

## Local Events, Eats and Shopping for RACE WEEKEND IN LEEDS / ST. CLAIR COUNTY





# YOUR GUIDE TO THE **HONDA INDY GRAND PRIX OF ALABAMA** TICKETS AT BARBERMOTORSPORTS.COM









DRAYER PHYSICAL THERAPY **GOLDEN RULE BAR-B-Q** LEEDS AREA CHAMBER OF COMMERCE LEEDS FAMILY CHIROPRACTIC LOGAN LANDING CABIN RESORT MATTRESS AND MORE MCKINNON PHARMACY THE BROILER ROOM WHEELER'S WHEELS

# YOU DON'T WANT TO MISS ANY OF THIS What to watch for at HIGPA 2016

**Grand Marshal Sara Evans** will sing the National Anthem. Country music star Sara Evans is known as one of country music's top female vocalists and has earned her way to multiple chart-topping records. "Sara's energy and presence will add to the fun-filled weekend, and we're excited for what is shaping up to be the best Honda Indy Grand Prix of Alabama yet," stated George Dennis, president of ZOOM Motorsports.



Tickets at BarberMotorsports.com

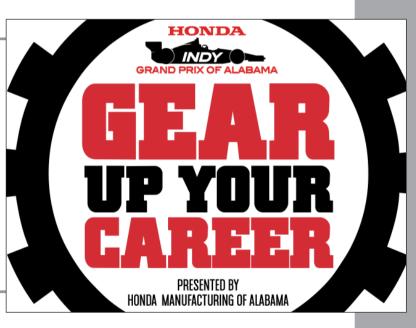
**Gear Up Your Career** is a workforce development initative that began in 2015 at the Honda Indy Grand Prix of Alabama. It was designed to address the need for skilled labor by educating and promoting career opportunites with Honda Manufacturing of Alabama.

At a dedicated interactive area devoted to Honda Manufacturing, Honda suppliers and community colleges from across the state set up during the event weekend and showcase career opportunities that are available throughout Alabama. In 2015, several job interviews were conducted and multiple job offers were made!

Tickets at BarberMotorsports.com

At Jim 'N Knick's Trackside Tavern, located in the TNT Fan Zone, guests will have one of the best seats in the house with a trackside view of six different turns of the racing circuit. A ticket includes complimentary breakfast, lunch, afternoon snacks and three drink tickets to a full-service bar. Guests will enjoy a sampling of delicious Jim 'N Nick's food including: smoky barbeque, wings, made from scratch trimmings, and, of course, famous cheese biscuits.

Tickets at BarberMotorsports.com





## Welcome to the 2016 Honda Indy Grand Prix of Alabama

**FREE:** Admission for kids 15 & under.

**FREE:** On-site parking on Friday and Saturday and offsite on Sunday with a short shuttle ride to and from The Outlet Shops of Grand River.

This year's weekend includes 11 races throughout the 3-day weekend and even more exciting on-track action than ever before. The three-day weekend will again feature the Verizon IndyCar Series, Indy Lights presented by Cooper Tires, Cooper Tires USF2000 powered by Mazda, Pirelli World Challenge Sports Car Series and Pro Mazda presented by Cooper Tires. Sunday will start the day with the Legacy IndyLights race just before the Honda Indy Grand Prix of Alabama where all the stars of the Verizon IndyCar Series will compete on the 17 turn, 2.38 mile road course for the title.

The 2016 event will again feature some the most dominant names in open-wheel racing, including defending champion Josef Newgarden, Helio Castroneves, Will Power, Graham Rahal, Ryan Hunter-Reay, Marco Andretti and more. The first six years of the Honda Indy Grand Prix of Alabama have proven to be a resounding success with more than 80,000 fans attending each year from all over the world to see the exciting race weekend at spectacular Barber Motorsports Park.

## ONLY \$ 20.00 TO ANYONE WHO NEEDS HELP BUT HAS NEVER BEEN TO A CHIROPRACTOR BEFORE (Or Hasn't Been in A Long Time)

#### Dear Friend,

If you've ever thought about going to a chiropractor for a painful condition you suffer from but you've hesitated because you aren't sure it is right for you, please read on . . .

#### Our names are Drs. Richard and Jill Palma.

We are celebrating the 5 year anniversary of our office in Leeds, AL (right down the street from Bass Pro Shops off Exit 140). As our way of thanking the community for the overwhelming response over the past five years, we have agreed to "give away" to (anyone who asks for it) **\$250 of our services for only \$20** – that's right, \$20.

Over the past five years, we've helped hundreds of people feel better and live healthier, more productive lives following our program of "spinal-corrective" care. And now I would like to introduce more people to the many healthful benefits our spinal care program has to offer.

For instance, chiropractic care may be able to help you if you're suffering from any of the following conditions:

- Recurring Headaches
- Neck Pain/Stiffness
- Numbness/Tingling or Pain in the Arms and Hands
- Chronic Muscle Spasms and Tension
- Lower Back/Leg Pain
- Bulging/Herniated Discs
- Joint/Arthritic Pain
- Auto Accident-related injuries

You yourself may be a victim of chronic pain and discomfort, and think that "you'll just have to learn to live with it!" That's just not true!

