

Sept. 3 - Sept. 9, 2015

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Batman poses with a group of children during an event at the Carteret County Public Library. Project Superhero of Eastern NC is a volunteer organization that has volunteers dress up as superheroes for youth charities and nonprofits, youth events and pediatric hospitals. (Contributed photo)

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SHOWTIME: Youths aren't kidding when it comes to goats

BY CHERYL BURKE
NEWS-TIMES

Newport Town Park looked more like a barnyard Aug. 22 as 57 goats and 34 young people competed in the 10th annual County Carolina Meat Goat Showmanship competition.

Youth, ages 3 to 19, along with their goats, traveled from across Southeastern North Carolina to compete for points and cash prizes as part of a 10-show circuit.

It's serious business for these young people, with the competition circuit ending at the State Fair in Raleigh in October.

But there's no doubt that many of the youngsters at the event, sponsored by the 4-H Carteret County Junior Livestock Committee, participate for fun.

"I've always enjoyed being with animals. I became part of 4-H so I could learn to take care of a goat," said Lillian Larka, 16, of Smyrna, who assisted with this year's show.

"I like helping the little ones so I thought I'd help out with the show this year, but I'll compete again next year. I plan to go to N.C. State (University) and become a veterinarian after I graduate," said the East Carteret High School junior.

The competitions teach children many skills.

"It teaches them so much - responsibility, compassion and helping others," Chris Davis, who leads the 4-H Carteret County Junior Livestock Committee. "It also teaches them to compete, not in a bad way, but in a friendly way."

As well as serious categories that included showmanship and meat market class, there was a costume competition at the end.

In showmanship, youths are judged on how well they present and show their animals, as well as their knowledge of goats. The showmanship class is broken into age divisions as follows: novice, 8 years old and under; junior, ages 9-13; and senior, ages 14-19.

The market class is broken up according to the weight of the participant's goat. The handler and goat are judged for market and handling qualities.

This year's judge was John Tart III from N.C. State.



Young people wait with their goats to be judged Aug. 22 during the County Carolina Meat Goat Showmanship competition at Newport Town Park. (Cheryl Burke photo)

"In the market class we look for how much meat is on the goat without fat," the judge said. "In the showmanship class, we look at how well the person shows the goat. It's

basically that the showmanship class is about the person and the market class is about the goat."

A winner was named in each age group and category and a

grand prize who gets a cash prize and goes on to compete at the state fair. This year's grand prize winner was Meredith Stephens, 14, of Durham.

Sponsors and donors are

needed each year to help fund the show in the county, according to Ms. Davis. She especially thanked Carteret County

GOATS | CONTINUED ON 7



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Simple weeknight meals the whole family will love

As you “fall” back into your routines and school is back in session, the pace of your home life is likely to become a bit more hectic. When it’s nearing the dinner hour and you’re crunched for time, avoid the temptation of a drive-thru window or microwavable meal. Instead, opt for savory and satiating dishes using fresh ingredients that will deliver delicious results in no time.

One simple way to spend less time cooking and more time catching up on the day’s events is to use an easy meal helper, such as Smithfield Seasoned Fresh Pork. Seasoned with a variety of fresh flavors like peppercorn and garlic, teriyaki or garlic and herb, it’s the perfect base for any weeknight meal whether you’re grilling, roasting or sauteing.

Seasoned fresh pork can also be sliced into medallions or cubes for faster cooking, so you can have dinner on the table in as little as 10 minutes. Plus, it’s packed with protein and made from 100 percent fresh pork, so you can feel good about feeding it to your family and friends.

For a hassle-free weeknight meal, try a sweet and spicy kabob with Peppercorn Garlic



Seasoned Pork Sirloin, crunchy bell peppers and juicy pineapple. Or, enjoy Garlic Herb Seasoned medallions paired with the sweet taste of fresh

apples. Complete the meal with a serving of hot couscous and steamed broccoli.

For more family-friendly and time-saving recipes, visit

www.Smithfield.com.

Sweet and spicy pork mini-kabobs

Prep time: 15 minutes

Cook time: 8 minutes

Servings: 16 kabobs

1 Smithfield Peppercorn and Garlic Seasoned Pork Sirloin Roast, cut into 32 (1-inch) cubes

2 large red bell peppers, cut into 16 (1-inch) pieces

½ ripe pineapple, peeled, cored and cut into 16 (1-inch) cubes

16 (6-inch) bamboo skewers, soaked in water for 30 minutes, drained

2/3 cup honey

2 tablespoons balsamic vinegar

2 teaspoons Caribbean jerk seasoning blend or other spicy seasoning blend

- Heat broiler with rack about 8 inches from heat source.

- Thread 2 pieces of pork, 1 red pepper piece and 1 pineapple cube onto each skewer. Wrap exposed end of each skewer with foil to discourage scorching.

- Mix honey, vinegar and jerk seasoning together for glaze.

- Broil kabobs, turning occasionally, until pork is done,

about 8 minutes. Generously brush kabobs with honey glaze during last 2 to 3 minutes.

Garlic herb pork medallions with apples

Prep time: 10 minutes

Cook time: 15 minutes

Servings: 6

1 Smithfield Garlic & Herb Seasoned Pork Loin Filet, cut into 3/4-inch thick slices

1 tablespoon olive oil

1 large cooking apple (like Rome or Granny Smith), cored and thinly sliced

1 small sweet yellow onion, thinly sliced

1 teaspoon apple pie spice or cinnamon

1 cup apple juice

- In large skillet, saute pork slices in oil over medium-high heat until browned. Remove from skillet and keep warm.

- Add apple, onion and apple pie spice to skillet; saute over medium-high heat until onions are tender.

- Return pork to skillet; add apple juice. Cover and simmer until internal temperature of pork reaches 150°F, about 5 minutes.

(Images and content provided by Family Features.)





(AP photo)

Review: Lily Tomlin gives bittersweet performance in ‘Grandma’

BY JOCELYN NOVECK
ASSOCIATED PRESS

A movie about a wisecracking grandma and her teen granddaughter, racing around in a beat-up car to find \$600 by nightfall. ... You might think that sounds like any number of mediocre road comedies, full of trite generational gags that lead to a sappy, all-is-forgiven ending.

You’d be very wrong.

“Grandma” is a brisk, moving, bittersweet film that displays the singular talents of Lily Tomlin — especially her ability to fuse acerbic and cranky with empathetic and sincere and to find an essential loveliness at the core of a superficially unlikable person.

Directed and written for Ms. Tomlin by Paul Weitz, it also deals with abortion, a theme that easily could have taken over every

line and frame of the film. But somehow, Mr. Weitz’s treatment of the subject leaves us thinking even more about what it means to be someone’s mother, someone’s daughter, someone’s granddaughter — and what it means to grow old.

Credit for that last part goes to Ms. Tomlin and Sam Elliott, who darned near steals the show as her old lover Karl in a scene with Ms. Tomlin that could be shown in acting classes to demonstrate how much two actors can convey in just a few minutes about a lifelong relationship.

Ms. Tomlin plays Elle, a brilliant poet and professor who, perhaps due to her facility with words, doesn’t mince them. We meet Elle in her living room while she’s breaking up with a younger girlfriend (Judy Greer). “You were

a footnote,” Elle tells her lover, with more resigned honesty than spite. But later, alone in her shower, she weeps.

We soon learn that Elle is still suffering from the loss of her longtime romantic partner, Violet, which explains much of her bitterness. She is also clearly at odds with her stressed, workaholic daughter, Judy (a pitch-perfect Marcia Gay Harden). But when teen granddaughter Sage (Julia Garner, appealingly natural) comes knocking, Elle’s ready to help.

