



*Presented by*  
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## **DARKENED SKIN ON THE NECK**

“Poikiloderma of Civatte” is largely characterized by darkened skin on the sides of the neck. The benign skin condition primarily appears in women and typically spares the shaded area under the chin. The affected skin is red-brown with prominent hair follicles, as well as thinning skin with increased pigmentation and dilation of the fine blood vessels (telangiectasia). The term “poikiloderma” refers to these sun-related signs of aging, while Civatte is the name of the French dermatologist who first described the common weathering changes that occur on the sides and front of the neck. Pulsed dye laser (PDL) and intense pulsed light (IPL) treatments are currently the best way to reduce the telangiectasia and pigmentation.

P.S. Take full steps to cover your neck as well as your face with sunscreen.

***“Keeping your skin healthy and beautiful is a 30 year tradition.”***

**South Lincoln  
Dermatology**

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