfully weird — or is it weirdly wonderful? — “Downsizing”: the audacity of its premise, or the delicious skill with which Mr. Payne executes that premise, detail by comically ingenious detail.

The fact that the film shifts discernibly in the second half, going places and tackling ideas one wouldn't necessarily expect, will surely disappoint some and please others. But there's no doubt about one thing: the director's considerable talent is on full display here. Let him keep shifting; we'll keep watching.

As we've seen in films like “Nebraska,” “About Schmidt” and others, Mr. Payne likes to make movies about what some might call small people: ordinary folks in unremarkable places, struggling to make things work. In “Downsizing,” he's made a movie about really small people. As in, five inches tall.

We begin with a groundbreaking discovery. A renowned Norwegian scientist has figured out how humans can reduce their footprint and save Earth from overpopulation. It's called downsizing, and it's irreversible — but if enough people do it, it could save humanity. Paul Safranek (an excellent Matt Damon in the ultimate Everyman role), an occupational therapist at an Omaha meat company, watches on television with astonishment.

Shift to 10 years later. Downsizing is catching on. Entire communities have sprouted up around the world. Paul and his wife, Audrey (Kristen Wiig), childless and still living in the house where Paul grew up, attend a school reunion. Suddenly, Paul's now-5-inch friend, Dave (Jason Sudeikis), and his wife are wheeled in. “Dave? He never struck me as the kind of guy who'd go get small!,” Paul marvels. Later, Dave, perched on a cracker box on the kitchen counter, explains the best thing about going

small: the economic benefits. At that size, you can live in total luxury for a fraction of the price. Forget the planet, Dave says — “downsizing is about saving yourself.”

Paul and Audrey go visit Leisureland, a top-notch downsized community, and a saleswoman explains how they'd suddenly be multi-millionaires, able to afford a mansion with a pool and tennis court. (In a hilarious cameo, small people Neil Patrick Harris and Laura Dern demonstrate the good life — and the cheap price of tiny diamond jewelry.) Soon, Paul and Audrey decide to take the plunge. They put their wedding rings in a keepsake box, and head off.

At the facility, the couple is separated into gender-specific downsizing areas, where they'll be shrunk to .0364 per cent of their original body volume. First, body hair must be shaven off, for obvious reasons. Dental technicians remove gold tooth fillings, or else heads will explode. Workers go down the

assembly line after mass reduction is completed, scooping up miniature people with spatulas like fresh-baked cookies.

When Paul awakes, he'll be greeted by a surprise we won't reveal. Suffice it to say that a year later, things aren't going well. Then he meets his neighbor Dusan (Christoph Waltz), a Serbian playboy who has a shady trade business and throws noisy parties with his wealthy friend, Konrad, who notes that being small is great because you're instantly rich — unless you're poor, “and then you're just small.”

It is through Dusan that Paul meets someone who will change his life — not to mention change the tone and direction of the rest of the film. Her name is Ngoc Lan Tran (Hong Chau, in a terrific breakout performance), a Vietnamese dissident who was downsized against her will and arrived in America in a TV box. She survives by cleaning houses, and lives in a slum — yes, there are slums in downsized communities, too — behind

a big wall.

The last part of the film takes the group to the idyllic fjords of Norway, where the original downsized community still exists. It is here where the issue of climate change and the Earth's sustainability take center stage. Revealing any more would spoil the surprise.

Except to say that Paul, through his new friends, learns more than he expected about making a difference in the world — and what it means to be big or small.

Spoiler alert: It might not be about size.

“Downsizing,” a Paramount Pictures release, is rated R by the Motion Picture Association of America “for language including sexual references, some graphic nudity and drug use.” Running time: 135 minutes. Three stars out of four.



Make kitchen time easier

Throughout 2018, you can create easy, healthy and delicious family meals by using time-saving recipes.

For example, these “Cook Once, Eat Twice” recipes from CanolaInfo start with pork chops that double as the base for lunch or dinner the following day.

“The more you cook your own meals, the more you can control portion sizes and ingredients,” said Manuel Villacorta, registered dietitian. “Knowing the right oil to use is essential. I like using canola oil to keep the flavors of your dishes intact due to its neutral taste and light texture. Plus, it contains high levels of monounsaturated fat and plant-based omega 3 fat, and is low in saturated fat. I use it regularly in my home kitchen and recommend it to my clients.”

For more time-saving recipes, visit canolainfo.org.



PORK LOIN CHOPS WITH SWEET BALSAMIC MUSHROOMS

Servings: 8
8 boneless center-cut pork loin chops (4 ounces each), trimmed of fat
½ teaspoon ground black pepper
2 tablespoons canola oil, divided
12 ounces sliced portobello mushrooms
2 garlic cloves, minced
½ teaspoon salt, divided
2 tablespoons balsamic vinegar
2 tablespoons water
2 teaspoons Worcestershire sauce
1 teaspoon sugar
2 tablespoons chopped green onions
Sprinkle both sides of pork with pepper.
In large skillet over medium-high heat, heat 1 tablespoon

canola oil. Cook pork chops 4 minutes on each side, or until internal temperature reaches 160 F.

Reserve four pork chops in refrigerator to make Pressed Pepperoncini-Pork Sandwiches.

In skillet over medium-high heat, heat remaining canola oil; tilt skillet to coat bottom lightly. Cook mushrooms 4-5 minutes, or until tender and juices begin to release, stirring occasionally. Stir in garlic and ¼ teaspoon salt; cook 15 seconds, stirring constantly. Place over pork chops; cover to keep warm.