Sage needs an abortion, and fast. The only open appointment time is that evening, and the cost is \$600 — which gets Elle ranting about it being impossible to get a reasonably priced abortion these days.

Sage has no money but wants

to avoid bringing her judgmental mother into the picture. Elle herself is barely scraping by on a college writer-in-residence gig. She’s recently paid off her debt and cut her credit cards into scraps that now serve as wind chimes.

Elle is also angry — as we see in a funny mini-breakdown she has in a coffee shop — but not at Sage. First, she’s angry at Sage’s obnoxious, good-for-nothing boyfriend, who has no intention of contributing to the abortion until Elle pretty much beats him physically into submission and grabs the few dollars he has. They also try Elle’s old friend Deathy (Laverne Cox, of “Orange Is the New Black”), a tattoo artist who can offer only a free tattoo.

Elle has one more idea: Karl, an old flame. She shows up on his doorstep, and at first, it seems

he’ll be an easy solution. But then the layers of the onion get peeled back. Karl’s laconic demeanor and sexy drawl make it all the more shocking when his rage, resentment and more come gushing forth.

Of course, Judy (Ms. Harden) eventually must emerge, and she’s a trip: She works at a treadmill desk and has espresso running through her veins. But Judy isn’t the shrew she initially seems. In one of the better scenes, the three generations of women come together for a moment in which it becomes clear that even in the nuttiest families, there are bonds that supersede all the craziness.

We won’t spoil the story, but in the end, just Elle is on the screen, as she should be. Ms. Tomlin. Operating full throttle at 75, she deserves that final solo shot.

CMT to premiere music video for Wesley's 'Hooked Up'

Rising country music star James Wesley's talent is winning over fans across the nation – hook, line and sinker.

After the success of his first two chart-topping singles, "Real" and "Didn't I," the Broken Bow Records recording artist and Calcutta, his sponsor, launched the video for his latest single "Hooked Up," in an exclusive premiere across CMT platforms on Aug. 31.

Mr. Wesley was excited for the premier.

"What an epic video. I am so excited about it," said Mr. Wesley. "It will take you to the Outer Banks of North Carolina, 50 miles out into the Atlantic Ocean for one of the largest blue marlin fishing tournaments in the United States, then to the waterfront for a live concert in downtown Morehead City. I am very proud and honored to team up

with Calcutta. It is a privilege to work with such a great group of men and women."

Co-written by Todd Morris and Harry Smith, the upbeat angler's anthem tells the story of a blue marlin who is being pursued by fishermen at the Big Rock, a legendary fishing spot off the coast of Morehead City.

An avid sportsman himself, Mr. Wesley identified with the song and was eager to record it. Announced in April, Mr. Wesley formed a partnership with Calcutta to shoot the "Hooked Up" music video and promote the song to the sport-fishing communities.

"Partnering with James and 'Hooked Up' is a perfect fit for Calcutta," said Dave Martin, division president of Fishing/Camping/Marine at Big Rock Sports, the parent company of Calcutta. "In addition to being the major sponsor of the Big



James Wesley's hit single "Hooked Up" had its CMT video premier on Aug. 31. "Hooked Up" was the official song for this year's Big Rock Blue Marlin Tournament. (Contributed photo)

Rock Blue Marlin Tournament, Calcutta is the premier brand for the coastal lifestyle."

For each "Hooked Up" single downloaded from iTunes, proceeds will go to support the American Sportfishing Association's KeepAmericaFishing program and the Big Rock Blue Marlin tournament charities.

Both charities promote sportfishing and help to keep oceans, lakes, rivers and streams open, clean and abundant with fish.

Mr. Wesley is thrilled with the success he has achieved since moving to Nashville to

pursue his dream of becoming a country artist.

With a Broken Bow recording deal signed in December 2009, the success of two hit radio singles and now an opportunity with "Hooked Up," he is on his way to achieving his dream.

"I want to be in it for the long haul," he says. "I want to write, sing and play songs that everyone can feel and relate to. I want to be the guy who

CMT | CONTINUED ON 7

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Taste of honey: Beekeepers to offer tasting

September is National Honey Month, and the members of the Crystal Coast Beekeepers Association will celebrate by hosting a honey tasting.

The honey tasting is scheduled for 7-9 p.m. Monday, Sept. 14, at the Morehead City Parks and Recreation Building at 16th and Fisher streets in Morehead City.

Many people are familiar with the sweet, golden liquid made by honey bees that is called "honey," but some are unaware that natural honey comes in a variety of colors and tastes depending on the type of flowers the bees have gathered nectar from.

At the honey tasting participants will be able to compare the different varieties of honey that local beekeepers have harvested

from their various bee yards. They will also be able to sample foods prepared with honey.

Flyers and brochures full of information about honey bees and the honey they produce will be available for participants to take home.

Local beekeepers will be available for questions about their bees and their honey.

For example do you know how much honey one bee can make in her lifetime? Only 1/12th of a teaspoon. Or did you ever wonder why you hear a "buzz" whenever a bee is nearby? Their wings stroke 11,400 times a minute and that is what makes the distinctive buzzing sound.

For more information about the honey tasting, visit www.crystalcoastbeekeepers.com.



The Crystal Coast Beekeepers will host a honey tasting to celebrate National Honey Month. The honey tasting is from 7-9 p.m. Monday, Sept. 14, at the Morehead City Parks and Recreation Building. (Contributed photo)

GOATS | FROM PAGE 3

Farm Bureau, which is a major sponsor each year.

Those interested in help-

ing sponsor the 2016 show can contact Ms. Davis, 007cdavis@gmail.com, or 252-241-6731.

Those interested in making tax-

deductible donations can make checks out to Carteret County 4-H Goat Show and mail them to Christ Davis, 888 Crow Hill Road, Beaufort, N.C. 28516.

CMT | FROM PAGE 6

tells the stories and tells it like it is."

Calcutta is one of the most widely recognized brands in the recreational fishing industry with product categories that include fishing tools, coolers, tackle bags, sunglasses, rain-

wear and technical fishing apparel.

Big Rock Sports LLC is focused on supplying more than 15,000 retailers with the products from over 1,200 manufacturers as well as the tools needed to navigate today's marketplace.

The company is strongly committed to protecting the

rights of hunters, anglers and all outdoor enthusiasts. Big Rock Sports is a privately held company with a home office in Graham.

For more information on Calcutta, KeepAmericaFishing and the Big Rock Blue Marlin Charities, visit CalcuttaFishing.com, ASAFishing.org, and TheBigRock.com.

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Superhero program promotes fun, kindness

Eastern North Carolina residents can rest easy knowing that they are protected by some of the finest superheroes.

These superheroes are a part of Project Superhero of Eastern NC, a volunteer organization that visits youth charities and nonprofits, youth events and pediatric hospitals while dressed in superhero costumes.

Over the summer, Project Superhero of Eastern NC supported organizations such as the Carteret County Libraries Super Reader Program and the Boys & Girls Club Superhero week.

The goal is to spread happiness and joy to the children of the community while teaching positive messages about kindness, literacy, community involvement and anti-bullying.

Rodney Leary, the founder of Project Superhero of

Eastern NC, got the idea for the program after he volunteered as Batman to read to his daughter's class at school.

"I saw how the kids loved it so much, and we developed a plan to expand it," Mr. Leary said.

"We officially began our volunteer program this summer," he added.

The project features well-known superheroes, Batman, Captain America, Spiderman, Jack Sparrow, Super Minnie Mouse and Captain Minion. Superman and Wonder Woman will also be added to the list of heroes.

