

CBI
 CELEBRATE
 BELIEVE
 INSPIRE



About Community Bridges, Inc. (CBI)

Since 1982, Community Bridges, Inc. (CBI) has been providing help and hope to adults struggling with substance abuse and mental health issues and needing the best possible treatment and ongoing support. With more than 28 programs offered in 14 cities and towns throughout Arizona, CBI has the capacity to provide a full continuum of integrated clinical programs, support for women and children at Center for Hope, homeless outreach, supportive housing and prevention programs to more than 55,000 individuals each year.

Recovery through Whole Health

CBI was one of the first organizations in Arizona to focus on recovery through whole health. While a person may initially look for help with a specific

substance abuse or mental health problem, it is imperative that their overall health needs be addressed to ensure long-term success in their recovery. The clinical team at CBI understands that physical and behavioral health problems often occur at the same time and, in fact, need to be treated in a holistic manner.

“For far too long, a disconnected system of care has resulted in disengaged patients who were far less likely to get help, stay involved and be well long-term,” says Dr. Frank Scarpati, president and CEO at CBI. “Our focus on complete wellness is saving lives and has become a driving force for fundamental change not only in Arizona but nationwide.”

In addition to providing the highest quality behavioral health care and medical care through lifesaving interventions, CBI is also an invaluable

resource to the community as a whole. Important outreach efforts and ongoing initiatives educate Arizona youth, parents, educators and families on prevention and healthy alternatives to drug and alcohol abuse. Community leaders, hospitals, physicians, police, fire and public safety officials also look to CBI to further their efforts as well.

“We are the front door to the behavioral and mental health system here in Arizona, says Scarpati. “To keep our communities safe, healthy and secure we must continually strive to educate, inspire and assist citizens, law enforcement, community leaders and others through ongoing communication, involvement and personal connections.”

Get Connected

Though behavioral and mental health challenges will continue to affect thousands in Arizona each year, CBI continues to promote the message that recovery works and recovery *is* possible. If you or a loved one needs support, CBI can help.

To learn more -

CommunityBridgesAZ.org

CBI's peer support staff are also available 24/7/365 through their Access to Care line - **877-931-9142**

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