

LUKE NICHOLS. DAILY SUN SPORTS EDITOR

First row: Brian Heusman, Joel Rathe, Mark Stark, Tristan Dirks, Trace Dirks, Antonio Corocher, Cameron VanGroningen; Second row: Dylan Benson, Austin Walters, Mason Gee, Micah Erickson, Austin Buss, Seth Harms, Nyckalas Rakes, Chris Vermeer; Third row: Asst. Coach Brent Heusman, Asst. Coach Andy Saathoff, SM Kaleb Masur, SM Derek Buss. Spencer McClellan. Ben Hier, SM Sam Boldt, SM Sam Agena, Head Coach Arlo Wusk.

STERLING FOOTBALL

LUKE NICHOLS Daily Sun sports editor Class: D2

Head coach: Arlo Wusk Years as coach: 33rd **Assistants:** Brent Heusman

Last year's record: 4-5

2016 schedule

08/26 Lawrence-Nelson

@Lourdes CC
Friend
@Meridian
BDS
@Pawnee City
@Johnson-Brock
Falls City SH

2016 outlook

The Sterling Jets return 12 starters from last year's team that finished 4-5.

Gee, Austin Walters, Seth Harms and Austin Buss.

They also return one-year letterwinners Trace Dirks, Cameron Roster VanGroningen, Spencer McClellan, Tristan Dirks and Nyck Rakes.

"We need to replace two running backs, but we have our line returning," said Sterling coach

Those returners include two- Arlo Wusk. "We we believe we can year letterwinners Dylan Benson, be competitive with the teams on Micah Erickson, Ben Heier, Mason our schedule We have good size, but average speed and a large senior class."

Brian Heusman Joel Rathe Mark Stark Tristan Dirks Trace Dirks

Antonio Corocher Cameron VanGroningen Dylan Benson **Austin Walters** Mason Gee Micah Erickson **Austin Buss** Seth Harms Nyckalas Rakes Chris Vermeer Spencer McClellan Ben Hier



First row: Karrington Stout, Liset de Haan, Alisha Fisher, Colby Thies, Sheanna Stolz; Second row: Sydney Huls, Nicole Harms, Carly Wenzl, Emily Agena, Malayna Wingert, Morgan Haner; Third row: Asst, Coach Ann Parrish, SM Macy Richardson, SM Tara Walters, SM Macie Whalen, SM Belle Haner, SM Ella Wingert, Head Coach Stan Karr.

STERLING VOLLEYBALL

LUKE NICHOLS Daily Sun sports editor

Class: D1

Conference: Pioneer

Coach: Stan Karr

Years as coach: 21st Career record: 516-313

Assistants: Ann Parris, Teresa Haynes

Last year's record: 14-16

2016 schedule

09/01-03 @Freeman Invite SH

@Freeman 10/28 09/08 @Falls City/Pawnee City 09/12-15 @MUDECAS @Diller-Odell 09/20 Dorchester 09/27 10/01 @Conestoga Tourney 10/04 @College View/ Lewiston 10/06 Elmwood-Murdock 10/08 @Falls City Invite Johnson-Brock 10/13 10/17-21 @Pioneer **Conference Tourney** 10/25 Lourdes CC/Falls City

@Tri County 2016 outlook

The Sterling volleyball team will lack experience entering the 2016 season.

In addition to losing six seniors off last year's team, they also lose their leading attacker in Taylor Cockerill, whose father took a job at Waverly as the head girls basketball coach.

That just leaves one returning senior and one junior, but fortunately the Jets have six sophomores, two freshmen and a foreign

exchange student.

"None of these girls have substantial playing time in there and tough out some except sophomore Morgan Haner," said Sterling coach Stan Karr. "So this will be a rebuilding year, but will be a fun season because they are a good group to work with because they're eager to learn and very coachable."

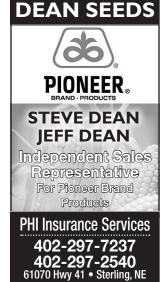
Karr hopes his team can show steady improvement throughout the year.

"It will be a tough season as so many teams on our schedule have a lot of re-

turning starters," Karr said. "So hopefully we can hang

Roster

Karrington Stout Liset de Haan Alisha Fisher **Colby Thies** Sheanna Stolz Sydney Huls Nicole Harms Carly Wenzl Emily Agena Malayna Wingert Morgan Haner





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