An evil Ninja Warrior can also be seen at random events. If he is spotted at an event, participants will be able to witness an epic battle of good versus evil.

Entertaining the children has always been a priority for Mr. Leary, and that is one of his favor-

ite parts about Project Superhero.

"My favorite part of this project is seeing the looks on children's faces when we walk in the door," Mr. Leary said. "Watching their eyes light up as they run over and give us a hug is enough reward for me. Every child we meet is a divine appointment and if we can just inspire them to dream big, then we have accomplished our goal."

Project Superhero is currently working on fundraising to support their volunteer work.

The group hopes to be able to volunteer at children's hospitals after the fundraising is complete.

Upcoming events for Project Superhero are:

- Tuesday, Sept. 29: Batman will be at the Western Carteret Public Library for its After School Reading Program. The program starts at 4 p.m.
- Saturday, Oct. 10: Superman

will be at the fundraiser event at the Morehead City Elks Lodge for Javon Oates.

• Friday, Nov. 13: Several superheroes will be at the Fan Fiction Family Fun Night at

the library on Camp Lejeune in Jacksonville.

For more information on Project Superhero of Eastern NC, visit www.projectsuperheroenc.com.



Batman, Captain Minion and Captain America pose with a family at Mac Daddy's in Cape Carteret. (Contributed photo)



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Zumbathon to raise money for children who have cancer

Work up a sweat for charity during an annual Zumbathon.

The third annual Zumbathon is from 1-5 p.m. Saturday, Sept. 12, at the Cape Carteret Aquatic and Wellness Center.

Tickets for the event are \$10 a piece, and include a raffle ticket for items donated by local businesses.

Zumba is a dance fitness program designed to burn calories while having fun.

During the Zumbathon, money will be raised for seven local families with children fighting cancer.

All of the proceeds raised during the Zumbathon will go to the families, and it will help them pay for hotel costs, food, gas, co-payments and more.

This year's Zumbathon will feature over 15 Zumba instructors from all over Eastern North Carolina and the biker group, The Sentinels of Hope-Gastonia led by Aaron Dudley. The group has been a part of the Zumbathon since its beginning in 2013.

During the first Zumbathon,

the biker group gave rides to children attending the event.

This year there are many ways to help raise money for the fundraiser.

In addition to the event ticket, participants can purchase a 50/50 raffle ticket for a chance to win up to \$1,000. The winner does not have to be present at the event to win. The raffle tickets are \$5 per ticket.

A video of the drawing for the 50/50 raffle will be uploaded on the event's Facebook page, Zumbathon for Charity: Raising Funds for Children Fighting Cancer.

More raffle tickets will be available for purchase at the event for \$2 each.

Tickets may be purchased by sending money to Hope4childrenwithcancer@gmail.com via PayPal or by sending a check to Evelyn Arlequin, 229 John Court, Havelock, N.C. 28532.

For more information about the Zumbathon, contact Ms. Arlequin at 252-229-4860 or visit the Facebook page.

Stanly-Spaight duel re-enactment set for Labor Day weekend

Tryon Palace's South Lawn will echo with gunfire and drumrolls during a live re-enactment of the Stanly-Spaight Duel, held Labor Day weekend at 4 p.m. Saturday, Sept. 5.

More than two centuries ago, on Sept. 5, 1802, prominent New Bern lawyer John Stanly Jr. met his political rival, Richard Dobbs Spaight, for a lethal duel on the streets of New Bern.

Mr. Spaight, who had served as North Carolina's first native-born governor, was mortally wounded after four rounds and Mr. Stanly was forced to flee the city. He was eventually able to return to New Bern when his friend, Judge William Gaston, who convinced the governor to grant North Carolina's first gubernatorial pardon to Mr. Stanly.

Beginning with a performance by the Tryon Palace Fife and Drum Corps at 4 p.m. on the South Lawn, visitors are invited to watch the drama unfold. In the event of rain, performances will be moved into the N.C. History Center's Cullman Performance Hall.

Admission to the Stanly-Spaight Duel is \$6 for adults, \$3 for students and includes admission to Tryon Palace gardens.

A one day pass to Tryon Palace includes the duel at no additional cost, as well as admission to the Stanly House and the Regional History Museum, which includes an exhibit of dueling pistols from the early 1800s and a portrait of the man who helped Mr. Stanly get his pardon, Judge Gaston.



History lovers will get to spend part of their Labor Day weekend witnessing a re-enactment of the famous Stanly-Spaight Duel. The mock duel will take place at 4 p.m. Saturday, Sept. 5, on the South Lawn at Tryon Palace. (Contributed photo)

For more information call 252-639-3500 or visit www.tryonpalace.org.

Emerald Isle to celebrate children with 'Day4Kids'

TIDELAND NEWS REPORT

Emerald Isle will celebrate its kids with a special day on Saturday, Sept. 19.

The 10th annual "Day4Kids" will run from 10 a.m. until 2 p.m. at the Community Center

at the old town hall on Emerald Drive and will feature plenty of food and activities for kids of all ages, plus adults.

There's no cost for all the fun.

Attractions and activities this year include: Woodmen-

Life Star Lab, Kinetico Water trailer (bring a cup or bottle to fill up), a book exchange with the Friends of the Western Carteret Library, hot dogs and drinks, popcorn, cotton candy, inflatable rides, gardening at

CHILDREN | CONTINUED ON 11

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NC Aquarium offers fun for Labor Day weekend

Take it easy this Labor Day holiday weekend at the N.C. Aquarium at Pine Knoll Shores.

The aquarium is open regular hours – 9 a.m. to 5 p.m. – throughout the holiday weekend, including Monday, Sept. 7.

Visitors can enjoy favorite programs free with admission – dive presentations, live animal encounters, animal feedings, the Bird's-eye View show and more.

Additional adventures include kayaking, a beach night trek and behind-the-scenes tours.

For more information or to register for these programs, call 252-247-4003.

The N.C. Aquarium at Pine

Knoll Shores is at 1 Roosevelt Blvd. in Pine Knoll Shores.

Several other places around the county remain open during the holiday.

The N.C. Maritime Museum will be open from 9 a.m. to 5 p.m.

Fort Macon will be open from 9 a.m. to 5:30 p.m.

The Beaufort Historic Site will be open from 9:30 a.m. to 5 p.m.

The Core Sound Waterfowl Museum and Heritage Center on Harkers Island will be open from 10 a.m. to 5 p.m.

The History Museum of Carteret County will run on its normal hours from 10 a.m. to 4 p.m. Tuesday through Friday.



An aquarium worker shows a bird to children during a Bird's-eye View show. This show and other aquarium programs will be available during normal aquarium hours, from 9 a.m. to 5 p.m., on Labor Day. (Contributed photo)



OLDE BEAUFORT FARMERS' MARKET
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The Olde Beaufort Farmers' Market – held each Saturday under the Live Oak trees on the grounds of the Carteret County Courthouse – showcases farmers, fishermen, bakers, food producers, artisans and crafters, joining together to sell their products.

Experience the sound, color and bustle of the Farmers' Market every Saturday 8:30 am - 1:00 pm. Bring the entire family for an educational experience as well as healthy eating. Meet local farmers and artisans. Executive chefs from the area's finest restaurants will be on hand to demonstrate their favorite recipes. Visit with community groups and learn about their services and listen to a tune or two by some of the area's leading musicians.

