

Sept. 17 - Sept. 23, 2015

# this week

Reception set for

## *Soul of a Woman*

5-8 p.m. • Sept. 19



# this week

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## ON THE COVER



"Looking Out at a Broken Past" by Deborah B. Phillips, is featured at the gallery, "Soul of a Woman." The gallery captures a brief look of women and their life journey. There will be a reception for the show from 5 to 8 p.m. Saturday, Sept. 19. (Contributed photo)

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### **this week**

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Please include the event time, date, location including address, admission price and contact information.



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Volunteers at Shackleford Banks help pick up debris and litter in 2014. Volunteers will get a chance to clean up again on Shackleford, as well as at the Rachel Carson National Estuarine Research Reserve and along the Beaufort waterfront during National Estuaries Week and National Public Lands Day. (National Park Service photo)

# Groups plan events for Estuaries Week, National Lands Day

Anyone who wants to help clean up the local estuarine ecosystem will have a chance during National Estuaries Week, Sept. 19-26, and National Public Lands Day Saturday, Sept. 26.

The N.C. Coastal Reserve and National Estuarine Research Reserve, Cape Lookout National Seashore, the National Park Service and

Beaufort plan cleanup efforts.

The Rachel Carson Reserve will hold its annual Crystal Coast Cleanup from 9:30 a.m. to 2 p.m. Saturday, Sept. 26, during National Estuaries Week.

The cleanup is one of two events the reserve is holding that day; the other is a free educational event from 8:30 a.m. to 12:30 p.m. at the Olde

Beaufort Farmers Market at courthouse square.

According to a press release from the N.C. Department of Environment and Natural Resources, reserve staff and scientists from local marine labs will present information and activities about marine science research and the importance of estuaries at the educational event.

Meanwhile, during the cleanup, participants will join staff from the reserve, Cape Lookout and Beaufort to gather marine debris and litter at the reserve,

Shackleford Banks (part of Cape Lookout) and along the downtown Beaufort waterfront.

**GROUPS | CONTINUED ON 7**



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# Spice up game day

It's "game on" this tailgate season with taste sensations that add an extra kick of flavor and spice, without having to go into overtime in the kitchen.

The perfect sauce is key to executing an effortless game day menu with a distinctive zing. The combination of flavor and heat quickly whips standard tailgate foods into shape and can be found in Frank's RedHot sauces, and the newest varieties - rajili sweet ginger sauce and slammin' sriracha chili sauce - are the secret ingredient to victory.

Leave a lasting impression on fellow football fans with two simple yet savory recipes - wings and pizza - which are amplified by powerful sauces.

Chicken wings coated with rajili sweet ginger sauce are sure to keep everyone's hands in the game.

Ditch the delivery and serve sriracha pizza. This homemade twist on a classic is covered with a blend of chili pepper and jalapeno, balanced by a slight tanginess and hint of smoke. Even meat lovers will crave this vegetarian pizza.

The entire huddle will rave about these recipes long after the final whistle blows, but for more tailgate and game day refreshments that turn up the heat, check out FranksRedHot.com.

## Rajili chicken wings

2 ½ pounds chicken wing pieces

¾ cup Frank's RedHot Rajili Sweet Ginger Sauce

On foil-lined pan, bake wings on lowest oven rack at 450° F for 30 minutes or until crispy, turning once. Toss wings in sauce to coat.

## Sriracha pizza

¼ cup Frank's RedHot Slammin' Sriracha Chili Sauce

¼ cup marinara sauce

1 prebaked pizza crust (12-inch)

1 ¾ cups shredded mozzarella cheese

¾ cup roasted vegetables (eggplant, zucchini and yellow squash), cut in ½ inch slices

¼ cup sliced mushrooms

12 slices red onion

1 tablespoon pepperoncini, thinly sliced

Heat oven to 400° F.

Combine Sriracha and marinara sauce. Spread crust with sauce, leaving ½ inch border along the edges. Cover with cheese, roasted vegetables, mushrooms, red onion slivers and pepperoncini. Bake 8-9 minutes until cheese is melted and crust is crisp. Cut into 8 wedges.

*(Images and content provided by Family Features.)*





(AP photo)

## Review: Redford, Nolte amble on Appalachian Trail in ‘A Walk in the Woods’

BY JAKE COYLE

ASSOCIATED PRESS

The lure of the wild has recently attracted an interesting batch of solitude seekers: Reese Witherspoon (“Wild”), Mia Wasikowska (“Tracks”) and Robert Redford, twice.

Two years after “All Is Lost,” Mr. Redford has swapped the sea for the woods, and wordless isolation for Nick Nolte. It’s not a bad trade.

“A Walk in the Woods” is a broad and congenial comedy about two aged old friends trying to hike all 2,000-plus miles of the Appalachian Trail, from Georgia to Maine. It’s light on its feet, even though its geriatric woodsmen are plodding

and grunting.

The story, taken from Bill Bryson’s 1998 book, might seem like the kind of hokey comedy trotted out every now and then for older moviegoers. It is that, to be sure. But Mr. Redford and Mr. Nolte are a class, or two, above the standard stars of such fare.

While “A Walk in the Woods” is tame stuff, indeed, a simple, comic stroll with pleasant company is a decent way to end a movie summer where the usual pace is a Tom Cruise sprint.

Mr. Redford has been trying to adapt Mr. Bryson’s book for 10 years, and he’s now older than the author was when he made his trip, along with his

pal Stephen Katz (Mr. Nolte). It makes their endeavor, particularly on the part of the wheezing Mr. Nolte, a little incredulous.

Mr. Nolte’s Katz, a former alcoholic and proud philanderer, was never an ideal hiking companion; he’s the only one Mr. Bryson could get to go with him. But Mr. Nolte, 74 and so croaky he can be hard to understand, is now more convincing as a grizzly bear than a camper. This, thankfully, is not a movie where the actors are weighing down their backpacks for the sake of realism.

The germ for the trip begins when Mr. Bryson returns to his New Hampshire home

after a humbling book tour where he’s met with questions of retirement — likely the same kind Mr. Redford has become accustomed to fielding but happily (for our sake) ignoring. Authors, Mr. Bryson responds, don’t retire. They either drink themselves away or blow their brains out.

But Mr. Bryson is instead drawn by a mysterious longing to hike the Appalachian Trail. His concerned wife (Emma Thompson — now there’s a couple) insists he find a companion. When everyone he can think of turns him down, Katz, with whom Mr. Bryson had lost touch, calls him up to say he’s game.

After the two set out in

Georgia, their adventures unfold in episodic encounters and pratfalls. Along the way, they meet Kristen Schaal (as an annoying fellow hiker) and an attractive innkeeper (Mary Steenburgen).

But whereas “Wild” sought redemption across the country on the Pacific Crest Trail, profundity isn’t the pursuit of Mr. Bryson, Katz and “A Walk in the Woods.” Belleville’s Ken Kwapis (“Big Miracle”) directed the film and steers it on well-trod but pleasant buddy-comedy paths that offer few surprises other than the undiminished appeal of its ambling stars.

“A Walk in the Woods” is rated 2½ stars out of four.

# • 6 'Soul of a Woman' to open with reception

this week

9/17/15 - 9/23/15

The third annual "Soul of a Woman" show, presented by Carolina Artist Gallery, will exhibit work submitted by artists from around the nation as well as locally with an open reception from 5-8 p.m. Saturday, Sept. 19.

"Soul of a Woman" is an introspective of a brief look at women and their life journey, with the artists revealing those stories in their work.

During the reception everyone is invited to enjoy the food and beverages provided by the gallery, the "Soul of a Woman" and gallery member's art.

The artist's work will be available for purchase during the show as well as during the reception.

Also during the reception, cash awards will be announced and presented to the show artists for outstanding work.

"Soul of a Woman" will run until Friday, Nov. 6.

The show is made possible with the support of the community. Carolina Artist Gallery sponsors include:

- Keith Lambert, artist.
- Coastal Awnings and Hurricane Shutters.
- Floyd G. Campen, DDS, PA, dentist.
- Linda Coffey.
- Carteret County Arts and Crafts Coalition.
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- Amie M. Huber, attorney at law.
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- Excel Learning Centers.

In addition, the following establishments have provided gift certificates to be presented with Honorable Mention awards:

- Shore Décor.
- Sanitary Fish Market and Restaurant.
- Clawson's.
- Buffalo Wild Wings.
- Texas Steakhouse and Saloon.
- Beach Bumz Pub and Pizzeria.
- Longhorn Steak House.
- Olive Garden.
- Outback Steakhouse.
- Finz Grill and Bar.
- Bistro By the Sea.
- Applebee's.

