

HEALTHBEAT

upcoming hospital programs & events

Jan. 13 **Super Sibling Class**
6-7pm Call 402-223-6529

Jan. 14 **To Your Health**
8:30-9am Beatrice 1450-AM or 94.7-FM Radio

Jan. 15 **Joint Camp**
2:30-4pm BCH Conference Center — FREE
Registration Encouraged. 402-223-7280
Use Conference Center/Rehab Entrance
Doors for easiest access.

Jan. 15 **Breastfeeding Support Group**
5:45-6:45pm Women's & Children's Clinic 402-223-7315

Jan. 17 **Childbirth Preparation Class**
9am-5pm Includes Infant/Child CPR from 4-5pm
402-223-6529

Stay connected with BCH



402-228-3344

U.S. Highway 77 North
4800 Hospital Parkway
Beatrice, NE 68310

www.BeatriceCommunityHospital.com