SPECIAL EVENTS

SEPTEMBER 5, 2015
GUEST CHEF: CAROLINE DOMINQUEZ FROM KELL'S AT THE BEACH RESTAURANT
LIVE MUSIC: JOHN BALDWIN

SEPTEMBER 12, 2015
GUEST CHEF: JOHN MCGREGOR FROM CLAWSON'S 1901
LIVE MUSIC: MAGNOLIA STILL

SEPTEMBER 19, 2015
GUEST CHEF: CHRIS SAMUELS FROM CITY KITCHEN
LIVE MUSIC: RUSTY STRINGS BAND

SEPTEMBER 26, 2015
LIVE MUSIC: JENNIFER AND VAN

Check us out on beaufortfarmersmarket.com and be sure to "like" us on Facebook. Don't forget that The Farmers' Market is open through November 21, 2015 and the Holiday Market December 19, 2015.

The 'Remembering Pete Seeger' world tour comes to New Bern

The passion, purpose and spirit of Pete Seeger's tradition is alive and well and as relevant as ever in Spook Handy's "Remembering Pete Seeger" concert.

The concert is at 7:30 p.m. Friday, Sept. 11, at Trent River Coffee Co. in New Bern, and 7:30 p.m. Saturday, Sept. 12, at Clawson's Restaurant in Beaufort.

Mr. Seeger is widely known for leading a renaissance of folk music in the U.S.

For more than 70 years, he performed across the country sharing songs that became well-known favorites including songs he wrote such as "If I Had a Hammer (The Hammer Song)," "Where Have All the Flowers Gone?" and "Turn!

TOUR | CONTINUED ON 11

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TOUR | FROM PAGE 10

Turn! Turn!"

He also popularized hundreds of other songs including the civil rights anthem, "We Shall Overcome" and Woody Guthrie's "This Land is Your Land."

Mr. Handy performs the music to keep it relevant.

"One of my goals is to demonstrate that the tradition of singing songs with social value is alive and well," Mr. Handy said. "Sure, the concert will have a nostalgic quality to it. It will serve as a retrospective look back at the past and an opportunity to remember all of these great songs. But even more so, this show is an optimistic look at the world we live in today and the world we can create for tomorrow."

Mr. Handy is a nationally touring folk musician from New Brunswick, N.J.

He has performed in four Canadian provinces and will bring this tour to the rest of Canada as well as Australia, New Zealand and Europe in the coming years.

He performed alongside Mr. Seeger more than 50 times in the last 10 years of Mr. Seeger's life, learning many of his songs and the stories behind them.

Audience members will get to experience those songs during the concert.

"The audience will get to hear plenty of stories, and whether or not you followed his career, everyone will learn something new about one of America's most important and influential musicians of the past 100 years," Mr. Handy said.

Beginning the very night after Mr. Seeger died in January 2014, tribute concerts were being presented throughout the region. Mr. Handy participated in many of these tributes with other musicians including Peter Yarrow (of Peter Paul

and Mary), Tom Chapin, David Amram, Holly Near and Guy Davis.

Soon he began presenting tribute concerts both solo and with his band.

"I've always felt that an individual can leave a positive mark on the world. I also eventually came to realize that I could make a difference through music," Mr. Handy said. "Pete showed me that it's not just the content of a song that makes the difference. It's the humanity and the interaction you have with people through both writing and performing your music. That's what touches people most. Pete knew how to make an audience feel comfortable, get involved in the conversation, and be part of the collective experience."

What began as a goal to perform a "Remembering Pete Seeger" concert in all of New Jersey's 21 counties soon became a mission to also bring the tour to all 50 U.S. states, all 13 Canadian provinces and territories and as many other countries as possible.

Mr. Handy is currently working on the first of three "Pete, Woody and Me" CDs featuring his own songs, as well as those of Mr. Seeger and Woody Guthrie.

The cost for the concert is \$15 for general admission. Active duty military and Down



Spook Handy will present a concert titled "Remembering Pete Seeger" at 7:30 on Friday, Sept. 11, at Trent River Coffee Co. in New Bern and again at 7:30 Saturday, Sept. 12, at Clawson's Restaurant in Beaufort. (Contributed photo)

East FolkArts Society members may purchase tickets for \$12.

Tickets for full-time students are \$8.

To reserve tickets visit www.downtownfolkarts.org/Concerts or call 252-646-4657 or send email to folkartsenc@gmail.com.



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Proceeds to benefit
Carteret Community College Foundation

CHILDREN | FROM PAGE 9

Water Tower Park, face painting and balloon sculpting.

There will also be several vendors giving away free gifts and information. Ronald McDonald will visit, as will Curly Top from Emerald Isle Dairy Queen and Cow from Morehead City Chick-fil-A.

A raffle drawing will take place and excellent prizes will be awarded in three different age groups.

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CONVENIENT SCHEDULE FOR RETIREES AND STAY AT HOME MOMS.

September 2015*

MONDAY
9:30-10:15am: Yoga for SENIORS
10:30-11:30am: Yoga 101
11:15-12:15: Funky Flow
4:30-5:30pm: Posers- TEEN Yoga

TUESDAY
10:30-11:30am: Hatha Flow with Me
11:45-12:15pm: Guided Journe'd Meditation

WEDNESDAY
9-10am: CORE Yoga
4:00-5:00pm: Over the Hump Hatha
1:00-2:00pm: Power Flow

THURSDAY:
9:15-10:00am: Meditation & Pure Stretch
10:30-11:30am: Lean on Me- Wall Yoga

FRIDAY:
10:00-11:00am: Sweet & Sweaty HOT Yoga
6:00-7:00pm: TGIF Yoga

SATURDAY:
9:00-10:00am: HOT Yoga
10:30-11:30am: Weekend Flow

SUNDAY:
9:15-10:15am: Move Your Asana
10:30-11:30am: Yin & Restore

* Partial schedule and is subject to change.

Check out our website for full schedule and descriptions!
4915-1 Arendell St., Morehead City
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SUDOKU

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

	4		8					6
				1	7			
3		7						2
		4	2			7		
				5		9	1	
				4				
								5
		1			6			
2	6		1	9	5			

Level: Intermediate

6	5	4	3	2	9	8	1	7
2	9	1	4	7	8	3	6	5
3	7	8	6	5	1	4	2	9
7	8	3	1	6	5	9	4	2
4	6	2	7	9	3	1	5	8
5	1	9	8	4	2	7	3	6
9	4	6	2	3	7	5	8	1
8	2	7	5	1	4	6	9	3
1	3	5	9	8	6	2	7	4

Editor's Note:

Sudoku puzzles and answers are published in the next edition this week.

COMMUNITY CALENDAR

Calendar deadline is two weeks prior to the start date of the event. Send an email that includes the event time, date, location including address, admission price and contact information to megan.soult@thenewstimes.com

* Find the full calendar online at carolinacoastonline.com by hovering over TWM and choosing the "Calendar" option, or on a mobile device, choose "Calendar" from the drop-down menu.

Arts and Education

CPR AND FIRST AID FOR ADULTS, CHILDREN AND INFANTS 5:30-9 p.m. September (date to be announced) American Heart Association CPR Certification provides training on how to correctly perform CPR on adults, children and infants, as well as basic first aid. All students must preregister. Certification class fee is \$34, and no textbook is needed. Participants must preregister and prepay for this class. Total class size is nine participants. To register, call 252-354-6350.

AUTUMN GARDEN HOURS 9 a.m.-6 p.m. Monday through Saturday and 1-6 p.m. Sundays from Friday, Sept. 3, through Saturday, Oct. 31, at Tryon Palace. Last tickets are sold at 4:30 p.m. each day.

WALKING CLUB 9 a.m. Fridays from Sept. 4 to Oct. 23 at the Emerald Isle Community Center with different routes walked each week; most walks will be two to three miles. Rain location will be the Emerald Isle Community Center gymnasium. This program is open to participants of all ages. Anyone under 16 must be accompanied by a parent or guardian. For more information, contact Lainey Gottuso at lgottuso@emeraldisle-nc.org or 252-354-6350.

