

# Community Outreach

## Family Fun Night

Open to members and non-members! Enjoy monthly themes with crafts projects, games, songs, and one full hour of open gym and swim. Children must be accompanied by an adult. 7-9pm

For more information contact Daphne Taylor.

**FREE and open to the Community!**

## Teen Night (Middle School Grades 6 – 8, High School Grades 9 – 12)

A FREE program designed to give teenagers safe and fun activities on a Saturday night.

Middle school and high school students attend on separate nights and participate in organized games such as basketball, racquetball, dodge ball, volleyball, swimming, dances, and holiday events. Participants are well supervised by YMCA staff and need only be 11-18 years old and in school full time to participate.

## Parenting Classes

Weekly meetings are held at the YMCA and led by certified parenting instructors using the STEP (Systematic Training for Effective Parenting) curriculum. Topics such as “Encouraging Your Child and Yourself” and “Discipline That Makes Sense” are covered using simple activities, shared experiences, and group discussion. Classes are FREE but you must pre-register. Classes fill quickly. A \$15 donation is appreciated to cover the cost of materials. Babysitting available with advanced notice.

Next Class:

Parenting Children of all ages

**Tuesdays, 6:30-8:30pm**

## Leaders Club (*ages 12 & up*)

Interested in getting involved with the YMCA Leader’s Club? Plan and implement programs for other teens, plan community projects, fundraisers, and develop teamwork & leadership skills.

Looks Great

on College Applications! If you are interested or would like more info please contact

Daphne Taylor

**Fee: FREE FOR EVERYONE**