

# this week magazine twm

Volume 39 Issue 42 • 10|25|18 - 10|31|18



Frightening, familiar  
characters to appear  
during Halloween



# this week

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A Sunday morning sunrise is captured right before it disappears into the clouds over Core Sound in Atlantic in this photograph by Jerry Nordskog.

To see your photograph in this space, email it and a short caption to [megan.soult@thenewstimes.com](mailto:megan.soult@thenewstimes.com), share it with us on our This Week Magazine social media feeds or mail hard copies with a postage-paid envelope if you would like the photograph returned to you.

**ON THE COVER:** Leah and Brian Sisk, employees with Carolina Party Inc. in Swansboro, are shown with some of this year's most popular Halloween costumes. (Brad Rich photo)

## CONTACT INFORMATION

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Include the event time, date, location including address, admission price and contact information.



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# Popular costume ideas, holiday events listed

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BY MEGAN SOULT

NEWS-TIMES

With Halloween quickly approaching, there are tricks and screams around every corner, but there are few things scarier than facing the holiday without the perfect costume.

Luckily, Carolina Party Inc. in Swansboro has a costume for everyone who plans to participate in good-natured Halloween fun.

This year there are plenty of costume choices and Carolina Party Inc. President Diane Delorier said the choices vary.

"Boys and girls have their picks.... so do adult men and women," Ms. Delorier said Oct. 22 in an email interview. "One thing is for sure is that shopping has been steady and strong. After Hurricane Florence and the devastation, so many people/families have endured, our customer is looking for every opportunity to dress up and enjoy not only Halloween, but the Trunk or Treats and fall festivals in our areas."

Ms. Delorier took a survey of the costumes sold this year and sent the *News-Times* this year's top selections.

#### Top costumes for boys:

- Michael Myers
- Black Panther
- Chucky
- Freddy Kruegger
- The Flash
- Harry Potter
- "Star Wars" costumes with Darth Vader also a favorite
- Spider-Man
- Ninjas
- Skeletons and other classic horror costumes
- Mario and Luigi from Super Mario
- Minecraft characters Creeper and Steve



Costumes like those shown here are all popular choices for children and could show up at trunk-or-treat events and doors this Halloween. (Carolina Party Inc. Facebook photo)

- Master Chief from Halo
- Power Rangers

"For many boys, it is all about the toy weapon that will go along with their costume," Ms. Delorier said. She said dinosaurs, superheroes and "Paw Patrol" characters are also popular costume choices.

#### Top costumes for girls:

- Moana
- Dorothy from the "Wizard of Oz"
- Wonder Woman
- Harley Quinn
- Belle and Ariel (Disney princesses)
- Unicorns
- Mermaids
- Characters from the "Descendants 2", especially the character Uma
- Zombie cheerleaders
- Vampirina (an animated series)

- Poppy from Trollz

#### Adult women:

- Wonder Woman
- Rey from "Star Wars"
- Dorothy
- Pirate
- Flappers
- Catwoman
- Disney princesses like Belle and Cinderella
- Harley Quinn
- Shark
- Deer
- Unicorn
- White, gray or black "horror" robes to be whoever they want to be

#### Adult men:

- Mr. Incredible
- Harry Potter
- Black Panther
- Deadpool
- "Jurassic World" Inflatable

Carolina Party Inc. sells costumes year-round.

"We also sell baby costumes and pet costumes and naturally our customers are looking to dress them up in any one of many categories... looking to achieve the cute factor," she said.

#### Trunk-or-treat

- Davis Free Will Baptist Church will have a trunk-or-treat from 5-7 p.m. Saturday, Oct. 27 at the Scout Hut in Davis Shore.
- Glad Tidings Church in Morehead City will hold a Table or Treat from 4 to 6 p.m. Sunday, Oct. 28 in the Family Life Center. Children are invited to dress up in nonscary costumes and come by for free candy at decorated tables.
- St. James United Methodist Church of Newport will hold a "Halloween Parade and Trick or Trunk Treats" night at 6 p.m. Sunday, Oct. 28 in the Community Life Center. A hot dog dinner will be provided. After the meal, children will be invited to parade around the CLC in their nonscary costumes, followed by getting treats from trunks of church members in the parking lot. Participating families are asked to bring a side dish to share. Hot dogs, condiments and drinks will be provided.

Dinosaur and other inflatables

- Pirate
- Scary clowns, especially Pennywise from "It"
- Superheroes such as Superman, Thor and The Flash
- "Classic killers" such as Michael Myers and Chucky
- Mad Hatter from "Alice in Wonderland"

Ms. Delorier said they sell other types of costumes, as well.

HOLIDAY | CONTINUED ON 6

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Purchase tickets online at [amctheatres.com](http://amctheatres.com).

“A Star is Born” ..... 2 hours 16 minutes, rated R  
 “Goosebumps 2: Haunted Halloween” .....  
 ..... 1 hour 30 minutes, rated PG  
 “Venom” ..... 1 hour 52 minutes, rated PG-13  
 “The House with a Clock in its Walls” .....  
 ..... 1 hour 45 minutes, rated PG  
 “Night School” ..... 1 hour 51 minutes, rated PG-13  
 “First Man” ..... 2 hour 21 minutes, rated PG-13

## EMERALD PLANTATION:

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Matinee tickets cost \$8.25 for adults, military and seniors, and \$7.25 for children. Regular tickets cost \$9.75 for adults, \$8.75 for military and seniors, and \$8.25 for children.

A link to purchase tickets is at [emeraldplantationcinema.com](http://emeraldplantationcinema.com).

“A Star is Born” ..... 2 hours 16 minutes, rated R  
 “Venom” ..... 1 hour 52 minutes, rated PG-13  
 “Night School” ..... 1 hour 51 minutes, rated PG-13  
 “First Man” ..... 2 hour 21 minutes, rated PG-13

## ATLANTIC STATION:

1010 W. Fort Macon Road, Atlantic Beach  
252-247-7016

Matinee tickets cost \$8.25 for adults, military and seniors, and \$7.25 for children. Regular tickets cost \$9.75 for adults, \$8.75 for military and seniors, and \$8.25 for children.

A link to purchase tickets is at [atlanticstationcinema.com](http://atlanticstationcinema.com).

Theater currently closed due to damage from Hurricane Florence.

# Have a Netflix night

## Review: ‘Gnome Alone’ follows the formula, misses mark

BY MEGAN LEWIS

NEWS-TIMES

With John H. Williams, who worked on “Shrek,” as one of the producers, it’s easy to come into “Gnome Alone” with high expectations.

As with any movie like “Shrek” that strikes it big in the box office, it was predictable that producers would turn it into a paragon formula for animated success, but like any successful film, there are some things there’s just no accounting for in a formula.

“Gnome Alone” does all the things, A plus B that should equal C, for success, and it’s not a bad movie, but it lacks some small sparkle that all the great animated works seem to have.