'OLIVER!' Fridays through Sundays, Sept. 4-6 and Sept. 11-13, at Carteret Community Theatre in Morehead City. Friday and Saturday shows start at 8 p.m., and Sunday shows start at 2 p.m. Tickets are available at www.carteretcommunitytheatre.org. For more information, call 252-497-8919.

ALIVE AT FIVE CONCERT SERIES 5-8 p.m. Friday, Sept. 4, at Jaycee Park, 807 Shepard St. Morehead City. No coolers or outside beverages allowed. North Tower will perform. For more information, contact Lisa Rueh at 252-808-0440.

STANLY-SPAIGHT DUEL 4 p.m. Saturday, Sept. 5, at Tryon Palace South Lawn. On September 5, 1802, a prominent New Bern lawyer met his political rival, a former state governor, in a lethal duel on the streets of New Bern. Step back in time to an era where a man's personal honor was his most cherished quality and any incursion on this prized value could result in fiery and violent retribution. Watch the drama unfold in a gripping re-enactment of that fateful day. Come early and enjoy the gardens before a special performance by Tryon Palace's Fife and Drum Corps starts off the event at 4 p.m. In the event of rain, performances will be moved into the N.C. History Center's Cullman Performance Hall. Tickets are

\$6 per adult and \$3 per student or are included with regular admission.

SWANFEST 6:30-8 p.m. Sunday, Sept. 6, at the pavilion at Olde Town Square in downtown Swansboro. Chris Cavanaugh will perform. No alcohol or pets. For more information, visit www.seasideartscouncil.com.

THREE-ON-THREE BASKETBALL TOURNAMENT 10 a.m. Monday, Sept. 7, on Newport Courts at 2497 East Forest Drive, Newport. The tournament is hosted by the town. Preregister teams at Newport Town Hall by Monday, Aug. 31. Brackets are 12 and under, 13-14, 15-17 and 18 and older. The cost per team is \$50. Cash or money order only. The champions will receive prizes and trophies. For more information, call 252-223-4749 or go to www.townofnewport.com.

CRYSTAL COAST CHORAL SOCIETY REHEARSALS 7-9 p.m. Tuesday, Sept. 8, at Swansboro United Methodist Church. The Choral Society is a mixed-voice community chorus. All parts are needed, and there are no auditions. The choral society will rehearse each Tuesday for two December concerts. New members are accepted until Tuesday, Sept. 29. For more information, call 910-324-6864 or visit www.crystalcoastchoralsociety.org.

SHOE FUNDRAISER 7 a.m. to 6 p.m. Wednesday, Sept. 9 and 7 a.m. to 4 p.m. Thursday, Sept. 10, in Meeting Room One-Rotunda at Carteret Health Care. This is a special fundraising event sponsored by Carteret Health Care Auxiliary and Volunteers. Dansko, Klogs, Timerland, Mozo, Grey's Anatomy, Mozo, Sanita, Clarks, JoJoSox, Sanik, Sockwell and MDF shoes will be available. For more information, call 252-726-9132.

BEGINNER TAI CHI CLASSES noon-1:30 p.m. Wednesday, Sept. 9, and 11 a.m. to 12:30 p.m. Saturday, Sept. 12, at the Morehead City Parks and Recreation Department, 1600 Fisher St. The three-month classes are part of the Taoist Tai Chi Society. For more information, visit taoist.org. To speak with an instructor, call Terri Thomas at 252-314-4110.

CHURCH SUMMER CONCERT SERIES 6:30 p.m. Friday, Sept. 11, at St. Francis by the Sea. Katherine Lynn Anderson, coloratura soprano, will deliver a program of "Classical Works for Solo Voice." Linda Laughton will be playing the piano.

FRIDAY FREE FLICKS 7 p.m. Friday, Sep. 11, at the Emerald Isle Parks and Recreation gymnasium. Movies are family oriented, and fee to the public. Children must be accompanied by an adult. Popcorn and drinks are available for \$1. Bring chairs or a blanket. No outside food or beverages. Call 252-354-6350 for movie title one week prior to showing.

'LOCAL KNOWLEDGE FOR RECREATIONAL BOATERS' Saturday, Sept. 12. This half-day class will be taught by certified instructors of the Morehead City Coast Guard Auxiliary. It will review aids to navigation, safe passage in the local waters of the area and a brief history of important local areas. The course is suitable for beginning and advanced boaters. The fee for materials is \$20 with a family discount available. For more information or to enroll, contact Ben Crabtree at 252-808-3091 or email benandlibbie1@embarqmail.com. Space is limited and advanced pre-registration is strongly recommended.

TRYON'S EXPLORERS: LIFE IS A GARDEN 10 a.m. Saturday, Sept. 12, at Tryon Palace grounds, meet at ticket desk in Mattocks Hall. Children ages 6-10 can explore the lush Kitchen Garden to discover how the royal governor's food was grown in the 18th century and plant a seed to bring home. Tickets cost \$6 per child with one accompanying adult free. Additional adults cost \$6 included with regular admission. To register, call 252-639-3500. Space is limited to 20 children. Extra openings will be filled the day of the event on a first-come, first-served basis. If you are a Home School Group and would like to book a tour, please contact Group Services, 252-639-3524.

CONTEMPORARY BOAT-BUILDING CARPENTRY COURSE 9 a.m.-4:30 p.m. Saturday, Sept. 12 and Sunday, Sept. 13. The course, which started Saturday, July 25, and is designed for ages 16 and older, will teach different methods used for building round-bottom boats. Course costs \$135 per person, and advance registration is required by calling 252-728-7317. Other dates, also Saturday and Sunday, include: Dec. 12-13.

PINTS FOR A PURPOSE 3-8 p.m. Saturdays, Sept. 12 and Oct. 2, at Tight Line Brewing Co. Two bands will perform, and there will be games. All proceeds benefit the Wounded Warrior Project. For more information, contact Tight Line Brewing Co. at 252-773-0641.

'MEET THE MORMONS' MOVIE NIGHT 6 p.m. Saturday, Sept. 12, at the Church of Jesus Christ Latter-day Saints, 125 McCotter Blvd., Havelock. The event is appropriate for all ages. For more information, call 252-622-0548 or 252-622-1084.

SWANFEST 6:30-8 p.m. Sunday, Sept. 13, at the pavilion at Olde Town Square in downtown Swansboro. Searce & Ketner will perform. No alcohol or pets. For more information, visit www.seasideartscouncil.com.

BOATING SKILLS AND SEAMANSHIP CLASS 7-9 p.m. each Monday and Wednesday from Monday, Sept. 14, to

CALENDAR | CONTINUED ON 13

Wednesday, Oct. 24. Also, an About Boating Safely class is being offered Saturday, Sept. 26. The class is offered by the U.S. Coast Guard Auxiliary out of Swansboro. This class is a great refresher for those who have boated in the past but haven't done so in a while or new boaters who want to add some new skills to their repertoire. Some of the topics that will be covered include: equipping a boat, trailing, rules to follow, highway signs, radios, lines and knots, weather, introduction to navigation and a local-knowledge class. For more information, contact Steve Mathusek at smathusek@ec.rr.com.

