



LUKE NICHOLS, DAILY SUN SPORTS EDITOR

First row: Brian Heusman, Joel Rathe, Mark Stark, Tristan Dirks, Trace Dirks, Antonio Corocher, Cameron VanGroningen; Second row: Dylan Benson, Austin Walters, Mason Gee, Micah Erickson, Austin Buss, Seth Harms, Nyckalas Rakes, Chris Vermeer; Third row: Asst. Coach Brent Heusman, Asst. Coach Andy Saathoff, SM Kaleb Masur, SM Derek Buss, Spencer McClellan, Ben Hier, SM Sam Boldt, SM Sam Agena, Head Coach Arlo Wusk.

STERLING FOOTBALL

LUKE NICHOLS
Daily Sun sports editor

Class: D2
Head coach: Arlo Wusk
Years as coach: 33rd

Assistants: Brent Heusman
Last year's record: 4-5

2016 schedule
08/26 Lawrence-Nelson

09/02 @Lourdes CC
09/09 Friend
09/23 @Meridian
09/30 BDS
10/07 @Pawnee City
10/14 @Johnson-Brock
10/20 Falls City SH

2016 outlook
The Sterling Jets return 12 starters from last year's team that finished 4-5.

Those returners include two-year letterwinners Dylan Benson, Micah Erickson, Ben Heier, Mason Gee, Austin Walters, Seth Harms and Austin Buss. They also return one-year letterwinners Trace Dirks, Cameron VanGroningen, Spencer McClellan, Tristan Dirks and Nyck Rakes. "We need to replace two running backs, but we have our line returning," said Sterling coach

Arlo Wusk. "We believe we can be competitive with the teams on our schedule. We have good size, but average speed and a large senior class."
Roster
Brian Heusman
Joel Rathe
Mark Stark
Tristan Dirks
Trace Dirks

Antonio Corocher
Cameron VanGroningen
Dylan Benson
Austin Walters
Mason Gee
Micah Erickson
Austin Buss
Seth Harms
Nyckalas Rakes
Chris Vermeer
Spencer McClellan
Ben Hier



PHOTO SUBMITTED

First row: Karrington Stout, Liset de Haan, Alisha Fisher, Colby Thies, Sheanna Stolz; **Second row:** Sydney Huls, Nicole Harms, Carly Wenzl, Emily Agena, Malayna Wingert, Morgan Haner; **Third row:** Asst. Coach Ann Parrish, SM Macy Richardson, SM Tara Walters, SM Macie Whalen, SM Belle Haner, SM Ella Wingert, Head Coach Stan Karr.

STERLING VOLLEYBALL

LUKE NICHOLS
Daily Sun sports editor

Class: D1
Conference: Pioneer
Coach: Stan Karr

Years as coach: 21st
Career record: 516-313

Assistants: Ann Parris, Teresa Haynes

Last year's record: 14-16
2016 schedule
09/01-03 @Freeman Invite

09/06 @Freeman
09/08 @Falls City/Pawnee City
09/12-15 @MUDECAS
09/20 @Diller-Odell
09/27 Dorchester
10/01 @Conestoga Tourney
10/04 @College View/Lewiston
10/06 Elmwood-Murdock
10/08 @Falls City Invite
10/13 Johnson-Brock
10/17-21 @Pioneer Conference Tourney
10/25 Lourdes CC/Falls City SH

10/28 @Tri County
2016 outlook
The Sterling volleyball team will lack experience entering the 2016 season. In addition to losing six seniors off last year's team, they also lose their leading attacker in Taylor Cockerill, whose father took a job at Waverly as the head girls basketball coach. That just leaves one returning senior and one junior, but fortunately the Jets have six sophomores, two freshmen and a foreign

exchange student. "None of these girls have substantial playing time except sophomore Morgan Haner," said Sterling coach Stan Karr. "So this will be a rebuilding year, but will be a fun season because they are a good group to work with because they're eager to learn and very coachable." Karr hopes his team can show steady improvement throughout the year. "It will be a tough season as so many teams on our schedule have a lot of re-

turning starters," Karr said. "So hopefully we can hang in there and tough out some wins."
Roster
Karrington Stout
Liset de Haan
Alisha Fisher
Colby Thies
Sheanna Stolz
Sydney Huls
Nicole Harms
Carly Wenzl
Emily Agena
Malayna Wingert
Morgan Haner

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