Marilyn Hartness, associate professor of Fine Arts at Wingate University in Charlotte, will judge the entries in the show.

Ms. Hartness teaches ceramics and art history and is the owner of Belle Terre Gallery on her farm near Monroe.

She was awarded the Corts Award for excellence in teaching and is a member of the Phi Eta Sigma National Honor Society.

She earned a master of fine arts degree from UNC- Greensboro

and studied ceramics at the University of Georgia as well as at the Penland School. She earned her bachelor's degree from Queens College.

Carolina Artist Gallery is a nonprofit artists' co-op at 800

Evans St., on the corner of Eighth Street on the Morehead City waterfront.

The gallery is open from 11 a.m. to 5 p.m. Monday through Saturday (except Tuesday) and noon to 5 p.m. Sunday.

Carolina Artist Gallery has a mission to bring art experiences to everyone on the Crystal Coast.

For more information on the co-op, community outreach programs and the show, visit [www.carolinaartistgallery.com](http://www.carolinaartistgallery.com).



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"Flamenco Passion" is an acrylic painting by Laura Griffin. Art like this is featured at the Carolina Artist Gallery show "Soul of a Woman." A reception for the show will be held from 5 to 8 p.m. Saturday, Sept. 19, at the gallery. (Laura Griffin photo)

# Call for artists: Dan Beck to give workshop

Wilmington artist Dan Beck will share his expertise with local artists at a three-day workshop from Friday-Sunday,

Sept. 18-20, at Beaufort Art Market.

Participants will work from live models while learn-

ing about Mr. Beck's loose, impressionistic approach to painting figures and portraits. Mr. Beck will open each day with a demonstration followed by individual instruction and critique.

Artists of all experience levels are invited to sign up, and all media are welcome.

The workshop is \$425 plus a \$30 model fee. Artists who are unable to attend the full workshop can schedule a 15 or 30-minute critique session for \$50 and \$80 respectively.

As well as giving a painting workshop, Mr. Beck will also give a painting demonstration at 7 p.m. Friday, Sept. 18, over dinner at Queen Anne's Revenge restaurant. Tickets for the dinner and demonstration are \$30 and reservations

can be made online.

Mr. Beck is an award-winning oil-painter with an extensive background in portraiture and figure painting.

He most recently won the Gold Medal at the Oil Painter's of America National Juried Exhibition.

His work has been featured on the covers of Art of the West and Southwest Art magazines and had feature articles in American Artist and American Art Collector.

To register for Beck's workshop or to learn more about Beaufort Art Market, visit [www.beaufortartmarket.com](http://www.beaufortartmarket.com), call 252-838-1896 or email [aufortartmarketis@gmail.com](mailto:aufortartmarketis@gmail.com).

The Beaufort Art Market is the most recent addition to Beaufort's growing art

scene and will celebrate its grand opening from 5-8 p.m. Saturday, Sept. 26.

The Market operates as a studio, gallery, classroom space and artist supply shop.

Local instructors hold regular classes open to both experienced artists and those interested in learning more about the joys of creating art.

Beaufort Art Market regularly hosts visiting artists for workshops and other events.

Plein Air painter Gregg Kreutz will host the next workshop from Sunday-Tuesday Oct. 18-20.

Beaufort Art Market is at 129 Middle Lane in downtown Beaufort and is open to the public from noon to 6 p.m. Tuesdays-Saturdays.



"Toddy" is an oil painting by Dan Beck. Mr. Beck will teach a figurative impressionism workshop from Friday-Sunday, Sept. 18-20, at the Beaufort Art Market. (Dan Beck photo)

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## GROUPS | FROM PAGE 3

Emily Woodward, NCRNERR communications specialist said cleanup volunteers will be helping with a community-wide effort to reduce the negative impacts of marine debris and improve the health of the estuarine ecosystem.

She also said attendees at the educational event will learn about the many benefits of estuaries and how local marine science works to improve the health "of these important coastal ecosystems."

"Through these events, we hope to inspire communities to have a stronger appreciation for coastal and estuarine ecosystems that provide both environmental and economic benefits to North Carolina," Ms. Woodward said.

Registration is required for the cleanup.

To register for the cleanup at the Rachel Carson Reserve, contact site manager Paula Gillikin at 252-220-0776 or by email at [paula.gillikin@ncdenr.gov](mailto:paula.gillikin@ncdenr.gov). The Beaufort waterfront cleanup doesn't require registration.

Meanwhile, the NPS will meet its volunteers for the Shackleford cleanup at 10 a.m. at the waterfront gazebo at Grayden Paul Park on the corner of Front and Pollock streets. Trash bags, gloves and pickup sticks will be provided.

Participants should wear weather-appropriate clothing that may get wet and dirty. For

safety purposes, volunteers are required to wear closed-toe shoes such as wading boots or old sneakers. Space is limited for the island-based events, so volunteers are encouraged to register early.

In addition to picking up trash, volunteers will help collect data for N.C. Big Sweep and International Coastal Cleanup on the types and quantities of debris collected. This information will be used to better manage debris and focus educational efforts.

Information and registration for the Shackleford cleanup are available online at the website [tinyurl.com/p6kddja](http://tinyurl.com/p6kddja).

Additional events are also planned for National Estuaries Week.

The Masonboro Island Reserve in Wilmington will host a community kayak paddle to the island from 11 a.m.-1 p.m. Saturday, Sept. 19, and 5-7 p.m. Friday, Sept. 25. Participants will meet at Trails End Park, 613 Trails End Road in Wilmington. Participants should arrive 15 minutes prior to departure time.

Registration is required for the kayak paddle; participants will need to bring their own kayaks. Contact Masonboro Island Reserve education specialist Marie Davis at [marie.davis@ncdenr.gov](mailto:marie.davis@ncdenr.gov) to register.

The Currituck Banks Reserve will also participate in the Day at the Docks celebration in Hatteras Village from 10 a.m.-4 p.m. Sept. 19.

North Carolina's estuarine system is the third largest in

the country, encompassing more than 2 million acres. National Estuaries Day is an annual celebration of estuaries, the vibrant coastal areas where rivers meet the sea. It

is a great opportunity to learn more about these diverse ecosystems and how people can help protect them.

Information about all the events is available on the

event calendar on the N.C. Coastal Reserve website [www.nccoastalreserve.net](http://www.nccoastalreserve.net).

News-Times Reporter Mike Shutak contributed to this article.

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Cyclists await the start of a previous Cycling for the Coast event. This year's event starts at 8 a.m. Saturday, Sept. 26 at Fort Macon State Park in Atlantic Beach. (nccoast.org photo)

# Annual Cycling for the Coast bike ride set for Sept. 26

Coastal North Carolina has some of the most productive shorelines in the world. Help to protect, restore and cele-

brate this treasure during the fifth annual Cycling for the Coast event.

The ride is scheduled for 8 a.m. Saturday, Sept. 26, starting at Fort Macon State Park in Atlantic Beach. The hurricane date, if necessary, is Saturday, Oct. 3.

The goal of this event is to raise funds for the Coastal Federation's salt marsh and oyster habitat education programs.

The ride is family friendly and great for all ages and biking levels, offering 20K (12.4 miles), 40K (24.8 miles) and 80K (49.7 miles) options.

All cyclists will begin and end at Fort Macon State Park in Atlantic Beach.

Riders will leave in waves, beginning at 8 a.m. with the 80K group riding to Emerald Isle and back. The 40K, and then 20K riders will bike toward Emerald Isle, turning around at specified points on the island. Volunteers will be on hand to help with mechanical issues and safety. Snacks and water stops will also be provided.

The registration fee for federation members is \$35 and for non-members is \$50. To learn more about this event, visit [www.nccoast.org/cycle](http://www.nccoast.org/cycle).

Cycling for the Coast is a federation sponsored event to help support their restoration and education programming.

Those who do not wish to

ride in the event can sign up as a virtual rider to show their support.

This year's ride is dedicated to Jack Cleaves who died in late September of 2014.

Mr. Cleaves was an avid cyclist and friend of the federation.

His commitment to the federation was recognized in 2006 when he was honored with the Volunteer of the Year Pelican Award.

The N.C. Coastal Federation is at 3096 Highway 24 in Ocean.

For more information about Cycling for the Coast or the N.C. Coastal Federation, call 252-393-8185 or visit [www.nccoast.org](http://www.nccoast.org).

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# 'Lunch and Learn' to uncover mysteries of Dixon family

"A Visit with the Dixons" is a lunch and learn program that will explore the history of New Bern's historic Dixon House, circa 1830s, and the family who built the home.

The program will begin at noon Friday, Sept. 18, in the N.C. History Center in New Bern.