#### Recurring Pain: Your Body Out of Balance

Recurring pain is a distress signal...it's your body telling you something is seriously wrong. While pain relievers may temporarily turn off the alarm switch, they don't put out the fire. In essence, they seldom correct the CAUSE of the problem and also produce dependency, dangerous side effects, and adverse reactions.

Fortunately, many types of painful conditions can now be RELIEVED and even ELIMINATED through recent advancements in chiropractic care. These highly effective treatment protocols are designed to correct the cause of the problem and thus, prevent it from returning.

So, if you've always wanted to see what chiropractic care can do for you, now is the best time to do so because . . .

> From now until May 6th, we'll provide our comprehensive evaluation service for only \$20 (normally, a charge of \$250 for a new patient.)

#### What does this offer include?

Everything to make an accurate diagnosis and recommendations for your chronic pain...

- An in-depth health consultation and health history
- A complete chiropractic examination directed at finding the cause of your pain.
- A full set of specialized X-rays to determine if a misalignment in your spine is causing your pain. (These X-rays would normally cost you at least \$150!)
- An analysis of your X-rays and exam results so we can see what needs to be done to help relieve your pain
- Answers to all your most probing questions about modern chiropractic care and what it can do for you...

The appointment doesn't take long at all. In most instances, the evaluation appointment can take less than 30 minutes.

But now, as part of this one-time offer, you can come in and find out for certain if you need chiropractic care and how it can help you eliminate the painful condition you're suffering from.

#### UNIQUELY QUALIFIED



Dr. Richard J. Palma, III Dr. Jill K. Palma

Before you come in, though, you'll probably want to know a little bit about us.

We graduated from the prestigious Life University College of Chiropractic in Marietta, GA. While there, we met, and were married just after graduation. At the conclusion of our education, we both had the opportunity to work in a thriving family based Chiropractic clinic in Woodstock, GA, where we were able to treat patients of all ages, including 1 week old infants, all the way up to patients in their 90's. We are both certified by the National Board of Chiropractic Examiners, as well as the Alabama State Board of Chiropractic Examiners, and are members of the Alabama State Chiropractic Association. We have a 12 year old son, Brody, who attends Leeds Middle School, and plays baseball and basketball here in Leeds. Brody has been a chiropractic patient since he was born!

#### HOW WE DIFFER ... FROM ALL THE REST!

Here at Leeds Family Chiropractic, it is our premise that, unless a patient's spine is restored to its optimum and correctly aligned position, longterm results cannot be achieved. For this reason, chiropractic treatments allow for this necessary spinal change to occur, thus not only providing pain relief to the patient, but also providing the opportunity for long-term corrective results. This approach minimizes the chance of the spinal and/ or nerve problem from returning.

#### **Does Chiropractic Really Work?**

Absolutely! Read for yourself the stories of patients as they tell in their own words what chiropractic has done for them...

#### **Patient Success Stories**

"I had been having low back and leg pain for many years before I finally went to see Dr. Palma. I tried everything...therapy, shots, and even considered surgery. It got to where I could barely walk. I went to Leeds Family Chiropractic, and after just a few visits, I wasn't limping anymore, and am able to do all the things I want to do!" -Lillie B.

"Tve battled/endured back pain from a herniated disc and arthritis for at least 20 years. I've had epidurals, nerve blocks, and therapy, to no avail. I thought surgery was going to be the next step. I heard about Dr. Palma, and after the first visit to Leeds Family Chiropractic, I was able to get a full night's sleep. The pain is history!" -Teresa C.

"I experienced a head and neck injury approximately a year ago, and was suffering from neck pain, dizziness, fatigue, memory issues, speech problems, and emotional distress. Within just a couple weeks, I am almost symptom free, and have seen significant improvement in all areas of my life. Drs. Palma gave me my life back!" -Jay V.

"Before I began chiropractic care with Drs. Palma, I had been having daily headaches for 12 years. I can say that I am now 100% better, and headache free, thanks to the excellent care I received at Leeds Family Chiropractic!" -Leigh W.

"I had been experiencing pain and numbness in my neck, right shoulder, arm, and hand, and was having limited neck movement for several years. I was beginning to wonder if I was going to be able to continue working my job as a TV cameraman, not to mention the hobbies I enjoy... fishing, running, working in the yard, etc. I went to Leeds Family Chiropractic, and I immediately felt that I was in the right place. After just a few weeks of Dr. Palma's care, my range of motion has doubled, and the pain and numbness has decreased dramatically. Cheers to Leeds Family Chiropractic!" -Mike C.

#### Now Is the Time for Chiropractic Care

Chronic pain is the most frequent reason people seek medical advice and treatment. This year, more than 100,000 people will lose their jobs because the back and neck pain they suffer from will get so bad they will no longer be able to work! It's true!

What's worse, the people will end up ruining their relationships with their spouses and children. And not just because they've lost their jobs, but because their families get sick and tired of constantly being around someone who is always sick and tired!

These 100,000 people will one day find themselves all alone and out of work. And if that isn't enough, any recreational pursuits they used to enjoy (golf, fishing, bowling, tennis, jogging, you name it) will be a thing of the past. Listen... don't become a statistic.... Do something about it NOW before you become one of these 100,000 tragic cases.

