



## SELMA POP-UP WELLNESS

The pop-up wellness clinic is focused on one goal: making good health simple. With this clinic, Live HealthSmart Alabama brings comprehensive health screenings—at no cost—to your community. In just 15 minutes you'll know your numbers for:



Height, Weight,  
and BMI



Blood Pressure



Blood Sugar



Cholesterol



Other Health Risks

## JANUARY 2025

Date	Time	Location
Thursday, January 9	10 am - 2 pm	<b>Dallas County Public Library</b> 1103 Selma Ave   Vaughan Room Selma, AL 36703
Wednesday, January 22	12 pm - 4 pm	<b>Rangedale Apartments</b> 1 Twilley Street Selma, AL 36701
Thursday, January 23	10 am - 2 pm	<b>GWC Homes</b> 141 Martin L. King Street Selma, AL 36701



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