

Soundbath Friday Fun

Experience a Soundbath led by HarmoniSounds.
Surrounded by the warm acoustics of crystal bowls, gongs, chimes and gentle frequencies, participants will be guided into deep relaxation and mindful stillness. Open to ages 18 and up; info and required registration on our Calendar.

• 6-7pm, Friday, January 30, Community Room



www.billingslibrary.org
510 N. Broadway
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