To pan residue, add vinegar, water, Worcestershire sauce, sugar and remaining salt. Bring to boil over medium-high heat and boil 1½-2 minutes, or until reduced to 2 tablespoons, scraping bottom and sides of skillet. Drizzle sauce over pork and mushrooms. Sprinkle with onions.



PRESSED PEPPERONCINI-PORK SANDWICHES

Servings: 4
12 ounces crusty French bread, unsliced
4 leftover pork chops from Pork Loin Chops with Sweet Balsamic Mushrooms recipe
2/3 cup pepperoncini slices
1 plum tomato, chopped
¼ cup finely chopped red onion
2 garlic cloves, minced
1½ tablespoons canola oil
1½ tablespoons cider vinegar
1½ teaspoons dried oregano
¼ teaspoon dried pepper flakes
3 slices ultra-thin sliced Swiss cheese, cut in half

Hollow out top and bottom halves of bread, leaving ½-inch thick shell.

Place pork on bottom half of bread. In bowl, combine pepperoncini, tomato, onion, garlic, canola oil, vinegar, oregano and pepper flakes. Spoon pepperoncini mixture and any accumulated juices on top of pork and top with cheese.

Cover with top half of loaf. Press down firmly to flatten sandwich and allow flavors and juices to absorb. Cut filled loaf crosswise into four equal pieces.

(Content and images provided by Family Features)

Area blood drives

January is National Blood Donor Month, and the American Red Cross has an urgent need for blood donors of all blood types.

Busy holiday schedules, winter weather and illness have led to a winter blood donation shortage that could affect patient care.

Right now, blood donations are being distributed to hospitals as fast as they come in.

Don't forget to schedule a blood donation appointment at www.redcrossblood.org and complete the rapid pass to save time.

Listed are the blood drives in the county:

- 11:30 a.m. to 5 p.m. Friday, Jan. 19: Otway Fire and Rescue, 509 Highway 70 east, Otway.
- 9 a.m. to 3 p.m. Tuesday, Jan. 23: First Presbyterian Church, 1604 Arendell St., Morehead City.
- 9 a.m. to 2 p.m. Wednesday, Jan. 24: Crystal Coast Civic Center, 3505 Arendell St., Morehead City.

- 9 a.m. to 1 p.m. Friday, Jan. 26: Newport Moose Lodge, 456 Roberts Road, Newport.

- 3-7 p.m. Friday, Feb. 2: Church of Jesus Christ of Latter-day Saints, 1007 Island Road, Harkers Island.

- 9 a.m. to 3 p.m. Monday, Feb. 5: Ann Street United Methodist Church, 500 Ann St., Beaufort.

- 10 a.m. to 4 p.m. Wednesday, Feb. 7: Morehead City Parks and Recreation Center, 1600 Fisher St., Morehead City.

- 1-6 p.m. Thursday, Feb. 8: Cape Carteret Aquatic and Wellness Center, 300 Taylor Notion Road, Cape Carteret.

- 2-7 p.m. Friday, Feb. 16: Emerald Isle Community Center, 7506 Emerald Drive, Emerald Isle.

- Noon to 4 p.m. Sunday, Feb. 25: Lowe's Home Improvement: 401 W.B. McLean Drive, Cape Carteret.

- 1-7 p.m. Tuesday, Feb. 27: St. James United Methodist Church Community Life Center, 1011 Orange St., Newport.

Gaylon Pope and SweetWater to perform Valentine's Day

The group Gaylon Pope and SweetWater will be performing a special Valentine's Day show this year.

The show is set for Friday, Feb. 9, at the Copper-Ridge on the Neuse Venue, a new wedding venue at 2706 Old Cherry Point Road in New Bern.

It will be a RSVP-only event, and people are encouraged to reserve seats quickly before it sells out.

The price is \$30 per person that will include dinner and the show. Doors to the event will open at 6 p.m. with dinner to begin at 7 p.m. and the show at 8 p.m.

This event will act as a gala for SweetWater Ministries, Inc., a nonprofit organization that was formed in 2017 to assist the group in their efforts to minister to and help such organizations as St. Jude's Children Hospital, The American Cancer Society and The N.C. Baptist Men Disaster

Relief Fund.

During the event, people in attendance will not only be treated to a meal and their favorite love songs from the group, but they will learn (by way of a Q&A segment) of the behind-the-scenes details of the group's activities and what it takes to smoothly run their tour and how they work their mission-statement to help others along the way.

According to Mr. Pope, their mission statement is "music is our platform, but ministry is our hearts."

They have proved that to be true in the fact that last year, they, along with audience participation, contributed over \$3,000 to disaster relief and this year's figures will be no less.

Hundreds of people flock to the group's annual Christmas Show performed each year at Joslyn Hall.

Their Christmas tour this past

year, that once again included Morehead City, along with 37 other sold-out shows, was another record-breaking year for the versatile vocal group.

The group continues to stretch their boundaries since their formation in 2010 when Mr. Pope gave up the Crystal Coast Jamboree and began touring again.

They now travel nationally and have become a favorite on the theatre, festival, fair, church and dinner-show circuit.

This year, the group will see another full schedule of touring that will include TV-tapings on WRAL, a NBC affiliate, as well as their annual return to Joslyn Hall in November for yet another Christmas show.

RSVP by calling 919-915-1422. For more information and tour dates for Gaylon & SweetWater, visit www.gaylonpopeandsweetwater.com.