As it starts out, “Gnome Alone” introduces its main characters quickly. Chloe (voiced by Becky G) is a typical – read stereotypical – teenager, and her mom is the flighty but upbeat sort who presumably cares for her daughter between work calls, business trips and moves.

“Gnome Alone” also sets up the action quickly. The audience is dropped right into the middle of what is clearly another move in a string, this time to “Frankenstein’s castle.” The old house, aptly described as, “Victorian, post-modern, classical abandon” by their new neighbor Liam (voiced by Josh Peck) is suitably creepy on the outside and gets no better when the electricity is a no-go indoors. Even creepier are

the “tiny Santas” that seem to spring out of nowhere as Chloe’s mom opens the curtains on the windows. Later, the gnomes follow Chloe to a secret room with a glowing green rock.

The plot rolls on, and soon viewers learn all about the interdimensional war between gnomes and troggs, hungry little creatures that look like they might make a great parallel for teenagers initially.

It’s this area of the movie that fizzles. The mandatory message (like “Shrek’s” love yourself and others as they are) gets lost at least two ways.

First, it tries to gnaw on too many ideas, like the trogg who devours the entire contents of their refrigerator on Chloe’s first night alone at the house.

There’s the potential parallel of troggs and teenagers, which goes nowhere, as well. The stereotypical teenager and parent relationship gets wrapped up with a neat bow while none of the actual issues, whatever they may have been, are addressed. The teenagers’ love affair with cellphones turns into a mere plot device.

The real message turns out to be about “real friends,” which also falls prey to stereotypical high school tropes à la “Mean Girls,” right down to the trio of popular girls who inexplicably talk to the new girl right away and the queen bee’s good-looking ex, who is also interested in the new girl.

Finally, the real failing of the message, where it probably

could have been saved from those hungry troggs, is that it is too heavy handed.

From the script, to the lighting to the music and lyrics (appropriately pop as formula demands), the message is DRAMAT-IC.

Even for teenagers, who would get the most from it, this movie’s message hits like a mega-trogg.

That being said, it’s cute enough for a younger audience with plenty of gags that should bring giggles, so feel free to watch this movie with the children and enjoy it as a family. It’s tagged for families with children ages 5 to 7 on Netflix. Just don’t be surprised if any teenagers in the house tune out or take offense. I would if I were them.

Also, don’t expect any leaps forward in animation. It’s the fare audiences have come to expect in the age of Pixar.

This animated Netflix release, a Vanguard Animation film brought to life by 3QU Media and in association with Cinesite Studios, SC Films International and Comic Animations, is rated PG and runs 1 hour and 25 minutes. It earns two stars out of four.

IMDb.com summarizes the work on its website: “When Chloe discovers that her new home’s garden gnomes are not what they seem, she must decide between the pursuit of a desired high school life and taking up the fight against the Troggs.”



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# Try the trendiest flavors tonight: New seasonings make it easy

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## GRILLED CHICKEN SHAWARMA

Prep time: 10 minutes

Cook time: 16 minutes

Servings: 8

1½ cup plain Greek yogurt, divided

5 teaspoons McCormick Gourmet Organic Shawarma Seasoning, divided

2 tablespoons olive oil

1 tablespoon fresh lemon juice

1 teaspoon McCormick Gourmet Sicilian Sea Salt

2 pounds boneless, skinless chicken breast

4 pita pockets, halved

1 medium seedless cucumber, thinly sliced

8 lettuce leaves

In small bowl, mix 1 cup yogurt and 1 teaspoon shawarma seasoning. Cover and refrigerate until ready to serve.

In small bowl, mix oil, lemon juice, remaining yogurt, remaining shawarma seasoning and sea salt. Reserve 2 tablespoons of mixture; set aside.

Place chicken in large re-sealable plastic bag or glass dish. Add marinade; turn to coat well. Refrigerate 1 hour, or longer for extra flavor.

Heat grill or skillet to medium heat.

Remove chicken from marinade. Discard remaining marinade. Grill or sauté 6-8 minutes per side, or until cooked through and internal temperature reaches 165 F, brushing with reserved marinade.

Slice chicken into thin strips. Serve in pitas with cucumber, lettuce and yogurt dressing.



## SHAVED CARROT SALAD WITH POMEGRANATE HARISSA DRESSING

Prep time: 20 minutes

Servings: 5

¼ cup chopped fresh mint

3 tablespoons pomegranate juice

1 tablespoon honey

2 teaspoons McCormick Gourmet Organic Harissa Seasoning

½ teaspoon McCormick Gourmet Sicilian Sea Salt

¼ teaspoon McCormick Gourmet Organic Black Pepper, coarse ground

3 tablespoons extra-virgin olive oil

½ pound multicolor carrots, washed and peeled

½ cup shelled roasted pistachios

½ cup dried cranberries

3 cups baby arugula

¼ cup crumbled feta cheese

In large bowl, mix mint, pomegranate juice, honey, harissa seasoning, sea salt and pepper. Gradually add oil while mixing with wire whisk until well mixed. Set aside.

Trim carrot ends. Slice each carrot lengthwise into ribbons with vegetable peeler. In medium bowl, toss carrots with ¼ cup prepared dressing. Stir in pistachios and cranberries.

Arrange arugula on serving platter. Drizzle with remaining dressing and top with carrot mixture. Sprinkle with feta before serving.



## ZA'ATAR LABNEH

Prep time: 5 minutes

Servings: 8 (2 tablespoons each)

1 cup labneh (yogurt cheese)

2 teaspoons McCormick Gourmet Organic Za'atar Seasoning, divided

1 tablespoon olive oil

pita bread, for serving (optional)

pita chips, for serving (optional)

sliced fresh vegetables, for serving (optional)

In small bowl, mix labneh and 1 teaspoon seasoning until well blended.

Drizzle with olive oil and sprinkle with remaining seasoning.

Serve with fresh pita bread, pita chips or sliced fresh vegetables, as desired.

Find more recipe ideas at [McCormickGourmet.com](http://McCormickGourmet.com).

### Exotic menus:

Exotic flavors common in the Middle Eastern region of the world like harissa, za'atar and shawarma are having a moment, appearing on restaurant menus and in popular make-at-home recipes.

Now is the perfect time to give these flavors a try. Thanks to new global seasonings from McCormick Gourmet, the spice combinations are already blended for the ultimate taste and simplicity.

Made from high-quality herbs and spices, the seasonings are USDA-Organic certified and Non-GMO Project verified so you can feel good about the ingredients

used in your cooking. The expertly blended spices help create distinctive global-inspired dishes that take your home dining experience to the next level so you can explore these flavors from around the world without leaving the comfort of home.

- Za'atar: This traditional Middle Eastern blend of spices, including thyme, oregano and sesame seeds, is perfect for sprinkling on flatbreads, roasted vegetables, nuts or popcorn. It can also be mixed into hummus or oil for dipping.