George Dixon was a tailor who rose to local prominence while living in New Bern from the 1820s to the 1840s.

While there is a good record of his financial fall, Mr. Dixon disappeared from local records, and it was not until nearly 170 years later that the mystery of what happened to Mr. Dixon and his family was solved.

This monthly bring-your-own-lunch lecture series is held in the Debnam-Hunt Board Room on the second floor of the N.C. History Center, which overlooks the Trent River in downtown New Bern.

Tickets to Lunch and Learn programs are \$6 per person and free for Tryon Palace Foundation members.

Each Lunch and Learn will begin at noon and guests will meet in Mattocks Hall inside the N.C. History Center.

For more information, call 252-639-3500 or visit [www.tryonpalace.org](http://www.tryonpalace.org).



The history of New Bern's historic Dixon house will be discussed in a lunch and learn lecture series starting at noon Friday, Sept. 18, in the N.C. History Center in New Bern. The mystery of Mr. Dixon and his family's disappearance from local records will be explained. (Contributed photo)

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 10:30-11:30am: Lean on Me- Wall Yoga
- FRIDAY:**  
 10:00-11:00am: Sweet & Sweaty HOT Yoga  
 6:00-7:00pm: TGIF Yoga
- SATURDAY:**  
 9:00-10:00am: HOT Yoga  
 10:30-11:30am: Weekend Flow
- SUNDAY:**  
 9:15-10:15am: Move Your Asana  
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\* Partial schedule and is subject to change.

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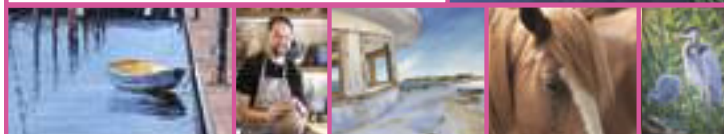
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# US Power Squadrons, NC Maritime Museum to host boating seminars

The U.S. Power Squadrons Crystal Coast affiliate, Fort Macon Sail and Power Squadron will present a series of boating seminars with the N.C. Maritime Museum throughout the fall.

The seminars are held from 6:30 to 8:30 p.m. on select Thursdays in the main auditorium of the N.C. Maritime Museum in Beaufort. The doors will open at 6:15 p.m.

The first seminar in the series is scheduled for Sept. 24. "How to Use a Global Positioning System (Marine GPS) and Chartplotter" explains the principles of waypoint navigation and shows participants how to relate the GPS to their charts.

It also shows how to operate a GPS – what the buttons do, what the screens show and how to access the functions needed.

Participants also get some tips for choosing a GPS if they don't currently own one.

This two-hour seminar is an informative, informal, hands-on presentation by a certified squadron instructor. The seminar is \$36 for members of the U.S. Power Squadrons, the U.S. Coast Guard Auxiliary and the

military. The seminar is \$40 for nonmembers.

The next seminar is on Oct. 8.

"Paddle Smart for Kayaks and Canoes" is intended for those about to join the sport and those considering purchasing paddling equipment.

The seminar kit includes an attendee workbook for note taking and reference and *The Complete Sea Kayaker's Handbook* by Shelly Johnson.

Included as a bonus is *Introduction to Paddling - Canoeing Basics for Lakes and Rivers* by the American Canoe Association.

The seminar is \$33 for members of the U.S. Power Squadrons, U.S. Coast Guard Auxiliary and military members. It is \$38 for nonmembers.

Coastal Navigation for Boat Operator Certification is on Oct. 22.

"How to Perform Basic Coastal Navigation is an informative, informal, hands-on presentation by a certified squadron instructor.

During the seminar, participants will learn and understand



The U.S. Power Squadrons and the N.C. Maritime Museum will present a series of boating seminars throughout the fall. The seminars will cover many topics, including towing, how to use a GPS and more. (Contributed photo)

practical techniques to plan and navigate on local waters.

Of particular interest to many mariners is how to understand the relationship among time enroute, boat speed and distance to go. The seminar will show a simple-to-use approach. It will also help integrate a GPS/Chartplotter navigation with traditional methods and will help develop backup techniques when the electronics fail.

The seminar is \$49 for members of U.S. Power Squadrons, the U.S. Coast Guard Auxiliary

and military members. The seminar is \$54 for nonmembers.

The final seminar is on Nov. 12.

"Emergencies on Board" will provide the skipper with the information to prepare adequately for common emergencies and how to actually deal with them when they occur.

Topics include preventing accidents, running aground, fire, getting lost, towing and medical conditions.

The seminar comes with the Emergencies on Board Quick

Guide and a Student Guide.

The seminar is \$39 for U.S. Power Squadron members, U.S. Coast Guard Auxiliary members and military members. The seminar is \$44 for nonmembers.

Pre-registration for the seminars is required by sending an email to [seaclef@coastalnet.com](mailto:seaclef@coastalnet.com) or by visiting [www.usps.org](http://www.usps.org) and selecting "Boating Courses and Seminars," then "Find a Boating Course Near You" and enter the zip code 28516.

FALL 252-393-3244

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## Adopt-a-Highway volunteers prepare for Litter Sweep

The N.C. Department of Transportation's Adopt-A-Highway Program in Raleigh is promoting the upcoming Litter Sweep, which begins Saturday, Sept. 19.

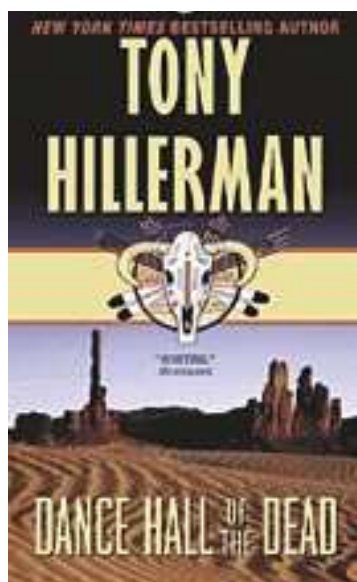
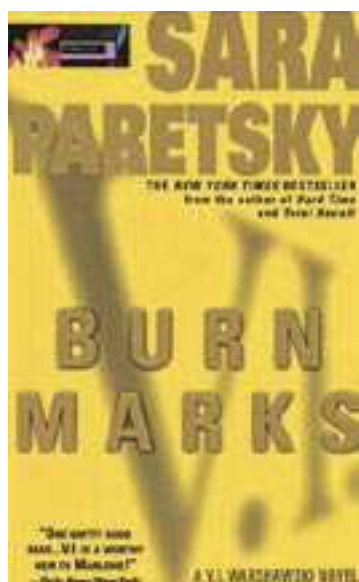
Volunteers, highway crews, inmates and others will participate in sprucing up litter prone highways.

Last year the fall Litter Sweep

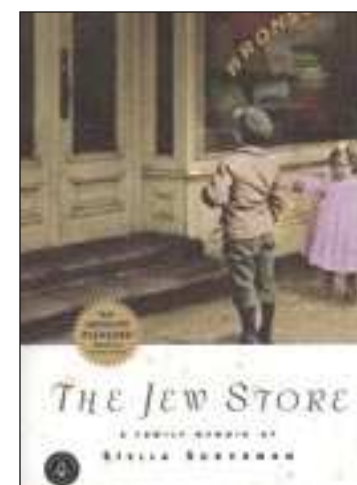
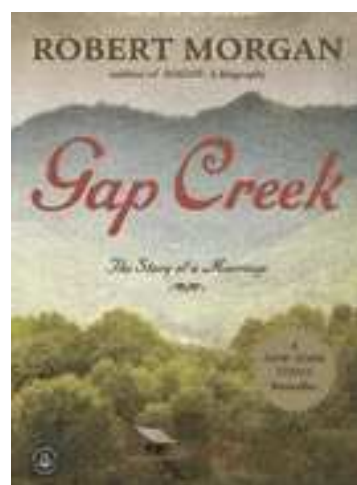
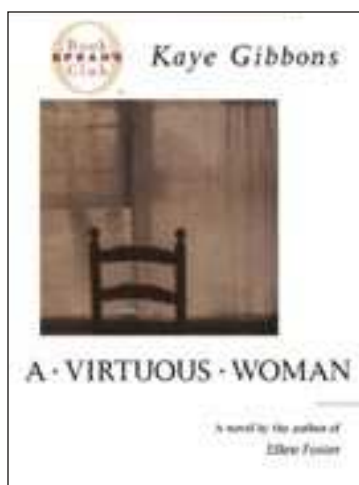
resulted in nearly a half-million pounds of litter being removed from our roadsides in 34,000 bags, with three-fifths, or 300,000 pounds, being recycled glass, metal, plastic and paper.