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State group awards library trustee

The N.C. Public Library Directors Association named Ben Bowditch the Library Trustee of the Year at its annual Awards Banquet in Winston-Salem on Dec. 8.

Mr. Bowditch is chairman of the Craven-Pamlico-Carteret Regional Library Board of Trustees and also serves on the Pamlico County Public Library Board.

He is retired from a business career focused on retirement plans and local government short-term investments.

"Our library system has never had such an involved and motivated board member," said Susan Simpson, regional library director. "His dedication has resulted in new initiatives and benefits to the communities and patrons we serve, and our employees.

"He believes strongly in the importance of what the regional library system does for the public and small libraries. We are fortunate to have someone who cares so much about making our libraries the best they can be," she continued.

For more information, call 252-728-2050.



Ben Bowditch has been named Library Trustee of the Year. He is chairman of the Craven-Pamlico-Carteret Regional Library Board of Trustees and also serves on the Pamlico County Public Library Board. (Contributed photo)



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The horses of Shackleford Banks will be discussed during the Beaufort Historical Association's annual Membership Meeting, which is at 6 p.m. Tuesday at St. Paul's Episcopal Church in Beaufort. (Contributed photo)

BHA to hold annual Membership Meeting

Members and prospective members are invited to join the Beaufort Historical Association for the annual Membership Meeting and potluck dinner, at 6 p.m. Tuesday, Jan. 23, at St. Paul's Episcopal Church, 215 Ann St. in Beaufort.

After a brief meeting, the 2017 Volunteer Awards will be presented.

The BHA presents the prestigious Edward and Frances Trent Piver Award annually to the outstanding Volunteer of the Year.

The Piver children established the award in 1986 to honor their parents on Mr. Piver's 80th birthday. The tradition lives on as a way for the Beaufort Historical Association to honor its volunteers and the invaluable service they offer to the organization.

The recipients of the Piver Award during the past 30 years are a group of individuals who have truly made the BHA the success it is today.

The association has hundreds of people who give their time

and talents in a variety of ways including guiding tours, answering phones, preparing food for events, serving on committees, helping with events, fundraising, the double-decker bus and much more.

In addition to the Piver Award, the Newcomer Award, the Longevity Award, the Couples Award and the Fundraiser Award will also be presented.

Nominations are being accepted and submissions can be made by mailing in the ballot below or contacting the BHA at 130 Turner St., Beaufort.

Nominations can also be made over the phone by calling Lynne Chase at 252-728-5225 or by emailing officemanager@beauforthistoricsite.org

Following a potluck dinner and brief meeting, Carolyn

Mason will present a special program about the Foundation for Shackleford Horses.

This foundation was founded in 1997 with a mission to protect and preserve the Shackleford horses. Ms. Mason set out to do just that and has been involved with keeping Beaufort's wild horses safe for over 20 years.

Beaufort is well known for the wild horses that found their home here many years ago. This presentation will capture how the horses settled here and how to protect them.

For more information on the upcoming Membership Meeting, stop by the Visitors Center at 130 Turner St., call 252-728-5225 or visit www.beauforthistoricsite.org.



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SUDOKU

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

					6			1
7		9		4		8		
5								2
					7			4
				3	4		6	
	3		9	8				7
3								
	1	6	5			9		
	2	7						6

Level: Intermediate

5	6	8	9	4	1	7	3	2
2	9	7	8	3	5	6	4	1
1	4	3	2	7	6	5	8	9
8	5	2	3	1	9	4	6	7
4	1	9	5	6	7	8	2	3
3	7	6	4	2	8	9	1	5
9	2	5	6	8	3	1	7	4
7	8	4	1	9	2	3	5	6
6	3	1	7	5	4	2	9	8

Editor's Note:

Sudoku puzzles and answers are published in the next edition of twm.

ENTERTAINMENT CALENDAR

Calendar deadline is two weeks prior to the start date of the event. Send an email that includes the event time, date, location including address, admission price and contact information to megan.soult@thenewstimes.com

Event placement on a specific date is not guaranteed, as events run as space is available. Find the full calendar online at carolinacoastonline.com by hovering the pointer over TWM and choosing the "Calendar" option, or on a mobile device, choose "Calendar" from the drop-down menu.

Kids and Family

TILLER SCHOOL LOTTERY Tiller School is now accepting new student applications for grades K-5 for the 2018-19 lottery through Friday, Feb. 2. Students are chosen at random by lottery. Applications received after Feb. 2 are placed at the end of the lottery waiting list in the order they were received. Applicants are notified within two weeks of the status of their application. A student must be 5 years old on or before Aug. 31 for kindergarten enrollment. Applications are available at tillerschool.org under "Enrollment Information." Call 252-728-1995 if you have questions or would like to sign up for one of the school tour dates.

SEA SCOUT SHIP 1810 SSS SEA WOLF CMAST now has its very own Sea Scout ship for students ages 13-18 interested in boating and all things maritime. Sea Scouts are a division of Boy Scouts. Sea Scouts is for young men and women ages 14-20. Sea Scouts will learn boating skills, water safety, maritime heritage and citizenship through limitless opportunities and exciting challenges. For more information, visit <http://sciencehouse.ncsu.edu>, <http://cmast.ncsu.edu> or www.facebook.com/CMASTYouth.

