

If you need help right away, or know someone who does, here is a list of resources in the area.

Mass. Substance Abuse Information and Education Helpline

- Staffed seven days a week, the helpline provides free, confidential information or referrals for alcohol and drug abuse problems.
- 800-327-5050

Institute for Health and Recove ry

- Screening, assessment and referral process based in Cambridge for families to access care and support for young people dealing with substance abuse. Services offered Monday through Friday, 9 a.m. to 5 p.m., in English and Spanish.
- 866-705-2807

Suboxone hotline, opioid treatment program at Boston Medical Center

- Hotline for referrals and information on opiate and heroin treatment for adolescents and adults.
- 866-414-6926 or 617-414-6926

Adolescent Substance Abuse Program at Boston Children's Hospital

- Program that seeks to identify, diagnose and treat substance abuse and disorders in children and adolescents.
- 617-355-2727

Substance Abuse Mental Health Services Association

- A treatment referral routing service that provides free, confidential referral and information for mental health or substance abuse disorders, prevention and recovery. Service is available 24 hours a day in English and Spanish.
- 800-662-4357

N.H. Department of Health and Human Services: Treatment Services Bureau

- Provides a list of treatment centers and programs for those struggling with substance abuse.
- 603-271-6103

Merrimack River Medical Services

- Part of the Community Substance Abuse Centers network, the Hudson, N.H., center offers private outpatient programs that provide humanistic treatment for substance abusers.
- 603-595-3399

N.H. Division of Alcohol and Drug Abuse Prevention

- A 24-hour helpline for a treatment facility in Manchester, N.H.
- 800-420-9064

Merrimack Valley Prevention And Substance Abuse Project

- The community group meets regularly to raise awareness, education, prevention and treatment of substance use and abuse.
- Email merrimackvalleyprevention@sap@gmail.com

Serenity at Summit New England

- The addiction treatment center in Haverhill offers holistic drug and alcohol detox and residential addiction care for clients in Massachusetts.
- 978-994-0509 or 844-695-3370

Lahey Health Behavioral Services: Detoxification Treatment

- Lahey offers a wide range of addiction treatment programs for adults and teens, from outpatient counseling to treatment-focused halfway houses. The following treatment settings provide detoxification from drugs and alcohol in a medical setting:

- Boston Treatment Center: 617-247-1001
- Danvers Treatment Center: 978-777-2121
- Tewksbury Treatment Center: 978-259-7000

Haven of Hope

- The faith-based, 12-step "transformation" house in Methuen is a transitional home for women that provides a safe and sober living environment for women to learn how to cope with life without the use of drugs or alcohol.
- 978-258-3982

Lawrence/Methuen Community Coalition: Substance Abuse Prevention Task Force

- Part of Family Services of the Merrimack Valley, the task force was established as an initiative to address the crisis of substance abuse in Lawrence, specifically targeting prevention in people under age 18.
- 978-688-5294

New Beginnings Peer Recovery Center

- The center in Lawrence provides peer-to-peer support services for people in various stages of recovery.
- 978-655-3674

Hampstead Hospital

- The fully licensed and accredited, 111-bed, private specialty hospital in Hampstead, N.H., serves the psychiatric and chemical dependency needs of patients and their families throughout the New England area.
- 603-329-5311
- Substance abuse and high-risk services are offered to people in high-risk populations. Treatment includes IV therapy, behavioral management, substance abuse counseling and palliative care.
- 978-851-3721

The Psychological Center

- The mission of the Lawrence center is to help people who are experiencing mental health, substance or alcohol abuse, and addiction issues.
- 978-291-2262

Lowell House Inc.

- Structured Outpatient Addictions Program is a clinically intensive, highly structured day or evening program for individuals in early stages of recovery. Individuals attend the Lowell program daily for six to seven hours.
- 978-459-8656

Virtu Services/ARMOR: Drug Addiction Treatment Services

- The rehabilitation center in Lowell offers cannabis clinics, counseling and mental health services.
- 978-973-4152

Granite State Area of Narcotics Anonymous

- A 24-hour helpline is available to New Hampshire residents.
- 888-NA-Help-U, 888-624-3578

Farnum Center Substance Abuse Services

- 24-hour helpline for the Manchester, N.H., treatment center.
- 800-420-9064

AREA HOSPITALS

Anna Jaques Hospital, 25 Highland Ave., Newburyport

- Inpatient psychiatric and substance-abuse services are provided to adults, adolescents and children.
- 978-463-1066 (adult psychiatric services), 978-834-8448 (child psychiatric services)

Catholic Medical Center, 100 McGregor St., Manchester, N.H.

- 603-668-3545, 800-437-9666 or catholicmedicalcenter.org

Dartmouth-Hitchcock Medical Center, New Hampshire locations

- 603-226-2200 (Concord), 603-354-5400 (Keene), 603-650-5000 (Lebanon), 603-695-2500 (Manchester/Bedford), 603-577-4000 (Nashua) or dartmouth-hitchcock.org

Elliot Hospital, 1 Elliot Way, Manchester, N.H.

- 603-669-5300 or elliotohospital.org

Holy Family Hospital, 70 East St., Methuen

- 978-687-0151 or steward.org

Holy Family Hospital at Merrimack Valley, 140 Lincoln Ave., Haverhill

- 978-374-2000 or steward.org

Lahey Hospital and Medical Center, 41 Burlington Mall Road, Burlington

- 781-744-5100 or lahey.org

Lahey Medical Center, 1 Essex Center Drive, Peabody

- 978-538-4000 or lahey.org

Lawrence General Hospital, 1 General St., Lawrence

- 978-683-4000 or lawrencegeneral.org

Lowell General Hospital, 295 Varum Ave., Lowell

- 978-937-6000 or lowellgeneral.org

Parkland Medical Center, 1 Parkland Drive, Derry

- 603-432-1500 or parklandmedicalcenter.com

Southern New Hampshire Medical Center, 8 Prospect St., Nashua

- 603-577-2000 or snhhs.org

St. Joseph Hospital, 172 Kinsley St., Nashua

- 603-882-3000 or stjosephhospital.com