

# ANXIOUS ABOUT THE FUTURE OF COVID-19?



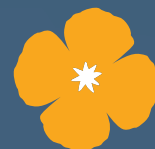
## CalHOPE is here to help with free emotional support

The more we learn about COVID-19, the more questions we have. The biggest question now: what's next? What will COVID bring in six months, a year? If you're feeling anxious about the future, you're not alone.

CalHOPE can help with free emotional support for you and your loved ones. Connect with us today to talk to someone who can help or to find more emotional wellness resources.



Call **(833) 317-HOPE (4673)**  
or live chat at: **CalHOPE.org**



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