#### DON'T WAIT . . . RELY ON OUR EXPERTISE

You are unfortunate enough to be suffering from a chronic, painful condition. To add to your health problem is the fact that this may be affecting your:

Job Performance Personal Relationship with Others Recreational Activities

Don't wait . . . Rely on our expertise to help you find a solution to your health problems. To get the answers, call our office and set up an appointment this week. Then, just give us 1 day to analyze your tests, and on the following day, we'll tell you what needs to be done to help you with your problems.

## THE NUMBER TO CALL IS: 205-699-6600

Call anytime between 9 a.m. to 6 p.m. and tell Erica, our office manager, when you'd like to come in for the Special Introductory Evaluation between April  $21^{st}$  and May  $6^{th}$ .

We expect to get flooded with appointments due to this offer, and having only 40 evaluation appointments available, we encourage you to please contact us as soon as possible to assure that you don't miss this special opportunity.

Thank you very much, and we look forward to helping you get rid of your pain and discomfort so you can start living a healthier, more productive life.

#### Sincerely,

Dr. Richard J. Palma Dr. Jill K. Palma

### LEEDS FAMILY CHIROPRACTIC 1101 Higrove Parkway Leeds, AL 35094

(In the shopping center near Subway, ¼ mile from Bass Pro Shops) Some insurance plans may be excluded

SPONSORED CONTENT

## PARDON THE PROGRESS Barber Musuem's continued growth



ast fall, the Barber Vintage Motorsports Museum in Leeds, already home of the world's largest motorcycle collection, announced it was undertaking a major expansion. Visitors to this year's Honda Indy Grand Prix of Alabama won't have access to the new wing yet, but the construction will be visible to race fans in attendance.

The current Barber Museum, which opened in October 2003, is 144,000 sq. ft. in size. The addition will add 84,650 sq. ft., resulting in a five story museum about a quarter million sq. ft. in size.

"We won't have trouble filling the expansion," said Jeff Ray, the Museum's executive director. "We have many motorcycles in storage, and we are constantly adding to the collection."

In March 2014, Guinness World Records named the Barber Museum as the world's largest motorcycle collection, with 1,398 motorcycles.

The architect for the expansion is Williams Blackstock of Birmingham. The general contractor is BL Harbert International, also based in Birmingham.

Barber Museum will remain open during construction. Visitors to the Barber Museum, the Barber Vintage Festival on Oct. 9 11 and the Honda Indy Grand Prix next April will be able to see construction underway. Project completion is scheduled for Fall 2016.

The Barber Museum expansion is part of a series of capital improvements being made to the Motorsports Park over a two year period. They include the Barber Proving Grounds (opened in October 2014), a 440 foot long pedestrian bridge from the Museum to the infield (opened April 2015), a classroom building overlooking the Proving Grounds (under construction), and new garages for Mercedes Benz and other customers, also under construction.

"This expansion will help keep us as the benchmark for motorcycle collections worldwide," George said.

Barber, the Barber Museum and Park founder. "People visit Birmingham from all over the world to see this museum and it's collection, and we want to continue to wow them with what they see. With programs and events like the Porsche Sport Driving School, the Mercedes Benz Brand Immersion Program, the Honda Indy Grand Prix of Alabama and the Triumph Superbike Challenge, it's important that we always present an impeccable image for our sponsors and fans."

- Submitted by Barber Vintage Motorsports Museum

## **ABOUT THE MUSEUM**

- THE MUSEUM IS 144,000 SQUARE FEET

- IT CONTAINS NEARLY 1,400 MOTORCYCLES, ABOUT 700 OF WHICH ARE ON DISPLAY AT ANY GIVEN TIME.

- THE BARBER MUSEUM IS A NOT-FOR-PROFIT FOUNDATION, WHICH, IN 2013, CELEBRATED ITS 10TH YEAR AT BARBER MOTORSPORTS PARK.

- THE BARBER MUSEUM IS CONSIDERED THE LARGEST PHILANTHROPIC PROJECT TAKEN ON BY AN INDIVIDUAL IN THE HISTORY OF THE STATE OF ALABAMA.

# SOMETHING FOR EVERYONE 11 Races over 3 Days





### VERIZON INDYCAR SERIES RACES

• APRIL 24, 2:38 p.m.

The IndyCar Series is a North American-based open wheel racing series featuring the fastest cars and most versatile drivers in the world. It's the only racing series in the world to feature a competitive mix of oval speedways, permanent road and temporary street courses. Truly an international series, this year's schedule will see 25 participants from 11 different countries competing in 16 races across 3 countries.

Each IndyCar driver uses the DW12 chassis, produced by Italian manufacturer, Dallara.

After a six year hiatus, "newcomer" Chevrolet introduced its own twin turbo V-6 (produced by Ilmor) to compete against long-time supplier Honda, whose own V6 engines are produced by Honda Performance Development. Each engine is tuned to produce a horsepower range of 550 to 700 hp with an RMP limit of 12,000.





