Worst things to happen in 2015

FROM DESIREE

- Price hikes on instant streaming services
- Glitter roots
- Semicolons tattoos
- Starbucks red cup debate
- Lemmy’s death
- Hoverboards
- Leonardo DiCaprio going ANOTHER Oscar-less year
- “50 Shades of Grey” film
- The death of Spock
- Jon Stewart leaving “The Daily Show”

FROM MULLIGAN

- The Duggar scandal
- Bill Cosby...
- Kylie Jenner lip challenge
- Netflix and chill
- Whip/Nae Nae
- Shave Harry’s Mys Universe mishap

Desiree Carver can be reached at desiree.carver@gaflnews.com.

Music to...all right, fine, I’ll go to the gym already

FROM STUART

It all right, guys. The new year is here and it’s time to hit the gym. It’s been a long winter, and just like we said that before. And whether it’s your first day in a year or just your first day of the new year, you’re going to need some music to get you through.

“In One Ear” – Cage The Elephant

Better known for the song “ Otis” — Kanye West and Jay-Z

Speaking of Kendrick Lamar ...

“Bad Blood” — Taylor Swift

Lamar injects some needed energy into “Bad Blood,” turning it into the best song that Taylor “searched on” 1989.

“I’m a street-walking cheetah with a heart full of napalm” respond?

“Walk” — Foo Fighters

Featuring Kendrick Lamar

“Blood” — Taylor Swift

Lamar tells us he wanted to play a trick on himself. Now that he’s released the song — with a chorus containing the repeated line “I love myself” — he’d have to sing it night after night on tour, reviving the thought.

And now that it’s on your playlist, you will too.

“I’ll go to the gym already

Happy Hour from 5-7 p.m. and 5-7 p.m. ($3 craft drafts, $3 house wines).

Basic songs are solid

“ Angel” “Inertia

“The new year is here and it’s time to hit the gym, just like we said last year, just like we said that before.

Better known for the song – 50 Shades of Grey” film

“Everything” — Nine Inch Nails

“I’ve survived every-

Tuesday, January 7, 2016      7A

Thursday, January 7, 2016      7A

The Valdosta Daily Times

FROM THE LIST

What do you want to mark off your bucket list in 2016?

Kristin: Drink more water

Paige: Get both knees tattooed

Desiree: Petting a penguin

Jason: Thirty days without junk food

Caprice: Travel to a new state

Stuart: Writing a bucket list

Jennifer: Make a bucket list

What would your pick be?

Tell us on Twitter using #vdtxtra

Ashley Street Station

Monday-Friday: Happy hour from 5-7 p.m. ($2 wells, $.50 Rolling Rock, Natty Lite, PBR, High Life, or Schitz)

Tuesday: 2 PBR Tallboy and High Life

Wednesday: $2 off all Whiskey

Mulligan’s

Tuesday: $.50 Tuesday (except top shelf and Redbull)

Wednesday: $2 bottles, Jaeger Bombs and Fireball, 3 $5 liquor pitchers

Thursday: $2 wells and bottles

Friday: 2 dollar buckets, 2 dollar well.

Saturday: $.350 MixShots, 2 bottles

Bleu Cafe

Everyday: Happy hour from 5-7 p.m. ($3 craft drafts, $3 well liquors, $3 house wines)

Sunday: Happy hour all day.

Blu’s Pub

Everyday: Happy Hour from 5-7 p.m.

Wednesday: 2 PBR, 2 wells, 4 craft drafts

Thursday: Happy hour all night

Tuesday: $2 wells all night

Wednesday: $2 Rolling Rock all night

Thursday: $2 craft drafts all night
Leave catcalling to the felines

FROM JASON

I have come to realize how much I like making people around me happy and how much I like seeing them smile. The tendency leads me to be a social comedian. When I find out what makes a crowd joyous, I will often go out of my way to keep up the energy. Anything to keep them happy.

On the other side of the coin, I also feel the need to carry some form of weapon on my person at all times. These range from pepper spray to handguns.

Stop Street Harassment, a nonprofit organization that documents and hopes to end street harassment, conducted a 2,000-person survey with startling results.

The survey showed that 48 percent had been forced to use self-defense; 20 percent had been followed and 29 percent reported being sexually touched, 23 percent of women went farther than just words. These range from pepper spray to the use of "just dress less provocatively." The survey went farther than just words: Twenty-three percent of women reported being sexually touched, 29 percent had been followed and 23 percent had been forced to so something sexual. "The perpetrators’ focus on noticing the good things. The pathological unhappiness, sometimes gets in the way of noticing the good things."

The moral is that we should be changing the idea of what is acceptable. Children should be taught that no fellow human being is an object. Women, and men, should stand up and show that no form of harassment will be tolerated.