



## Local business continues mission of **Our Family Helping Yours**



AMHERST, NY — When Barbara Bellman founded Senior Solutions of Western New York, her goal was simple: help families care for their loved ones while allowing seniors to remain safely and comfortably in their own homes. Now, five years later, Bellman is expanding that mission in a new way.

Senior Solutions, a rapidly growing private-pay home care staffing agency based in Amherst, is launching professional housekeeping services for residents across Erie and Niagara counties — offering families another layer of support inside the home.

Bellman says the idea came directly from the families her company already serves. Over the years we've heard the same thing from so many people. "Keeping up with the house can become overwhelming —

whether someone is aging, recovering from surgery, or simply juggling a busy life. We realized this was another way we could help."

Since opening its doors, Senior Solutions has grown steadily and now employs more than 100 caregivers and staff members throughout Western New York, providing in-home support that allows older adults to maintain independence and dignity.

The new housekeeping division will extend that same trusted approach to cleaning and home organization.

Services will include weekly, bi-weekly, or monthly home cleaning, deep cleaning projects, kitchen and bathroom sanitizing, dusting, vacuuming,

mopping, bed linen changes, and general household organization.

Unlike many cleaning companies, Bellman says the focus will remain on professionalism, trust, and reliability — qualities that have helped Senior Solutions build strong relationships with families throughout the region.

"When someone welcomes you into their home, that's a big responsibility," Bellman said. "We take that very seriously. Our staff are carefully screened, trained, and committed to treating every home with respect." Bellman's inspiration



for the business remains deeply personal. After caring for her own parents, she saw firsthand how meaningful it is for people to remain in the comfort of their own homes.

"That experience shaped everything about this company," she said. "At the end of the day, we're here to help people. Whether that's caregiving or housekeeping, it all comes back to the same philosophy."

For Bellman and her team, the expansion is simply another step in continuing the company's guiding principle: Senior Solutions of Western New York — Our Family Helping Yours.

**For more information about housekeeping or home-care services,**  
residents can call 716-435-5964 or visit [www.seniorsolutionswny.com](http://www.seniorsolutionswny.com)