BUILD A BOAT IN A DAY COURSE 9 a.m.- 4:30 p.m. Saturday, Sept. 19, at the Harvey W. Smith Watercraft Center. Each adult and child team uses the stitch-and-glue technique to assemble a prepared kit for a small flat-bottomed plywood boat suitable for rowing or paddling. The boat is 7' 10" long, 32' wide, and weighs about 40 pounds. By the end of the class each boat will be completed to a watertight condition and clear-coated with epoxy. Detail finishing and painting is the responsibility of team members and may not be undertaken in the Watercraft Center. Teams are limited to a maximum of 4 persons, at least one of whom must be an adult. Course Fee: \$300. Please Note: Completed boat has a maximum weight capacity of 110 pounds. Minimum age: 8 yrs. old. Advance registration is required. For more information, call 252-728-7317.

NINTH ANNUAL FLOUNDER SURF FISHING TOURNAMENT Saturday, Sept. 19 through Saturday, Oct. 3. (Registration began Saturday, Aug. 22.) All flounder must be caught by fishing on foot (surf, pier, inlet or sound) from Fort Macon to Emerald Isle. Sponsored by Emerald Isle Parks and Recreation and The Reel Outdoors. For more information, contact 252-354-6350.

HERITAGE DAYS Friday-Saturday, Sept. 18-19, at the Newport Town Park on Howard Blvd. Newport is celebrating the third "Heritage Days." The celebration begins Friday evening with music, entertainment and food vendors. The event continues at 11 a.m. Saturday with a parade throughout downtown Newport. The parade ends at the Newport Park where there will be Civil War re-enactors, heritage demonstrations and craft vendors. The celebration is catered by Fat Fellas BBQ & Grille and there are also several other food vendors. There will be games for children, a petting zoo and exotic animals.

NEWPORT HERITAGE DAYS PARADE 10 a.m. Saturday, Sept. 19, beginning on Chatham Street in Newport. Featuring the 2D MAW Band and West Carteret High School Band. To take part in the parade, call Joyce at 252-223-5900.

EMERALD ISLE'S DAY4KIDS 10 a.m.- 2 p.m. Saturday, Sept. 19, at Emerald Isle Recreation Center, offering visitors activities, games, face painting and more. For information or to become a vendor, call 252-354-6350.

"DOWNTON ABBEY TEA" 2-4 p.m.

Sunday, Sept. 20, at the Downtown Chapel, 16 Main St., Swansboro. Event is sponsored by the Friends of Swansboro Public Library. Tickets are \$25 and will be sold at the Swansboro Library. Only 60 tickets will be sold. Door prizes, prizes for the best hat and costume, as well as a silent auction and live entertainment will add to the festivities. For more information, call 910-326-4888.

MUMS FOR MISSIONS The outreach committee from Ann Street United Methodist Church in Beaufort is selling Chrysanthemums for their fall fundraiser. All proceeds will go towards the ministries of Loaves and Fishes including Backpack Blessings. All mums be pre-ordered and pre-paid. The deadline is noon Monday, Sept. 21. The chrysanthemums are in 3-gallon containers and cost \$15. They come in white, yellow or burgundy. The pickup date is 5 p.m. Friday, Sept. 25, at the Ann Street United Methodist Church Educational Building parking lot. For more information, call Oriol Homan at 252-723-2687. Mail orders and payment to Oriol Homan, 200 Fairview Drive, Beaufort, N.C. 28516.

AUTUMN AFFAIR 6-10 p.m. Saturday, Sept. 26, at the Havelock Tourist and Event Center, featuring music, a live auction and raffle to benefit the Boys and Girls Club of Coastal Carolina. For more information, visit www.bgccc.net.

FALL FESTIVAL 9 a.m.- 4 p.m. Saturday, Sept. 26, at Bridgeway Church of the Nazarene in Beaufort. The festival will feature Smithfield Chicken and Barbecue plates, a bouncy house, funnel cakes, vendors and yard sales. Tickets for the barbecue plates are \$10. For more information, call the church at 252-728-1929.

CELEBRATING TRYON PALACE Saturday, Sept. 26 through Sunday, Nov. 8, at the Duffy Exhibition Gallery in the North Carolina History Center. Admission is free. In honor of the Tryon Palace Commission's 70th anniversary, Celebrating Tryon Palace explores the founding of the commission and its contributions to Tryon Palace over the past 70 years, including its support for the North Carolina History Center, which will celebrate its 5th anniversary this October.

KITCHENS OF NEW BERN TOUR Saturday, Sept 26, at various New Bern kitchens including Tryon Palace Kitchen office. Join homeowners who have opened their kitchens in support of the Food Bank of Central and Eastern North Carolina at New Bern as they invite you to garner ideas for designing your own new kitchen or renovating the existing center of your home. Capture the newest industry ideas and learn about state-of-the-art products from our sponsors. Savor special tastings by local chefs and enjoy a day of fun in historic New Bern. For more information or to purchase tickets, visit foodbankcenc.org/KitchenTour or call 252-375-8098.

ALL CLASS MOREHEAD CITY HIGH SCHOOL REUNION 11 a.m. to 2 p.m. Wednesday, Sept. 30, at the Sanitary Fish Market and Restaurant. This

reunion is sponsored by the class of 1961 and 1964, and is for all people who attended Morehead City High School. For more information, call 252-726-3616.

GORDIE MCADAMS SPECKLED TROUTSURFFISHINGTOURNAMENT Friday, Oct. 2-Friday, Oct. 16, requires all trout to be caught by fishing on foot (surf, pier, inlet or sound) from Fort Macon, Atlantic Beach to Emerald Isle. For information or to register, call 252-354-6350.

29TH ANNUAL NCSF TWIN BRIDGES 8K RUN 8 a.m. Saturday, Oct. 3, just west of the Beaufort drawbridge on the Beaufort-Morehead City causeway. The Morehead City Parks and Recreation Department sponsors the race in conjunction with the N.C. Seafood Festival held on the Morehead City Waterfront the first weekend in October. The race will finish in front of the Bella Pizza and Subs on the Atlantic Beach Causeway. Race BibTag timing chips will be used to time the race. Race bib numbers must be worn on the racer's front and in an easily readable position. No runner will be allowed through the race finish chute if his or her number is not visible. This is a running event; walkers are not allowed.

YOUTH TENNIS "HOW TO PLAY TENNIS" WITH TONY PEREIRA 4-5 p.m. Mondays from Oct. 5 to Nov. 9. It's \$70 for the six-week session for ages 11-13. Only for those that have taken beginners clinic. Registration is limited to six students. Participants must register by Sep. 30.

DR. BOGUS FREE SURF FISHING SEMINAR 6 p.m. Monday, Oct. 5, at Emerald Isle Parks and Recreation Community Center. For information, call 252-354-6350.

FREE FRIDAY FLICKS 7 p.m. Friday, Oct. 9, at the Emerald Isle Parks and Recreation gymnasium. Movies are family oriented, and fee to the public. Children must be accompanied by an adult. Popcorn and drinks are available for \$1. Bring chairs or a blanket. No outside food or beverages. Call 252-354-6350 for movie title one week prior to showing.

CARTERET COUNTY VETERAN STAND-DOWN 10 a.m.-2 p.m. Thursday, Oct. 15. The location is to be announced. 10-11 a.m. is for veterans only. The purpose of a veteran stand-down is to provide a wide range of support services at one location for homeless veterans, disabled veterans and all military. Veterans need to bring some form of veteran ID. For more information, contact Rebecca Sotirkys at 252-726-7151 ex. 204.

FALL IN THE WATER MEET 1-5:30 p.m. Saturday, Oct. 17, at Gallants Channel, an extension of the N.C. Maritime Museum at 172 West Beaufort Road, Beaufort. Free boat rides and ticketed event barbecue. For information, visit www.ncmaritimemuseums.com.

