



# SHARED ADVENTURES



Shared Adventures is a non-profit that was founded on the belief that recreation, exploration, challenge and access to the outdoors is essential to a healthy and fulfilling life. We are dedicated to improving the lives of those living with physical and cognitive disabilities.

Please Support Shared Adventures with a Donation

[www.SharedAdventures.org](http://www.SharedAdventures.org)

This mural is on display at Watsonville's Ramsay Park



Shared Adventures was established as a non-profit organization in 1994 by longtime Santa Cruz resident, Foster Andersen, who became quadriplegic from a spinal cord injury in 1978. For over 33 years, Shared Adventures has provided recreational and social activities for thousands of participants who have disabilities and challenges. Shared Adventures is also involved in representing and advocating for the disabled community in recreation, health, and social services.

**GIVING TUESDAY**

We continue our work to increase the number of participants in our programs and provide recreation opportunities at no cost or for reduced rates. We recognize that participation enhances the lives of individuals with disabilities, and Shared Adventures is a champion for equity and inclusion in all aspects of society.

Our goal for this year's Santa Cruz Gives fundraising drive is to raise over \$50,000 to help fund our programs of year-around activities, and provide a broad range of accessible recreational experiences, which includes: sailing, archery, rock climbing, art classes, gardening, bowling, Day on the Beach, Day at the Park, family summer camp and many other favorite activities.

A highlight each year is our "Day on the Beach" at Cowell Beach. This was our 31st year! This event creates an opportunity for those who might not have the chance to participate in ocean activities and sports, such as kayaking, riding in an outrigger, scuba diving, water floatation, or even getting in the water! This event served 300+ persons with disabilities, plus their caregivers, friends, families, and over 200 volunteers, bringing together over 800 people for this spectacular beach party.

Our programs provide social, physical, and recreational activities, and also support mental wellness through companionship, community, referrals, and peer support.

The Santa Cruz Access Guide is now available. We created it to be a valuable asset for anyone with disabilities to help find lodging, restaurants, recreation, and services in the Santa Cruz County area. [www.SCAccessGuide.com](http://www.SCAccessGuide.com). We are also partnering with Watsonville Parks and Community Services to spearhead a mural featuring disabled athletes and community members at the newly renovated Ramsay Park, which will feature a new all-access playground.

**Shared Adventures is supported by the community with donations and grants. For more information about Shared Adventures programs and activities, please visit**

**[www.SharedAdventures.org](http://www.SharedAdventures.org) and to donate: [www.SantaCruzGives.org/SharedAdventures](http://www.SantaCruzGives.org/SharedAdventures).**



LA AVENTURA ES PARA TODOS - ADVENTURE IS FOR EVERYONE