### LEGACY INDY LIGHTS RACES

• APRIL 23, noon • APRIL 24, 12:20 p.m.

Now in its 13th season, the **Indy Lights** presented by Cooper Tires is an essential stepping stone for drivers and teams striving to compete in the IndyCar Series and the Indianapolis 500. Teams compete for nearly \$4 million in prize money in cars

that are second only in speed to the IndyCar Series at most tracks they visit. In 2013, their 13-race schedule is comprised of oval superspeedways, temporary street courses and permanent road courses.

Racers will compete using single-seat, open-wheel, Indy car-style vehicles manufactured by Dallara Automobili and powered by 3.5 liter, normally-aspirated, 90-degree V-8 spec engines, capable of 420 horsepower at 8,200 rpm and speeds up to 190 mph on superspeedways. Purpose-built, high performance racing slicks and rain tires will be supplied by Cooper Tires

**Legacy Credit Union** is the proud sponsor of the Legacy Indy Lights 100.







### PRO MAZDA / USF2000 RACES

USF2000

• APRIL 22, 4:30 p.m. • APRIL 23, 5:35 p.m.

### PRO MAZDA

- APRIL 23, 4:30 p.m.
- APRIL 24, 11:15 a.m.

**Pro Mazda** features a open-wheel, single-seat, open-cockpit cars with front and rear wings. The carbon fiber chassis, introduced in 2004, is built to FIA standards. A 1.3 liter Mazda "Renesis" rotary engine serves as the power plant and produces 260 horsepower at 8600 RPM, and is capable of speeds up to 160 mph. Pro Mazda utilizes a Hewland 6-speed sequential gearbox with electronic "no lift" shift.

**USF2000** features open-wheel, single-seat, open-cockpit cars with front and rear wings and a Hewland five-speed sequential gearbox. As a cost constraint, the rules package requires a one-make chassis. The cars are powered by the Mazda MZR 2-liter powerplant — a four-cylinder, double-overhead cam, fuel-injected engine generating approximately 170 horsepower and capable of powering cars to speeds of 150 mph.



World Challenge



### PIRELLI WORLD CHALLENGE RACES

#### GTS

• APRIL 22, 11:15 a.m.

• APRIL 23, 4:45 p.m.

### GT

- APRIL 23, 1:45 p.m.
- APRIL 24, 9:15 a.m.

**Four classes of car represented:** Grand Touring (GT), Grand Touring Sport (GTS), Touring Car (TC), and Touring Car B-Spec (TCB)

Races are run in a sprint race format (usually 45 minutes in length) featuring a multiple classes running simultaneously. GT and GTS cars race at the same time, and TC and TCB cars race at the same time.

**GT:** Production based sports and luxury cars that have between 425 – 525 horsepower

**Cars seen on track:** Audi R8, Cadillac CTSV, Porsche 911 GT3 Cup, Chevrolet Corvette, Volvo S60, Mercedes-Benz, Dodge Vipers, Aston Martins.

**GTS:** Production based sports cars that are much closer to a stock vehicle than the GT cars. They're slightly slower speeds than the GT cars

**Cars seen on track:** Ford Mustangs, Chevrolet Camaros, Porsche Caymans, Kia, Nissan 370z, Aston Martin.



# TWO-TIME HIGPA WINNER RYAN HUNTER-REAY Can he reclaim the podium

Two years in a row, 2013-2014, Ryan Hunter-Reay took home the top prize at Barber Motorsports Park during the Honda Indy Grand Prix of Alabama. But in 2015, his Honda Aero Kit posted the 18th fastest time in trials and the entire race was a dogfight, battling from the back of the pack through all 90 laps.

But in the end, he finished fifth.

"It was a hard-fought race for sure," he said. " But sometimes the hardest fought races don't produce the best result but absolutely give you the best feeling."

Barber is one of Hunter-Reay's favorite courses on the circuit. He, like other drivers, said he respects it for the high speeds and difficult terrain built in to the 2.38-mile track. He said it literally stands alone.

"It's so unique," he said, enthusiastic about his return to Barber in 2016. "The elevation changes, the blind corners – the more you're willing to push yourself, the harder you're willing to go, the more reward there is."

But Hunter-Reay said what fans might not know about pushing that hard in an IndyCar is that it it can take a serious physical toll on the body. Rewarding still, but in a corner at 190 miles per hour a driver can feel up to 6Gs of pressure – about one fewer than an Apollo spacecraft on reentry into Earth's atmosphere.

"There's not much time to breathe," he said. "And that's what makes it so great for the fans at Barber.

Hunter-Reay said race fans get a phenomenal experience during the Honda Indy Grand Prix, as not only do they have opportunities to get close to their favorite drivers, they also get to witness several drivers race one of their favorite tracks of the year.

In 2016, Hunter-Reay is looking for a return to the familiar – the podium – and his retooled Honda Aero Kit he said is putting him in position. All that's left is to get past a field of challengers that include last year's winner, Josef Newgarden.

"That's the plan," Hunter-Reay said. "Trust me."

– By Jeff Thompson

'The elevation changes, the blind corners – the more you're willing to push yourself, the harder you're willing to go, the more reward there is.'