SOUNDSIDE STORY TIME 10:30-11:30 a.m. Fridays at the Core Sound Waterfowl Museum and Heritage Center on Harkers Island. There will be stories, crafts, snacks and free play for preschoolers and their caregivers with new topics each week. For more information, call the museum at 252-728-1500.

STORY TIME AND PRE-K PLAY 9-10 a.m. Mondays for children from birth to 5 years, accompanied by an adult. Bring any supplies needed, such as diapers, wipes, bottles and more. For more information, call 252-354-6350.

Art

NEW YEAR OIL PAINTING CLASSES 9:30-noon Mondays from Feb. 5-26, at Irene Bailey's studio,

905 Ocean Drive, Emerald Isle. This class is for all levels and offers individual instruction. The fee is \$85 a month. To register, call 252-723-3258 or email irene@irenebailey.com.

Music and Theater

'HELLO DOLLY!' 7:30 p.m. Friday-Saturday, Jan. 19-20, and Jan. 26-27, as well as 2 p.m. Sunday, Jan. 21, and Jan. 28, at Carteret Community Theatre, 1311 Arendell St., Morehead City. Tickets are on sale online at www.carteretcommunitytheatre.com or at the door one hour prior to the show. For more information, call 252-497-8919.

COMMUNITY CHOIR BENEFIT CONCERT 3 p.m. Sunday, Jan. 21, at Moore's Chapel Missionary Baptist Church, 1208 Hargett St., Newport. This will support Relay for Life of Carteret County. For more information, contact Debra Washington at 252-728-8550, ext. 5727.

CARTERET COUNTY SUNSHINE BAND REHEARSALS 7-9 p.m. Monday, Jan. 22, in the Croatan High School band room. Rehearsals will continue every Monday evening. New members are welcome. For more information, visit the Facebook page: <https://m.facebook.com/carteretsunshineband/> or email @carteretsunshineband.org.

AUDITIONS FOR CARTERET'S VOICES 'BATTLE OF THE VOICES' 9 a.m. Saturday, Jan. 27, at Glad Tidings Church in Morehead City. This singing competition is open to students ages 11-19 who attend middle or high school in the county including home-schoolers. The grand prize includes a cash prize scholarship to a college of choice, an opportunity to record their own CD and an opportunity to sing center stage at the N.C. Seafood Festival. All interested students may register at www.coachope.org or pick up application from the front desk of your middle or high school in Carteret County. You may also register on-site the day of audition. All contestants are required to bring a up to date photo. In addition, music should be in MP3 format and emailed to bradytosto@gladt.com. Subject line should read "Carteret Voice Audition." For more information, coachope@yahoo.com or call 252-732-4522.

BELLAMY BROTHERS IN CONCERT 8 p.m. Friday, Feb. 2, at Carteret Community Theatre, 1311 Arendell St., Morehead City. Reserved seats are \$30, \$35 and \$40 in advance and \$35, \$40 \$45 at the door. Tickets are on sale online at www.carteretcommunitytheatre.com.

MISSOULA CHILDREN'S THEATER Monday-Saturday, Feb. 5-10, at Carteret Community Theatre, 1311 Arendell St., Morehead City. Two shows will be performed on Saturday. For more information on the Missoula Children's Theater, call 252-247-5838.

GAYLON POPE AND SWEETWATER VALENTINE'S DAY SHOW 6 p.m. Friday, Feb. 9, at the Copper-Ridge on the Neuse Venue, at 2706 Old Cherry Point Road in New Bern. It will be a RSVP-only event, and people are encouraged to Reserve quickly before it sells out. The price is \$30 per person that will include the dinner and show. Doors to the event will open at 6 p.m. with dinner to begin at 7 p.m. and the show at 8 p.m. The number to call to RSVP is 919-915-1422. For more information and tour dates for Gaylon & SweetWater visit www.gaylonpopeandsweetwater.com.

Food and Drink

SEVENTH ANNUAL CLAM CHOWDER COOK-OFF 6 p.m. Friday, Jan. 19, at the Harvey W. Smith Watercraft Center in Beaufort. Four guest clam chowder cooks will compete. Participants enjoy a tasting-sized portion of each of the four chowders and then vote for their favorite. In addition to clam chowder, the event will host a cornbread taste-off. Tickets are \$35 members \$40 non-members. For more information, contact the Friends of the N.C. Maritime Museum at 252-728-1638 or visit www.maritimefriends.org/events.

OPENINGS ARTISTRY IN SMALL BITES TASTINGS 2-3:30 p.m. and 4:30-6 p.m. Sunday, Jan. 21, and 2-3:30 p.m. and 4:30-6 p.m. Sunday, Feb. 18, at St. Francis by the Sea Episcopal Church in Salter Path. On each date there will be 50 different recipes offered. Tickets are \$15 for each date. For more information, call Bobbie Hill at 252-515-6122.

CALENDAR | CONTINUED ON 9

CHILICHOWDERFUNDRAISER 10 a.m. Friday, Jan. 26, at North River United Methodist Church north of Beaufort. This event includes your choice of chili or clam chowder with combread and a brownie. Eat in or take out. Delivery available in some areas. Class after 9 a.m. on Jan. 26 if you want to order ahead. For more information, call 252-504-2337.

ESCOFFIER DINNER SEREIS 6:30 p.m. Tuesday, Jan. 30, at the Crystal Coast Civic Center. The first dinner will feature Chef Olmstead and Carteret Community College Culinary students. There are four dinners in the series. Dinner begins at 6:30 p.m. (doors open at 5:30 p.m.) A four-dinner series package is \$200 per person; Individual dinners are \$60 per person. A cash bar will be available. This series will sell out. For more information, visit www.cccfoundation.org/escoffier-dinner-series.html.