- Harissa: A spicy flavor found in North African cuisine, this seasoning is made from a combination of chilies, warm spic-

es and mint. Add it to meat and veggies before roasting, stir it into cooked rice and grains, mix it into yogurt to make a dip or combine it with roasted bell peppers and oil to turn this spice into its namesake sauce.

- Shawarma: Often associated with the slow roasting of meat, this Middle Eastern street food favorite is made with cinnamon, coriander, cardamom and more. Use this seasoning to flavor an easy marinade for chicken, pork or steak.

Look for these flavors, as well as new Peruvian and Berbere seasonings in the spice section of retailers nationwide.

(Content and images provided by Family Features.)



# Seaside Arts Council's Performing Art Series opens

The Seaside Arts Council's ninth annual Performing Arts Series opened Oct. 21 with the fourth annual Sound to Sea Art Show and Sale.

"As with every fall event in the Swansboro area, the SAC's season has fallen prey to schedule changes and venue concerns," SAC President Jennifer Pearce said in a release. "Fortunately our opening event was unaffected."

The art show started at noon at the Trading Post in Emerald Isle, and from 3 until 5 p.m. there were refreshments, music by Justin Castellano and voting for awards.

The first concert of the year will now be part of the Mullet Festival.

"When Mullet Festival was moved to (Saturday and Sunday,) Nov. 10 and 11, we realized we could donate our Ryanhood concert to the festival to help provide entertainment," Ms. Pearce said. "We think the festival crowd will love this band as much as we do."

Two of last season's new editions, Bingo and a Sip and Paint are back this year in December and April, respectively.

"Everyone loved Bingo last

year. The community was so supportive with prize donations, and DJ Deaf Ears was an excellent emcee," said Angie Cooper, SAC vice-president. "The Sip and Paint was so good that we moved it to Bake, Bottle, Brew this year so we could give more people the chance to paint."

Christmas Bingo with DJ Deaf Ears is from 2 to 3 p.m. Sunday, Dec. 2.

Participants will be able to enjoy an afternoon of Bingo with a seasonal spin at Swansboro town hall.

There will be cash and prizes, as well as complimentary appetizers. This event is for those over the age of 18. The cost is \$20 for SAC members and \$25 for non-members.

One of the SAC's favorite musicians will be bringing something different to the series this year. SwanFest veteran Jack Ketner will have an art show in January at Bogue Sound Distillery in Newport.

"We'll have a tasting and a little bit of music too," Ms. Cooper said.

Participants will be able to peruse the art while tasting the

latest offerings at Bogue Sound Distillery, which is at 108 Bogue Commercial Drive. There will also be complimentary appetizers, and admission is free.

The final concert of the season will be the Malpass Brothers in February.

"We are extremely excited to have these boys back this year, and grateful to National Dodge for their presenting sponsorship to make it happen," Ms. Pearce said.

Currently this concert is scheduled for the Swansboro town hall community room, which SAC officials expect to be repaired by February.

For information on this show or any event on the schedule, visit [seasideartscouncil.com](http://seasideartscouncil.com) or the council's Facebook page.

The Performing Arts Series follows another highly successful run for SwanFest, the SAC's free Sunday night concerts on the Pug Pavilion stage on the Swansboro waterfront, and Emerald Fest, the free Thursday night shows at the Western Ocean Regional Access stage in Emerald Isle.

An annual membership in the Seaside Arts Council is \$35 for an individual. A family membership

– for up to four family members – is \$65 and a Friends of the SAC membership is \$125.

Platinum Sponsors (paid \$1,000) are Horizon's East Building Co., Carteret OBGYN, Southern Touch Painting, Jersey Mike's, Crystal Coast Dentistry, Valvoline Car Care, Bake Bottle & Brew, Candy Edventure, Saltwater Grill, Town of Swansboro, Pogie's, Through the Looking Glass, Ice House & Boro Cafe, Emerald Isle Realty, Sanders Ford, Transportation Impact and Jones Onslow EMC.

Gold Sponsors (paid \$500) are Cooper Investment Co., Franklin and Helen Cizerle, Atlantic Chiropractic, Swansboro Food & Beverage, Collins Barwick Mediation, Southern Coast Realty, Family Care Pharmacy, Hurst Realty, Battlefield Tire, Marine Chevrolet, Dudley's Marina, Allstate Insurance/Tammy Fry, Lake Nichole, Onslow Memorial Hospital, Genius for Hire, Molly Maids, The Cottages of Swansboro, Sewell Insurance, Church St. Pub, George's Cigar Shoppe, N.C. Arts Council, Swansboro Music and Pawn, June and Paul Buchanan, Swansboro Dance Studio and Rockin' Game Party.

# La Musique Club seeks contestants

La Musique Club is now accepting contestant applications for the 29th annual Miss La Musique pageant to be held at 6:30 p.m. Saturday, Nov. 17 at West Carteret High School. The location is subject to change.

There are five categories: Baby Miss for 3-4-year-olds; Tiny Miss for those in kindergarten through second grade; Little Miss for contestants in third through fifth grade; Junior Miss for those in sixth through eighth grade; and Miss La Musique for high school students.

Contestants are judged on the basis of an on stage interview with the emcee and an evening gown and talent competition. There is no talent competition for Baby Miss and Tiny Miss contestants.

There is no charge to enter the pageant. For an application or further information, write to Rachel Mundine, 580 Lake Road, Newport, NC 28570 or call 252-223-4538.

The deadline for applications is Saturday, Oct. 27.

try not to slurp  
WE DARE YOU



## HOLIDAY | FROM PAGE 3

- Harlowe United Methodist Church will hold a Trunk or Treat from 4 to 6 p.m. Saturday, Oct. 27.
- First United Methodist Church in Morehead City will hold a trunk-or-treat from 5 to 6 p.m. Sunday, Oct. 28. There will be trunks, games and hot dogs. The community is invited to attend

this family-friendly, free event.

### Trick-or-treat times

Check with your towns to see if they have a specific trick-or-treat time scheduled.

### Halloween events

Emerald Isle will host a Halloween Carnival from 6 to 8 p.m. Friday, Oct. 26 in the

Community Center gymnasium. The carnival will include a glow-in-the-dark mural, face painting, photo booth, cake walk, ID kits by the Emerald Isle Police Department and more. The admission fee is two bags of candy per child. For more information, call 252-354-6350.

Atlantic Beach will host a free

**HOLIDAY | CONTINUED ON 7**

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# Spooky titles offered at county libraries

BY CHUCK WATERS

## CONTRIBUTOR

"Ghosts. Here they come. Stalking through the ages. Thin, filmy things in white rustling down dark halls on windy nights or sitting across from you in broad daylight – real as roast beef – until they disappear into thin air. The dead who return..."