RYAN HUNTER-REAY ON BARBER





# LAST YEAR'S CHAMP RETURNS TO HIS 'HOME COURSE' Or will Newgarden defend?

Josef Newgarden started last year's Honda Indy Grand Prix of Alabama in fifth, and before the end of the first lap he had moved into second place. It wasn't long before he was in the lead, and he stayed there for 46 laps – more than half the race.

The 26-year-old IndyCar driver took first place at Barber Motorsports Park, something he attributes to things lining up near perfectly for him and his team throughout the race.

"It was really smooth to a certain degree," he said. " It didn't come easy, but that's what you want from a race. Nothing dramatic happened, nothing broke and I didn't have a wheel fall off. When a race goes smooth like that you hope to be able to win, and fortunately that day it all kind of lined up and we were able to get that victory we had been looking for for a couple years before that."

Newgarden returns to defend his title in 2016 against a field of drivers eager to test their mettle against one of the favorite courses on the circuit. It's elevation changes, blind corners and highspeed turns – some of the highest he sees all year – make it one of his favorites. And the Tennessee native calls it his "home track."

"Visually, it's a beautiful

place," he said. "Everything is so well taken care of. From a driver's point of view, the track amazing. It really lets us stretch our legs in these Indy cars. We really get to work on the downforce of the car. It's super hard on tires, which is bad for us but it's great for fans because it makes the racing way better when everything goes off the rails."

But climbing back behind the wheel to take it on again this year, there's one thing that he truly loves about the course.

"I love that I had my first victory there last year," he said with a smile.

– By Jeff Thompson

'It's super hard on tires, which is bad for us but it's great for fans because it makes the racing way better when everything goes off the rails.'

JOSEF NEWGARDEN ON BARBER



## **Behind the Wheel**



**Scott Dixon**, driver of the No. 9 Chevrolet sponsored by Target, clocked the fastest lap time at Barber Motorsports Park during a one-day trial run in March. Dixon's time was 1 minute 7.16 seconds around the 2.38-mile road course.

No.	Driver	Aero K
1	Will Power	Chevrolet
2	Juan Pablo Montoya	Chevrolet
3	Helio Castroneves	Chevrolet
5	James Hinchcliffe	Honda
6	JR Hildebrand	Chevrolet
7	Mikhail Aleshin	Honda
8	Max Chilton	Chevrolet
9	Scott Dixon	Chevrolet
10	Tony Kanaan	Chevrolet
12	Oriol Servia	Chevrolet
11	Sebastien Bourdais	Chevrolet
14	Takuma Sato	Honda
15	Graham Rahal	Honda
16	Spencer Pigot	Honda
18	Conor Daly	Honda
19	Luca Filippi	Honda
20	Ed Carpenter	Chevrolet
21	Josef Newgarden	Chevrolet
22	Simon Pagenaud	Chevrolet
24	Sage Karam	Chevrolet
26	Carlos Munoz	Honda
27	Marco Andretti	Honda
28	Ryan Hunter-Reay	Honda
35	Alex Taglani	Honda
41	Jack Hawksworth	Honda
61	Matthew Brabham	Chevrolet
83	Charlie Kimball	Chevrolet
88	Bryan Clauson	Honda
98	Alexander Rossi	Honda

## **Aero Kit**

## St. Clair News-Aegis | newsaegis.com | April 21, 2016



# ON BARBER MOTORSPORTS PARK James Hinchcliffe

From behind the wheel, James Hinchcliffe sees Barber Motorsports Park in a way many fans can't. And because of it he's got nothing but praise for the course.

"It's the most unique, modern track in North America," he said.

As the Verizon Indycar Series travels the United States, drivers run the gamut of circular and road courses. Their Aero Kits come in two different versions to prepare for each. But Barber, at least in Hinchcliffe's mind, is different from many of the other road courses he tackles in a season for two main reasons – elevation and speed.

"There are very few tracks on earth where you turn flat out in sixth gear straight into a two-story chicane that's blind on the second

#### half," he said.

But it's not just the fan-favorite chicane that Hinchcliffe loves. He said the course in Leeds has an underlying theme in that owner and builder George Barber "played with the geography" instead of flattening out the land.

"There are so many cool corners there," Hinchcliffe said. "Modern-built courses don't really look like what you have at Barber. Often, they just bulldoze the area. But those long, fast corners with drastic elevation changes are exactly what these cars were built for."

Drivers say that during the Honda Indy Grand Prix of Alabama, Barber Motorsports Park sees some of the most passing of any course on the circuit. Last year, Hinchcliffe fought a hard race and finished seventh in front of a crowd of tens of thousands. He said it was a far cry from what he first expected when he first raced the track in 2010.

"Honestly, there was a little concern since we were coming into NASCAR country. We didn't know what to expect from the crowd," he said. "But since the first drop of the green flag the fan support has been incredible."

It's just another thing that fires him up about flying through the corners at Barber every year.

"If you've been before, I know you'll come back," he said. " And if you haven't, all we ask is give us one opportunity. We'll make you a fan."