Events

\$5 BAG SALE ON ALL CLOTHING 10 a.m. to 5 p.m. until Saturday, Jan. 20, at Caroline's Collectables, 3716 Arendell St., Morehead City. This sale excludes accessories. Shop to stop domestic violence. Proceeds benefit the Carteret County Domestic Violence Program's safe house. You may also help by donating women's clothes and accessories. For more information, visit www.carteretdomesticviolence.com.

WINTER WONDERLAND BALL 6-9 p.m. Saturday, Jan. 20, at the Crystal Coast Civic Center in Morehead City. The dress code is semi-formal and refreshments and beverages will be served. Admission is \$30 per couple or \$20 per person. Preregistration is recommended but not required. Admission is an additional \$10 at the door. To preregister, visit ccpr.recdesk.com. For more information, call 252-808-3301.

SHOCKWAVE WRESTLING 7 p.m. Saturday, Jan. 20, at the Carteret County Shine Club, 1411 Highway 101 north of Beaufort. Hounds of Hades presents a Triple Threat Tag Team Title Match. Doors open at 6 p.m. and the bell rings at 7 p.m. Tickets are \$10 for adults and \$7 for children. Save money when you preorder on Paypal with swehelltheshock@yahoo.com.

CARTERET COUNTY VETERAN STAND DOWN 10 a.m. to 2 p.m. Thursday, Feb. 8, at the Morehead City-Beaufort Elks Lodge No. 1710, 400 Miller Farm Road in

Morehead City. The purpose of a veteran stand down is to provide a wide range of support services and information at one location for veterans and military. From 10-11 a.m. is for veterans only. If you would like to volunteer or offer services to the veterans, call Rebecca at 252-726-7151, ext. 206.

AARP TAX AIDE SEEKS FALL VOLUNTEERS By being trained by an IRS-certified instructor, these volunteers can help taxpayers receive the best possible outcome when filing their tax return. To become a volunteer, contact the program's district coordinator, Traci Torrie at 910-326-6239 or by email at traci4taxaide@live.com.

Local heritage

COASTAL CRAFT SERIES 2 p.m. Sunday, Jan. 21, at Hammocks Beach State Park, Swansboro. Each month come out to the park and learn about some of the unique beach findings and what crafty ways can be applied with them. You will get a chance to build your own craft to take home. This month's craft is sand-encrusted candles. Registration is required by contacting the park office at 910-326-4881.

MUSKET FIRING DEMONSTRATION 10 a.m. Wednesday, Jan. 24, at Fort Macon State Park. Learn about a Civil War-era musket's history, loading procedures and firing. Meet in the fort. For more information, call 252-726-3775.

HUGGINGS ISLAND HISTORY HIKE 1 p.m. Sunday, Jan. 28, at Hammocks Beach State Park, Swansboro. Enjoy a boat ride over to Huggings Island and learn about the unique history that has shaped this maritime island over the years. You will get a chance to see and explore one of the Atlantic coast's better preserved earthwork fortification and how it played a role in the American Civil War. We will also look at other generations that have utilized this island over the years. Dress for the weather. Seating is limited, and registration is required by contacting the park office at 910-326-4881.

MUSKET FIRING DEMONSTRATION 10 a.m. Wednesday, Jan. 31, at Fort Macon State Park. Learn about a Civil War-era musket's history, loading procedures and firing. Meet in the fort. For more information, call 252-726-3775.

Education

WRITING FROM EXPERIENCE: FICTION MEMOIR POETRY WORKSHOP 4-6 p.m. Wednesdays

until Feb. 21, in Beaufort. Dr. Susan Schmidt will lead a workshop for six weeks each Wednesday from 4 to 6 p.m. The cost \$150 for first-timers and \$125 for return participants. To register and find location, email susu@susanschmidt.net or call 252-269-0032. For more information, visit www.susanschmidt.net.

PILOTING ON BOGUE SOUND AND NEAR COASTAL WATERS COURSE 6 p.m. Thursdays until Feb. 28 at First United Methodist Church in Morehead City. This seven-week course is offered by U.S. Power Squadrons Fort Macon Sail and Power Squadron. The fee for the course is \$105 and includes the student manual, plotting and labeling book and the Weekend Navigator book. Preregistration is required for this event. Additional information is available by email to Ken Link at seaclef@coastalnet.com or by calling 252-726-0630.

INTRODUCTION TO WOODEN BOAT BUILDING COURSE 9 a.m. to 4:30 p.m. Saturday-Sunday, Jan. 27-28, at the Harvey W. Smith Watercraft Center in Beaufort. A two-day hands-on course, students will explore the art of boat building from start to finish. By the end of the course, students will have the knowledge and skill to choose a design and style of boat to build on their own and the confidence to take on the job. The course fee is \$135 or \$121.50 for Friends of the Museum. The minimum age is 16 years old. Course size limited. Advance registration required. Call the Program Registrar at 252-504-7758. Additional dates include: Feb 24-25, March 17-18, April 7-8, June 2-3, July 14-15, Aug. 25-26, Sept. 29-30, Oct. 13-14, Nov. 17-18 and Dec. 8-9.

