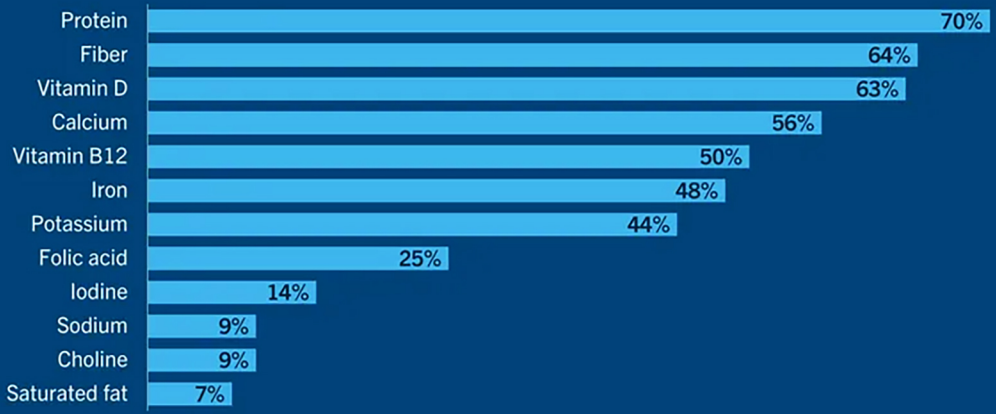
Protein, fiber top list of nutrients Americans are trying to consume



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