

	Virginia Overall (weighted)	Blue Ridge Area Food Bank	Capital Area Food Bank (VA Counties)	Feed More	Feeding Southwest Virginia	Fredericksburg Regional Food Bank	Foodbank of Southeastern Virginia and the Eastern Shore	Virginia Peninsula Foodbank
Total respondents	n =5,621	n=560	n=560	n=547	n=616	n=531	n=611	n=550
Food insecure respondents	n = 2,333	n=163	n=163	n=214	n=300	n=159	n=233	n=242
Food insecurity rate (2026)	42%	37%	32%	45%	55%	40%	43%	50%
Food insecurity demographics								
Food insecurity rate in households with children	51%	40%	43%	51%	70%	44%	56%	62%
Food insecurity rate in households of color	55%	51%	44%	63%	67%	52%	60%	67%
Food insecurity rate in white households	33%	32%	20%	33%	53%	31%	29%	36%
SNAP enrollment among food insecure								
SNAP enrollment rate	27%	27%	15%	27%	37%	24%	29%	27%
Consistent access to healthy food among food insecure								
Hard or very hard time accessing healthy food	33%	35%	28%	28%	45%	45%	29%	27%
Major causes of financial strain								
FOOD INSECURE HOUSEHOLDS								
Higher than usual prices for groceries and food	87%	81%	88%	88%	91%	92%	88%	86%
Higher than usual prices for gas, water, or other utilities	84%	79%	82%	81%	88%	85%	86%	89%
Higher than usual prices for other goods and services	81%	77%	82%	80%	84%	88%	82%	78%
Higher than usual prices for housing	57%	62%	66%	53%	47%	58%	60%	55%
FOOD SECURE HOUSEHOLDS								
Higher than usual prices for groceries and food	42%	37%	41%	46%	50%	36%	47%	48%
Higher than usual prices for gas, water, or other utilities	43%	37%	40%	48%	46%	38%	47%	43%
Higher than usual prices for other goods and services	34%	30%	32%	42%	41%	25%	36%	31%
Higher than usual prices for housing	17%	12%	24%	20%	10%	14%	16%	16%
Access to charitable food								
Food secure and did not access charitable food	53%	58%	62%	51%	40%	51%	49%	45%
Food secure and accessed charitable food	5%	5%	5%	4%	5%	8%	8%	5%
Food insecure and accessed charitable food	21%	20%	13%	20%	27%	21%	24%	25%
Food insecure and did not access charitable food	21%	17%	19%	25%	28%	19%	19%	25%
Barriers to accessing charitable food (major reason / minor reason)*								
Not being sure if I qualify for assistance	46% / 23%	44% / 16%	45% / 27%	49% / 22%	43% / 18%	47% / 22%	47% / 23%	43% / 26%
Not wanting to share my personal information	30% / 18%	35% / 9%	34% / 28%	23% / 14%	27% / 19%	30% / 23%	39% / 10%	26% / 21%
Not knowing when food will be offered	33% / 25%	35% / 18%	37% / 27%	27% / 27%	33% / 26%	41% / 21%	28% / 20%	32% / 22%
Not having time to wait in line	19% / 25%	25% / 26%	23% / 29%	10% / 32%	19% / 21%	27% / 21%	24% / 10%	14% / 22%
Not being able to attend when food is offered	28% / 26%	35% / 16%	21% / 36%	32% / 19%	28% / 28%	38% / 22%	23% / 26%	29% / 24%
Not feeling comfortable at food distributions	30% / 23%	32% / 12%	39% / 22%	22% / 25%	34% / 23%	40% / 18%	23% / 28%	22% / 26%
Not feeling safe at food distributions	10% / 19%	12% / 2%	16% / 25%	2% / 18%	4% / 23%	22% / 9%	10% / 24%	12% / 14%
Not wanting to be associated with charitable food	13% / 18%	13% / 12%	22% / 20%	3% / 16%	19% / 25%	22% / 20%	10% / 17%	7% / 18%
Not being sure if I will like the food I will get there	14% / 23%	13% / 9%	22% / 27%	12% / 20%	9% / 40%	23% / 31%	8% / 15%	8% / 21%
Not needing assistance	20% / 24%	16% / 28%	27% / 29%	15% / 23%	20% / 17%	17% / 23%	21% / 23%	17% / 19%
Not knowing what organizations offer free groceries or meals	35% / 24%	30% / 23%	36% / 28%	33% / 24%	38% / 20%	37% / 24%	41% / 15%	26% / 27%
Not wanting friends, family, or neighbors to know I need help	27% / 21%	26% / 13%	31% / 21%	27% / 19%	34% / 31%	27% / 29%	19% / 17%	21% / 25%
Not being able to get to and from food distribution locations	15% / 17%	16% / 4%	18% / 19%	14% / 20%	5% / 22%	30% / 13%	13% / 15%	15% / 17%

*Due to the smaller sample size for this population subset at the service-area level, findings should be interpreted as directional.

Key: 0% of respondents 100% of respondents