– By Jeff Thompson



PHYSICAL THERAPY INSTITUTE

Ready to Serve All Your Physical Therapy Needs:

# Drayer is the fast track to a speedy recovery

## LEEDS CENTER 1115 Payton Way, Leeds | P: 205-699-8280

#### Orthopedics

Sports Medicine Gait Training Hands On Manual Therapy Pre & Post Op Rehabilitation Neurological Rehabilitation

Vestibular Rehabilitation Spinal Traction Therapy Occupational Rehabilitation

## 21 Convenient Locations in Alabama



f 🕑 in 🛅 प्र<sup>+</sup> WWW.DRAYERPT.COM

## 10 | 2016 Honda Indy Grand Prix of Alabama

# NEXT MONTH The 22nd Annual Creek Bank Festival



SPONSORED BY THE LEEDS AREA CHAMBER OF COMMERCE

## Saturday, May 14, 2016

Leeds Memorial Park on Hwy 119

10a - 5p



Sweets Bake-off

## Mascot Challenge

Elvis & More

# **GREAT FAMILY FUN**

Great Food Arts & Crafts - Vendors Live Entertainment All Day Mascot Challenge Kids Activities & Fun Teen Hangout & Games Dog Pageant & Dog Activities Moon Pie Eating Contest, Sweets Bake Off & Much More!

PLUS C & C Motors Presents **Cruisin' the Creek Bank Car Show** to Benefit Backpack Buddies!

Info: Sandra@LeedsAreaChamber.com

(205) 699-5001

www.LeedsAreaChamber.com

## St. Clair News-Aegis | newsaegis.com | April 21, 2016



# Charlie Kimball

Charlie Kimball was diagnosed in 2007 at 22 with Type-1 diabetes. The diagnosis came as he was rising through the ranks toward IndyCar competition, and it caused him to miss part of the season. He said at that time he really didn't know much about the disease, but the diagnosis was terrifying.

"I didn't know if I'd ever get back, but I'd fallen in love with racing and I wasn't going to let the diagnosis keep me from trying," he said.

Kimball worked with a team of doctors and specialists to figure out a treatment regimen. He learned how to monitor his blood sugar, and he now takes insulin injections

three or four times a day. Soon after, he was back on the track, and in 2008 he became the first licensed driver with diabetes to win a race in the Verizon Indy-Car Series.

Now, he drives the No. 83 car for Novo Nordisk Chip Ganassi Racing. During the Honda Indy Grand Prix of Alabama, his Chevrolet Aero kit will have a couple modifications that you won't find in his competitors' cockpits.

First, among the many readouts featured on his dashboard, Kimball has one that shows him his blood sugar. The monitor is connected to a needle that's inserted beneath the skin while he races. In addition, Kimball has two bottles he can drink from while driving — one with water and the other with orange juice.

Kimball said he's looking forward to his return to Barber, which he described as one of his favorite tracks on the circuit.

"To be honest, Mr. Barber did such a nice job job," he said. "It's a great, technical layout for drivers highspeed straights that slow into connected corners then into tight, low-speed hairpins. It's challenging for the engineers, but many of the drivers love it.

"The best thing about Barber is that if you drive it well, it will reward you with good results."

- By Jeff Thompson

## SPEND YOUR SUMMER ON Logan Martin Lake



Spend this Summer on the banks of Logan Martin Lake!

Are you looking for a home away from home, a place where you can enjoy life and the beauty of Mother Nature at an affordable price? Welcome to Logan Landing RV & Cabin Resort. We are located in beautiful Alpine, Alabama, with 142 wooded acres on Lake Logan Martin, a 15,000 acre lake popular with boaters and fishermen.

Loaded with comforts and amenities, Logan Landing is a private, gated community with a pool, clubhouse, beach area, boat ramp and dock and much more, including a full time resident manager. You can also enjoy our private fishing lake and our canoes and paddle boats.

At Logan Landing, you can stay for a night or a lifetime! There are campsites for all sizes of campers and RV's and all sites are full hook-up. You can also make a permanent site at Logan Landing! RV & Cabin Lots are now available at Logan Landing! Starting at just \$19,900, choose your RV lot, most with lake views and many are lakeside. We also have luxury cabins that can be custom-made just for you and placed on any one of our lake view or lakeside lots.

Not only is Logan Landing RV & Cabin Resort close to Desoto Caverns State Park and the Alpine Bay Golf Resort, guests can also rev it up at Talladega Super Speedway and Barber Motorsports Park. It's only miles from Alabama's premiere courses.

The campground has entranced quite a few guests, and it has become a permanent fixture in their lives. It is not uncommon for guests who came for a quick getaway to end up extending their stay as a result of the beautiful scenery and spacious grounds.

For more information or to book your stay, contact Logan Landing at (256) 268-0045 or visit loganlandingcabinresort.com.

## Logan Landing RV & Cabin Resort

(256) 268-0045 or visit loganlandingcabinresort.com

SPONSORED CONTENT

# ST. CLAIR NEWS AEGIS.COM

# Our new website is something to see. experience

# NEWSAEGIS.COM

A Community Newspaper Holdings, Inc. Company Photographs courtesy of ZOOM Motorsports, Barber Vintage Motorsports Park and Verizon IndyCar.