The above, slightly creepy passage comes from Frank D. McSherry Jr.'s introduction to *Dixie Ghosts: Haunting, Spine Chilling Stories from the American South*, a collection of ghost stories he co-edited with Charles G. Waugh and Martin H. Greenberg (Rutledge Hill Press).

*Dixie Ghosts* includes 17 goose bump-inducing stories by masters of the genre, including Talmage Powell, Madelein L'Engle, Donald Hamilton, Manly Wade Wellman and Ambrose Bierce.

This "tome of terror" proved so popular with readers that it spawned a follow-up, *More Dixie Ghosts*, and includes contributions from some of the same authors in the first volume, as well as from Orson Scott Card, Elizabeth Spencer, Alan Dean Foster and Robert Bloch – who

just happened to have penned the novel *Psycho*, which you may have encountered, courtesy Mr. Alfred Hitchcock's masterful 1960 movie of the same title starring Anthony Perkins and Janet Leigh.

So, what is it that makes ghost stories so timelessly compelling? Everybody likes a good scare, right? And, especially at Halloween – when spirits of the living and the dead mingle for a night of fright. It has been suggested that the practice of wearing costumes on or around Halloween, a festival which falls on Oct. 31, comes from the Celtic festivals of Samhain and Calan Gaeaf, or from the practice of "souling" during the Christian observance of Allhallowtide (All Hallows Eve).

Ghost stories have always made good reads, dating back to Mary Wollstonecraft Shelly's *Frankenstein*, arguably the "grandfather" of all ghost stories.

The story goes that Mrs. Shelly, her husband (poet Percy B. Shelly) and a few friends decided to pass a "dark and stormy night" in 1816 by challenging each other to see who could pen the scariest tale. Based on "a frightful dream," Mrs. Shelly wrote *Frankenstein: The*

*Modern Prometheus* and won the contest, hands down.

There are numerous other horror classics that come to mind:

Bran Stoker's *Dracula*  
H.G. Welles' *The Invisible Man*,  
*The War of the Worlds*

Washington Irving's *The Legend of Sleepy Hollow*

Edgar Allan Poe's *Tales of Mystery and Imagination*

Shirley Jackson's *The Haunting of Hill House*, *The Lottery* (short story)

Ray Bradbury's *Something Wicked This Way Comes*

Neal Gaiman's *Coraline*  
Grady Hendrix's *Horrorstor*

Rick Yancy's *The Monstrumologist: William James Henry*

Stephen King's...just about anything.

Those are just a few titles to get you started. If you're looking for something a little closer to home, there are several other collections of short stories focusing on the South in general and North Carolina in particular:

*Haunted Halls of North Carolina: Ghosts of Southern Colleges and Universities* by Daniel N. Barefoot (Blair, Winston-Salem).

*Tar Heel Dead: Tales of Mystery and Mayhem From North Carolina*, edited by Sarah E. Shaerer (UNC Press).

Just what the title suggests, this includes stories by noted mystery writers with a Tar Heel bent, including Lillian Jackson Braun, Manly Wade Wellman, Mr. Card, Elizabeth Daniels Squire and Margaret Maron, who also wrote the introduction.

*Haunted North Carolina: Ghosts and Strange Phenomena of the Tar Heel State* by Patty A. Wilson (Stackpole Books, Mechanicsburg, Pa.)

Apparently, there are a lot of spirits floating around North Carolina, and we are not talking about the kind you imbibe.

*Tar Heel Ghosts* by John Harden (Blair, Winston-Salem).

*Tar Heel Terrors: More North Carolina Ghosts and Legends* by Michael Renegar (Bright Mountain Books, Fairview).

*North Carolina Legends* by Richard Walsler (Division of Archives and History, N.C. Department of Cultural Resources).

One of my personal favorites, this slim volume gives folksy retellings of North Carolina lore, includ-

ing "Blackbeard's Last Fight," "Troubles in Bath Town," "How Nag's Head Got It's Name," "Old Quawk" and "The Devil's Tramping Ground."

Finally, perhaps the most venerable – and celebrated – book on North Carolina ghosts is *An Illustrated Guide to Ghosts and Mysterious Observances in the Old North State* by Nancy Roberts, with photographic illustrations by Bruce Roberts.

First published by McNalley and Lofton (Charlotte) in 1959, this book has enjoyed numerous printings and provides atmospheric accounts of such enduring North Carolina legends as "The Mysterious Hoof-Prints at Bath," "The Light at Maco Station," "Dromgoole" and one of my all-time favorite ghost stories ever: "The Lovely Apparition."

You may have read or heard of this one before, but Ms. Roberts' version remains the spookiest.

All of the above titles are available through the various branches of the Craven-Pamlico-Carteret Regional Library, and many are on the shelf at the Carteret County Public Library in Beaufort.

## HOLIDAY | FROM PAGE 6

Halloween event from 6-8 p.m. Tuesday, Oct. 30 at Atlantic Beach Town Park. There will be a photo booth, candy, music games and \$1 mini golf games. Children under the age of 6 will be able to play for free. Those attending are encouraged to wear costumes and bring a bag for candy.

The N.C. Aquarium at Pine Knoll Shores will host the Preschool Pumpkin Patch from 9 a.m. to noon Wednesday, Oct. 31. There will be games, stories, crafts, cos-

tumed characters, photo opportunities, trick-or-treating and live animal encounters. Tickets are \$4 per person in addition to daily admission or N.C. Aquarium membership. Tickets will be sold at the door the day of the event. There will be no advanced ticket or online ticket sales. The event is geared toward children ages 5 and under.

Newport's annual Hootenanny will be held from 6 to 9 p.m. Wednesday, Oct. 31 at Newport Community Park. There will be many activities for children and

Free, weekly entertainment magazine. Find featured events online at [TWM on CarolinaCoastOnline.com](http://TWM on CarolinaCoastOnline.com)

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# SUDOKU

## Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

					4	7	9	8
	8	7		1				
	9						4	
3	5	4						6
	6	9		2	3		5	
	1	2	4			9	7	
					1		2	7
		6		9	8			5
		5	3	6			1	

Level: Beginner

1	8	4	3	2	7	6	5	9
6	5	9	4	1	8	7	2	3
2	7	3	6	9	5	1	8	4
5	4	6	2	7	1	9	3	8
7	9	2	8	6	3	5	4	1
3	1	8	5	4	9	2	7	6
9	3	1	7	5	4	8	6	2
8	2	5	9	3	6	4	1	7
4	6	7	1	8	2	3	9	5

## Editor's Note:

Sudoku puzzles and answers are published in the next edition of twm.

# ENTERTAINMENT CALENDAR

Calendar deadline is two weeks prior to the start date of the event. Send an email that includes the event time, date, location including address, admission price and contact information to [megan.soult@thenewstimes.com](mailto:megan.soult@thenewstimes.com).