According to a NCDOT press release, the NCDOT appreciates the ongoing efforts of volunteer

**SWEEP | CONTINUED ON 15**



Above, these books will be discussed in the Let's Talk About It discussion series at 7 p.m. every other Monday from Sept. 21 to Nov. 16 at the County Public Library in Beaufort. Below, these are the books to be discussed starting at 7 p.m. every other Tuesday from Sept. 22 to Nov. 17 at Western Carteret Public Library in Cape Carteret. (File photos)



## County libraries to participate in book discussion series

The County Public Library in Beaufort and Western Carteret Public Library in Cape Carteret will participate in the Let's Talk About It discussion series starting Monday, Sept. 21.

Each library has a different theme for the series that's a popular way to read a book, hear and talk with an expert lecturer all in a small-group setting.

The theme for County Public Library's Let's Talk About It is Mysteries: Clues to Who We Are, while the theme for Western Carteret Public Library is Discovering the Literary South: The Louis D. Rubin Jr. series.

The program at the county library starts at 7 p.m. every other Monday from Sept. 21, until Nov. 16.

In each individual life, people attempt to solve the mysteries of who they are and where they belong in the context of self, family and friends, the local community and the wider world.

For most people, identity is an ever-evolving, ever-expanding idea, and with each new challenge or significant experience, they learn even more clues about who they are and who they wish to become.

The characters in this series are reflections of the complex and fluid nature of identity and the multiple layers of humanity in the face of danger, suffering and loss.

As Michael Malone points out, every story is a mystery. And every human heart is shrouded in mystery. This dichotomy is evident in the novels in this series.

Mysteries in general and detective novels in particular, enable people in every community to empathize with the victims and to examine their culpability in the crimes that are committed every day in our own neighborhoods and towns.

Modern mysteries reflect the complexity of contemporary life. These books will encourage read-

ers to discover clues to their own identities.

The five books for this fall's series are *Dance Hall of the Dead* by Tony Hillerman with speaker Tom Douglass, Ph.D. of East Carolina University; *Times Witness* by Michael Malone with speaker Seodial Frank Deena, Ph.D. of East Carolina University; *Devil in a Blue Dress* by Walter Mosley with Mr. Douglass; *Burn Marks* by Sara Paretsky with speaker Bill DiNome, MFA of UNC-Wilmington; and *The Last Child* by John Hart with Mr. DiNome.

All sessions will be held in the library at 1702 Live Oak St., Suite 100, in Beaufort.

The sessions run from 7 to 8:30 p.m. and are free and open to the public. Light refreshments will also be served.

For more information, call 252-728-2050 or visit the library's website, [carteret.cpclub.org](http://carteret.cpclub.org).

LIBRARIES | CONTINUED ON 15




**Steep Canyon Rangers**  
**September 24,**  
**Tickets are available at**  
**[www.carteretcommunitytheatre.org](http://www.carteretcommunitytheatre.org)**  
**for more information call 252-497-8919**  
**252-497-8919 • 1311 Arendell St. Morehead City, NC**  
**[www.carteretcommunitytheatre.com](http://www.carteretcommunitytheatre.com)**

# SUDOKU

## Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

3			9		5			
8		5	2	6				
		1			6	2		
		2			3			
6						7		
	1				7	5	3	
				3		4		
	9						2	8

Level: Advanced

9	8	2	3	7	5	4	6	1
4	1	5	9	6	8	3	7	2
7	6	3	2	4	1	5	8	9
6	3	7	1	2	4	8	9	5
1	5	9	8	3	6	7	2	4
2	4	8	7	5	9	1	3	6
5	2	4	6	8	3	9	1	7
8	7	1	5	9	2	6	4	3
3	9	6	4	1	7	2	5	8

## Editor's Note:

Sudoku puzzles and answers are published in the next edition this week.

# COMMUNITY CALENDAR

Calendar deadline is two weeks prior to the start date of the event. Send an email that includes the event time, date, location including address, admission price and contact information to [megan.soult@thenewstimes.com](mailto:megan.soult@thenewstimes.com)

\* Find the full calendar online at [carolinacoastonline.com](http://carolinacoastonline.com) by hovering over TWM and choosing the "Calendar" option, or on a mobile device, choose "Calendar" from the drop-down menu.

## Arts and Education

**CPR AND FIRST AID FOR ADULTS, CHILDREN AND INFANTS** 5:30-9 p.m. September (date to be announced) American Heart Association CPR Certification provides training on how to correctly perform CPR on adults, children and infants, as well as basic first aid. All students must preregister. Certification class fee is \$34, and no textbook is needed. Participants must preregister and prepay for this class. Total class size is nine participants. To register, call 252-354-6350.

**BOATING SKILLS AND SEAMANSHIP CLASS** 7-9 p.m. each Monday and Wednesday from Monday, Sept. 14, to Wednesday, Oct. 24. Also, an About Boating Safely class is being offered Saturday, Sept. 26. The class is offered by the U.S. Coast Guard Auxiliary out of Swansboro. This class is a great refresher for those who have boated in the past but haven't done so in a while or new boaters who want to add some new skills to their repertoire. Some of the topics that will be covered include: equipping a boat, trailing, rules to follow, highway signs, radios, lines and knots, weather, introduction to navigation and a local-knowledge class. For more information, contact Steve Mathusek at [smathusek@ec.rr.com](mailto:smathusek@ec.rr.com).

**DRIVER SAFETY COURSE** 9 a.m.-1 p.m. Friday, Sept. 18, at the Leon Mann Jr. Enrichment Center in Morehead City. Cost is \$15 for AARP members or \$20 for nonmembers. To register, contact Don Helsabeck at 252-247-2930.

**ART WORKSHOP: PORTRAITS AND FIGURES WITH DAN BECK** 10 a.m. to 5 p.m. Friday, Sept. 18- Sunday, Sept. 20, at Beaufort Art Market, 129 Middle Lane, Beaufort. Award-winning American Impressionist painter Dan Beck will lead a three-day workshop on figurative impressionism. All media and skill levels welcome. The fee is \$425 plus \$30 model fee. Personal critiques will be available with or without workshop registration. For more information or to register, call 252-838-1896 or email [donna@paintedworld.com](mailto:donna@paintedworld.com). For more information about the workshop, visit [www.beaufortartmarket.com](http://www.beaufortartmarket.com).

**DINNER AND PAINTING DEMO WITH DAN BECK** 7 p.m. Friday, Sept. 18, at Queen Anne's Revenge Restaurant in Beaufort. Meet award-winning impressionist artist Dan Beck and watch as he demonstrates his approach to abstract realism. Mr. Beck will be painting a local pirate, the lovely Lilly. Tickets are \$30. Call 252-838-1896 or email [beaufortartmarketis@gmail.com](mailto:beaufortartmarketis@gmail.com) to purchase tickets. For more information, visit [www.beaufortartmarket.com](http://www.beaufortartmarket.com).

**CORE CREEK UNITED METHODIST CHURCH FUNDRAISER** noon to 6 p.m. Saturday, Sept. 19, at the Core Creek United Methodist Church fellowship hall in Newport. Money will be raised for a family with a baby born with health issues. Money will go to travel expenses and their stay in the Ronald McDonald House. The fundraiser will feature barbecued or grilled chicken quarters, slaw, baked beans, rolls, drinks and dessert. A hot dog plate will also be available for children. Chicken plates are \$8 while hot dog plates are \$2. For more information, call 910-279-7607.

**BOWLING FOR BABIES MARCH OF DIMES FUNDRAISER** noon to 3:30 p.m. Saturday, Sept. 19, at Mac Daddy's in Cape Carteret. The fundraiser is hosted by the Key clubs of Croatan and Morehead City, and tickets are \$25. The ticket price includes two games, shoes and a \$10 game card. A 50/50 raffle will be sold during the event.

**BUILD A BOAT IN A DAY COURSE** 9 a.m.- 4:30 p.m. Saturday, Sept. 19, at the Harvey W. Smith Watercraft Center. Each adult and child team uses the stitch-and-glue technique to assemble a prepared kit for a small flat-bottomed plywood boat suitable for rowing or paddling. The boat is 7' 10" long, 32" wide, and weighs about 40 pounds. By the end of the class, each boat will be completed to a watertight condition and clear-coated with epoxy. Detail finishing and painting is the responsibility of team members and may not be undertaken in the Watercraft Center. Teams are limited to a maximum of 4 persons, at least one of whom must be an adult. Course Fee: \$300. Please Note: Completed boat has a maximum weight capacity of 110 pounds. Minimum age: 8 yrs. old. Advance registration is required. For more information, call 252-728-7317.