Fitness

TAOIST TAI CHI noon to 1:30 p.m. Wednesdays and noon to 1:30 p.m. Fridays at the Morehead City Parks and Recreation Center, 1600 Fisher St. No need to preregister. More information can be found at taoist.org, by emailing morehead-city.nc@taoist.org or calling Terri Thomas at 252-314-4110.

GENTLE BACK HEALTH YOGA 12:10-1 p.m. Thursdays at Carteret Community College. This six-week series is \$40. This class gently improves flexibility and allows healing as it relieves stress and reduces pain. Also aids with anxiety, cancer recovery and PTSD. No prior yoga knowledge needed. For more information, contact Jade Morton, certified holistic health educator, at www.YogaWellnessNC.com or 252-646-3923. Series begin Jan. 11, Feb. 22 and April 12.

NIGHTLIFE CALENDAR

Morehead City

FLOYD'S 1921: Live music 7-10 p.m. Friday-Saturday.

PROMISE LAND MARKET: Open Mic Night with Tiffany Elaine 7-10 p.m. Wednesday, Jan. 24.

CRYSTAL COAST BREWING CO.: Team Trivia 7:30 p.m. Mondays. A food truck will be on site starting at 6 p.m.; and **Locals Night** every Thursday \$1 off all pints on tap all day.

SHUCKIN SHACK OYSTER BAR: Live music from 6-8 p.m. Wednesdays featuring local musicians each week.

Bogue

LOGAN'S AT CAROLINA HOME AND GARDEN: Live Music and food truck 6:30-9:30 p.m. Thursdays.

Newport

SHORTWAY BREWING CO.: Open Mic Night with Tiffany Elaine 6-9 p.m. Thursday, Jan. 18.

Atlantic Beach

AMOS MOSQUITO'S: Karaoke 5-9 p.m. Thursdays.

Beaufort

CRU WINE BAR: Dick Knight 9 p.m. Friday, Jan. 19; **The Mad Fiddler** 8 p.m. Saturday, Jan. 20; **Wine Tasting with Natalie of Advintage** 6:30 p.m. Friday, Jan. 26; **Whiskey Diablo** 9 p.m. Friday, Jan. 26; **Wine tasting with Jeremy of Country Vintner** 6:30 p.m. Friday, Feb. 2; and **Phantom Playboys** 9 p.m. Saturday, Feb. 3.

BACKSTREET PUB: Tumbleweed 9 p.m. Saturday, Jan. 20; and **Mardi Gras on Middle Lane** 2-6 p.m. Saturday, Feb. 24.

RIBEYES: Morris Willis 6 p.m. Tuesdays.

Cedar Point

HARRIKA'S BREW HAUS: Tastings 6-9 p.m. each Thursday; **Music and \$3 Drafts** 7-10 p.m. Fridays, includes open microphone, live karaoke and duets or solo acts with \$3 draft beer; **Biergarten** 7-10 p.m. Saturdays featuring live entertainment for visitors to enjoy while sipping beer. Drink specials are also available.

Swansboro

BORO CAFÉ: Live music at 7 p.m. every Friday.

ICEHOUSE WATERFRONT RESTAURANT: Live music 7:30 p.m. Wednesdays and 9 p.m. Saturdays.

AREA SPORTS CALENDAR

Thursday, Jan. 18

High School Basketball

Jayvee Girls: Lejeune at Croatan.....	4 p.m.
Jayvee Boys: Lejeune at Croatan.....	5:30 p.m.
Varsity Girls: Lejeune at Croatan.....	7 p.m.
Varsity Boys: Lejeune at Croatan.....	8:30 p.m.

Friday, Jan. 19

High School Basketball

Jayvee Girls: Havelock at West Carteret.....	4 p.m.
Jayvee Boys: Havelock at West Carteret.....	5:30 p.m.
Varsity Girls: Havelock at West Carteret.....	7 p.m.
Varsity Boys: Havelock at West Carteret.....	8:30 p.m.
Jayvee Boys: Croatan at East Carteret.....	4:30 p.m.
Varsity Girls: Croatan at East Carteret.....	6 p.m.
Varsity Boys: Croatan at East Carteret.....	7:30 p.m.
Jayvee Girls: White Oak at Swansboro.....	4 p.m.
Jayvee Boys: White Oak at Swansboro.....	5:30 p.m.
Varsity Girls: White Oak at Swansboro.....	7 p.m.
Varsity Boys: White Oak at Swansboro.....	8:30 p.m.

High School Wrestling

Dixon at Croatan.....	6 p.m.
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* Scheduled events subject to change

Writing competition opens for submissions

The 2018 Doris Betts Fiction Prize is now open for submissions.

The winner receives \$250 and publication in North Carolina Literary Review.

The postmark deadline is Thursday, Feb. 15.

Here are the complete guidelines:

The competition is open to any writer who is a legal resident of North Carolina or a member of the N.C. Writers' Network. North Carolina Literary Review, NCLR, subscribers with North Carolina connections (lives or has lived in NC) are also eligible.

The competition is for previously unpublished short stories up to 6,000 words. Multiple entries are permitted, but each requires a separate entry fee. No novel excerpts are accepted. Stories do not have to relate to NCLR's annual special feature topic.

Simultaneous submissions are allowed, but please notify

the writer's network immediately if your work is accepted elsewhere.

Submit previously unpublished stories online at <https://nclr.submittable.com/submit>. Submittable will collect the entry fee via credit card (\$10 NCWN members or NCLR subscribers / \$20 for non-members/non-subscribers).