Event placement on a specific date is not guaranteed, as events run as space is available. Find the full calendar online at [carolinacoastonline.com](http://carolinacoastonline.com) by hovering the pointer over TWM and choosing the "Calendar" option, or on a mobile device, choose "Calendar" from the drop-down menu. To have an event added, email information to [megan.soult@thenewstimes.com](mailto:megan.soult@thenewstimes.com).

## Kids and Family

**EI PARKS AND RECREATION HALLOWEEN CARNIVAL** 6-8 p.m. Friday, Oct. 26 in the Community Center gymnasium. Children can wear their costumes and enjoy playing games, creating a glow-in-the-dark mural, a cake walk, a photo booth, ID kits by the Emerald Isle Police Department and more. Admission fee to the carnival is two bags of candy per child. For more information, call 252-354-6350.

**SANTA AND A MOVIE** 6 p.m. Friday, Dec. 14 at the Emerald Isle Parks and Recreation Center, 203 Leisure Lane, Emerald Isle. Children of all ages join Santa for a Christmas story after enjoying milk and cookies and watching a short classic Christmas movie. Santa's helper Joy the Elf will be joining us this year for some clown-like fun! Kids are encouraged to wear their most comfortable Christmas pajamas. Please bring a blanket for your family to sit on during the movie. Children must be supervised by a parent, as supervision is not provided. Admission fee is one unwrapped gift per child. Registration will open Thursday, Nov. 1. Participants must preregister by Thursday, Dec. 13 at 5 p.m. to attend, but only 75 spaces are available and they are expected to fill up quickly. Call 252-354-6350 or email [Slowe@emeraldisle-nc.org](mailto:Slowe@emeraldisle-nc.org) to register.

**CHILDREN'S DANCE** 4-4:30 and 4:45 to 5:15 p.m. Tuesdays until Nov. 6, at the Morehead City Parks and Recreation Center, 1600 Fisher St., Morehead City. The cost for \$30 for six classes. Call 252-726-5083, ext. 2 for more details.

## Music and Theater

**CARTERET COMMUNITY SUNSHINE BAND REHEARSALS** 7 p.m. Mondays in the Croatan High School band room, under

the direction of Jason Barclift. The volunteer wind ensemble rehearses every Monday at 7 p.m. New musicians are encouraged to join us. More information can be found on the Facebook page, [facebook.com/carteret-sunshineband/](http://facebook.com/carteret-sunshineband/).

**CRAVEN COMMUNITY CHORUS REHEARSALS** 6 p.m. Tuesdays in Orringer Auditorium on the campus of Craven Community College. The registration fee will be \$30. Rehearsals are held from 6:30-8:45 p.m. every Tuesday. Concert dates will be Thursday, Dec. 6, and Saturday-Sunday, Dec. 8-9. All voices are welcome. For more information, contact Marilyn Davis at 252-670-0230.

**CRYSTAL COAST CHORAL SOCIETY FALL REHEARSALS** 7-9 p.m. Tuesdays until Dec. 8 at the Swansboro United Methodist Church fellowship hall. Concerts are held in Onslow and Carteret counties. New members are welcome and can get more information from the director, Finley Woolston, at 910-358-2997 or [finley@ec.rr.com](mailto:finley@ec.rr.com). Information can also be found on Facebook or the CCCS website, [crystalcoastchoralsociety.org](http://crystalcoastchoralsociety.org). Singers may join the CCCS during the first few weeks of rehearsal at the discretion of the director.

## Food and Drink

**MUSHROOM GROWING LOG PROJECT** 10 a.m. to 12:30 p.m. Saturday, Oct. 27 at Underground Farm & Learning Center, 1586 Highway 101 north of Beaufort. Bring a 4-foot deciduous log for a \$5 discount if you have one and bring a drill with 5/16-inch drill bit or 12 millimeter drill bit. There will be mushroom spawn and a variety of tools and inoculation methods. The cost is \$15 and is payable at the door.

**FARMS, FOOD AND FRIENDS** 5:30 p.m. Sunday, Oct. 28 at Underground Farm, 1586 Highway 101, north of Beaufort. Mark Krcmar is the chef for this final dinner. He will be serving a menu of pork roast, stuffed okra, seasonal vegetables, Swiss chard, cheese grits and more. Tickets are \$30 for individuals. Bring your own beverage. There are only 50 seats available for this dinner. Order a ticket now at [CarteretLocalFood.org/event](http://CarteretLocalFood.org/event).

**CHILI/CHOWDER FUNDRAISER** 8 a.m. Friday, Nov. 9 at North River United Methodist Church in North River. Participants will be able to choose chili or clam chowder. Eat in or take out. There will be sausage rolls for breakfast and sausage dogs with peppers and onions for lunch. Call 252-504-2337 after 9 a.m. Nov. 9 if you want to order ahead.

## Events

**FALL FUNDRAISING PARTY** 6:30 p.m. Saturday, Oct. 27 in Beaufort. This gala fundraising party held in a beautiful Beaufort home featuring the works of a selected artist. Artwork is available for purchase. There is an admission charge. For more information, call 252-728-5225.

**THIRD ANNUAL EARLY BIRD HOLIDAY BAZAAR** 10 a.m. to 4 p.m. Saturday, Oct. 27 at the Peer Recovery Center, 3900 Bridges St. in Morehead City. This event will be hosted by the Otway Burns Chapter of the Daughters of the American Revolution. The vendors, craftsmen and artists from the surrounding area will be displaying a variety of items to get Christmas shopping started early. The event is free. For more information, please contact Linda Phelps at [rphelps@ec.rr.com](mailto:rphelps@ec.rr.com).

**MEET AND GREET SCHOOL BOARD CANDIDATES** 1-4 p.m. Saturday, Oct. 27 at Randolph Johnson Park, Beaufort. Come and meet the school board candidates, Perry Harker, Beth Parker and Lucy Marino Bond. There will be free hot dogs, drinks, face painting and more. Bring a chair.

**MOREHEAD CITY CHRISTMAS STORE OPENING** Thursday, Nov. 1 in Morehead City. This store will feature items at the Core Sound Waterfowl Museum and Heritage Center. For more information, call 252-728-1500.

**PRESENTATION ON SOUTH AFRICA TOUR** 2 p.m. Friday, Nov. 16 at the N.C. Maritime Museum in Beaufort. Joanne Powell will be doing presentations about the South Africa tour the Friends

CALENDAR | CONTINUED ON 9



## CALENDAR | FROM PAGE 8

of the Museum are sponsoring that begins Wednesday, Aug. 14, 2019.

**CALL FOR VENDORS** St. James' annual "Country Christmas Craft Fair" will be held from 9 a.m. to 2 p.m. Saturday, Dec. 8 at the Community Life Center in Newport. Booth rentals are \$35, plus \$5 extra if you need access to electricity. If you are interested in participating, send an email to Susan Smith at suze0304@ec.rr.com and she can send you an application.

### Local heritage

**MUSKET FIRING DEMONSTRATION** 10 a.m. Wednesday, Oct. 31 at Fort Macon State Park in Atlantic Beach. Learn about a Civil War-era musket's history, loading procedures and firing. Meet in the fort.