**AUDITIONS FOR 'THE BEST CHRISTMAS PAGEANT EVER'** 5 p.m. Saturday, Sept. 19, at Carteret Community Theatre, 1311 Arendell St. in Morehead City. For more information, call Mylissa Maynard at 252-646-3508.

**NINTH ANNUAL FLOUNDER SURF FISHING TOURNAMENT** Saturday, Sept. 19 through Saturday, Oct. 3. (Registration began Saturday, Aug. 22.) All flounder must be caught by fishing on foot (surf, pier, inlet or sound) from Fort Macon to Emerald Isle. Sponsored by Emerald Isle Parks and Recreation and The Reel Outdoors. For more information, contact 252-354-6350.

**HERITAGE DAYS** Friday-Saturday, Sept. 18-19, at the Newport Town Park on Howard Blvd. Newport is celebrating the third "Heritage Days." The celebration begins Friday evening with music, entertainment and food vendors. The event continues at 10 a.m. Saturday with a parade throughout downtown Newport. The parade ends at the Newport Park where there will be Civil War re-enactors, heritage demonstrations and craft vendors. The

celebration is catered by Fat Fellas BBQ & Grille and there are also several other food vendors. There will be games for children, a petting zoo and exotic animals.

**NEWPORT HERITAGE DAYS PARADE** 10 a.m. Saturday, Sept. 19, beginning on Chatham Street in Newport. Featuring the 2D MAW Band and West Carteret High School Band. To take part in the parade, call Joyce at 252-223-5900.

**EMERALD ISLE'S DAY4KIDS** 10 a.m.-2 p.m. Saturday, Sept. 19, at Emerald Isle Recreation Center, offering visitors activities, games, face painting and more. For information or to become a vendor, call 252-354-6350.

**"DOWNTON ABBEY TEA"** 2-4 p.m. Sunday, Sept. 20, at the Downtown Chapel, 16 Main St., Swansboro. Event is sponsored by the Friends of Swansboro Public Library. Tickets are \$25 and will be sold at the Swansboro Library. Only 60 tickets will be sold. Door prizes, prizes for the best hat and costume, as well as a silent auction and live entertainment will add to the festivities. For more information, call 910-326-4888.

**MUMS FOR MISSIONS** The outreach committee from Ann Street United Methodist Church in Beaufort is selling Chrysanthemums for their fall fundraiser. All proceeds will go towards the ministries of Loaves and Fishes including Backpack Blessings. All mums be pre-ordered and pre-paid. The deadline is noon Monday, Sept. 21. The chrysanthemums are in 3-gallon containers and cost \$15. They come in white, yellow or burgundy. The pickup date is 5 p.m. Friday, Sept. 25, at the Ann Street United Methodist Church Educational Building parking lot. For more information, call Oriel Homan at 252-723-2687. Mail orders and payment to Oriel Homan, 200 Fairview Drive, Beaufort, N.C. 28516.

**STEEP CANYON RANGERS CONCERT** 8 p.m. Thursday, Sept. 24, at Carteret Community Theatre. A Six pack of Gentlemen will open the show. Tickets range from \$30 to \$40. Purchase tickets at [www.carteretcommunitytheatre.org](http://www.carteretcommunitytheatre.org) or at the door one hour prior to the show. For more information, call 252-497-8919.

**CALL FOR BLESSING OF THE FLEET PARTICIPANTS.** The Carteret County Fishermen's Association invites all commercial fishermen to participate in the 2015 N.C. Seafood Festival Blessing of the Fleet boat parade on Sunday, Oct. 4. This parade is open to all persons holding a Standard Commercial Fishing License who captain a commercially licensed vessel. Contact Sandra Gaskill at 252-728-2089 for more information and to be included in the parade. The deadline is Friday, Sept. 25.

CALENDAR | CONTINUED ON 13

**AUTUMN AFFAIR** 6-10 p.m. Saturday, Sept. 26, at the Havelock Tourist and Event Center, featuring music, a live auction and raffle to benefit the Boys and Girls Club of Coastal Carolina. For more information, visit [www.bgccc.net](http://www.bgccc.net).

**FALL FESTIVAL** 9 a.m.-4 p.m. Saturday, Sept. 26, at Bridgeway Church of the Nazarene in Beaufort. The festival will feature Smithfield barbecue plates, a bouncy house, funnel cakes, vendors and yard sales. Tickets for the barbecue plates are \$10. For more information, call Martha at 252-619-4636.

**BEAUFORT ART MARKET GRAND OPENING** 5-8 p.m. Saturday, Sept. 26, at Beaufort Art Market, 129 Middle Lane, Beaufort. Enjoy music, food and art while learning about Beaufort Art Market's mission to provide the best in art education and appreciation on the coast. For more information, call 252-838-1896, email [donna@paintedworld.com](mailto:donna@paintedworld.com) or visit [www.beaufortartmarket.com](http://www.beaufortartmarket.com).

**CELEBRATING TRYON PALACE** Saturday, Sept. 26 through Sunday, Nov. 8, at the Duffy Exhibition Gallery in the North Carolina History Center. Admission is free. In honor of the Tryon Palace Commission's 70<sup>th</sup> anniversary, Celebrating Tryon Palace explores the founding of the commission and its contributions to Tryon Palace over the past 70 years, including its support for the North Carolina History Center, which will celebrate its fifth anniversary this October.

**KITCHENS OF NEW BERN TOUR** Saturday, Sept. 26, at various New Bern kitchens including Tryon Palace Kitchen office. Join homeowners who have opened their kitchens in support of the Food Bank of Central and Eastern North Carolina at New Bern as they invite you to garner ideas for designing your own new kitchen or renovating the existing center of your home. Capture the newest industry ideas and learn about state-of-the-art products from our sponsors. Savor special tastings by local chefs and enjoy a day of fun in historic New Bern. For more information or to purchase tickets, visit [foodbankcenc.org/KitchenTour](http://foodbankcenc.org/KitchenTour) or call 252-375-8098.

**ALL CLASS MOREHEAD CITY HIGH SCHOOL REUNION** 11 a.m. to 2 p.m. Wednesday, Sept. 30, at the Sanitary Fish Market and Restaurant. This reunion is sponsored by the class of 1961 and 1964, and is for all people who attended Morehead City High School. For more information, call 252-726-3616.

**PINTS FOR A PURPOSE** 3-8 p.m. Saturday, Oct. 2, at Tight Line Brewing Co. Two bands will perform, and there will be games. All proceeds benefit the Wounded Warrior Project. For more information, contact Tight Line Brewing Co. at 252-773-0641.

**GORDIE MCADAMS SPECKLED TROUT SURF FISHING TOURNAMENT** Friday, Oct. 2-Friday, Oct. 16, requires all trout to be caught by fishing on foot (surf, pier, inlet or sound) from Fort

Macon, Atlantic Beach to Emerald Isle. For information or to register, call 252-354-6350.

**RARE, ANTIQUARIAN AND USED BOOK SALE** noon to 4 p.m. Friday, Oct. 2 and 9 a.m. to 4 p.m. Saturday, Oct. 3, at the History Museum of Carteret County, formerly the History Place, 1008, Arendell St. in Morehead City. During the weekend of the Seafood Festival, the sale will feature some real treasures, including thousands of titles that range from new, gently used volumes of fiction, to rare one-of-a-kind books not available anywhere else for the price. There will also be books on local interest, cookbooks, genealogical tracks, and other out-of-print titles going for a fraction of their original sale price. For most paperbacks, .50 cents will buy a good read. Most hard backs volumes will sell for just \$1. Paying \$5 to park at the museum during the festival, will allow festivalgoers to receive a coupon (valid for the duration of the book sale) worth \$1 towards a book purchase. This sale supports the Carteret County Historical Society's mission to collect, preserve and interpret the county's history. For more information, contact Steve Anderson, executive director of the History Museum of Carteret County at 252-247-7533.

**29<sup>TH</sup> ANNUAL NCSF TWIN BRIDGES 8K RUN** 8 a.m. Saturday, Oct. 3, just west of the Beaufort drawbridge on the Beaufort-Morehead City causeway. The Morehead City Parks and Recreation Department sponsors the race in conjunction with the N.C. Seafood Festival held on the Morehead City Waterfront the first weekend in October. The race will finish in front of the Bella Pizza and Subs on the Atlantic Beach Causeway. Race BibTag timing chips will be used to time the race. Race bib numbers must be worn on the racer's front and in an easily readable position. No runner will be allowed through the race finish chute if his or her number is not visible. This is a running event; walkers are not allowed.

