

# HEALTHBEAT

## upcoming hospital programs & events

**Jan. 13**

6-7pm

### **Super Sibling Class**

Call 402-223-6529

**Jan. 14**

8:30-9am

### **To Your Health**

Beatrice 1450-AM or 94.7-FM Radio

**Jan. 15**

2:30-4pm

### **Joint Camp**

BCH Conference Center — FREE  
Registration Encouraged. 402-223-7280  
Use Conference Center/Rehab Entrance  
Doors for easiest access.

**Jan. 15**

5:45-6:45pm

### **Breastfeeding Support Group**

Women's & Children's Clinic 402-223-7315

**Jan. 17**

9am-5pm

### **Childbirth Preparation Class**

Includes Infant/Child CPR from 4-5pm  
402-223-6529

*Stay connected with BCH*



**402-228-3344**

U.S. Highway 77 North  
4800 Hospital Parkway  
Beatrice, NE 68310

**[www.BeatriceCommunityHospital.com](http://www.BeatriceCommunityHospital.com)**