To pay submission fees by check or money order, make payable to the North Carolina Writers Network and mail to: Ed Southern, P.O. Box 21591, Winston-Salem, N.C. 27120-1591.

Documents must be Microsoft Word or .rtf files. Stories should be double-spaced. The author's name should not appear on manuscripts. (Submittable will collect and record the author's name and contact information.) If you have any problems submitting electronically, email NCLR's Submission Manager.

If submitting by mail,

mail story manuscript with a cover sheet providing name, address, email address, word count and manuscript title, to: NCLR ECU Mailstop, 555 English Greenville, N.C. 27858-4353 (but mail payment to the network as per instructions above).

The winner and finalists will be announced by Tuesday, May 1.

The winning story and select finalists will be published in the next year's issue of the North Carolina Literary Review.

This year's final judge is Stephanie Powell Watts, winner of the Ernest J. Gaines Award for Literary Excellence for her debut story collection, *We Are Taking Only What We Need* (Ecco Press, 2012), also named one of 2013's Best Summer Reads by O: The Oprah Magazine.

Her debut novel, *No One Is Coming to Save Us* (Ecco Press, 2017), follows the return of a successful native son to his home in North Carolina and his

attempt to join the only family he ever wanted but never had.

Her short fiction has been included in two volumes of the *Best New Stories from the South* anthology and honored with a Pushcart Prize.

Born in the foothills of North Carolina, with a Ph.D. from the University of Missouri and a bachelor's degree from the University of North Carolina-Charlotte, she now lives with her husband and son in Pennsylvania, where she is an associate professor at Lehigh University.

For over 20 years, East Carolina University and the N.C. Literary & Historical Association have published the North Carolina Literary Review, a journal devoted to showcasing the Tar Heel State's literary excellence.

Described by one critic as "everything you ever wanted out of a literary publication but never dared to demand," NCLR has won numerous awards and citations.

Doris Betts was the author of three short story collections and six novels.

She won three Sir Walter Raleigh awards, the Southern Book Award, the North Carolina Award for Literature, the John Dos Passos Prize and the American Academy of Arts and Letters Medal for the short story, among others.

Beloved by her students, she was named the University of North Carolina Alumni Distinguished Professor of English in 1980. She was a 2004 inductee of the N.C. Literary Hall of Fame.

Questions may be directed to Margaret Bauer, editor of the North Carolina Literary Review, at BauerM@ecu.edu.

The nonprofit North Carolina Writers' Network is the state's oldest and largest literary arts services organization devoted to writers at all stages of development.

For additional information, visit www.ncwriters.org.

New year health and fitness classes offered at CCC

Carteret Community College's Corporate and Community Education Division is offering new classes, as well as tried and true classes for health and fitness in the spring semester.

New to the college for a physical fitness routine are classes such as Zumba and Pound Fit.

"We are eager to bring free 30-minute Zumba demonstrations on campus on Jan. 24 and excited to offer free 30-minute Pound Fit, the newest exercise trend in the county, demonstra-

tions on Saturday, Jan. 20," said Mary Schronce, life enrichment coordinator.

"Zumba is a Latin-inspired dance fitness program designed for all ages with easy-to-follow steps that take you on a trip around the world visiting many genres like salsa, merengue, cumbia, bhangra, soca, dancehall, reggaeton, swing, hip-hop, just to name a few," said Evelyn "Cookie" Arlequin, licensed Zumba and Pound Fit instructor.

Ms. Arlequin said that Pound Fit is implemented using lightly weighted drumsticks called Ripstix that are engineered specifically for exercising, and transforms drumming into an incredibly effective way of working out.

It is a full-body workout that combines cardio, conditioning and strength training with Yoga and Pilates-inspired movements and is designed for all fitness levels.

"Pound Fit provides the

perfect atmosphere for letting loose, getting energized, toning up and rockin' out. This workout is easily modified for adults of all ages and abilities," Ms. Arlequin said.

Traditional fitness classes such as Yoga for Beginners, Gentle Back Health, Gentle De-Stress and Yoga and Stretching will be offered in various locations from The Bridge Downeast on Harkers Island to the Western Carteret Library and Learning Center in Cape Carteret with Morehead City in between.

Many of the yoga class movements involve therapeutic style stretches, deep breathing and relaxation techniques.

Appropriate for all adults, yoga can safely improve bone density, reduce chronic pain and restore joint mobility.

For an advanced class, Yoga - Intermediate Level II is designed for restorative health through an alignment-based Vinyasa Flow.

The college will again be offering Golf for Beginners at the Golf Farm in Newport, and dance classes including shag, ballroom, rumba, East Coast swing, salsa and waltz on the

For the body, the Healthy

Lifestyle Series and Spring Clean Your Body for Health classes, along with a Smoothies vs. Juicing Workshop, are an important start to being healthy in the New Year.

The new Meaningful Sound and Mindful Relaxation - Singing Bowls concert and class is aimed at brain fitness.

"Meaningful Sound and Mindful Relaxation is designed to provide students an opportunity to experience and practice simple and easy relaxation techniques," said the instructor, Bright Walker, BS, L.Ac., LMFT.

"This course encourages a renewed sense of well-being through the power of sound and integrates unique elements by combining the beautiful sounds of the singing bowls, gongs and chimes with different techniques, such as breathing, imagery and self-created sound," Ms. Walker said.

Those interested in registering for any of these classes for their health should contact the Continuing Education office at Carteret Community College at 252-222-6200 or visit the website at carteret.edu and click on Continuing Education class listings.