**HARVEST TIME** 9 a.m. to noon Monday-Friday, Oct. 5-9 and 12-16. Demonstrations of Beaufort family life in the 1700s and 1800s will be featured in this Living History program designed specifically for fourth-grade classes. Children learn through hands-on activities and demonstrations by volunteers in period dress about food preservation, candle dipping, woodworking and corn harvesting techniques. There will be an admission charge for the program. For more information, call 252-728-5225.

**YOUTH TENNIS 'HOW TO PLAY TENNIS' WITH TONY PEREIRA** 4-5 p.m. Mondays from Oct. 5 to Nov. 9. It's \$70 for the six-week session for ages 11-13. Only for those that have taken beginners clinic. Registration is limited to six students. Participants must register by Sep. 30.

**DR. BOGUS FREE SURF FISHING SEMINAR** 6 p.m. Monday, Oct. 5, at Emerald Isle Parks and Recreation Community Center. For information, call 252-354-6350.

**FREE FRIDAY FLICKS** 7 p.m. Friday, Oct. 9, at the Emerald Isle Parks and

Recreation gymnasium. Movies are family oriented, and fee to the public. Children must be accompanied by an adult. Popcorn and drinks are available for \$1. Bring chairs or a blanket. No outside food or beverages. Call 252-354-6350 for movie title one week prior to showing.

**CARTERET COUNTY VETERAN STAND-DOWN** 10 a.m.-2 p.m. Thursday, Oct. 15, at the National Guard Armory in Morehead City. 10-11 a.m. is for veterans only. The purpose of a veteran stand-down is to provide a wide range of support services at one location for homeless veterans, disabled veterans and all military. Veterans need to bring some form of veteran ID. For more information, contact Rebecca Sotirkys at 252-726-7151 ex. 204.

**FALL IN THE WATER MEET** 1-5:30 p.m. Saturday, Oct. 17, at Gallants Channel, an extension of the N.C. Maritime Museum at 172 West Beaufort Road, Beaufort. Free boat rides and ticketed event barbecue. For information, visit [www.ncmaritimemuseums.com](http://www.ncmaritimemuseums.com).

**AIDS TO NAVIGATION CLASS, DINNER, AND HARBOR CRUISE** 3 p.m. Saturday, Oct. 17, at the Sanitary Fish Market and Restaurant. Registration is at 2:30 p.m. Dinner follows the class at the Sanitary and is included in the cost. Following dinner, participants will board the *Carolina Princess* and see channel markers, ranges and other aids, during daylight and again during twilight cruising Bogue Sound and Beaufort Inlet channel. Debarkation after the cruise is at 8 p.m. The cost for the event is \$50. Contact David L. Aitken by email [dlaikeng@gmail.com](mailto:dlaikeng@gmail.com), or at 252-503-7124, and by mail with a check to Navigation Cruise, P.O. Box 1403, Morehead City N.C. 28557. Registration and payment made out to "FMSPS" must be received by Thursday, Oct. 1.

**FALL FUNDRAISING PARTY** 6:30 p.m. Saturday, Oct. 17. This gala fundraising party will be held in a Beaufort home and will feature the works of a selected artist. The artwork will be available for sale. There will be an admission charge. For more information, call 252-728-5225.

**FIRST AID AND CPR CERTIFICATION CLASS** 9 a.m.-1 p.m. Thursday, Oct. 22, at the Community Center, 7500 Emerald Drive, Emerald Isle. There will not be a break for lunch, but snacks are welcome. Maximum class size is nine. A minimum of six students is required. Certification class fee is \$35 and is due at time of registration, no exceptions. There are no textbook fees. Participants must pre-register and prepay for this class. To register, contact Sarah McNally at 252-354-6350 or [smcnally@emeraldisle-nc.org](mailto:smcnally@emeraldisle-nc.org).

**AMERICAN RED CROSS BLOOD DRIVE** 2-7 p.m. Friday, Oct. 23, at Emerald Isle Parks and Recreation Community Center. For more information, call 252-354-6350.

**'ABOUT BOATING SAFELY'** Saturday, Oct. 24, at Carteret Community College. This course will be taught by the Morehead City Coast Guard Auxiliary. This NASBLA approved seminar will

meet all requirements necessary to satisfy N.C. laws for recreational boating certification. The course is suitable for beginning boaters or for the more experienced boater who may wish to remain current on boating requirements and regulations. Fee for materials is \$25 with a family discount available. For additional information, or to enroll contact Ben Crabtree at 252-808-3091 or [benandlibbie1@embarqmail.com](mailto:benandlibbie1@embarqmail.com). Space is limited and advanced pre-registration is strongly encouraged.

**TUNA RUN 200** an overnight relay adventure in which a team runs an accumulation of 200 scenic miles to finish at the beach for tuna and drinks. The event starts at Lake Benson Park in Garner and finishes in Atlantic Beach. Teams are typically composed of four to 12 runners who split up 36 legs. For information, email [info@tunarun200.com](mailto:info@tunarun200.com).

**HALLOWEEN CARNIVAL** 6-8 p.m. Friday, Oct. 30, at Emerald Isle Parks and Recreation. Event features an art activities where participants create a glow-in-the-dark mural, a photo booth, safety identification kits and trunk-or-treat. For information, call 252-354-6350.

**RUN YOUR 'BOOTY' OFF** 9 a.m.-noon, Saturday, Oct. 31, at Katherine Davis Park. For more information or to register, visit [www.bgccc.net](http://www.bgccc.net).

**TOWN OF EMERALD ISLE TRICK OR TREAT** 6-8:30 p.m. Saturday, Oct. 31. Emerald Isle will officially observe Halloween Trick or Treat. For Halloween safety tips, information on the Town's annual Halloween carnival and fun Halloween ideas, visit [www.emeraldisle-nc.org](http://www.emeraldisle-nc.org).

**KINDERGARTEN THANKSGIVING** 9-11:30 a.m. Monday-Friday, Nov. 2-6, and Nov. 9-13, open to kindergarten classes where children visit Beaufort Historic Site to learn how life was long ago. For reservations, call 252-728-5225 or email [pr@beauforthistoricsite.org](mailto:pr@beauforthistoricsite.org).

**BOAT SHOP BASH** 6:30-10 p.m. Saturday, Nov. 7, at the Harvey W. Watercraft Center, Beaufort. The fundraiser helps support the Friends of N.C. Maritime Museum and includes music, food and live and silent auctions. Tickets are available online at [www.ncmaritimemuseums.com](http://www.ncmaritimemuseums.com) or by calling 252-728-7317.

**FRIDAY FREE FLICKS** 7 p.m. Friday, Nov. 13, at the Emerald Isle Parks and Recreation gymnasium. Movies are family oriented. Free and open to the public, children must be accompanied by an adult. Popcorn and drink for \$1. Please bring chairs and or blankets, no outside beverages or snacks. Call 252-354-6350 for movie title one week prior to showing.

**TRADITIONAL BOATBUILDING CARPENTRY COURSE** 9 a.m.-4:30 p.m. Saturday and Sunday, Nov. 14 and 15, at the Harvey W. Watercraft Center. Traditional techniques, developed to solve woodworking problems unique to vernacular boatbuilding, are taught in this hands-on workshop. Participants

work as a team to construct a twelve to fourteen-foot version of a traditional "rack of eye" flat-bottomed skiff. In the process they learn how to set up the boat, splice and bend planks, plane bevels, erect framing, and explore fastening options and the characteristics of traditional boatbuilding woods. The course fee is \$135. Minimum age is 16 years old. This course counts as a pre-requisite for the Nine-Day Boatbuilding Course. Advance registration is required. For more information, call 252-728-7317.

**JUMBLE SALE** 9 a.m.-3 p.m. Saturday, Nov. 21, at the Beaufort Historic Site, featuring a community market offering art, crafts, holiday gifts, food and more. No admission charge. For vendor information, call 252-728-5225 or email [pr@beauforthistoricsite.org](mailto:pr@beauforthistoricsite.org).

**COMMUNITY THANKSGIVING FEAST** 11:30 a.m.-1 p.m. Sunday, Nov. 22, on the grounds of Beaufort Historic Site, for a traditional turkey dinner provided by some of the area's finest restaurants. Dinners are available for take-out or for dining under the tent. To purchase tickets, call 252-728-5225.

**EMERALD ISLE CHRISTMAS PARADE** 3 p.m. Saturday, Nov. 28, along Highway 58 in Emerald Isle. Following the parade, the lighting of the Christmas tree will take place at Merchant's Park.

**FOURTH ANNUAL HOLIDAY ARTS AND CRAFTS FAIR** 8 a.m.-6 p.m. Saturday, Nov. 28, at the Emerald Isle Parks and Recreation gymnasium. The Fair will feature all handmade or hand-authenticated items from local artisans and crafters. For more information or to become a vendor, contact Lainey Gottuso at 252-354-6350 or [lgottuso@emeraldisle-nc.org](mailto:lgottuso@emeraldisle-nc.org). There is no application deadline but space is limited and expected to fill up quickly.

