

The event everyone is talking about!

Join the area's largest local and regional

Weight Loss and Fitness Challenge!

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Free Workouts! Weekly Prizes!
Weigh in or work out at an official location

to be entered to win!

DATES AND LOCATION

Weigh-In - January 4 • Weigh-Out - March 28

Park Falls 10am-2pm
Chequamegon HS Fitness Center & Pool • 420 N. 9th St.

Phillips 4-8pm

Phillips Community Pool • 990 Flambeau Road

PRIZES:

- Weight Loss Challenge Top Team Prize \$1,000 in each city challenge!
- Fitness Challenge \$250 top prize.

COST TO ENTER:

- Weight Loss Challenge \$20 online before 12/30/15 or \$25 at the door.
- Fitness Challenge \$15 online before 12/30/15 or \$20 at the door.

GENERAL RULES AND INFORMATION:

- \$1,000 Weight Loss Challenge Pick a teammate, weigh-in at an official weigh-in location, check in weekly, weigh out, team with most weight loss by % WINS!
- Fitness Challenge Pick a teammate. Sign up online or at one of the weigh-in locations and work out at any of the official fitness locations. The team with the most hours recorded at the conclusion of the challenge wins
- · Weekly Prizes Weigh in or workout at an official location to be entered to win OR weigh in anytime, anywhere using our convenient online check in page (weekly prize eligibility does not apply to online check ins, must visit an official location to be entered to win).
- · Complete list of rules at: www.apg-wi.com/events

Questions? Call Esther Maina at 715-718-6438 or 715-558-3186 or email: events@apg-wi.com



Official Weigh-In & Fitness Location



Chequamegon High School Fitness Center and Pool

Weigh-In & Fitness Location



115 N Lake Ave. **Phillips** 715-339-3036