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The International Film Series returns to Carteret Community College Thursday with a showing of the German comedy “Lila Lila.” The film series runs through April. (Contributed photo)

Annual International Film Series to begin

Beginning on Thursday, Jan. 18, the International Film Series returns to Carteret Community College.

The film series will extend from January through April and includes four foreign films to be shown on the big screen in the Joslyn Hall auditorium on the college campus.

“Thanks to a volunteer selection committee made up of community members, we have a great lineup of films for 2018,” said Brenda Reash, executive director of the Carteret Community College Foundation. “The International Film Series gives our community the opportunity to enjoy foreign films on the big screen without having to travel far and Chef Floyd outdid himself with the dinners last year.”

The films will have three show times each month; a 5:20 p.m. and 7:30 p.m. showing on Thursday and a 2 p.m. bonus matinee on Friday.

All show times are free and open to the public. Donations

at the door are appreciated and help support the series. Refreshments will be available in the lobby.

There is also the Dinner and a Movie option prior to the 7:30 p.m. showing of each film.

The dinner and a movie option includes a meal inspired by the cuisine and culture of the country featured in the evening’s film.

The dinners will be held at 6 p.m. at the Crystal Coast Civic Center, also located on the college campus.

Chef Floyd Olmstead of Floyd’s 1921 Restaurant and Catering will prepare the meals.

Tickets for the dinners are \$30 per person and reservations are required in advance.

Space is limited for each dinner. To view movie trailers and purchase tickets, visit www.cccfoundation.org and click on the events tab.

Net proceeds from this annual series support Carteret Community College students and programs. The Carteret

Community College Foundation is a nonprofit organization with a mission to seek and secure funding to support Carteret Community College.

For more information, or to purchase tickets over the phone, contact Jennifer Gould at 252-222-6056.

International Film Schedule:
“Lila Lila” (Germany/Comedy): Thursday, Jan. 18, and Friday, Jan. 19. This film was released in 2009.

In the film, David, a waiter, finds an unpublished manuscript in a dresser drawer. To impress a girl, he claims to be the author. When the novel becomes a best-seller, the real author introduces himself in his life and begins to take over David’s life.

The film is directed by Alain

Gsponer and Alex Buresch wrote the screenplay and Martin Suter wrote the novel.

It stars Daniel Brühl, Hannah Herzsprung and Henry Hübchen.

“The Salesman” (Iran/Drama Thriller): Thursday, Feb. 22, and Friday, Feb. 23.

This movie was released in 2016. While both participating in a production of “Death of a Salesman,” a teacher’s wife is assaulted in her new home, which leaves him determined to find the perpetrator over his wife’s traumatized objections.

The film is directed and written by Asghar Farhadi.

It stars Taraneh Alidoosti, Shahab Hosseini and Babak Karimi.

“Lost in Paris” (France/Comedy): Thursday, March 22, and Friday, March 23.

“Lost in Paris” was released in 2016. In the film, Fiona visits Paris for the first time to assist her myopic Aunt Martha. Catastrophes ensue, mainly involving Dom, a homeless man who has yet to have an emotion or thought he was afraid of expressing.

The film is directed by Dominique Abel and Fiona Gordon, who both also star in the film.

“Timbuktu” (Mauritania/Drama): Thursday, April 12, and Friday, April 13.

In this 2014 film, a cattle herder and his family who reside in the dunes of Timbuktu find their quiet lives, which are typically free of the Jihadists determined to control their faith, abruptly disturbed.

It is written and directed by Abderrahmane Sissako.

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Fundraiser, reception to benefit county art teachers

this week

1/18/18 - 1/24/18

An upcoming fundraiser will benefit art teachers in the county.

“A Small Taste of Coastal Paintings,” an art reception and fundraiser, featuring the oil paintings of Donna Lee Nyzio, is from 6-8 p.m. Tuesday, at Black Sheep, 510 Front St., Beaufort.

The cost for the event is \$25 and includes entry, pizza, beer and wine, and a donation to the Carteret County art teachers for art supplies.

As it says on their homepage, “So much more than Pizza” Black Sheep, a local brick oven restaurant, is so much more.

Owner and art enthusiast Jeff Adams supports current artists by showcasing their work every month while supporting young future artists.

Donations from the opening event translate into more artistic opportunity for young artists by providing funds for teachers to acquire material and supplies.

The upcoming fundraiser is the first art opening of 2018.

Ms. Nyzio is a traditional oil painter of coastal and maritime scenes.

She exhibits her paintings in New York City, Atlanta, Ga., Annapolis, Md., and the Maritime Gallery at Mystic Seaport, in Mystic, Conn., at their annual



The oil paintings of Donna Lee Nyzio will be on display from 6-8 p.m. Tuesday at Black Sheep in Beaufort for an art reception and fundraiser, which will collect funds for art supplies for county art teachers. (Donny Nyzio photo)

international show.

Locally, her work can be seen year-round at Scuttlebutt Books and Bounty in Beaufort and Ballantyne Framing and Art

in New Bern.

Ms. Nyzio is also the fundraising artist for the Friends of the N.C. Maritime Museum, Beaufort Wine & Food and the

Beaufort Pirate Invasion, as well as other fundraising events.

To learn more about Ms. Nyzio’s work, visit her website, paintedworld.com, email her

at donna@paintedworld.com or call 252-732-0391.

For more information on Black Sheep, visit www.black-sheepbeaufort.com.

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 Tel: (252) 497-8919