**ASTRONOMY** 6 p.m. Friday, Nov. 2 at Fort Macon State Park in Atlantic Beach. Meet at the bathhouse to view space through a telescope and learn more about the universe.

### Education

**PARENTING – LOVE AND LOGIC** 6-8 p.m. Mondays until Oct. 29 at Carteret Community College's Wayne West building, room 114. This class is designed to increase the parenting skills of parents of all aged children. It emphasizes the use of loving statements in combination with logical consequences of a child's behavior to help the child to grow up to be a responsible adult. Students will learn strategies that will reduce the use of anger, threats and warnings. The course fee is \$40 per couples or \$30 for single parent. There is a \$10 book fee. The class meets for seven sessions. Call 252-222-6200 to register for classes or visit carteret.edu.

**INTRODUCTION TO WOODEN BOATBUILDING COURSE** 9 a.m. to 4:30 p.m. Saturday-Sunday, Nov. 17-18 at the Harvey W. Smith Watercraft Center in Beaufort. A two-day hands-on course, students will explore the art of boatbuilding from start to finish. By the end of the course, students will have the knowledge and skill to choose a design and style of boat to build on their own and the confidence to take on the job. The course fee is \$135 or \$121.50 for Friends of the Museum. The minimum age is 16 years old. Course size

limited. Advance registration required. Call the program registrar at 252-504-7758. Additional dates include: Dec. 8-9.

**HEAL YOUR BODY, HEAL YOUR LIFE** noon to 1 p.m. Wednesdays until Nov. 21 at Carteret Community College. The cost of the class is \$45. This series will guide you through easy step-by-step ways to heal your body and transform your life. This series is a great self-care resource for cancer prevention/recovery, care givers and human service professionals. The class includes health workbook, recipes and a local health resource list. Instructor Jade Morton is a Certified Holistic Health Educator. For more information, visit [www.YogaWellnessNC.com](http://www.YogaWellnessNC.com). Preregistration is required by calling 252-646-3923.

**BACK HEALTH YOGA** 12:10 p.m. Thursdays at Carteret Community College. This class is designed to safely improve flexibility, alignment, build strength and allow healing as it relieves stress and reduces pain. The intent is to also aid with anxiety, cancer recovery and PTSD. No prior yoga needed. The class is \$40.55. Late registration is Thursday, Nov. 8. For more information, contact Jade Morton at 252-646-3923 [www.YogaWellnessNC.com](http://www.YogaWellnessNC.com).

### Trips and Tours

**11-DAY HOLY LAND TOUR** Tuesday-Friday, Nov. 6-16. The cost is \$3,498 per person, double occupancy. It includes air, deluxe hotels, breakfast and dinner daily, tips and taxi. The trip is hosted by the Rev. Jimmy and Meresa Mercer. For more information, call 252-503-6127 or email [mkmercer@ec.rr.com](mailto:mkmercer@ec.rr.com).

**MYRTLE BEACH BUS TRIP** Monday-Friday, Dec. 3-7. The trip includes four nights lodging, eight meals, two evening Christmas shows, a Christmas matinee show at the Calvin Gilmore Theatre, a cruise on the Charleston Harbor, free time in Charleston, S.C., and time to shop at Hamricks in Myrtle Beach, as well as a visit to Broadway at the Beach. The bus will depart from the Walmart parking lot in Morehead City at 8 a.m., then the senior center in Havelock at 8:45 a.m. and finally, the Walmart parking lot in New Bern at 9:30 a.m. The price is \$535 per person for double occupancy, \$515 for triple occupancy and \$655 for single occupancy, plus \$45 per double and \$59 per single travelers' insurance. A deposit of \$75 per person plus travelers'

insurance was due with application on Saturday, Aug. 25, with a balance due Wednesday, Sept. 5. Thirty people are needed to make this trip happen. For more information, visit [travelingwiththrossetta.com](http://travelingwiththrossetta.com).

**CARIBBEAN CRUISE** Friday-Saturday, Jan. 25-Feb. 2. Share the excitement of this eight day/seven-night cruise to the Caribbean aboard Carnival Cruise Line's *Breeze*. Explore one sunny tropical isle after another in the turquoise seas of the eastern Caribbean. Fill your days swimming, snorkeling or walking white sand beaches, enjoying great meals and the relaxed cultures of the islands. Prices range from \$1,099 to \$1,469 – double occupancy – based on cabin selection/availability. Book early for the best selection. Prices include: one-night hotel accommodations prior to boarding, breakfast at the hotel, motor coach transportation to and from Port Canaveral, eight day/seven-night cruise, cabin, ship-board meals and port charges and taxes. This offer is presented by PML Travel & Tours and Leon Mann Jr. Enrichment Center. The opportunity is open to adults over the age of 18, independent of any affiliation with the Leon Mann Center. Travel protection is optional and can be purchased for \$119 per person. Gratuities are not included. A passport is required. The deadline for reservations is Thursday, Nov. 15. For information and reservations, contact the Leon Mann Jr. Enrichment Center, Cindy Blizzard or Beth Simpson a 252-247-2626. Space is limited.

**SOUTH AFRICA ZULULAND AND CAPE WILDLIFE SAFARI** Wednesday-Tuesday, Aug. 14-27, 2019. The Friends of the N.C. Maritime Museum in Beaufort is sponsoring this tour. The tour begins outside Durban along the east coast of the country, where a wide variety of wildlife will be observed at two reserves, Manyoni and Thula Thula Game Reserves. The second leg of the tour takes participants to the Cape, where boat journeys search for great white sharks and southern right whales, and days trips include Table Mountain, national parks, botanical gardens and the Winelands. The fee for the 14-day South Africa—Zululand and Cape Town safari starts at approximately \$6,000 and does not include airfare. The tour organizer is Rockjumper Wildlife Tours. For more information, contact JoAnne Powell at [joannepowell1208@gmail.com](mailto:joannepowell1208@gmail.com).

## NIGHTLIFE CALENDAR

### Morehead City

**FLOYD'S 1921:** Live music 7-10 p.m. Friday-Saturday.

**CRYSTAL COAST BREWING CO.: Team Trivia** 7:30 p.m. Mondays. A special delivery menu will be available on trivia nights from Loretta's Pizza. **Bend and Brew Yoga** is held at 10:30 a.m. every other Saturday. A ticket includes a one-hour yoga session and the first beverage.

**SHUCKIN SHACK OYSTER BAR:** Live music from 6-8 p.m. Wednesdays featuring local musicians each week.

### Bogue

**LOGAN'S AT CAROLINA HOME AND GARDEN:** Live music 6:30-9:30 p.m. Thursdays. There is a \$5 cover charge.

### Atlantic Beach

**AMOS MOSQUITO'S:** Karaoke 9:30 p.m. to 12:30 a.m. Thursdays.

**CRYSTAL COAST BREWING CO.: Team Trivia** is at 7:30 p.m. Wednesdays. A special delivery menu will be available on trivia nights from Roma's Pizza; **30 Second Rocks Music Trivia** is at 7:30 p.m. every Thursday. This is free to play and there will be prizes.

