What chickens can and cannot eat

Feed a complete feed for at least 90% of the diet.

<table>
<thead>
<tr>
<th>Complete Feed</th>
<th>Treats 10% or less</th>
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<tbody>
<tr>
<td>½ C</td>
<td>1 Tbsp.</td>
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Treats that chickens love
Limit to 10% of the diet or less.

Grains
- Rice
- Oats
- Quinoa

Vegetables
- Lettuce
- Beets
- Broccoli
- Carrots
- Kale
- Swiss Chard
- Squash and Pumpkins
- Cucumbers

Herbs
- Lavender
- Mint
- Oregano
- Parsley
- Cilantro
- Thyme
- Basil

Perennials
- Daylilies
- Hostas
- Daisies
- Roses
- Coneflowers
- Ferns

Foods chickens should avoid
- Onions & Garlic
- Avocado pits and skins
- Very salty foods
- Rhubarb
- White potato peels with green areas
- Undercooked or dried beans
- Moldy or rotten foods