**CRYSTAL COAST CHRISTMAS FLOTILLA** 5:30 p.m. Saturday, Dec. 5, featuring lighted boats, yachts, oars, kayaks and commercial vessels decorated for the season. Boats can be seen along Morehead City's downtown waterfront at 5:30 p.m., and at 6:15 p.m. at Beaufort. Cash prizes are awarded. To register, call 252-728-7317 or visit [www.ncmaritimemuseums.com](http://www.ncmaritimemuseums.com).

**CORE SOUND WATERFOWL WEEKEND** Friday-Sunday, Dec. 4-6, at Core Sound Waterfowl Museum and Heritage Center, Harkers Island. Experience an array of educational exhibits and competitions along with arts and crafts. For more information, visit [coresound.com](http://coresound.com).

**28<sup>TH</sup> ANNUAL CORE SOUND DECOY FESTIVAL** Saturday-Sunday, Dec. 5-6, Harkers Island School. More than 90 vendors will display and sell decoys, artwork and waterfowl artifacts. Events include a decoy competition, children's decoy painting, retriever demonstrations, decoy auction, decoy head carving contest and the world famous loon calling competition. For information, call the Core Sound Decoy Carvers Guild at 252-838-8818 or visit [www.decoyguild.com](http://www.decoyguild.com).

# NIGHTLIFE CALENDAR

## Morehead City

**FLOYD'S 1921 RESTAURANT:** Mac N Juice Friday, Sept. 18; **The Ends** Saturday, Sept. 19; **Blue Moon Jazz featuring John Van Dyke** 7-10 p.m. Saturday, Sept. 26.

**SNAPPERZ GRILL AND STEAM BAR:** 4EverAll 7-10 p.m. Saturday, Sept. 19, Friday, Oct. 2 and Saturday, Oct. 24.

## Atlantic Beach

**AMOS MOSQUITOS:** Karaoke 5-9 p.m. Thursdays.

## Beaufort

**RIBEYES: Morris Willis** 8 p.m. Tuesdays.

**THE DOCKHOUSE:** 4EverAll 9 a.m.-1 p.m. Friday, Sept. 18.

**AQUA RESTAURANT:** WineOrama Wine Tasting 6 p.m. Tuesday, Sept. 29. Taste four wines with an industry expert and take home your favorites. Cost is \$10. Reservations accepted by the phone at 252-728-7777 or online at aquaexperience.com.

## Emerald Isle

**FLIPPER'Z FAMILY BAR & GRILL:** 4EverAll 6:30-9:30 p.m. Fridays, Sept. 25 and Oct. 30.

## Cedar Point

**HARRIKA'S BREW HAUS:** Tastings 6-9 p.m. each Thursday; **Music and \$3 Drafts** 7-10 p.m. Fridays, includes open microphone, live karaoke and duets or solo acts with \$3 draft beer; **Biergarten** 7-10 p.m. Saturdays featuring live entertainment for visitors to enjoy while sipping beer. Drink specials are also available. 4EverAll 6-9 p.m. Saturday, Sept. 26.

## Swansboro

**BORO CAFÉ: John Nelson** 6-9 p.m. Friday, Sept. 18.

*Submit nightlife entertainment events to Megan. Sault@thenewstimes.com by 5 p.m. each Tuesday to be included in upcoming weekly publications of This Week magazine. Events are posted based on availability and participation of submissions.*



### Mac N Juice

Mac N Juice will perform on Friday, Sept. 18, at Floyd's 1921 in Morehead City. (Contributed photo)

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## 'Downton Abbey' tea to ready viewers for new season

The Friends of Swansboro Library will hold a special event for those waiting for the next season of "Downton Abbey" to arrive.

The new season will air on Sunday, Jan. 3, 2016, on PBS in the United States. While viewers wait, a "Downton Abbey" Tea will

be from 2-4 p.m. Sunday, Sept. 20, at the Downtown Chapel, 16 Main St. in Swansboro.

Tickets will be sold at the Swansboro Library for \$25 a ticket. Only 60 tickets will be sold.

Door prizes and prizes for the best hat and costume will be included in the event's festivities.

As well as the prizes, there will be a silent auction and live entertainment.

All proceeds will go to the Friends of Swansboro Public Library, who fund and support library programs and services.

For more information, call 910-326-4888.

## Nightmare Factory to open for Halloween season

Eastern North Carolina Professional Haunted House Attraction will open for its ninth season, bringing thrills and chills

to area teens and adults.

The Nightmare Factory in Havelock will be open at 7 p.m. every Thursday, Friday and

Saturday starting Friday, Sept. 18, and running until Saturday, Nov. 14.

The Nightmare Factory is a veteran-owned business designed to provide Halloween-themed entertainment.

The Nightmare Factory features eight walk-through attractions, with tickets starting at \$15.

New this year is the free "Trail" outdoor attraction, "Rated G" and designed for younger guests and families.

Also new is the "Confined" one-hour long room-escape experience, available by reservation, where guests must find clues and solve puzzles to complete the challenges required to escape.

"This Halloween season, the Nightmare Factory Haunted Attraction is excited to provide teens, adults and families in Eastern

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**FACTORY | CONTINUED ON 16**

# Trinity Center to host artist retreat

Artists of all levels have the chance to explore their creativity while surrounded by egrets, skimmers, oyster catchers, pelicans and the beauty of Bogue Sound during an artist retreat set for Friday, Sept. 18, to Monday, Sept. 21, at the Trinity Center in Pine Knoll Shores.

This retreat offers artists the luxury of time and exploration while they work on their artwork.

"It's a time to relax and explore, to do the things you love to do but have never allowed yourself the luxury of doing," said Jacqui Mehring, a fiber artist and landscape designer originally

from Scotland.

Ms. Mehring and Roxboro artist Chrystal Hardt will lead workshops in drawing, painting and collage for artists of all levels.

The retreat costs \$425, which includes three nights' accommodation and all meals and tuition.

According to Ms. Mehring, one major goal of the retreat is to banish the self-doubt that often plagues people when they contemplate taking an art class.

Dao Dang, 33, who owns a day spa in Greensboro, went to the retreat last year. She hadn't painted since seventh grade. She'd been put off by an art teacher

who'd insisted you either had artistic talent or you didn't. Ms. Dang was convinced she didn't.

The retreat gave her the courage to try painting again.

"I love Jacqui's teaching style," Ms. Dang said. "She was really encouraging. I'm a novice when it comes to art, but Jacqui explained things to me in a way that was so easy to understand."

Ms. Mehring added that the retreat is also for experienced artists who need a confidence boost.

"It's not only beginners who have this block, who fight against this negative belief. I got criticized in a painting class," Ms. Mehring

said. "I lost my love for painting for many years. This kind of harsh criticism builds up a lack of belief in your own creativity. The retreat is a chance to put this behind you."

Ms. Hardt, a painter, photographer and sculptor, agrees that every person can access the creative spark in them.

"With the right environment and encouragement, people open up to a creative journey that enriches their lives and leads to all kinds of abundance in thought and action that would never take place otherwise," Ms. Hardt said.

Both Ms. Mehring and Ms.

Hardt believe that the Trinity Center, with its scenic Salt Marsh Trail and proximity to all the beauty of the Crystal Coast, is the perfect place to start that journey.

Ms. Mehring has a degree from the Scottish College of Textiles and a master's in design from the College of Design at N.C. State University.

She worked for over 20 years as a textile designer, creating fabrics for clients from all over the world.

Most recently, she won honorable mention in "Intertwined

TRINITY | CONTINUED ON 16

## LIBRARIES | FROM PAGE 11

The program at Western Carteret Public Library starts at 7 p.m. every other Tuesday from Sept. 22, until Nov. 17.

All of the books in this series were published by writers who have moved beyond the hometowns of their youth, yet these novels take a long look back, not for nostalgia's sake but in order to bear witness to the full panoply of time's interactions with place, memory and family.

The eyes and voices that show and tell these stories are generally those of the young, as well, so they ask us to remember those indelible sites of our own first lessons.

As novelist, essayist, teacher, editor and publisher, no single figure has done more to discover the literary South than Louis Rubin.

Mr. Rubin began his study of Southern literature in the 1950s, and while the South has changed dramatically in the ensuing years, the books in this series retain distinctive qualities of the "Southernness" that he noted then.

Since Mark Twain's time, he tells us, the best Southern novels present the remembered life of a small community existing within the contest of time and change.