Publisher - **Terry Connor** - tconnor@cnhi.com Editor / GM - **Jeff Thompson** - editor@newsaegis.com Content Manager - **Kristen Dale** - kdale@newsaegis.com Media Consultant - **Shawn Stone** - sstone@newsaegis.com Office Manager - **Diane Foster** - frontdesk@newsaegis.com

1820 2nd Ave. N Pell City, AL 35125 Office: (205) 884-2310 Fax: (205) 884-2312 newsaegis.com

## Track Schedule April 22 - 24 Visit Barbermotorsports.com

- » Gates open at 7:30 a.m. Friday-Sunday
- » Trams run daily from 7:30 a.m. until two hours after the last race
- » Barber Vintage Motorsports Museum is open daily from 8 a.m. to 6 p.m.

## FRIDAY, APRIL 22

7:30 a.m.	Gates Open
8 a.m.	Pirelli World Challenge - GT/GTA/GT Practice
8:45 a.m.	Pro Mazda Practice
9:30 a.m.	USF2000 qualifying
10:15 a.m.	Legacy Indy Lights Practice
11 a.m.	Verizon IndyCar Series Practice
12:30 p.m.	Pirelli World Challenge - GT/GTA/GT Practice
1:15 p.m.	<b>RACE</b> - Pirelli World Challenge - GTS (Race 1)
2:25 p.m.	Pro Mazda Qualifying
3 p.m.	Verizon IndyCar Series Practice
4:30 p.m.	<b>RACE</b> - USF2000 (Race 1)
5:25 p.m.	Legacy Indy Lights Practice

## **SATURDAY, APRIL 23**

7:30 a.m.	Gates Open
8:00 a.m.	Legacy Indy Lights Qualifying
8:45 a.m.	Pirelli World Challenge - GT/GTA/GT Qualifying
9:45 a.m.	<b>RACE</b> - Pirelli World Challenge - GTS (Race 2)
12 p.m.	<b>RACE</b> - Legacy Indy Lights (Race 1)
1:30 p.m.	<b>RACE</b> - Pirelli World Challenge - GT/GTA/GT (Race 1)
3 p.m.	Verizon IndyCar Series Qualifying/Firestone Fast 6
4:30 p.m.	RACE - Pro Mazda (Race 1)
5:35 p.m.	RACE - USF2000 (Race 2)

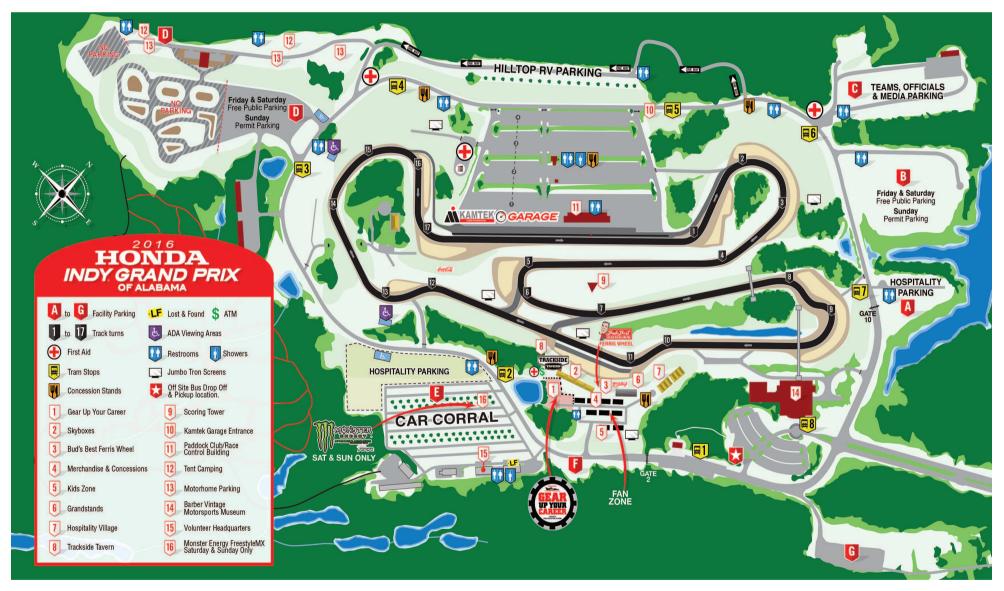
## **SUNDAY, APRIL 24**

7:30 a.m.	Gates Open
9:05 a.m.	<b>RACE</b> - Pirelli World Challenge - GT/GTA/GT (Race 2)
10:30 a.m.	Verizon IndyCar Series Warm Up
11:15 a.m.	RACE - PRO MAZDA (Race 2)
12:20 p.m.	<b>RACE</b> - Legacy Indy Lights (Race 2)
2:38 p.m.	<b>RACE</b> - Honda Indy Grand Prix of Alabama - 90 laps

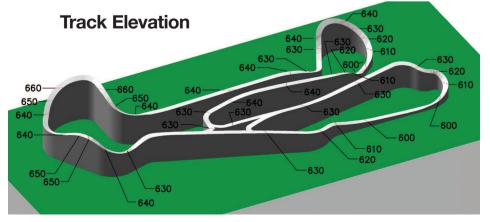


## HONDA INDY GRAND PRIX OF ALABAMA APRIL 22-24, 2016











## Moody Miracle League

## Miracle League Games April 23: 10 a.m. - 2 p.m.

The Miracle League is a charitable organization that provides children with mental and/or physical challenges an opportunity to play baseball as a team member in an organized league. There is something about playing the game of baseball that lights up a youngster's eyes, but for children facing mental and physical challenges, that opportunity can be often a difficult first test. The Miracle League gives these children the opportunity to get out in the sunshine and enjoy the game of baseball in its purest form. This Miracle League was the first in the State of Alabama and serves children in the St. Clair, Etowah, Jefferson, Shelby, Talladega, Blount, and Calhoun counties.

