



SPOONER ADVOCATE

Present



Living It! LIFE and LOVIN'

FOR BOOMERS, ZOOMERS, SENIORS & THOSE THAT LOVE THEM

THURSDAY, OCTOBER 13, 2016

10 am - 3 pm

Shell Lake Arts Center, 802 1st St., Shell Lake

Come listen, learn, and meet local experts on the following topics:

- BRAIN HEALTH • HEALTH & WELLNESS
- TRAVEL • ESTATE PLANNING
- RETIREMENT AND MEDICARE
- CAREGIVING ESSENTIALS
- NUTRITION & HEALTHY COOKING

**DEMOS!
SEMINARS!
VENDORS!**

Sign Up For
DOOR PRIZES

- FALLS PREVENTION • TECHNOLOGY • HOME CARE ASSISTANCE
- LONG TERM CARE • REVERSE MORTGAGES • AND MANY MORE!

This Event is FREE to Attend - No Registration Required

Lunch Served by the
RAILROAD MEMORIES MUSEUM

For VENDOR information call 715-635-2181
For ADVERTISING information CALL MICHELLE
at 715-939-9036 or DEB at 715-520-3894



BOOTH SPONSORS

- ACCUQUEST HEARING CENTERS
- AGING DISABILITY RESOURCE CENTER
- BARRON ELECTRIC
- CCB HOUSING
- ESSENTIA HEALTH
- FAITH IN ACTION - WASHBURN COUNTY
- FORD FINANCIAL GROUP
- FREDERIC NURSING AND REHABILITATION COMMUNITY
- GREEN VALLEY DENTAL
- MAPLE RIDGE CARE CENTER
- MARY KAY COSMETICS, ELAINE WALKER
- MIRACLE EAR
- REGIONAL HOSPICE
- RIVERSTREET DENTAL
- SHELL LAKE CLINIC
- SIKORSKI HEARING AID CENTER
- SKINNER FUNERAL HOME
- SPOONER HEALTH
- WASHBURN COUNTY PUBLIC HEALTH