

TWO Nutritious Meals for Seniors just \$7.50 a day!*

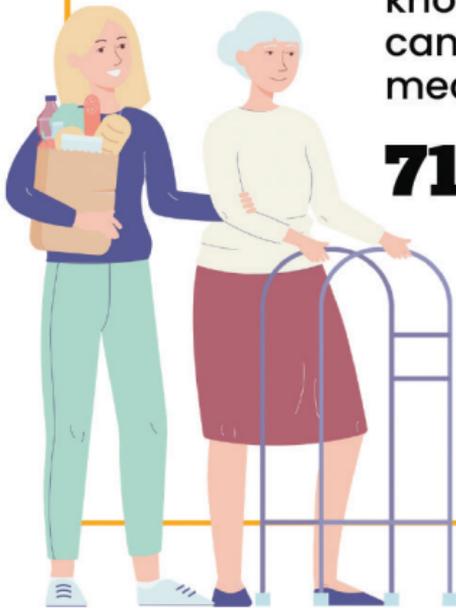
*If you or someone you know is homebound or can't prepare their own meals, we can help.

716-636-3065

Amherst
Meals on Wheels



eat well.



[AmherstMealsOnWheels.org](https://www.AmherstMealsOnWheels.org)