

Achievements

Local 25 Plumbers and Pipefitters

2013 Apprentice of the Year

Alex Nadermann

2012-2013 Honor Roll

Drew Derham, Jeremy Faris, James Greer, John Kelly, Austin Maine, Ken Moellering, Alex Nadermann, Jim Pacha, Pat Parrish, Greg Willey

5 Year Perfect Attendance

Jake Abrahamson

2012-2013 Perfect Attendance

Jake Abrahamson, Bret Allen, Brian Berggren, David Brown, Tim Cross, Dan Henderson, Phil Huffman, Eric Hurt, Joe Purl, Brandon Wheeler, John Winters

Bush Construction Congratulates Sellnau-Allan on Promotion

Bush Construction, Davenport, Iowa, congratulates **Erica Sellnau-Allan**, LEED AP, on her promotion to Executive Assistant. Previously she served as the company's Preconstruction Coordinator and also performed many other key functions. Sellnau-Allan is valued at Bush Construction for her attention to detail, willingness to assist others and impressive, reliable work ethic.

In her new role, Sellnau-Allan will assist A.J. Loss, President of Bush Construction, Rob Davis, Vice President of Operations, and Jerod Engler, Vice President of Construction, with their many executive-level initiatives. She will continue to coordinate many of the company's preconstruction initiatives.

Sellnau-Allan earned her Bachelor of Science in Business Management from Iowa State University. While at Iowa State, she completed three construction project engineer internships and spent a semester as an electrician. In 2009, she became a USGBC-LEED Accredited Professional.

An affiliate of the McCarthy-Bush Corporation, Bush Construction is a design/builder, general contractor and professional manager of construction services. The Bush Construction team has worked on a wide range of commercial, industrial, government and educational projects in the Quad-Cities and throughout the Midwest. For more information, visit BushConstruct.com.



Erica Sellnau-Allan

Ruhl&Ruhl Realtors Congratulates 2013 Award Winners

Ruhl&Ruhl Realtors honored 200 award winners for their 2013 achievements at the Waterfront Convention Center on Friday, January 24th, 2014. The top awards were awarded to: Top Excellence in Service Award: **Mark Miller**, Burlington Office; Top Associate of the Year: **Kurt Johnson**, Bettendorf Office; Extraordinary Production Award: **Gary Williams**, Moline Office;

New Associate of the Year: **Diane Nelson**, Davenport Office; Top Associate of the Year – Farm Division: **Ken Paper**, Davenport Office; Employee of the Year: **Benjamin Pook**, IT Tech, Corporate Office; Top Ruhl Mortgage Associate of the Year: **Ray McDevitt**, Bettendorf Office

There is a complete list of all award winners on Ruhl&Ruhl's website at www.RuhlHomes.com/News



Mark Miller



Kurt Johnson



Gary Williams



Diane Nelson



Ken Paper



Benjamin Pook



Ray McDevitt

Ruhl&Ruhl REALTORS Announces Sales Production Achievements

Caroline Ruhl, President of Ruhl&Ruhl Realtors, is pleased to announce that **Kurt Johnson** of the Bettendorf Office and **Sara Carlson** of the Muscatine Office have achieved Silver Club; **Connie Coster** of the Bettendorf Office has achieved Bronze Club.

For more information, visit RuhlHomes.com.



Kurt Johnson



Sara Carlson



Connie Coster

Ruhl&Ruhl Realtors Welcomes New Agent

Caroline Ruhl, President of Ruhl&Ruhl REALTORS, is pleased to welcome **Bob Kelly** to the Moline office, 1701 – 52nd Avenue, Moline, IL. Ruhl&Ruhl is excited to have him joining our team. For more information about our agents or company, visit RuhlHomes.com.



Bob Kelly

Jacobs Appointed TAG Communications President; Kicks Off 2014 with Energy and Vision for Future Growth

Effective January 1, 2014, **Randy "RJ" Jacobs** assumes the role of President for TAG Communications.

"Randy is as solid as they come from a leadership perspective, his experience, confidence and forward thinking have truly aided in the growth of TAG Communications since his arrival in 2009", said Mike Vondran, TAG CEO. "He continues to bring a high level of energy and vision to serve our clients and staff, I look forward to what is yet to come with his leadership".

For nearly 30 years, Randy has been vital to the marketing success and business growth of many clients such as KONE Elevator-Global, Hill-Rom, GE Major Appliance, Kimball Office, Lee Enterprises, Iowa Health System, Monoxivent, Whiteco Industries, PCT Engineering, Medcap Pharmacies and Trinity Regional Health System (Quad Cities). Prior to TAG, Jacobs served as CEO / Partner of Jacobs Thoms LLC from 2007-2009; Vice President and Account Director for Charleston Orwig (Milwaukee) from 2003-2007; President, Managing Partner with Henry Russell Bruce from 1991-2003.