"The Southerner always thinks of himself as being from somewhere, as belonging to some spot on earth," author Eudora Welty said, and the writers of this series acknowledge a "spot on earth" at their narratives' core.

However, belonging does not keep their characters from experiencing loss and disruption or from longing to escape. Change is inevitable-and the changes here

are universal ones: in each novel, it is a marriage ceremony that starts the old patterns crumbling.

Each novel also demonstrates the diversity of Southern people. The region these books travel is home to coal miners, African-American peach growers, white tenant farmers, Jewish storekeepers, Pentecostal preachers and Rockabilly crooners.

Nowhere to be seen are the outworn stereotypes of belle and mammy, poor white trash, and cotton baron. The stories heard, in distinctive accents, build a South that is both traditional and contemporary, in its problems and its resolutions.

In the South, these books depict distrustful neighbors, insiders and outsiders, learn how to share recipes, raise children, make a living and even bury their dead.

In each novel there is a porch, and readers are invited to come on up, sit down, listen, and ask all the questions they dare.

The five books for this fall's series are *A Virtuous Woman* by Kaye Gibbons with speaker Michelle Manning, MAT, MFA of UNC-Wilmington; *The Coal Tattoo*, a novel by Silas House with speaker Tom Douglass, Ph.D. of East Carolina University; *Clover* by Dori Sanders with Ms. Manning; *Gap Creek: The Story of a Marriage* by Robert Morgan with speaker Rebecca Godwin, Ph.D. of Barton College; and *The Jew Store* by Stella Suberman with Ms. Manning.

All sessions will be held in the Western Carteret Public Library, 230 Taylor Notion Road in Cape Carteret.

The sessions run from 7 to

8:45 p.m. and are free and open to the public. Light refreshments will also be served.

For more information, call 252-393-6500 or visit the library's web site: [carteret.cplib.org/western/](http://carteret.cplib.org/western/).

This project is made possible by a grant from the N.C. Humanities Council, a statewide nonprofit and affiliate of the National Endowment for the Humanities.

Let's Talk About It is a joint project of the N.C. Humanities Council and the N.C. Center for the Book, a program of the State Library of North Carolina, Department of Cultural Resources, and an affiliate of the Center for the Book in the Library of Congress.

Friends of the Carteret County Public Library and Friends of Western Carteret Public Library provide matching funds for the Let's Talk About It book series.

## SWEEP | FROM PAGE 10

groups in the Adopt-A-Highway program, which removed almost four million pounds of litter during calendar year 2014.

There are many sections of highway available in North Carolina for adoption in all 100 counties.

Applications for Adopt a Highway can be initiated by visiting [www.ncdot.gov/programs/AAH/](http://www.ncdot.gov/programs/AAH/).

Questions regarding application for Adopt a Highway and the sections available can be directed to a local county coordinator or by contacting Mike Causey, Adopt-A-Highway coordinator at 919-707-2956.

According to Mr. Causey, volunteers have a large impact on the community.

"The combined effort of all our Adopt-A-Highway volunteers has a tremendously positive impact

on our roadsides and communities in North Carolina," said Mr. Causey. "I hope many new volunteer groups will see the benefit to their communities and sign up to Adopt-A-Highway on our website."

For more information about

Litter Sweep, call 1-800-331-5864 or visit the Office of Beautification website and click on "Litter Sweep."

For real-time travel information, call 511, visit the Traveler Services section of [NCDOT.gov](http://NCDOT.gov) or follow NCDOT on Twitter.

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# Zumbathon raises money for children with cancer

BY MEGAN SOULT  
NEWS-TIMES

Rows of people lined the floor and shook what their mama gave them Sept. 12 during the third annual Zumbathon for Charity: Raising Funds for Children Fighting Cancer.

The Zumbathon took place at the Cape Carteret Aquatic and Wellness Center, where 116 people gathered to support seven families with children fighting or recovering from cancer.

The goal for this year's Zumbathon was to raise \$7,000 for the families and the event came close to the halfway mark, pulling in \$3,076.24.

Funds were raised with 50/50 raffle tickets sold prior to the event for a chance to win up to \$1,000, with more raffle tickets purchased at the event for other items businesses donated.

All of the money raised from the raffle tickets was to be divided equally between the seven families to help cover hotel costs, food, gas, copays and more.

Zumba is a dance fitness program created by Colombian dancer and choreographer Alberto "Beto" Perez during the 1990s. During a Zumbathon, participants hit the floor to dance for five hours, with some breaks.

Evelyn "Cookie" Rodriguez, founder of the Zumbathon, got the idea for the charity event three years ago when she "liked" a Facebook post of a little boy with cancer.

"I read the post and was blown away to read that this young boy had cancer," Ms. Rodriguez said. "I always knew cancer existed in children, but never knew a child with cancer."

Soon another child fighting cancer appeared on her newsfeed. Ms. Rodriguez decided to help her by sending \$25 for a raffle ticket for a free laptop.

With so many children showing up on her newsfeed, Ms. Rodriguez knew she wanted to do something more to help.

In 2013, she decided to hold a Zumbathon, with all the proceeds donated to actual families and not organizations.

"I realized they (organizations) do their best to help families, but I needed immediate satisfaction to know that I was making a difference," she said.

Before the event started, all participants were given day-glow yellow shirts to show unity for the children fighting cancer. Each person was able to take a shirt to a cutting station where they could cut and style them

to give them an individual flair, lopping off sleeves or making holes.

To keep the event going, 15 instructors led the dance exercise marathon. Some instructors joined because of their love for dance.

Amy Sweet, of Swansboro, has been a dancer all of her life and has been teaching Zumba since 2013. She loves the fun the exercise offers.

"My favorite part is seeing everybody have fun," Ms. Sweet said. "You don't even realize that you are working out, and you burn 500 to 800 calories before you know it. It's for any fitness level, for any age, old or young."

For other instructors, joining the Zumbathon was more of a personal journey.

Instructor Glenn Wible, of Swansboro, was diagnosed with Hodgkin lymphoma in October 2009. A year later, on April 1, he went for his last chemo treatment.

"I am a cancer survivor. It's a very personal journey for me," Mr. Wible said.

His wife, Mary Wible, added they were glad to help anyone



Attendees dance during a Zumba battle at the third Zumbathon for Charity Sept. 12 at Cape Carteret Aquatic and Wellness Center. (Megan Soult photo)

going through the same journey.

Mr. Wible started taking Zumba classes while he was undergoing treatment and started teaching after the treatment was over.

Once the Zumbathon started, participants hit the floor and danced their hearts out by following the instructors' movements.

To keep things from getting repetitive, the instructors led a Zumba battle. The dancers separated into two groups on the floor. One side of the room would demonstrate a dance, and the other side would copy the movements.

Though the event provided a fun atmosphere for those participating, the reason for attending was clear. The families were grateful for all of the support they were given.

"It's good to see all of the support," said Angela Graves. Ms. Graves' 9-year-old son was recently cleared of lymphoblastic lymphoma.

Ms. Rodriguez hopes to raise even more money at next year's Zumbathon. To learn more about Ms. Rodriguez's Zumbathon efforts, visit the Facebook page.

## FACTORY | FROM PAGE 14

North Carolina with safe and exciting entertainment at an affordable price," said the Nightmare Factory owners in a press release.

The Nightmare Factory and its Side Show Circus featuring fire-breathing zombies, performing clowns and more, also partner with local and national charities, organizations and family fundraisers to provide characters for events, ticket giveaways and dona-

tions from ticket sales.

The Nightmare Factory and its Side Show Circus will support the "Zombie Walk for Autism" in Onslow County; "Riley's Army," an organization aimed at providing support to children with cancer and their families in Eastern North Carolina; and the "Multiple Sclerosis Society" through the "Picture A Cure for MS" annual event.

For more information, visit their social media pages or www.nightmarefactorync.com.

## TRINITY | FROM PAGE 15

2015: Contemporary Southeastern Fiber Art," a traveling exhibit by The Southeastern Fiber Art Alliance.

She has taught arts and crafts classes at the John C. Campbell Folk School, the ArtsCenter in Carrboro and Carolina Friends School.

Ms. Hardt is a visual artist with 30 years of experience painting and encouraging others in their creative endeavors.

She recently completed a mural for the Kirby Cultural

Arts Complex, as well as a portrait commission for the lobby.

Her work has been accepted into four juried shows at the Durham Arts Council and won Best in Show in 2010.

She previously taught art appreciation at Piedmont Community College and now offers art classes at Kirby Cultural Arts Complex and her home studio, helping students overcome inhibitions.

For more information, contact Jacqui Mehring at 336-269-2532 or jacquelinemehring@yahoo.com.

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