

- **Report signs of disease.** Livestock owners, livestock transport and slaughter personnel, and private veterinarians should watch for symptoms of FMD and immediately report sick animals to Federal, State, Tribal, or local animal health officials. This is especially important if the animals in question have had contact with other animals at locations like livestock markets, feedlots, or fairgrounds.
- **Be careful what you pack.** When traveling outside of the United States, don't bring back any prohibited items (including food) or dirty footwear or clothing that could potentially move the FMD virus or other disease agents.
- **Declare to U.S. Customs and Border Protection.** Upon entering the United States, travelers should indicate to U.S. Customs any visits to farms, ranches, or other areas where livestock are raised or kept. You should also declare any visits to zoos, circuses, fairs, and other facilities or events where animals were exhibited.
- **Follow a “5-day” rule.** If you visited a farm or had any contact with livestock on your trip, you should avoid all contact with livestock, zoo animals, or wildlife for 5 days after you return to the United States. If you're returning with pet dogs or cats that have had contact with livestock or been in areas frequented by livestock, make sure your pet's feet, fur, and bedding are free of any dirt or mud and that their bedding doesn't contain straw, hay, or other natural materials. Bathe your pet as soon as you reach your final destination and keep it from all livestock for at least 5 days after returning to the United States.