



BLUE ZONES PROJECT

POWERED BY

Adventist Health 

LIVE LONGER BETTER®

SAT-SUN, MAY 21-22
11AM-3PM
BLUE ECONOMY
SYMPOSIUM &
LEARNING FESTIVAL

Join us as we continue our Kick Off celebration with our Coastal Communities. The free community event will feature special guest speakers, fun giveaways, gift cards, and family friendly activities.



Scan code with your
phone camera to
learn more or go:



mec.bluezonesproject.com/community-kickoff