AIDS TO NAVIGATION CLASS, DINNER AND COASTAL CRUISE 3 p.m. Saturday, Oct. 17, at the Sanitary Fish Market and Restaurant

in Morehead City. The cruise aboard the *Carolina Princess* starts at 6 p.m. During the class, students will learn how to navigate coastal waters at night. The cost is \$50 for the class, dinner and cruise. The class is \$25 for those under the age of 16, but older than 7. The money must be received by Thursday, Oct. 1. For more information, contact David Aitken at dlaitkeng@gmail.com or by calling 252-503-7124.

FIRST AID AND CPR CERTIFICATION CLASS 9 a.m.-1 p.m. Thursday, Oct. 22, at the Community Center, 7500 Emerald Drive, Emerald Isle. There will not be a break for lunch, but snacks are welcome. Maximum class size is nine. A minimum of six students is required. Certification class fee is \$35 and is due at time of registration, no exceptions. There are no textbook fees. Participants must pre-register and prepay for this class. To register, contact Sarah McNally at 252-354-6350 or smcnally@emeraldisle-nc.org.

AMERICAN RED CROSS BLOOD DRIVE 2-7 p.m. Friday, Oct. 23, at Emerald Isle Parks and Recreation Community Center. For more information, call 252-354-6350.

TUNA RUN 200 an overnight relay adventure in which a team runs an accumulation of 200 scenic miles to finish at the beach for tuna and drinks. The event starts at Lake Benson Park in Garner and finishes in Atlantic Beach. Teams are typically composed of four to 12 runners who split up 36 legs. For information, email info@tunarun200.com.

HALLOWEEN CARNIVAL 6-8 p.m. Friday, Oct. 30, at Emerald Isle Parks and Recreation. Event features an art activities where participants create a glow-in-the-dark mural, a photo booth, safety identification kits and trunk-or-treat. For information, call 252-354-6350.

RUN YOUR 'BOOTY' OFF 9 a.m.-noon, Saturday, Oct. 31, at Katherine Davis Park. For more information or to register, visit www.bgccc.net.

TOWN OF EMERALD ISLE TRICK OR TREAT 6-8:30 p.m. Saturday, Oct. 31. Emerald Isle will officially observe Halloween Trick or Treat. For Halloween safety tips, information on the Town's annual Halloween carnival and fun Halloween ideas, visit www.emeraldisle-nc.org.

KINDERGARTEN THANKSGIVING 9-11:30 a.m. Monday-Friday, Nov. 2-6, and Nov. 9-13, open to kindergarten classes where children visit Beaufort Historic Site to learn how life was long ago. For reservations, call 252-728-5225 or email pr@beauforthistoricsite.org.

BOAT SHOP BASH 6:30-10 p.m. Saturday, Nov. 7, at the Harvey W. Watercraft Center, Beaufort. The fundraiser helps support the Friends of N.C. Maritime Museum and includes music, food and live and silent auctions. Tickets are available online at www.ncmaritimemuseums.com or by calling 252-728-7317.

FRIDAY FREE FLICKS 7 p.m. Friday, Nov. 13, at the Emerald Isle Parks and Recreation gymnasium. Movies are

family oriented. Free and open to the public, children must be accompanied by an adult. Popcorn and drink for \$1.00. Please bring chairs and or blankets, no outside beverages or snacks. Call 252-354-6350 for movie title one week prior to showing.

TRADITIONAL BOATBUILDING CARPENTRY COURSE 9 a.m.-4:30 p.m. Saturday and Sunday, Nov. 14 and 15, at the Harvey W. Watercraft Center. Traditional techniques, developed to solve woodworking problems unique to vernacular boatbuilding, are taught in this hands-on workshop. Participants work as a team to construct a twelve to fourteen-foot version of a traditional "rack of eye" flat-bottomed skiff. In the process they learn how to set up the boat, splice and bend planks, plane bevels, erect framing, and explore fastening options and the characteristics of traditional boatbuilding woods. The course fee is \$135. Minimum age is 16 years old. This course counts as a pre-requisite for the Nine-Day Boatbuilding Course. Advance registration is required. For more information, call 252-728-7317.

JUMBLE SALE 9 a.m.-3 p.m. Saturday, Nov. 21, at the Beaufort Historic Site, featuring a community market offering art, crafts, holiday gifts, food and more. No admission charge. For vendor information, call 252-728-5225 or email pr@beauforthistoricsite.org.

COMMUNITY THANKSGIVING FEAST 11:30 a.m.-1 p.m. Sunday, Nov. 22, on the grounds of Beaufort Historic Site, for a traditional turkey dinner provided by some of the area's finest restaurants. Dinners are available for take-out or for dining under the tent. To purchase tickets, call 252-728-5225.

EMERALD ISLE CHRISTMAS PARADE 3 p.m. Saturday, Nov. 28, along Highway 58 in Emerald Isle. Following the parade, the lighting of the Christmas tree will take place at Merchant's Park.

4TH ANNUAL HOLIDAY ARTS AND CRAFTS FAIR 8 a.m.- 6 p.m. Saturday, Nov. 28, at the Emerald Isle Parks and Recreation gymnasium. The Fair will feature all handmade or hand-authenticated items from local artisans and crafters. For more information or to become a vendor, contact Lainey Gottuso at 252-354-6350 or lgottuso@emeraldisle-nc.org. There is no application deadline but space is limited and expected to fill up quickly.

CRYSTAL COAST CHRISTMAS FLOTILLA 5:30 p.m. Saturday, Dec. 5, featuring lighted boats, yachts, oars, kayaks and commercial vessels decorated for the season. Boats can be seen along Morehead City's downtown waterfront at 5:30 p.m., and at 6:15 p.m. at Beaufort. Cash prizes are awarded. To register, call 252-728-7317 or visit www.ncmaritimemuseums.com.

CORE SOUND WATERFOWL WEEKEND Friday-Sunday, Dec. 4-6, at Core Sound Waterfowl Museum and Heritage Center, Harkers Island. Experience an array of educational exhibits and competitions along with arts and crafts. For more information, visit coresound.com.

NIGHTLIFE CALENDAR

Morehead City
FLOYD'S 1921 RESTAURANT: Mac N Juice Friday, Sept. 18; 4EverAll Thursday, Sept. 10; The Ends Saturday, Sept. 19.

SNAPPERZ GRILL AND STEAM BAR: 4EverAll 7-10 p.m. Saturday, Sept. 19, Friday, Oct. 2 and Saturday, Oct. 24.

JUST BRING THE DRESS: Pauline Smith 6-8 p.m. Thursday, Sept. 10.

Atlantic Beach
AMOS MOSQUITOS: Karaoke 5-9 p.m. Thursdays.

CRAB'S CLAW: John Nelson Monday, Sept. 7.

Beaufort
CLAWSON'S 1905 RESTAURANT & PUB: Friday

Night Flights N.C. beer tasting 5-7 p.m. Friday, Sept. 4. Taste a selection of beer from Sierra Nevada of Mills River, Natty Greene's Brewing Co., New Belgium Brewing of Asheville and Big Boss Brewing Co. The event is free. For more information, call 252-728-2133.

BEAUFORT HISTORIC SITE: John Nelson 1-4 p.m. Saturday, Sept. 5, at the Carteret County Arts & Crafts Coalition Show.

THE DOCKHOUSE: 4EverAll 9 a.m.-1 p.m. Friday, Sept. 18.

AQUA RESTAURANT: WineOrama Wine Tasting 6 p.m. Tuesday, Sept. 15. Taste four wines with an industry expert and take home your favorites. Cost is \$10. Reservations accepted by the phone at 252-728-7777 or online

at aquaexperience.com.
QUEEN ANNE'S REVENGE: John Nelson 5-8 p.m. Sunday, Sept. 6.