### Beaufort

**CRU WINE BAR: Nüttbröd** 9 p.m. Friday, Oct. 26; **The Beaufort Horror Show** 9 p.m. Saturday, Oct. 27; **Open Mic hosted by Tiffany Elaine** 8 p.m. Tuesday, Oct. 30; **The Unspoken Word open mic** 9 p.m. Monday, Nov. 5; **Andrew Kasab** 8 p.m. Friday, Nov. 9; and **The Dust parade** 8:30 p.m. Saturday, Nov. 10.

**RIBEYES: Morris Willis** 6 p.m. Tuesdays.

### Swansboro

**BORO CAFÉ:** Live music 7 p.m. Fridays.

**ICEHOUSE WATERFRONT RESTAURANT:** Live music 7:30 p.m. Wednesdays and 9 p.m. Saturdays.

## AREA SPORTS CALENDAR

### Thursday, Oct. 25

#### High School Volleyball

*2nd round state playoffs*

Durham School of Arts at Croatan (West Carteret gym) ..... 6 p.m.

#### High School Football

Jayvee: Richlands at Croatan ..... 6:30 p.m.

Jayvee: West Carteret at Northside-Jacksonville ..... 6:30 p.m.

Varsity: Northside-Jacksonville at West Carteret ..... 7 p.m.

### Friday, Oct. 26

#### High School Football

Varsity: Richlands at East Carteret ..... 7 p.m.

Varsity: Heidi Trask at Croatan ..... 7 p.m.

Varsity: Swansboro at Havelock ..... 7 p.m.

### Saturday, Oct. 27

#### High School Cross Country

Croatan hosts 2A east regional ..... TBA

West Carteret, Swansboro at 3A east regional ..... TBA

\* Scheduled events subject to change either date or location



# Cru to host 'Beaufort Horror Show'

On Saturday, Oct. 27 Cru Wine Bar in Beaufort will be hosting a Drag and Variety Show with the theme of "Beaufort Horror Show" – a tribute to Rocky Horror and all things Halloween.

The show will run from 9 p.m. to 1 a.m., and there will be plenty of high-energy fun, dancing, queens, kings and pole aerial performers.

Tickets are \$10 for those age 21 and older and \$15 for those between the ages of 18-20.

There will be a costume contest with prizes. Acts for this show will feature tributes to some of Hollywood's cult classics. Audience participation will be required throughout the

evening for various games and dances.

Listed are the performers for the night.

- DJ Jerm will be spinning tunes to keep the night rocking.
- Twixi Chardonnay has performed across North Carolina, South Carolina and Florida. She is a former Capitol City EOY Emeritus and Miss Carolina Comedy Queen Emeritus, and placed Top 10 at National Comedy Queen.
- Haven Wolf has been performing for almost seven years. He brings a blast from the past and a little bit of spooky with each performance. Haven has performed at Legends and Morgan's and holds the titles for

Morgan's Entertainer of the Year and Mr. Tarheel Unlimited.

- Hysteria Cole, North Carolina's original queen of spook, has performed across many stages in North and South Carolina.
- Ellis D. has performed on stages all over eastern North Carolina.
- From Cape Cod, Mass., Angel Rosen is a professional aerial artist specializing in pole fitness. She is a two-time silver medalist in national pole competitions.
- Beaufort's own Zatarra Delavega will be undulating, twirling and adding some bling to the evening with a variety of dances throughout the night.



## Raising awareness

This breast cancer awareness ribbon, made of painted pink flower pots, greets travelers by the Emerald Isle town "Welcome" sign. The ribbon was created by the Emerald Isle Garden Club and is being displayed during October, which is Breast Cancer Awareness Month, to emphasize the importance of early detection, as statistics show that 1-in-8 women will be diagnosed with breast cancer in their lifetime. (Contributed photo)

## KELLER WILLIAMS REALTY PROUDLY WELCOMES...

It's been a busy season and we've grown like crazy!  
We'd like to officially welcome our Agents who joined us this summer!



Stephanie Mann



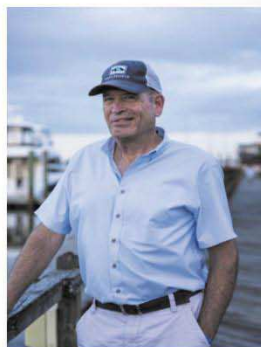
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## Therapist to offer free massage sessions at the Carteret County Public Library

BY CHUCK WATERS

CONTRIBUTOR

Judith "Sage" Schmutz has been a licensed massage and bodywork therapist since 2005 and has had offices in Morehead City and Beaufort. But for the month of October, she is offering free 20-minute chair massages at the Carteret County Public Library in Beaufort.

You don't even have to own a library card to qualify – all you have to do is come by or call 252-728-2050 to sign up.

"As we rebuild our lives and homes, I wanted to offer (a) 'calm from the storm' – a post-Florence recovery therapy to help our community get back to our center – and release the pain – one person at a time," Ms. Schmutz said. "I felt an overwhelming sense of gratitude that I had an intact home to return to after the hurricane. Despite the devastating loss of many trees on our property, none fell on our home or studio."

Ms. Schmutz and her husband, David Natemen, moved to Beaufort in 2003. She previously had her own business, The Enchanted Circle, specializing in herbs and essential oils.

She enrolled in the therapeutic massage program at Carteret Community College in 2004 and graduated as a LMBT in 2005.

She also served as an adjunct instructor at the college for several years following her graduation.

Her nickname "Sage" may refer equally to the concept of wisdom and the healing power of the herb.

Hand and Spirit Therapeutics, which she founded in 2005, reflects her interest in using specialized essential oil blends with massage therapy.

As to the potential benefits patrons may expect, Ms. Schmutz explains it like this: "Magic and healing meet when a session focused on your well-being is individually designed to soothe your senses, restore your body and replenish your spirit."

She usually charges \$20 for a 20-minute session. So far this month, she has gifted more than 60 sessions.

When not performing massage therapy, Ms. Schmutz creates art from her studio, Shalom Studio, or works in her herb garden.

"My four passions are healing, art, herbs/essential oils and books – forever learning in all ways," she said.

Sessions are offered from 10 a.m. to 5 p.m. Monday, Tuesday and Thursday through October.

To sign up, stop by the library or call the number listed above. Slots are filling up quickly, so don't miss out on this opportunity for a free, 20-minute calming massage therapy session.

"Many thanks to library director Susan Simpson, who graciously allowed me the space to offer this free service to the community," Ms. Schmutz added.



