

# MISSING TEETH = MISSING NUTRITION

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Missing teeth and ill-fitting dentures prevent people from eating nutritious foods like fruits, vegetables, nuts and lean meats making it crucial to a person's health to replace missing teeth and have secure fitting dentures.

Luckily, the advances in dentistry have made it possible for people with missing teeth to enjoy their favorite foods again.

A dental implant is a titanium post that simulates the root of a natural tooth and can support a crown, bridge or overdenture. Titanium is used due to its compatibility with bone and oral tissues. Implants are very durable and can last a lifetime when properly cared for with regular brushing, flossing and routine check-ups. They can be utilized for single or multiple missing teeth in a variety of different ways.

The advances in implant dentistry have greatly improved the functionality of dentures. Removable dentures can be uncomfortable, catch food and reduce chewing efficiency. With implant overdentures, the denture is stabilized by multiple implants, allowing a person to confidently and comfortably bite into hard foods without the worry of the denture moving, trapping food or causing embarrassing clicking sounds. This provides a much more stable, natural-looking and comfortable replacement for missing teeth,



allowing people to enjoy nutritious foods with ease. Dental implants allow a person to wear their dentures with confidence.

Avoiding healthy foods because of missing teeth or ill-fitting dentures deprives a person of nutrients that are essential to one's overall health and replacing missing teeth can dramatically increase a person's confidence.

**Don't compromise your health and confidence due to missing teeth. There are many options! Advanced Dental Concepts is warmly welcoming new patients and currently offering free consultations.**

Call (609) 601-9300 or email us at [advanceddental08244@gmail.com](mailto:advanceddental08244@gmail.com) to schedule an implant consultation today!