




# ORB WINS DERBY

Late charge on muddy Kentucky track secures victory

SPORTS, PAGE B1

## Horse clinics teach basics



SEE PAGE A2



### Superfly!

## Matteo's

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Good for Food & Drinks

heraldandnews.com/superfly



Rain  
73/39  
Page B6

# Sunday

empowering the community

May 5, 2013

# Herald and News

www.heraldandnews.com  
Klamath Falls, Oregon \$1.50

## \$1,980

in clippable savings inside.  
See weather page for details.

# Cinco de Mayo revelers pack downtown

## Parade down Main Street highlights celebration



By **STEVEN SILTON**  
H&N Staff Photographer

Although it was only May 4, the Cinco de Mayo parade Saturday featured dancers, floats, pageant winners, horses and a marching band.

A large group of school-aged dancers from Roosevelt Elementary, coached by Elizabeth Phillips, waved to the audience lining the parade route.

"The kids have done such a great job," she said. "Last year we had 14 dancers; this year we have 40. Next year we could have 80."

See **PARADE**, page A4



**TOP:** There were dancers of all ages down Main Street Saturday for the Cinco de Mayo parade.

**ABOVE:** The parade showed off the hard work of dozens of dancers as well as several floats.

**LEFT:** Vaqueros of all ages rode nearly a dozen horses in the parade Saturday.

H&N photos by Steven Silton

# Suicide on the rise in Oregon

## Taboo topic needs airing to prevent further deaths

By **ANDREW CREASEY**  
H&N Staff Reporter

Former Surgeon General David Satcher summed up the situation succinctly: "As a society, we don't like to talk about suicide."

The subject, after all, is stigmatized in our culture. It is taboo and deals with profound feelings of shame, hopelessness and guilt.

It's an event that rattles families to the core, yet, due to journalistic standards, is kept from the public eye.

The real tragedy of suicide, apart from being one of the leading causes of death of Oregonians, is that it often can be prevented. But first, according to many local experts, it needs to be discussed.

Suicide lives in the shadows. It's time to illuminate it.

An ongoing H&N series will attempt to start that discussion. It was jumpstarted with a roundtable of local suicide experts, who unanimously agreed that Klamath County has a problem with suicide and that a step toward solving the problem is confronting it with dialogue and increasing education about what leads to suicide, and how it can be prevented.

"There's a sense of giving up your ace in the hole. Once you talk about it, it's going to be more difficult to do," said Sharon Melnick, a Klamath Falls psychiatrist. "There's something very valuable to keeping a secret. Once you tell someone you're thinking about it, it becomes more difficult to kill yourself."

Part of encouraging that discussion is to lessen the stigma about suicide, to show that it is not an unsolvable character flaw or a sign of weakness, or lack of faith, according to local experts.

See **SUICIDE**, page A8

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**On heraldandnews.com:**  
Poll: Do you agree with the county cutting funds to Meals on Wheels?

### DAILY BRIEFING

#### Lesson from Medicaid lottery

A few years back, Oregon found the money to add 10,000 residents to the state's Medicaid program. The only problem: 90,000 qualified for the program and desperately wanted in. So the state held a lottery. But 80,000 Oregonians' loss was science's gain. **See page A7.**

### INSIDE



## HEALTHY Klamath



### Did You Know?

Community Partners Seeking Better Health

of eighth grade students in Klamath County are proficient or above in mathematics. This value refers to students who meet or exceed the state standards in math.

## Only 56.5%

### Why is this important?

Competence in mathematics is essential for functioning in everyday life, as well as for success in our increasingly technological workplace. Students who take higher level mathematics and science courses which require strong fundamental skills in mathematics are more likely to attend and to complete college.

**The Community Partners Seeking Better Health want to improve this number.**  
To learn more, go to: [www.healthyklamath.org](http://www.healthyklamath.org) or scan the QR code.



Scan the QR code to learn more