# Colorful kites to fill sky for annual festival

BY MEGAN SOULT

NEWS-TIMES

Kite lovers of all ages can join in a weekend of fun during the 31st annual Carolina Kite Fest.

The free event is from 10 a.m. to 4 p.m. Saturday and Sunday, Oct. 27-28 at the Sands Villa Resort in Atlantic Beach. There will be a night fly at 6 p.m. Saturday, Oct. 27.

The festival is all about participation, and Don Dixon with Kites Unlimited, the host of the event, encourages folks to come out to the free festival.

It was designed as a way to thank his customers.

"It's low attendance with high participation and lots of learning and fun," Mr. Dixon said.

The event is completely focused on family entertainment with a variety of activities offered depending on the wind situation.

"We always try to make the

event about the flyers and will do so this year," Mr. Dixon said.

"We have open flying areas, showoff areas, oversize kite areas and other traditional activities," he continued.

Mr. Dixon said many of the planned activities are wind dependent, and can include kite games, mass ascensions, lessons, candy drops, children's kite building and demonstrations by pros and customers.

People can bring their own music and perform a kite routine and there will even be a chance for kite games.

There will also be plenty of activities for children.

In the candy drop, an airborne kite will hold a bag of candy.

Children will have the opportunity to pull the ripcord and enjoy the candy that falls from the sky.

There will also be a kite-dec-

orating activity for children.

Premade kites will be set up with decorating tools. Children and volunteers will put designs on the kites, then the children will have the opportunity to fly them.

"The Bay Area Sundowners will be here along with Randy Tom and Ray Wong," Mr. Dixon said.

"We will certainly feature time and space for art kites made by customers and pros," he continued.

"Some years we feature a kite building seminar conduct-

ed by the pros," Mr. Dixon said. "This has led to several local people becoming well known for their artistry."

"Rick Tuttle, Kip Clement, Karen Mault and Jerry Deans are all expected to show some of their art works this year. Bring your cameras," he continued.

Over the years, the event has developed into a large participation and spectator event.

Mr. Dixon encourages spectators to sit in the designated seating areas when observing

the kites in action.

Mr. Dixon said the event would not be possible without the hard work of the volunteers.

Those who plan on attending the festival should pack a lunch, as vendors will not be on site, and be prepared to have a good time.

The shop is also open during the festival. It is in the Atlantic Station Shopping Center in Atlantic Beach.

For more information, call 252-247-7011 or email don@kitesandbirds.com.



Avery Sassner of Newport attempts to launch her kite into the air during the 30th annual Carolina Kite Festival in Atlantic Beach. This year's event is Saturday-Sunday, Oct. 27-28. (Dylan Ray photo)

## 31st annual CAROLINA KITE FEST

Presented by  
**Kites Unlimited**

October 27<sup>th</sup> & 28<sup>th</sup>, 2018  
10-4 PM SATURDAY & SUNDAY  
NIGHT FLY, SATURDAY 6:00PM

location:  
**THE SANDS VILLA RESORT**  
1400 East Fort Macon Road,  
Atlantic Beach, NC 28512

**Come Join us for a Great Weekend**  
Fun for the whole family! Events for all ages.  
Share ideas and show off your kites!

**Kites Unlimited**  
Atlantic Station Shopping Center  
P.O. Box 2278 • (252) 247-7011  
[www.kitesandbirds.com](http://www.kitesandbirds.com)



## Art studio to host fall events

Craving Art Studio is located in historic downtown Beaufort, half a block from Taylor's Creek.

The shop is a working studio, primarily to artist Heather Sink. Ms. Sink paints what inspires her, usually local subjects.

Most days of the week artists can be found taking classes from Ms. Sink. Visiting artists also teach classes and workshops.

Featured artists are showcased at the studio on a regular basis, so check out the studio's events and workshops.

The studio space is available for small private events.

Listed are some of the studio's upcoming events.

A special plein air painting with Ms. Sink will be held in Tuscany, Italy. The dates are June 11-18, 2019. Sign ups for the trip begin in October. For more information, visit [montorno.com](http://montorno.com).

Oyster Painting with Vicki Mann is set for Friday, Oct. 26.

Students will paint an oyster using a brush and palette knife in a loose and contemporary style.

Then, the studio will be featured during the Beaufort Art Walk, Saturday, Dec. 8.

Ms. Sink will have new oil paintings, as well as her holiday collectible paintings.

Several other artists will join her during the event, which is held in conjunction with the Beaufort Historical Association Candlelight Tour. It is sponsored by the Arts Council of Carteret County.

The studio offers painting classes on Wednesday and Thursday afternoons throughout the fall. Visit [cravingartstudio.com](http://cravingartstudio.com) for more information.

Yoga with Kate or Nikki is from 10 a.m. to 11:15 a.m. Fridays.

Painting parties can be scheduled throughout the fall and winter months, as well.

For more information on any of these events, contact Ms. Sink at [cravingartstudio@ec.rr.com](mailto:cravingartstudio@ec.rr.com) or call 252-728-0243.



## Cape Lookout Seashore to host Astronomy Night

Cape Lookout National Seashore will host Astronomy Night from 8-11 p.m. Saturday, Oct. 27 at the Harkers Island Visitor Center.

NASA Solar System Ambassador Lisa Pelletier-Harmon will start the night off with a 45-minute presentation in the Harkers Island Theater entitled, "TESS – The Search for

Earth 2.0."

The program will focus on the Transiting Exoplanet Surveying Satellite and its orbital journey around Earth, a more recent NASA mission.

After the presentation, park staff and local astronomers from the Crystal Coast Stargazers will be set up outside to offer participants the chance to witness the

wonders of the night sky above the southern Outer Banks with telescope viewing. This portion of the night is dependent on clear skies.

Participants may also consider bringing their own telescopes to learn how to maximize the capabilities of their equipment with help from members of the stargazers club.

Those planning on participating should come prepared. They should check the weather and dress accordingly. They should also, bring water, snacks, bug repellent and a flashlight with a red filter, which will help maintain everyone's night vision.

The program is free. For more information, go to [go.nps.gov/astronomynight](http://go.nps.gov/astronomynight).



**Anil George, MD**

### Your new heart rhythm specialist, now close by

Dr. Anil George has recently joined Vidant Cardiology in Jacksonville, providing advanced diagnosis and treatment of heart rhythm conditions. Specializing in coronary artery disease, blood pressure management, atrial fibrillation, heart failure and other heart conditions, he sees patients in Jacksonville five days a week.

Having practiced in eastern North Carolina, Dr. George brings a keen understanding of the health needs of our region. In addition, he completed residency training at St. Louis University Hospital in Missouri followed by a cardiology fellowship at Albert Einstein Medical Center in Philadelphia and an electrophysiology fellowship at Medical University of South Carolina in Charleston.

As a patient of Dr. George, you'll have a direct link to the resources of the nationally acclaimed East Carolina Heart Institute at Vidant Medical Center in Greenville.

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