ABOUT: TAG was established over 23 years ago with a firm foundation in broadcast media and has evolved substantially during this time to meet the many media and marketing / communications solutions clients deserve. Evolutionary and responsive, TAG's team is based upon the ability to adapt, move quickly and effectively. More than anything else, the TAG Team is a group of people who like long term relationships resulting in deeply, ridiculously involved partnerships with our clients and their success. For more information on TAG, our team and what we do best, visit www.tagmarcom.com.



Randy "RJ" Jacobs

NAIFA Quad Cities Association Wins Coveted National Award

NAIFA recognizes state and local associations and their leaders who excel in all facets of association management. Those associations are honored each year with the Jack E Bobo Award of Excellence, which was developed at the recommendation of the Transformation Task Force Report of April, 2003. It replaces the six separate association awards given in past years.

The award is based on the critical components identified as crucial to strengthening NAIFA which include professional development, advocacy, membership and governance. It has been named in honor of Jack E. Bobo, CLU, FLMI, who served with distinction as NAIFA's president and executive vice president. Additionally, Bobo is a recipient of the prestigious John Newton Russell Award.

Officers of the local association are: President, **Barry Delp**, LUTCF, FSS, Ozark National Life Insurance Company, President Elect, **Doug Beasley**, CLU, ChFC, CFP, CASL, Farm Bureau Financial Services, Secretary Treasurer, **Ali Ahmad**, CLU, ChFC, Northwestern Mutual.

The award will be presented to the membership at the annual Awards Banquet to be held on Thursday, February 20, 2014 at The Lodge beginning at 5:30 pm. The special speaker for the evening will be Curtis Cloke, CLTC, LUTCF – MDRT Top of the Table Speaker. About NAIFA: NAIFA was founded in 1890 as the National Association of Life Underwriters, the National Association of Insurance and Financial Advisors comprises more than 600 state and local associations representing the business interests of 44,000 members nationwide. Members focus their practices on one or more of the following: life insurance and annuities, health insurance and employee benefits, multiline, and financial advising and investments. NAIFA's mission is to advocate for a positive legislative and regulatory environment, enhance business and professional skills, and promote ethical conduct of its members. Visit NAIFA's website at www.naifa.org.

Mel Foster Co. Announces Sales Production Achievement

Mel Foster Co. is pleased to announce that **Gerri Doyle** of our I-74 office has reached the 1 Million dollar production level. Gerri is licensed in IA.



Gerri Doyle

Van Meter Inc. Announces New Inside Sales Hire for Quad Cities Team

Van Meter Inc., an employee-owned electrical and mechanical distributor of supplies, services and solutions, is excited to announce that **Damon Anthony** recently joined the organization as Inside Sales Executive in the Quad Cities.

Formerly with Crescent Electric Supply, Anthony has more than 17 years of experience in sales for the contractor market. During his time at Crescent Electric Supply, Anthony served commercial, industrial, institutional and utility customers. He was named as the company's No. 1 salesperson for the last four consecutive years. For the last decade, he has been named to Crescent Electric Supply's list of top five sales professionals.

"I'm very excited about joining Van Meter," says Anthony. "I get to work with a great team and support staff. What I appreciate most about the organization is its openness and team-concept mentality. I think that's very important when it comes to growing a business. Van Meter is a very progressive company, with lots of foresight and new ideas for business."

In his Inside Sales role, Anthony will be serving the contractor market in the Quad Cities, working to build sales and relationships. He will assist Van Meter in constantly improving the company's unparalleled customer service and dedication to meeting customers' ever-changing needs.

"We're thrilled to welcome Damon Anthony to our team," says Brian Bytnar, Regional Vice President of Sales at Van Meter. "His 17 years of experience at Crescent Electric Company adds an important dimension and perspective to this role, and our Quad Cities customers will appreciate his knowledge and experience."

Van Meter Inc. is an employee-owned distributor of automation, data communications, electrical, lighting, power transmissions and utility supplies, services, and custom solutions. Based in Cedar Rapids, the company has 12 locations and 400 employees in Iowa; it serves the construction, commercial, industrial and institutional markets.



Damon Anthony

Doyle & Keenan, P.C. Announces Employee passes Accredited in Business Valuation (ABV) Exam and New Hire

Doyle & Keenan, P.C., Certified Public Accountants and Consultants, are pleased to announce that **Laura Hoss**, CPA has passed the Accredited In Business Valuation (ABV) Examination administered by the American Institute of Certified Public Accountants (AICPA) and is in the process of completing her eligibility requirements for the ABV credential. The ABV credential is conferred upon CPAs who have demonstrated the skill, education and experience necessary to satisfy stringent requirements designed to address expertise that is required to provide business valuation services successfully.