BACKSTREET PUB: Blue Moon Jazz Sunday, Sept. 6.

Cedar Point
HARRIKA'S BREW HAUS: Tastings 6-9 p.m. each Thursday; Music and \$3 Drafts 7-10 p.m. Fridays, includes open microphone, live karaoke and duets or solo acts with \$3 draft beer; Biergarten 7-10 p.m. Saturdays featuring live entertainment for visitors to enjoy while sipping beer. Drink specials are also available.

SALTY AIR OPEN MARKET: Pauline Smith noon-3 p.m. Sunday, Sept. 6.



John Nelson

John Nelson will perform from 1 to 4 p.m. Saturday, Sept. 5, at the Beaufort Historic Site for the Carteret County Arts & Crafts Coalition Show. (Contributed photo)

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CCACC
Carteret County Arts & Crafts Coalition

37TH ANNUAL FALL ART SHOW
Labor Day Weekend
September 5th & 6th
10-5 Saturday & 12-5 Sunday
Located at the
Beaufort Historic Site,
Turner St., Beaufort, NC
ccartsandcrafts.com
arts.crafts.coalition@gmail.com



The North Tower Band kicks off Labor Day weekend with the Alive at Five concert series. The show is from 5 to 8 p.m. Friday, Sept. 4, at Jaycee Park in Morehead City. (Contributed photo)

Alive at Five features North Tower Band

Kicking off the Labor Day weekend on Friday, Sept. 4, the North Tower Band takes command of the Morehead City waterfront.

North Tower has been one of the South's great party bands for more than 30 years, providing the best in oldies and beach.

North Tower began in 1975 as an a cappella quartet comprised of a group of friends who attended UNC-Chapel Hill.

The name of the group represents an area of the Old East dormitory, where some of the members lived.

The group shared a common appreciation of intricate four-part vocal harmonies and quickly garnered praise for their performances around the Triangle area.

The focus on strong vocals became a hallmark of the North Tower tradition, which continues today.

Gary Dennis, who was a member of the North Tower Quartet, and Doug Manning, a Raleigh-based musician and vocalist, were playing in a Top 40 band called Carolina Trace in 1979, when they decided to form a new beach top 40 and show group.

They decided to retain the North Tower name and called the new group the North Tower Band.

Their original act was a 1950s routine called "Tom Ed White and The Comets." The expanded group began touring the Mid-Atlantic States performing a mix of hits from the current charts, as well as classics from the past.

This move proved successful and the group decided to pursue

the music business full-time in 1980.

Throughout the 80s, the band continued to establish itself as one of the most popular acts in the Southeast.

The band was known for its floor shows, which included a celebration of the 50s era, a tribute to the musical genius of the Motown-era, a tribute to Frankie Valli and a spoof of the Oak Ridge Boys, a popular country group from the 1980s.

The band also entered the beach music market by recording several singles that received regional airplay.

The success of their early recordings led to the release of a project called "Let's Go 'Round Again" in 1989. That recording contained "Paula," an original tune by Mr. Manning and Bob Craig, which received the Original Song of the Year award at the 1989 Beach Music Awards.

Even in 1991, an era when grunge and rap were king, clients and audiences alike loved the brass. The group made several long trips in the 1990s taking the party to New York, Montreal, Tampa and Phoenix, as well as continuing to perform numerous dates a year in Virginia and the Carolinas.

In 2004, the band released the studio album "It's About Time." The album featured the monster beach hit, "Chasin' Dreams." The song stayed at the top of the beach music charts for several months.

For more about the band, visit www.norhttowerband.com.

There will be a special Halloween edition of Alive at Five

on Thursday, Oct. 29, featuring the Band of Oz. The Band of Oz was originally scheduled for Aug. 7, but was rescheduled due to inclement weather.

The Alive at Five concerts are from 5 to 8 p.m. at Jaycee Park, 807 Shepard St. in Morehead City. No coolers or outside beverages are allowed

at these concerts.

For more information on Alive at Five or any other activities, call 252-808-0440 or go to www.downtownmoreheadcity.com.



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Girl Scouts-NC Coastal Pines calls for new girls and volunteers to join the fun

As families are starting back to school, Girl Scouts – N.C. Coastal Pines is inviting girls to join the fun and register for Girl Scouts.

Providing countless opportunities for making friends, trying new things and exercising leadership skills through activities like building robots, participating in the Girl Scout Cookie Program, playing sports and more, Girl Scouts is a way to engage girls all year round.

National studies from the Girl Scout Research Institute (GSRI) show it's not just what girls do, but how they do it that makes Girl Scouts so beneficial. Girl Scouts is unique because girls get to learn by doing, and they do so in a girl-led environment.

This means that, in addition to girls learning in a hands-on and active way, they are encouraged to choose their activities, decide which topics they want to explore and determine how they want to go about exploring them.

Girl Scouts is the largest girl-led organization in the world, and it is a significant contributor to its members' success in and

enjoyment of life.

GSRI reports that at least 75 percent of girls who experience the fun of "learning by doing" and are part of a girl-led program become better at conflict resolution, problem solving, team building and cooperation and developing self-confidence.

In addition, nearly three in four girls who experience learning by doing and who are part of a girl-led program say that, because of Girl Scouts, they've become a leader in more activities with their friends and classmates, as well as in their community.

"When girls lead, the world succeeds. Girl Scouts is the largest organization in the world where girls call the shots and take charge of their own future," said Anna Maria Chávez, CEO of Girl Scouts of the U.S. "A troop who loves rollercoasters might invite an engineer to join them at their local amusement park to learn about what makes their stomach drop in real time, while another troop might be interested in what happens when you recycle a bottle, and plan a visit to their town's recycling

plant. By doing what they're interested in and deciding how to learn more, they are developing leadership skills that aren't offered by any other extracurricular activity."

Hands-on learning opportunities and girl-led experiences within Girl Scouts supplement the academic learning girls receive in school.

These fun and empowering experiences have been shown to boost girls' social and emotional skills, which are not generally part of a school curriculum, as well as improve academic performance.

Additionally, since learning by doing is best facilitated in small environments, Girl Scouts' 3-to-1 adult volunteer to girl ratio gives girls the optimal experience to tap into their interests and talents, and the opportunity to explore fun new things like STEM, entrepreneurship and the outdoors.

"Learning by doing is essential to the Girl Scout Leadership Experience here in Central and Eastern North Carolina and our mission of building girls of courage, confidence and character," said Lisa Jones, chief executive officer at Girl Scouts – N.C. Coastal Pines. "We hope girls follow the fun with Girl Scouts this year and adults, too. As Girl Scout volunteers, adults help girls make friends, have new adventures, and do great things."

GSRI reports girls who experience learning by doing and are part of a girl-led program are more likely to develop confidence, healthy relationships, critical thinking, problem solving and positive life skills.

Girl Scouts also provides benefits that directly complement all of the great work girls are already doing in school every day. Girls who experience learning by doing and who are a part of a girl-led program learn not

to avoid things that are hard for them, but rather to take these challenges head on, practice creative problem solving, learn from mistakes and grow—all skills that will help girls succeed throughout school and life.

While Girl Scouts is open to all girls from kindergarten through grade 12, anyone over the age of 18 can become a Girl Scout volunteer. Girls cannot experience the positive impact of Girl Scouts without adult volunteers, and each adult who volunteers has the opportunity to make a real difference in the life of a girl.

Girl Scout volunteers come from all walks of life; they are men, women, young professionals, retirees, college students and more. Both girls and adult volunteers can join at any time of the year.

To join Girl Scouts or learn more about volunteering, visit: www.girlscouts.org/join.

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NORTHTOWER

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