## Moodymiracleleague.org 670 Park Avenue Moody, AL 35004



## Jonathan Bass House Museum

The Jonathan Bass House is an uncommon example of architecture with unusually decorative elements of wood graining in its front parlors and stenciling on the ceiling it's the Great Hall. The house sits on one of the earliest dwelling sites along a stagecoach road that existed as early as 1820.

Historical displays include a showcase of famous Leeds natives. Among Leeds' famous people are scholars, soldiers, athletes, beauties and more. Olympic-great and Leeds native Charles Barkley donated his Leeds High School team shirt as well as one he wore in an NBA Championship game. Miss America Runner-Up Paige Phillips Parnell donated her Miss Alabama crown. Exhibits also feature those who made their fame as a college president, as medal of honor recipients and more.

- » 1129 Montevallo Road, Leeds, AL 35094
- » Open to visitors on Sunday from
- 1:30- 4:30 p.m. Call (205) 699-2721.

# Away from the action



## Moody City Park

The Moody City Park is located on Park Avenue across the street from the Moody City Hall. The park is a 48-acre athletic complex that has become one of the focal points of the community.

- » 11 Athletic Fields
- » 4 Tennis Courts
- » 1.1 Mile Walking Track
- » Outdoor Basketball Court
- » Children's Playground with Adaptive Equipment
- » One Pavilion for Picnics/Parties
- » Miracle League Field
- » Veterans Memorial Wall

## » Call (205) 640-0320 for More Information About the Veterans

Memorial Wall, and call (205)
 640-0319 for Pavilion Reservation



## **Shops of Grand River**

"The Outlet Shops of Grand River was voted as the Best Shopping District in Birmingham by Birmingham Magazine, and honored by Audubon International for Environmental Design."

## A Distinctive Outlet Shopping Destination

The Outlet Shops of Grand River is a distinctive outlet destination in the new community of Grand River, a 6,500 acre development conveniently located minutes from Birmingham along I-20 at Exit 140 in Historic Leeds, AL. Developed by Daniel Corporation and US Steel Real Estate, the center is home to more than 70 leading designer and top brand outlets and factory stores including Coach Factory, J.Crew Factory, LOFT Outlet, Banana Republic Factory Store, Fossil, American Eagle Outfitters, Nike Factory Store and Tommy Hilfiger, among many more. Grand River is envisioned as a Lifestyle Destination Community that combines inspired residential neighborhoods, convenient shopping and dining, exceptional parks and green spaces, and world-class recreational amenities.

The Outlet Shops of Grand River is located at Exit 140 along the I-20 growth corridor between Birmingham and Atlanta in historic Leeds, Alabama. The convenient location is minutes from Downtown Birmingham and Highway 280.

## The Outlet Shops of Grand River

- » 6200 Grand River Blvd East, Leeds, AL 35094
- » **(205) 699-3700**
- » shopsofgrandriver.com
- » Hours: Fri-Sat: 10 a.m. 9 p.m., Sun: Noon 6 p.m.



How-To Instructional Presentations April 22-23

## April 22

» 6 p.m.- Pack Right for Day Hikes & More. How to load a backpack and getting the right fit

» **7 p.m.-** Pick Out & Get Out. Kayaks to fit your adventure

## April 23

» **1 p.m.-** Slumber by Number. Sleeping bags, pads & more

## Bass Pro Shops Workender

» 2 p.m.- Beat the Bugs

» **3 p.m.-** Rig it Right. Streamline your kayak for fishing.

» **4 p.m.-** Cooking Down & Dirty - Using a Jetboil

5000 Bass Pro Blvd. Leeds, AL 35094 205-702-7500 basspro.com



BURGERS, SANDWICHES, BBQ DINNERS, STEAKS, SOUPS & SALADS, HOMEMADE CHILI. HOT WINGS AND OUR DELICIOUS APPETIZERS Come by today!

# GOLDEN RULE. Bar-B-Q

BAR-B-O PLAHES · SHEAKS · SEAFOOD · GHICKEN AIRS · SOUPS · SALADS · SANDWICHES · DESSERTS

Entire Menu is Available For Catering Events of All Sizes CALL TODAY! (205) 338-1443 1700 Martin St N, Pell City, AL 35125

Don't Miss Out On Our Specialty Cut Ribs, Marinated Overnight in Our Secret Recipe, Smoked for Hours, & Basted with Our Original Sweet Sauce Over Our Pit