Since its inception in 1997 approximately 3,500 CPAs out of the estimated 386,000 members of the AICPA have earned the ABV credential.

Doyle & Keenan, P.C. has performed business valuation engagements for a broad spectrum of companies, in various industries and for a variety of purposes, including gift and estate taxes, mergers and acquisitions, buy-sell agreements, S Corporation conversions, Family Limited Partnerships, and litigation support.

We look forward to Laura's continued involvement in serving clients as a member of the Firm's growing business valuation, tax and consulting practice.

Chase Albertson has joined the firm and will work in the firm's Audit practice. Chase received his Bachelor of Arts in Accounting from the Grand View University. Chase's responsibilities will include financial statement engagements for small business and not-for-profit organizations.

Doyle & Keenan, P.C., is a full service public accounting and consulting firm located in Davenport with 30 employees including 20 CPAs offering a broad range of services including audit, review, compilation and write-up, tax, business valuation, estate planning, retirement planning and litigation support.



Laura Hoss



Chase Albertson

Natalie Glynn Joins Keller Williams Realty

Natalie Glynn has joined the local Keller Williams Greater Quad Cities office in Davenport, IA where she will continue to practice real estate sales and is licensed in both Iowa and Illinois. Based out of Austin, TX, Keller Williams Realty Inc. is the largest and fastest growing real estate franchise company in North America, with approximately 700 offices and over 95,000 associates worldwide. Natalie was previously associated with Ruhl&Ruhl Realtors as a real estate salesperson since 2007, where she won numerous customer service and sales production awards during her time there.



Natalie Glynn

Hotel Blackhawk Repeats As Forbes Travel Guide Recommended Property

Historic Davenport hotel is only property named in Iowa

Hotel Blackhawk management is pleased to announce its recognition as a 2014 Recommended Property by the Forbes Travel Guide – one of 82 hotels worldwide to earn that title and the only one in Iowa. The announcement is part of the guide's 56th annual Star Awards for hospitality establishments worldwide.

The Forbes guide (originally known as the Mobil Travel Guide) was the originator of the prestigious Five Star Ratings and certifications. It has provided the travel industry's most comprehensive ratings and reviews of hotels, restaurants and spas since 1958.

This back-to-back honor for Hotel Blackhawk adds to its current status as an AAA Four Diamond Award-Lodgings, two-time TripAdvisor® Certificate of Excellence Award recipient, two-time Bix Bistro Wine Spectator Award of Excellence status as well as three-time Smart Meetings Platinum Choice Award recognition.

"Retaining our status in a travel guide like Forbes is recognition earned by the team at Hotel Blackhawk," said Tim Heim, Senior VP – Sales & Marketing, Inkeeper Hospitality Services – parent company of Hotel Blackhawk. "Continuing to meet the expectations of a prestigious rating organization is to again be part of a gold standard for hospitality excellence today."

Hotel Blackhawk re-opened December 15th, 2010 and retains its 99-year-old historic character while featuring modern conveniences throughout the property. For more, visit www.hotelblackhawk.com or find us on www.facebook.com (Search: Hotel Blackhawk).

THE National Bank Announces Staff Promotions and Additions

THE National Bank is pleased to announce the following promotions:

Mark Werning has been promoted to Senior Vice President and Chief Operating Officer. Mark has been with THE National Bank since 2000 and most recently held the position of Senior Vice President of Risk Management. He is a graduate of Luther College, American Institute of Banking, Graduate School of Banking, and National Association of Financial Services Auditors. Mark has over 33 years of banking experience. He is an active member in the Ecumenical Housing Development Group, Living Lands and Waters, and Our Savior Lutheran Church.

Clint Oberbeck has been promoted to Chief Information Officer. Clint has been in banking for the past 15 years. He graduated from Hawaii Pacific University with a Bachelors degree in Computer Science.

Kathie Seabert-Beck has been promoted to Vice President of Branch Operations. Kathie has over 27 years of experience in the banking industry. She is a volunteer for the Marine Moms program.

Kay Hull has been promoted to Assistant Vice President of Card Services. Kay has been in banking for the past 33 years. She graduated from Black Hawk College with an Associate's Degree in Banking and Finance. Kay is an active volunteer with Junior Achievement.

Colleen Petersen has been promoted to Assistant Vice President Bank Secrecy Officer. Colleen has been in banking for 12 years. She graduated from Western Illinois University. Colleen is involved with Junior Achievement.

Lawrence Davis has been promoted to Assistant Vice President Commercial Lending. Lawrence has been in the banking industry for 6 years. He is a graduate of McKendree University. Lawrence is active in Rock Island Rotary and the Development Association of Rock Island (DARI).

Kevin Gibbs has been promoted to Marketing Officer. Kevin has been in the banking industry for 11 years. He is a graduate of Black Hawk College with a degree in Banking and Finance and Western Illinois University with a Bachelors degree in Marketing. Kevin is an active member on the Board for Humility of Mary Housing, Inc. and Humility of Mary Shelter, Inc.

Adam Miller has been promoted to Accounting Officer. Adam is a lifelong resident of the Quad Cities and has been employed at THE National Bank for the past 7 years.

THE National Bank is also pleased to announce the following new employees:

Gary Harding has joined the bank as Chief Credit Officer. Gary has over 14 years of experience in the banking and commercial finance industry. He graduated from the University of Utah with a Bachelors degree in Finance. Gary is an active member of the Commercial Finance Association.

David Kapler has joined the bank as Vice President Compliance/Internal Audit. Dave has 20 years of experience in community banking. Dave is a graduate of Loras College in Dubuque, has a Masters Degree from Marquette University in Milwaukee, and his Juris Doctorate from Rutgers in New Jersey. He has served on the Iowa Bankers Association Compliance Committee and has also served with the Iowa and Illinois Bankers Association Compliance Schools as board member and presenter. Dave has been active with housing, elder care and community health organizations over the years.

"We are pleased with the knowledge and experience that each of these individuals offers our Bank," said John D. DeDoncker, President and CEO of THE National Bank. "We believe that, in their new roles, they will continue THE National Bank's commitment to the communities that we serve."

THE National Bank is a full service community bank headquartered in Bettendorf, Iowa. Additional offices are located in Davenport, Iowa; Canton, Chadwick, East Moline, Elgin, Havana, Milan, Moline, Morrison, Mt. Carroll, Rapids City, Savanna, Silvis, Sterling, Illinois and Peawaukee, Wisconsin.

Local physician earns certification in obesity medicine

Ilesh Kurani, MD, recently passed the American Board of Obesity Medicine (ABOM) certification exam for obesity medicine physicians and became certified in the subspecialty of obesity medicine.

Physicians certified in obesity medicine are able to positively impact all systems of the body by incorporating weight management into traditional models of medical practice. Specifically, this subspecialty requires competency in and a thorough understanding of the treatment of obesity and the genetic, biologic, environmental, social and behavioral factors that contribute to obesity.

Kurani was among only 158 physicians nationally who successfully completed this year's exam.

According to the Centers for Disease Control and Prevention, more than one-third of U.S. adults and 17 percent of U.S. children and adolescents are affected by obesity. Obesity-related conditions include heart disease, stroke, type 2 diabetes and certain types of cancer. In 2008, medical costs associated with obesity were estimated at \$147 billion.

Supervision from a health care provider is necessary to detect and treat weight-related medical conditions. A health care program supervised by a physician who is certified in obesity medicine offers a comprehensive and effective approach to maximizing overall health and reversing obesity-related co-morbidities.

"In our own state, the prevalence of adult obesity is 28.1 percent," said Kurani. "I am interested in being part of the solution to this medical epidemic by locally helping patients affected by obesity who seek access to safe evidence-based medical treatment options."

Patients and their health care providers need a variety of options for obesity treatments, since no single treatment approach will work for every individual. The American Society of Bariatric Physicians provides guidance to its members through the newly released Obesity Algorithm™ charts, which outline four medical weight-loss methods: dietary modification, exercise prescription, behavior modification and, when appropriate, medication. Physicians may also discuss surgical options with patients for excess fat reduction. More about the algorithm is available at www.ObesityAlgorithm.org.

About Kurani and QC Medical Group and Weight Loss Clinic
QC Medical Group and Weight Loss Clinic has started the new clinic "Quad City Pediatric Weight Loss Center" to help children healthier as "Good Habits Start Young." Dr. Kurani uses the body, mind, and spirit to treat his patients. "The Secret" targets your mind and spirit to best deliver what you want most in your life. Kurani is a member of the American Society of Bariatric Physicians.

About the American Board of Obesity Medicine
Since its founding in January 2012, ABOM has sought to further the accreditation of a sub-specialization of medical practice: obesity medicine. The ABOM offers a certification examination to assist physicians in attaining competency in this increasingly important and universally relevant aspect of medical care. Practitioners who take the exam are physicians from a variety of medical disciplines, including internal medicine, family medicine, obstetrics and gynecology, pediatrics, endocrinology, surgery, preventative medicine, gastroenterology and sports medicine. Learn more at www.abom.org.



Ilesh Kurani, MD

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accomplishments
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